

ATTACHMENT F

LIST OF COMMERCIAL
VIDEO-TAPE PURCHASES
FOR GRADUATE TRAINING
1998-99

Department of Psychology
Fort Collins, Colorado 80523-1876
(970) 491-6363
FAX: (970) 491-1032

MEMORANDUM

DATE: September 27, 1999
TO: Counseling Faculty and Graduate Students
FROM: Scott Hamilton ~~SA~~
REGARDING: List of videos purchased last year with CCHE funds

Attached is a list of all the commercial videotapes that were purchased with CCHE funds last year. This list was compiled by Laurie Cooper and both Laurie and Gail White were involved in making duplicate copies of the tapes for purposes of graduate student and faculty checkout.

We are currently working on a checkout policy for videotapes and a procedure for making requests for borrowing and returning tapes. We will be informing you in a couple of weeks about these policies and procedures.

CCE VIDEO LIST

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Body Dysmorphic Disorder	Anxiety-Related Disorders Series	Anxiety Disorders	15 minutes	BDD afflicts people by causing them to become obsessed with the idea that they must drastically and constantly alter their appearance. Two apparently normal, attractive women discuss their experiences with BDD. An expert attempts to unravel the mysteries behind this unusual condition.
Obsessive-Compulsive Disorder	Anxiety-Related Disorders Series	Anxiety Disorders	15 minutes	Intrusive, repetitive thoughts, often of a disturbing nature, are the symptoms of the anxiety-related condition, OCD. In this program, two people whose lives have been shattered by OCD tell their stories. An 18-year-old woman talks about how she feels compelled to perform detailed rituals every day of her life. A man tells how he is tormented by the obsessive belief that he has killed someone. A professional psychiatrist sheds light on this bewildering condition.
Panic Attacks	Anxiety-Related Disorders Series	Anxiety Disorders	15 minutes	This program shows panic attacks as a symptom of other stress-related conditions - specific phobias, agoraphobia, generalized anxiety disorders - and also as a separate condition. A housewife and businessman tell how panic attacks place limitations on their daily lives and how they finally sought help and relief. A specialist in behavioral psychotherapy provides professional advice on how to identify panic attacks and what treatments are available.
Post-Traumatic Stress Disorder	Anxiety-Related Disorders Series	Anxiety Disorders	15 minutes	This program examines the disorder associated with anxiety symptoms experienced following the witnessing of a traumatic event. One man, who witnessed the deaths of his two teenage daughters, and another man shot in an IRA ambush, give highly personal accounts of the behavioral changes experienced as a result of the traumas. An expert from a hospital traumatic stress unit tells why she supports the view that the condition does, indeed, exist.
Self-Harm	Anxiety-Related Disorders Series	Anxiety Disorders	15 minutes	One person in 600 attended to by an emergency unit is a victim of self-harm - surely the most disturbing of all anxiety-related disorders. Its victims compulsively cut, burn, or strike themselves to relieve unresolved anxieties. This program shows how victims carry the burden of guilt and shame associated with their actions. Two women, who have regularly harmed themselves for years, share their tragic personal experiences. An expert from a hospital crisis recovery unit explains the theories behind the condition and discusses various treatments.
Program II	Diagnosis According to the DSM-IV Series	Anxiety Disorders		Panic Disorder; Obsessive-Compulsive Disorder; Schizophrenia; Amnestic Disorder

