



# CAN YOU STOP?

social media has caused depression in 32% of users

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Capstone - Graphic Design

Department of Art and Art History

**Artist Statement:**

As a graphic designer, I strive to make art that showcases stories and high technical skills. For me, graphic design is all about solving problems. Not only do I make my designs visually appealing, but I also use them as solutions. Moving forward, my design goals are to be able to apply strategic thinking to my designs making sure that every element serves a purpose.

Throughout my design thinking process, I like to draw inspiration from the world around me and how music makes me feel. When I'm working on my designs, I listen to a specific genre of music that influences me to make design choices. I show this in many of my designs such as logo and branding design, packaging and print design. From picking out an artistic style to selecting a color palette, each step I take reflects the purpose of the art I design. Each element has a specific meaning to the whole design and this is what makes my designs strong.

<b>Title</b>	<b>Original Format</b>
Figure 1: Brain Rot	Illustrator, 16 in x 22 in
Figure 2: Mountain Moose Stickers	Illustrator, 11 in x 17 in
Figure 3: Happy Pappy	Illustrator, 11 in x 17 in
Figure 4: Greetings From	InDesign, 8.5 in x 11 in
Figure 5: Statement of Purpose	InDesign, 8 in x 6 in
Figure 6: Instant Zen	Illustrator, 16.5 in x 24 in
Figure 7: Carmen	Illustrator, 24 in x 36 in



