

LATINX DEVELOPMENT PROGRAM BOULDER COUNTY

PROJECT INTRODUCTION

The internship in Boulder County took over the summer from May 17, 2021, till July 31, 2021. Throughout the weeks' lesson plans were created to be shared with the LatinX population and underserved audiences. The lesson plans were based on gardening which included information about photosynthesis, how to water plants, pollinators, and the anatomy of the plant. There were activities that went with the lesson plan and discussion questions to expand their knowledge. There was a total of 6 lessons and, each lesson was given once a week over zoom for each site. When participants attend the lessons, they entered a raffle for a prize of gardening.

INTERNSHIP GOALS

The main goal for the internship was to build a kit to be able to use it as many times as possible. The kit included 6 lesson plans about gardening which, can be taught all together or individually. Another goal was to be able to teach the participants about gardening so by next summer they would be comfortable to plant their garden at home.

HOW DOES THIS APPLY TO YOUR EDUCATION

As being a pre-health student, this internship helped me explore different career paths that involve interacting with the youth. However, I realized that I would like to pursue a career path as a pediatrician.

WHAT YOU DID

Over the time of the six weeks, I would meet with the coordinators of each site to listen to what the participants wanted to learn. During these meetings, I would gain information about times that worked for participants along with the number of participants.

After setting a time and day for each lesson I made a flyer to start advertising around each site's community. Before starting with lesson plans about what topic we were going to be discussing. I also had to come up with activities to go along with the lesson and questions to expand on their learning.

For the last lesson, we decided to have a family day. The families of the participants would join us to make a delicious snack out of vegetables. I created a flyer to advertise the event. In addition, I also gained knowledge on safe food to share with participants.

Figure 1. And Figure 2.

Figure 1. The flyer used to advertise the family day. This version is in English but there was also a flyer in Spanish.

Figure 2. An example of an activity done on the family day.

WHAT YOU LEARNED

As being part of the internship under the supervision of Faith, I can knowledge about gardening and the importance of time when planting seeds. I learned about how to water plants. In the past, it never crossed my mind how over watering could affect a plant. Now I know that different plants need a certain amount of sunlight and water to grow to their full potential. I also had the opportunity to build leadership skills and communication skills. These types of skills I would build on later on as I gain more experience. I also learned how to step out of my comfort zone since this internship involved being outgoing and a social butterfly.

NEXT STEPS

My next step after this internship would be getting to know more about Colorado State University extension and what other programs interest me. Furthermore, I would like to get more involved with the Latinx population either within extension or out of extension.



Figure 1.

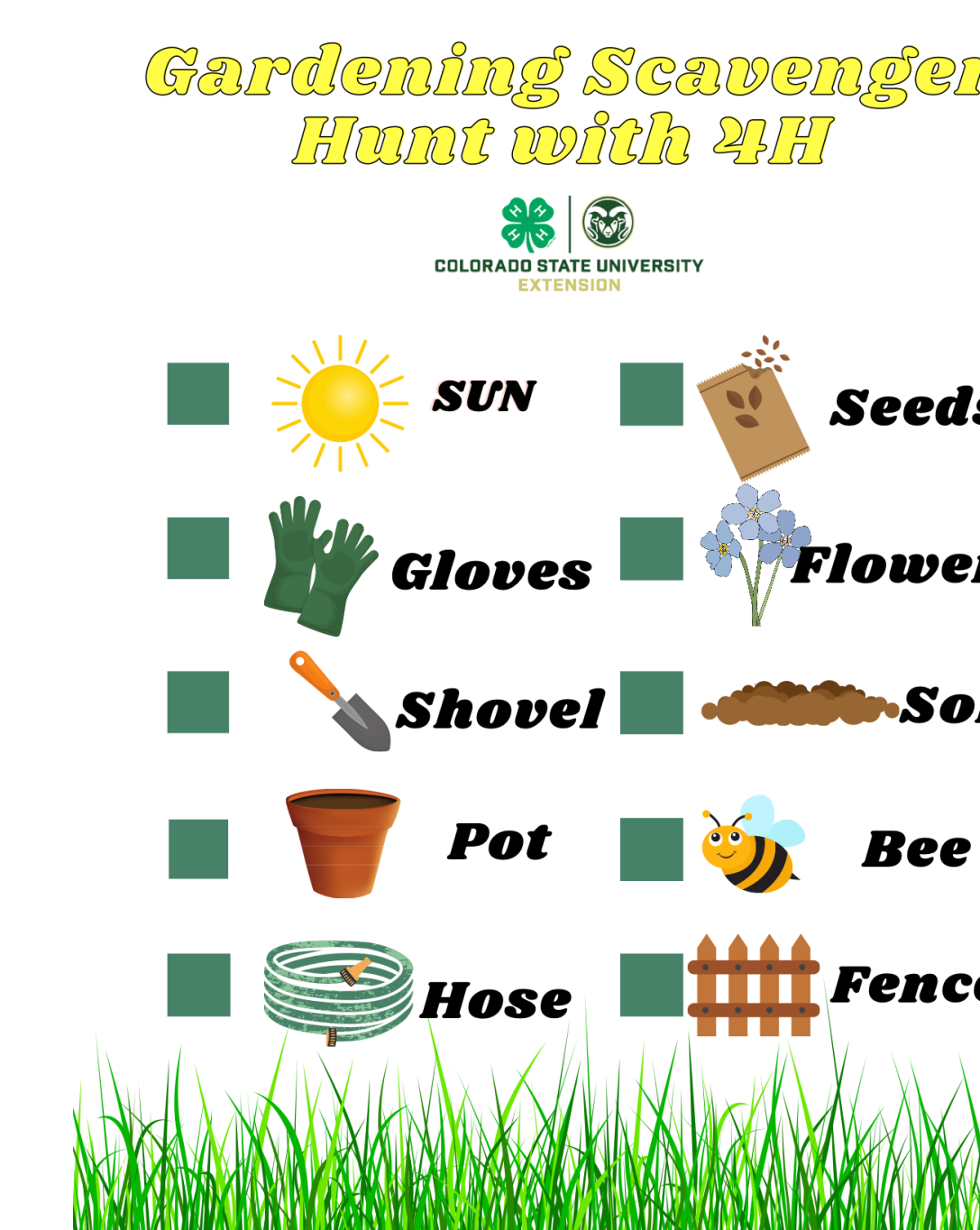


Figure 2.