Neurotic, Stress-Related, and Somatoform Disorders	Differential Diagnosis in Psychiatry Series	Anxiety Disorders	46 minutes	This program discusses the following disorders and their differential diagnoses: phobic anxiety; anxiety; obsessive-compulsive disorder, from minor to acute; stress reactions and adjustment; and dissociative disorders. Sub-disorders discussed include Korsakov's syndrome; agoraphobia and social phobia; generalized anxiety and mixed-anxiety-and-depressive disorder; panic disorder; and post-traumatic stress syndrome. Patients suffering from each disorder exhibit the various symptoms in interviews conducted by psychiatrists.
Between the Lines		Anxiety Disorders	21 minutes	This is a visually lyrical experimental documentary about women who cut themselves. The film explores the gray areas in women's relationships to their bodies in the context of deliberately self-inflicted injury. The women in "Between the Lines" negotiate the fine line between self-destructive behavior and self-preserving coping mechanisms.
Post-Traumatic Stress Disorder		Anxiety Disorders	30 minutes	Host Jamie Guth interviews a Vietnam veteran and follows him in a support group and at home with his wife and children. She also spends time with an adult woman who is an incest survivor and with two survivors of the 1989 San Francisco area earthquake.
Step on a Crack		Anxiety Disorders	29 minutes	In this outstanding new video, six individuals discuss how OCD has affected their lives and how they have come to cope with it. OCD is displayed by a myriad of symptoms: compulsive hand washing and cleaning rituals, repetitive counting and organizing behaviors are the most common and can range from mild to so severe as to make it almost impossible for the person to function day-to-day. They also discuss the ways they have come to manage the disorder, through medication, psychotherapy and behavioral therapy.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Animated Neuroscience and the Action of Nicotine, Cocaine, and Marijuana		Biology	25 minutes	Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances. The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals. In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external environment through the body to the brain, where viewers learn about the cellular targets of these drugs, and how each drug interacts with them and subsequently affects the body. Actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented.
Nerves		Biology	24 minutes	This video shows the formation and propagation of action potentials and the transmission of an impulse across a synapse. It investigates the role of transmitters, agonists, antagonists, and second messengers, and shows techniques used in studying brain slices and single neurons. It also considers disorders of the nervous system.
The Endocrine System: The Body's Regulator		Biology	22 minutes	Examining the network of ductless glands that secrete hormones, this program investigates how the endocrine system regulates bodily functions. Using diagrams, graphs, and photomicrographs, it explores the function of hormonal messengers and second messengers, and illustrates the importance of negative feedback loops.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
ADHD: What Can We Do?		Children	37 minutes	Ideal for parent support groups, this program focuses on the most effective ways of managing ADHD. Parent-training strategies are detailed, and effective techniques, such as home token systems, are demonstrated. (booklet)
ADHD: What Do We Know?		Children	36 minutes	Bringing the issues to life through interviews with parents, teachers, and three young people who suffer from ADHD, this program poignantly details the difficulties of living with the disorder and discusses in detail the ways it is manifested, comorbidity, and long-term outcome. (booklet)
Essentials of Play Therapy with Abused Children		Children	40 minutes	Illustrated throughout by children's paintings, drawings, and play, this program explores the benefits of different activities for articulating children's inner experience and themes to look for in the play and artwork of abused children. Eliana Gil discusses how to balance directive and nondirective approaches, as well as methods for helping children feel safe in the therapy setting. (booklet)
Managing the Defiant Child: A Guide to Parent Training		Children	35 minutes	Viewers see vignettes from actual parent training sessions, and hear group leader Dr. Gwen Edwards discuss concepts of child management and principles of managing defiant behavior. Informative commentary from Dr. Barkley provides a clear picture of why interactions with children are a "two-way street." Effective incentive systems for motivating children and the crucial role of parent training are also discussed.
Play Therapy for Severe Psychological Trauma		Children	36 minutes	Dr. Gil helps viewers understand how play therapy can help resolve traumatic events; what dissociation looks like in children's paintings and drawings; why dissociation occurs, and how it can be addressed in therapy. The distinctive characteristics of post traumatic play, as well as concrete ways to intervene when repetitive or ritualized play becomes harmful, are also discussed.. (booklet)
Techniques of Play Therapy: A Clinical Demonstration		Children	50 minutes	This video provides practical information on how to engage children & communicate therapeutically with them, how to initiate and implement play therapy techniques, and even how to equip a tote bag with basic play therapy materials. Various strategies for children aged 4-12 at different levels of therapy are also presented.
The Diagnosis and Treatment of Attention Deficit Disorder in Children		Children	27 minutes	This program shows how a diagnosis of ADD is made and what treatments are working. The program follows children at home and school, both on and off medication. An innovative private school specializing in alternative education for children with ADD is profiled, and the program explains how best to structure school and home environments.