Figure 1: Brain Rot

# mountain moose

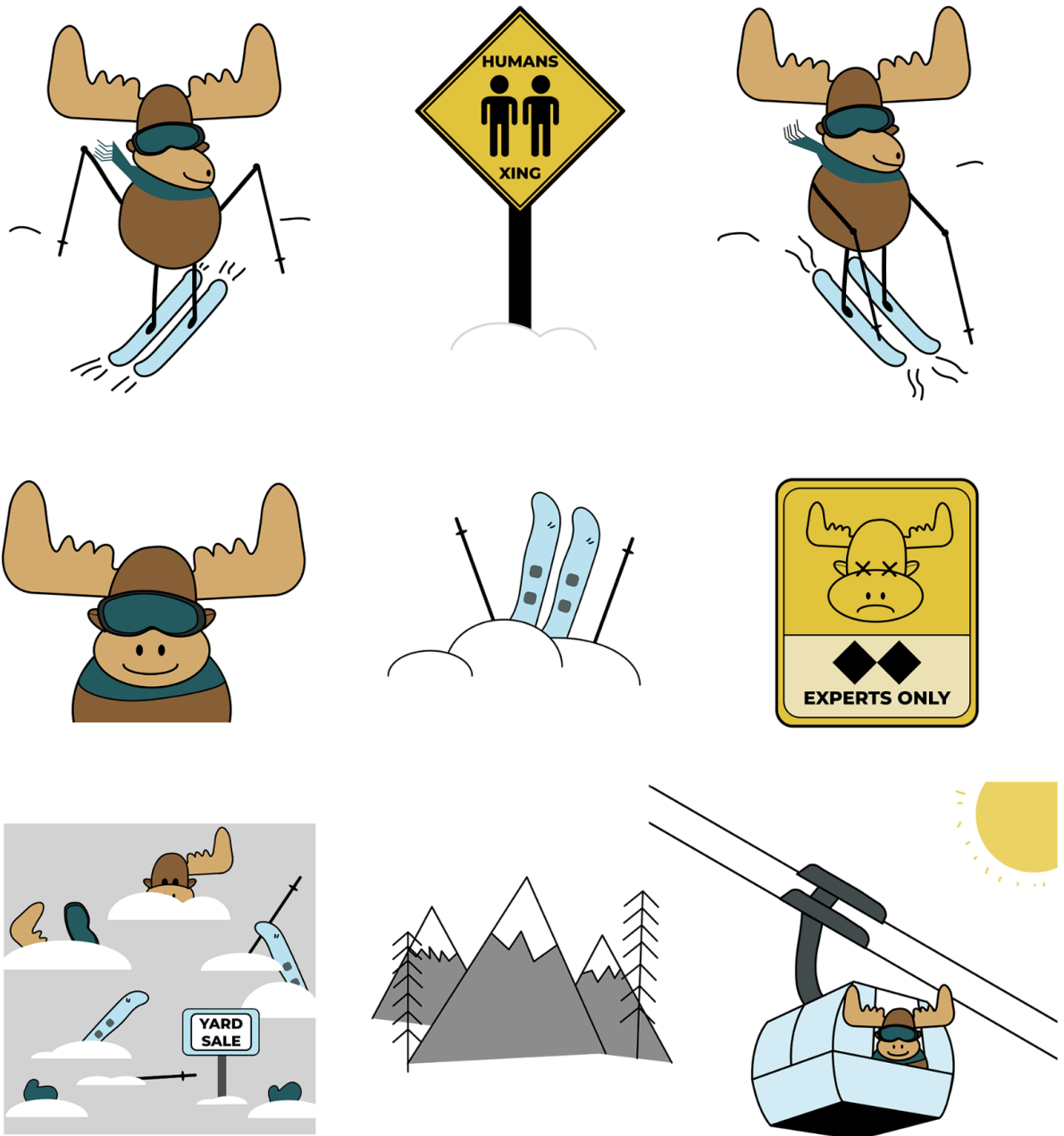


Figure 2: Mountain Moose Stickers

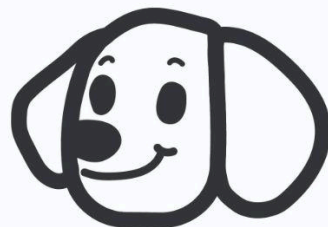


Figure 3: Happy Pappy

## FRANCE



**NORMANDY**



**Hotspots**

Hotspots are areas of high biodiversity and endemism. They are often found in mountainous regions, coastal areas, and islands. In France, hotspots include the Massif Central, the Alps, the Pyrenees, and the Mediterranean coast.

**Normandy**

Normandy is a region in north-western France. It is known for its Normandy architecture, which is a blend of Norman and French styles. The region is also famous for its Normandy cider and Normandy cheese.

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## HVAR



**Hotspots**

Hotspots are areas of high biodiversity and endemism. They are often found in mountainous regions, coastal areas, and islands. In Croatia, hotspots include the Dalmatian coast, the Istrian peninsula, and the island of Brač.

**Hvar**

Hvar is an island in the Dalmatian region of Croatia. It is known for its Hvar architecture, which is a blend of Dalmatian and Venetian styles. The island is also famous for its Hvar wine and Hvar cheese.

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## THE COAST



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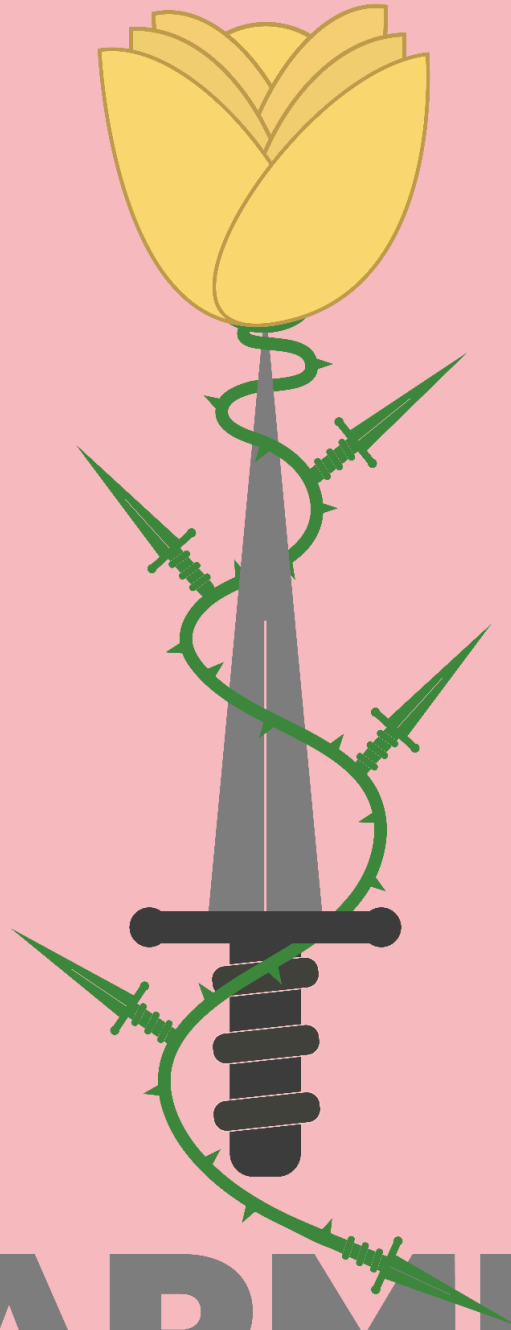
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Figure 4: Greetings From





Figure 6: Instant Zen



BIZET'S  
**CARMEN**

Saturday, July 19, 2025 8:00 PM 314 East Mountain Ave Fort Collins, Colorado, 80524 [fcopeahouse.com](http://fcopeahouse.com) 970.555.4008

Figure 7: Carmen