Understanding the Defiant Child		Children	35 minutes	Dr. Barkley provides a vivid picture of what we know about ODD and presents real-life scenes of family interactions and commentary from parents. Viewers learn how to distinguish ODD from milder forms of misbehavior; long-term outcomes for defiant children, the relationship between ODD and ADHD, and how parent training can help.
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TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Basic Counseling Responses		Counseling Issues	75 minutes	Using Haney & Leibsohn's breakthrough teaching and learning system this video explores a new, simplified model for recognizing and applying counseling responses. Fifteen basic counseling responses, three counseling intents, and five areas of counselor focus are taught through counseling sessions and respective exercises. (workbook)
Brief Psychotherapy in a Managed Care Environment		Counseling Issues	120 minutes	As managed-care arrangements cover an increasing percentage of Americans, they stimulate the need for effective short-term therapy. This video illustrates several short-term therapy models, showing methods for finding a focus, ways of facilitating patients' strengths, and ethical and practical issues of communication with managed-care companies. It also considers treatment planning and coordination of efforts with case managers. (workbook)
Treating Time Effectively: The First Session in Brief Therapy		Counseling Issues	50 minutes	This program teaches viewers how to think about time and scheduling in a new way, focus on primary themes and issues, evaluate the patient's readiness for change, identify and reinforce patient strengths, and summarize and conclude a first session.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
A Child's View of Death	Death: A Personal Understanding Series	Death/Illness	30 minutes	Children often understand that death is a changed state of being, but not how final it is. When they are between the ages of seven and ten, their questions about death become more frequent and complicated. In this program, we look at children's developing understanding of death, and their growing fears, as they react to losing a parent or sibling. One section is devoted to the special anguish of a teenager's reaction to death.
Death Rituals	Death: A Personal Understanding Series	Death/Illness	30 minutes	To what degree do individual circumstances require spontaneous adaptation of traditional rites? A minister who lost her brother in the Lockerbie air disaster, and a father whose failing marriage affected his role in his young son's funeral, discuss their need to adapt traditional rituals to their own circumstances. A cancer patient planning her service in advance and a veteran at a Vietnam memorial provide a comparison of private and public rituals.
Facing Mortality	Death: A Personal Understanding Series	Death/Illness	30 minutes	How can we prepare for death? By preparing, do we enhance or diminish our lives? A retired performer, an epidemiologist now suffering from AIDS, a young businesswoman, a Holocaust survivor, and a war journalist discuss how facing their own deaths and the deaths of others has affected - in some cases transformed - their lives.
Fear of Death and Dying	Death: A Personal Understanding Series	Death/Illness	30 minutes	Despite the centuries-old struggle to "domesticate" death, the moment itself often remains frightening. A man diagnosed with AIDS and a woman dealing with recurrent cancer discuss how physical pain and fear of what may happen next affect their views of the future. An older couple explain the rational motives, and the emotional difficulties, behind their decision to prepare an "advance directive."
Grief and Bereavement	Death: A Personal Understanding Series	Death/Illness	30 minutes	The effect of grief can last a lifetime, as we try to find a balance between overcoming our loss and keeping the memory of the loved one alive. In this program, the question "How long does grief last?" guides conversations with two middle-aged sisters whose mother recently died, with members of a family in which the youngest son was murdered, with an adult orphaned as a child, and with a teenager who lost her mother, and may now lose her father and brother, to AIDS.
Sudden Death	Death: A Personal Understanding Series	Death/Illness	30 minutes	Special issues arise when death comes without warning. A woman widowed by the Oklahoma City bombing talks about how she handled the sudden news and loss of her husband. An ambulance paramedic discusses the reactions to imminent death among those he assists. A wife who lost her husband to suicide talks about a different kind of sudden death, where the prolonged steps that led to the end can be seen more clearly in retrospect.

The Deathbed	Death: A Personal Understanding Series	Death/Illness	30 minutes	In the last century, the scene of the deathbed drama has moved, overall, from home to hospital. Still, even surrounded by technology, the deathbed scene remains emotional for those who participate. We meet a young man who loses his mother to cancer, a couple who lose their five-year-old daughter, and a young widow who recounts the final days of her husband's battle with leukemia.
The Dying Person	Death: A Personal Understanding Series	Death/Illness	30 minutes	When we are told that we are terminally ill, we are defined, more than ever, by the limits of our bodies. In this program, we meet three women - each diagnosed with a different form of cancer - who handle their limitations in different ways. The role of palliative care is viewed in depth, as well as how family relationships change under the pressure of the diagnosis.
The Good Death	Death: A Personal Understanding Series	Death/Illness	30 minutes	Should we help people die, or force them to live? What constitutes a good death? Perspective from native North American culture and urban medical ethicists provide background as we meet a woman facing death from breast cancer and a young family with a terminally ill infant. The special grief long-term caregivers can fall into is also discussed, as we discover the ways that the dying can help to heal the living.
What Is Death?	Death: A Personal Understanding Series	Death/Illness	30 minutes	Definitions of death have been debated for centuries, depending on culture, social conditions, and the role of the medical profession. In this program, we see how ideas have changed historically and how our newest definitions, like "brain death," may not yet be adequate for encompassing all of death's meanings.
Part I The Process of Forming a Support Group and Detoxifying Death	Leading Supportive-Expressive Group Therapy for People with Cancer Series	Death/Illness	60 minutes	This video shows how to build mutual support in a group and establish an atmosphere in which people can be direct, open, expressive of emotion, and nondefensive. It then illustrates how to help patients deal better with their fears about dying and death by addressing them openly and directly. In a particularly powerful segment Dr. Spiegel articulates a life-affirming philosophy in response to a woman contemplating suicide.
Part II Taking Time and Fortifying Families	Leading Supportive-Expressive Group Therapy for People with Cancer Series	Death/Illness	60 minutes	Dr. Spiegel demonstrates how the proximity of death can be a creative occasion for patients to reassess their life priorities and make decisions about what to do with their lives. Then he works with patients to enable them to interact and communicate better with their families.
Part III Dealing with Doctors and Controlling Pain Through Self-Hypnosis	Leading Supportive-Expressive Group Therapy for People with Cancer Series	Death/Illness		Dr. Spiegel works with patients to enable them to deal more effectively with doctors and other health care professionals. Dr. Spiegel is noted for his simple methods of self-hypnosis, and in the second segment he demonstrates some of them with group

Part IV A Model Session	Leading Supportive-Expressive Group Therapy for People with Cancer Series	Death/Illness		This video records a rich and complex session that demonstrates the principles of Supportive-Expressive Group Therapy and exemplary techniques of group therapy in general. The session focuses on patients' fears of death and dying and their hopes for the limited lifetimes left to them. Includes an introduction and summary conclusion by Dr. Spiegel.
Before I Die: Medical Care and Personal Choices		Death/Illness	60 minutes	Panelists probe difficult topics such as: Why families have such a hard time talking about death; How the high financial costs of dying burden patients and their families; Whether all Americans should clearly state their wishes regarding end-of-life care; Whether pain at the end of life is necessary and can be alleviated; Whether spirituality can better be brought into the dying process; and, How the dying process in America can be improved. (booklet)
Emotion and Illness		Death/Illness	30 minutes	Do emotions affect physical health? Until recently, researchers were reluctant to say yes, but new work in immunology has shown that emotions do indeed play a role. Women with incurable breast cancer who have been through psychotherapy to deal with their emotions have actually lived twice as long as women without such therapy. People have been able to lower their blood pressure and decrease medication by dealing with stresses that cause anger and depression. This program visits classes for people under stress, hospital cancer wards, and a support group for breast cancer patients to show how emotions are being treated in order to improve health.
I'm Really Going to Miss Me: Coping with Terminal Illness		Death/Illness	59 minutes	Taking a personal rather than clinical approach, this sensitive documentary records the intimate thoughts and feelings of Bobbie Martin, diagnosed with leukemia; Jeff Swinerton, with lymphatic cancer; Paul Starr, with AIDS; and Chennelle Jaramillo, with Batten Disease, a degenerative neuromuscular disorder. Hopes, fears, regrets, the reactions of others, and preparations for the end are all candidly discussed, offering a penetrating look at what life is really like for those who don't have long to live.
Letting Go... A Hospice Journey		Death/Illness	90 minutes	Taking an intimate look at three patients - an eight-year-old boy with an incurable brain disease, a 46-year-old woman with lung cancer, and a 62-year-old man with an inoperable brain tumor - this program shows how hospice care helps them cope with fear and pain in the final stages of their lives, and prepares loved ones for their imminent loss.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program I	Diagnosis According to the DSM-IV Series	Diagnosis		Series Introduction; Major Depressive Disorder; Bipolar disorder; Male Hypoactive Disorder; Male Erectile Disorder
	Diagnosis According to the DSM-IV Series	Diagnosis		Description for Series: This series allows clinicians to sit in on diagnostic interviews with a diverse mix of ten real patients. The programs teach mental health professionals how to collect the information needed to diagnose according to the DSM.
Challenge Cases for Differential Diagnosis	Differential Diagnosis in Psychiatry Series	Diagnosis	35 minutes	This program offers viewers a chance to watch interviews with four patients and then, based on their symptoms, come up with their own differential diagnoses. The cases include a 22-year-old man who continually complains about body odor, when he does not have body odor; a 26-year-old man in a seemingly confused mental state; a 30-year-old woman with anxiety symptoms; and a seemingly normal young man who throws bricks through his neighbor's window.
Neurotic, Stress-Related, and Somatoform Disorders	Differential Diagnosis in Psychiatry Series	Diagnosis	46 minutes	This program discusses the following disorders and their differential diagnoses: phobic anxiety; anxiety; obsessive-compulsive disorder, from minor to acute; stress reactions and adjustment; and dissociative disorders. Sub-disorders discussed include Korsakov's syndrome; agoraphobia and social phobia; generalized anxiety and mixed-anxiety-and-depressive disorder; panic disorder; and post-traumatic stress syndrome. Patients suffering from each disorder exhibit the various symptoms in interviews conducted by psychiatrists.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
	Ethnicity and Counseling Series	Diversity		Each video in this series contains an introduction to counseling a particular ethnic group, an actual counseling session, interviews with specialists, and a summary of pertinent issues. The videos focus on particular aspects of each culture that may affect a counseling session and show specific strategies for interacting with clients.
Counseling the African American Client	Ethnicity and Counseling Series	Diversity	65 minutes	(booklet)
Counseling the Mexican American Client	Ethnicity and Counseling Series	Diversity	43 minutes	(booklet)
Counseling the Native American Client	Ethnicity and Counseling Series	Diversity	88 minutes	(booklet)
Counseling the Vietnamese American Client	Ethnicity and Counseling Series	Diversity	71 minutes	(booklet)
Culture specific Strategies in Counseling		Diversity	102 minutes	Explaining why skills and theories used in a white middle-class counseling setting are often inappropriate with culturally diverse populations, this video examines how to take culture into account in an interview. Derald Wing Sue describes a frame of reference that can be used in all counseling settings. (booklet)

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Eating Disorders	Anxiety-Related Disorders Series	Eating Disorders	15 minutes	Anorexia nervosa and bulimia nervosa - two conditions rooted in the desire to be slim - are the focus of this program. While the first deprives the body of food, the other causes its victims to compulsively purge food through vomiting. Two women who suffer with these conditions tell poignant stories of how these compulsive behaviors have nearly destroyed their lives and the lives of their respective families. An expert explains the specialized approach used in treating both disorders
Program III	Diagnosis According to the DSM-IV Series	Eating Disorders		Antisocial Personality Disorder; Alcohol Dependence and Alcohol Abuse; Anorexia Nervosa
An Anorexic's Tale: The Brief Life of Catherine		Eating Disorders	80 minutes	This docudrama tells the story of Catherine Dunbar's seven-year battle for life in the fight against anorexia. Based on the story told by her mother and on her own diaries, it traces Catherine's downward spiral from the age of 15, when a lively and attractive teen became obsessed by her weight, went on binges, became addicted to laxatives - and despite desperate efforts from many sides, died weighing an incredible 40 pounds.
Dying to Be Thin		Eating Disorders	28 minutes	This program profiles a young woman obsessed with the desire to be thin. It has taken her four hospitalizations and years of outpatient therapy to help her overcome her problem. Doctors in this program discuss the characteristics of anorexia nervosa and bulimia and identify those most likely to be affected by these disorders.
Eating Disorders: The Hunger Within		Eating Disorders	42 minutes	This program demonstrates how Ms. Claude-Pierre has succeeded where traditional medical care has failed in bringing young people back to life and health from an illness that has a high relapse rate and no cure in sight.
Slim Hopes: Advertising & the Obsession with Thinness		Eating Disorders	30 minutes	Jean Kilbourne's award-winning video offers an in-depth analysis of how female bodies are depicted in advertising images and the devastating effects of those images on women's health. Addressing the relationship between these images and the obsession of girls and women with dieting and thinness, Slim Hopes offers a new way to think about life-threatening eating disorders such as anorexia and bulimia, as well as a well-documented critical perspective on the social impact of advertising.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
The Case of the Hillside Strangler	Mind of Murderer Series	Forensic Psychology	60 minutes	This documentary, based on a 1970s California case, explores the question through the killer's own mind, or minds. A team of prominent psychiatrists concur that Kenneth Bianchi did not kill twelve young women, but that one of his multiple personalities, Steve, did. Rare video footage of Bianchi under hypnosis shows "Steve's" emergence, and in an eerie confession, he admits to the murders. Interviews with police investigators on the case reveal that they remain unconvinced that Bianchi suffers from multiple personality disorder, and they object to his insanity plea.
The Mask of Madness	Mind of Murderer Series	Forensic Psychology	60 minutes	In this program, Kenneth Bianchi's multiple personality defense begins to unravel, as psychologist Martin Orne and police investigators begin piecing together a disturbing real-life profile of the defendant and his codefendant, Angelo Buono. It is discovered that both men ran a prostitution ring using young women. Suspicious, Orne tricks Bianchi into creating a new personality, which proves he is lying and does not suffer from multiple personality disorder. Results of a Rorschach test are also damning. But when a search of Bianchi's home nets a cache of psychology books and a letter proving that Bianchi posed as a psychologist, he drops his insanity plea, testifies against Buono, and the two are convicted of the murders.
Defendant's State of Mind		Forensic Psychology	48 minutes	This panel discussion probes issues related to the insanity defense, asking whether or not it is used in too many cases. It focuses on the cases of Colin Ferguson, Jeffrey Dahmer, Susan Smith, and John Salvi. It also considers how juries react to sensational trials.
Mind of the Assassin		Forensic Psychology	53 minutes (each)	What motivates a predator to single out an individual and then later the course of history by pulling a trigger? When, if ever, is assassination justifiable? And how has technology contributed to the proliferation of such devastating acts? This investigative two-part series presents the five psychological classes of modern-day predators - used by law enforcement professionals to target potential killers - and the historical shift from the political assassin to the contemporary stalker, who is more likely to kill for fame than for ideological conviction. Experts from the FBI, CIA, Secret Service, and Mossad analyze the mentalities of Profile I and II personalities such as Gavrilo Princip, Lee Harvey Oswald, and Sirhan Sirhan and Profile III, IV, and V personalities including James Earl Ray, Mark David Chapman, John Hinckley, and Byron de la Beckwith. In addition, the newest breed of assassin - teens who use the Internet to stalk their prey - is examined.

The Psychopathic Mind		Forensic Psychology	27 minutes	Exactly who and what makes someone a psychopath, and how are they classified medically? This program answers these questions as it takes viewers through the mind of a diagnosed psychopath and speaks with one expert who believes that the condition is incurable.
Broken Bond: Munchausen Syndrome by Proxy		Forensic Psychology	26 minutes	When the baby daughter of Jim and Tanya Reid began suffering from sleep apnea, doctors were puzzled. At each occurrence her mother calmly resuscitated her - until February 7, 1984, when Morgan died, apparently of SIDS. In 1985, when the Reids' new son began having sleep apnea complicated by seizures, a suspicious health-care worker noted inconsistencies between Tanya's narrative, the baby's condition, and the pathologies involved. Medical experts reviewed the cases and suspected Munchausen Syndrome by Proxy. When Morgan's autopsy records were reopened, X-rays showed brain damage consistent with being shaken violently, perhaps to induce unconsciousness. That evidence, combined with the fact that Tanya, as a teenage babysitter, had been hailed as a heroine for resuscitating a child who suddenly stopped breathing, led to a change in the ruling on Morgan's death from SIDS to murder.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program I	Diagnosis According to the DSM-IV Series	Mood Disorders		Series Introduction; Major Depressive Disorder; Bipolar disorder; Male Hypoactive Disorder; Male Erectile Disorder
Mood Disorders	Differential Diagnosis in Psychiatry Series	Mood Disorders	46 minutes	Mood disorders, or affective disorders, are discussed in this program together with their symptoms and differential diagnoses. Classifications are based upon the course and severity of symptoms. The two main classifications of mood disorders—manic and depressive—are clearly defined and differentiated according to symptoms. The persistent mood disorders cyclothymia and dysthymia are discussed, along with medical causes of mood disorders, such as hypothalamic tumor. All symptoms are clearly illustrated in interviews with patients suffering from varying degrees of the disorders.
Understanding Depression	No More Shame Series	Mood Disorders	21 minutes	This program focuses on the most current research into depression, explaining the medications and psychosocial therapies that can help to eliminate the symptoms of the disease. The program profiles a woman with clinical depression and examines how her life and that of her family have been affected by the disease.
Depression and Manic Depression		Mood Disorders	28 minutes	This program explains depression through the experiences of several people, including 60 Minutes host Mike Wallace; Kay Redfield Johnson, psychiatrist and author of a book on her life with manic-depressive illness; artist Lama DeJani; and State Dept. official Robert Boorstin. The program also provides an overview of the medications and therapy currently in use.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program II	Diagnosis According to the DSM-IV Series	Organic Disorders		Panic Disorder; Obsessive-Compulsive Disorder; Schizophrenia; Amnestic Disorder
Organic Disorders	Differential Diagnosis in Psychiatry Series	Organic Disorders	36 minutes	This program demonstrates clinical organic disorders, their characteristics, and differential diagnoses. Divided into the two categories of dementia and delirium, the disorders discussed include those relating to psychoactive substance use; schizophrenia and delusional disorders; mood, neurotic stress-related, and somatoform disorders; and personality disorders. Each disorder is explained and identified by its characteristics. Dementia disorders include Alzheimer's, Pick's disease, Huntington's disease, Parkinson's disease, Creutzfeldt-Jakob disease, and HIV dementia. Delirium disorders include organic amnestic syndrome, organic personality disorder, frontal lobe syndrome, primary cerebral disease, systemic disease, endocrine disorders, exogenous toxic substances, and temporal lobe epilepsy.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program III	Diagnosis According to the DSM-IV Series	Personality Disorders		Antisocial Personality Disorder; Alcohol Dependence and Alcohol Abuse; Anorexia Nervosa
Personality Disorders	Differential Diagnosis in Psychiatry Series	Personality Disorders	26 minutes	Personality disorders come in various varieties and degrees of severity, including persistent, ingrained behavior patterns; extreme deviant behavior; and problems in social functioning. Histrionic disorder, anankastic disorder, anxiety disorder, and dependent disorder are the common categories. This program looks at the most common disorders-paranoid, schizoid, dissociative, and emotionally unstable. It describes their symptoms and criteria for diagnosis. Patients exhibit the symptoms in interviews conducted by psychiatrists.
48 Hours: Many Faces of Marsha		Personality Disorders	48 minutes	This 48 Hours video illuminates the mysteries of multiple personality disorder through the case of one woman trapped in a maze of more than 200 personalities. It shows how the personalities interact with each other and documents how Marsha's therapists tried to cure her illness.
Contemporary Trends in the Assessment and Treatment of Personality Disorders		Personality Disorders	240 minutes	Dr. Theodore Millon conducts this workshop on personality disorders, explaining the distinguishing attributes of each of the several personality styles and disorders. He describes the DSM subtypes he is currently studying, and presents a modern treatment approach - synergistic psychotherapy. (workbook)
Multiple Personalities: The Search for Deadly Memories		Personality Disorders	60 minutes	This program shows three people who on the surface appear as typical Americans engaged in normal lives. One is an honor student in art, another a decorated police officer, and the third a loving housewife. Each is revealed to have multiple personalities which has developed as a defense mechanism against extreme sexual, physical, or emotional abuse experienced during childhood. The different personalities emerge during psychological treatment aimed at uncovering memories of the abuse, an important step in the healing process.
Multiple Personality Disorder: In the Shadows		Personality Disorders	24 minutes	This program shows how therapy can integrate the multiple personalities and make a patient "whole" again. Following two MPD patients and health care professionals, the program traces the struggles and triumphs in treating this disorder.

<p>Treating Borderline Personality Disorder: The Dialectical Approach</p>		<p>Personality Disorders</p>	<p>43 minutes</p>	<p>In actual therapy sessions, the video shows Marsha M. Linehan teaching patients the use of such skills as mindfulness, distress tolerance, interpersonal effectiveness, and emotional regulation in order to manage extreme beliefs and behaviors. Viewers observe how Dr. Linehan and a team of therapists work through the range of problems and frustrations that arise in treatment. In this way viewers are brought into the team milieu and given an invaluable insight into the efficacy of this approach.</p>
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TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program II	Diagnosis According to the DSM-IV Series	Schizophrenia		Panic Disorder; Obsessive-Compulsive Disorder; Schizophrenia; Amnestic Disorder
Schizophrenia and Delusional Disorders	Differential Diagnosis in Psychiatry Series	Schizophrenia	35 minutes	Schizophrenia, acute and transient psychoses, persistent delusional disorders, and schizoaffective disorders are examined in this program. Their principal abnormalities are divided into the following psychiatric phenomena: disordered thinking, delusions, hallucinations, and abnormal behavior. Specific symptoms of each disorder are discussed. Particular symptoms to look for in patient interviews are provided, along with criteria for diagnosing each disorder.
Understanding Schizophrenia	No More Shame Series	Schizophrenia	20 minutes	This program explains the latest research on the disease, speaking with leading medical researchers to explore what we do and don't know about schizophrenia. The program profiles an individual with schizophrenia and explains how the disease has affected his life and his family's and how they are coping with it.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Program III	Diagnosis According to the DSM-IV Series	Substance Abuse		Antisocial Personality Disorder; Alcohol Dependence and Alcohol Abuse; Anorexia Nervosa
Disorders Due to Psychoactive Substance Abuse	Differential Diagnosis in Psychiatry Series	Substance Abuse	34 minutes	This program focuses on alcoholism and the five main areas involving psychoactive substance abuse: dependence syndrome, withdrawal state with delirium, psychotic disorder, and amnestic syndrome. Interviews with several alcoholics illustrate the various mental disorders associated with the illness, their symptoms, and the differential diagnoses associated with each, including Korsakov's psychosis.
Changing Lives	Moyers on Addiction Series	Substance Abuse	81 minutes	This program visits the Ridgeview Institute near Atlanta to interview recovering addicts and sit in on a group therapy session. The program also visits Project Safe, an innovative treatment program that reaches out to disadvantaged mothers who are addicts, and to their children who are at serious risk of becoming addicts.
Portrait of Addiction	Moyers on Addiction Series	Substance Abuse	57 minutes	In this program nine men and women - all recovering from drug and/or alcohol addiction - tell their stories. The recovering addicts run the gamut: a former narcotics agent, now recovering from a cocaine habit; a mother of three who is a marketing specialist; a former addict and founder of Stand Up Harlem, a community of HIV-positive addicts and recovering addicts; a journalist and former addict who actually served as the researcher for Moyers on the series. This candid testimony from people who have been there leaves little doubt that addiction can happen to anyone and so can recovery.
The Hijacked Brain	Moyers on Addiction Series	Substance Abuse	57 minutes	Aided by powerful new diagnostic tools, scientists are making dramatic discoveries about how addiction affects the brain. In this program, Moyers goes into the laboratory to follow researchers engaged in charting an "image of desire in the brain." We actually see images of a cocaine user's brain as the drug takes effect, and a doctor explains how these scans reveal addiction as a chronic relapsing brain disease. Moyers observes a genetic researcher as he monitors a variety of factors that may determine who is likely to develop alcoholism.

The Next Generation	Moyers on Addiction Series	Substance Abuse	57 minutes	Experts are increasingly focusing on prevention efforts based on community and family. This documentary looks at two of those efforts. One works with parents addicted to heroin by teaching them how to repair the damage to family wrought by drug abuse, and in spite of it, how to raise strong, resilient children. In a second program, vigilant counselors in Dade County schools watch for kids at risk of becoming drug addicts, and offer immediate counseling for those who are already involved with drugs. Nicotine addiction is addressed by a program that provides classes designed to prevent students from smoking, and another that helps them stop if they've already begun to smoke. School officials, counselors, and students are interviewed.
The Politics of Addiction	Moyers on Addiction Series	Substance Abuse	57 minutes	The story of how our society meets the challenge of translating what scientists, doctors, counselors, and recovering addicts have learned into rational public policy is complex and sometimes contradictory. This program looks at Arizona's recent struggle to find an alternative to current policies. Proposition 200 proposed a reassessment of the status of nonviolent drug addicts now serving time, and emphasized treatment over incarceration. The movement was supported by an alliance from across the political spectrum. On the Washington scene, members of Congress, doctors, and policy activists have joined in a movement with recovering people that is pushing for new public policy.
Understanding Addiction	No More Shame Series	Substance Abuse	23 minutes	This program explains the most current research into why people become addicted, what puts them at risk, and what the best treatments may be. The program profiles an individual who was an alcoholic and has gone through the process of recovery.
Animated Neuroscience and the Action of Nicotine, Cocaine, and Marijuana		Substance Abuse	25 minutes	Using sophisticated 3-D animation, this program, divided into two parts, takes viewers on a journey deep into the brain to study the effects of the three substances. The first part illustrates the major functions of the brain and shows how its principal cells, the neurons, communicate with each other through electrical and chemical signals. In the second part, animated molecules of nicotine, cocaine, and marijuana travel a route from the external environment through the body to the brain, where viewers learn about the cellular targets of these drugs, and how each drug interacts with them and subsequently affects the body. Actual neurons used in the animations create a realistic effect that helps viewers understand the concepts presented.

TITLE	SERIES	TOPIC	LENGTH	DESCRIPTION
Existential-Humanistic Therapy	Psychotherapy with the Experts	Theories	100 minutes	The existential approach posits that people are free to form their own identities and values. Hosted by existential-humanistic therapist Dr. James Bugental, this video provides a discussion of the approach as well as a counseling session and question-and-answer forum.
Person Centered Therapy	Psychotherapy with the Experts	Theories	100 minutes	An examination of the theory of personal fulfillment developed by Carl Rogers, this video is hosted by his daughter and founder of the Person-Centered Expressive Therapy Institute, Natalie Rogers. It examines Rogers' theory as a philosophy and value system, and includes a person-centered therapy session as well as footage of a question-and-answer forum on the topic.
Psychology: Approaches to Therapy		Theories	30 minutes	In this program, one client is seen in three one-on-one therapy sessions that demonstrate the psychodynamic, humanistic, and cognitive-behavioral approaches to therapy. Experts analyze each session, focusing on how the therapist and client interact. They discuss how the three approaches differ and explain the value of an eclectic approach. They also offer strategies for finding a good therapist.
Sigmund Freud: Analysis of a Mind		Theories	50 minutes	This video examines the life and work of Sigmund Freud, from his boyhood to his medical training to the development of his theories. It discusses his studies of hypnosis with Jean Charcot and his collaboration with Joseph Breuer on the case of Anna O. The program examines Freud's development of the concept of transference, and explains how through self-analysis he discovered the value of dream analysis and free association. It also explores his collaboration and falling out with C.G. Jung and his theories of drives and the Oedipus complex.
The Human Dilemma: Explorations in Existential Psychotherapy		Theories	90 minutes	Existential psychology emphasizes philosophic rather than psychopathological aspects of the human condition. In this animated, two-part discussion, Dr. May proposes that genuine growth comes not from confronting the pain of existence. Genuine joy, he says, can emerge from an appreciation of life's agonies.
Three Approaches to Counseling		Theories	82 minutes	This video teaches how to integrate three models of counseling: psychodynamic dream analysis, humanistic positive reframing, and behavioral assertiveness training. Psychologist Allen Ivey works with a single client using each of the three theoretical perspectives, demonstrating how to apply each approach in a counseling session. (booklet)