

# College Avenue

Colorado State | Volume 9: Issue 1 Sept. 2013



From local to

ROCKSTAR

Page 11

Brer Rabbit reveals  
his 'streaking' past  
Page 23

How much are you  
spending on rent?  
Page 16

Q&A with  
Wasteland Hop  
Page 14

Music & bars off  
the main drag  
Page 22

• **5** College guide to staying fit and fine

• **6** What's in your earbuds?  
Electronic music in NoCo

• **7** Cool Band Geeks  
Music Events  
Live Music Venues

**8** Got food trucks?

**9** Punk influencing music artists today

• **10** Crazy Mountain, Crazy Beer

**11 Cover Story: So you wanna be a rockstar?**

**14** Q&A with Wasteland Hop

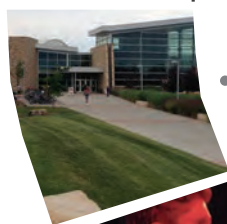
**16** What is your cost to live?

**18** Gallery

**20** CSU Speaks

**22** Hidden bars & venues

**23** Brer Rabbit reveals all



# The *Music* Issue



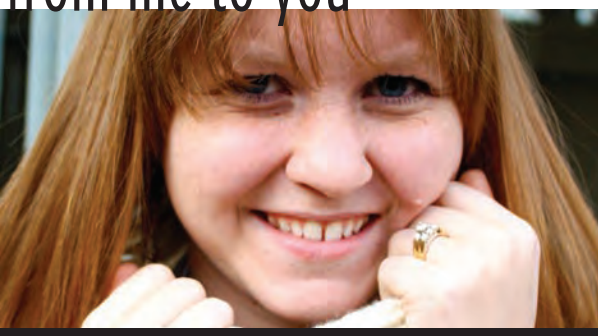
# We. Love. Beer.

And we know you do too. That's why Wilbur's has one of the largest selections of craft beers in Northern Colorado. Come in and let our experts help you choose your next favorite brew.

# WILBUR'S TOTAL BEVERAGE

*So much more than a liquor store.*

2201 South College • (970) 226-8662 | [www.WilbursTotalBeverage.com](http://www.WilbursTotalBeverage.com) | Open M-Sat 9-10 • Sun 10-6



To be honest, I didn't really think about coming to Colorado State University for school until my senior year of high school. Attending the J-Days put on by the Journalism and Technical Communications department, I toured the student media office and fell in love. So you can imagine this was the first place I came when I stepped foot on CSU's campus. I am now thrilled to be the person in charge of bringing you issues of College Avenue Magazine once a month all year long.

This issue is filled with cool venues, good beer and great music. I would love to tell you that I have gone to half of the great music shows at the Aggie, Hodi's, Mishawaka or any other venue – but I haven't. So, if you are like me, you need a guide to get to all of the great, local music shows before you set sail from Fort Collins. This issue of College Avenue is exactly that.

Oh and, by the way, welcome back Rams, we are looking forward to an excellent year with you at CSU ;)

Logan Martinez  
Editor in chief



Don't know exactly where to get started? Try page 22, to discover local bars and music venues that aren't on the main drag of College Avenue down in Old Town.

## College Avenue Staff

**Editor in chief**  
Logan Martinez

**Managing Editor**  
Ricki Watkins

**Feature Editor**  
Nicolle Fagan

**Design Editor**  
Joe Nuñez

**Photo Editor**  
John Sheesley

**Copy Editor**  
Amanda Zetah

**Senior Reporter**  
Cassandra Welihan

**Reporters**  
Nicole Beale  
Kelsey Contouris  
Kendall Greenwood  
Marissa Isgreen  
Sarah Papa  
Alexa Phillips  
Ashleigh Smith  
Kelsey Shroyer  
Zane Womeldorph

**Photographers**  
Anne-Marie Kottenstette  
Natasha Leadem  
Lauren Martin

**Designers**  
Whitney Hackbarth

Opportunities for employment: College Avenue Magazine is accepting applications for reporters, photographers and designers. Apply online at [www.collegian.com/employment-and-volunteer-opportunities](http://www.collegian.com/employment-and-volunteer-opportunities).

If that doesn't satisfy your need for local musical talent, read our cover article, starting on page 11 and discover exactly what keeps those musicians wanting more of the spotlight late into the night.



We have a couple of extra special nuggets for you to discover, including which Flobots band member started a Streaking Club right here at CSU.

Despite the overarching music theme, there are a few items in here for those of you who aren't so into the music scene. Still curious as to whether living off-campus is cheaper than on-campus? We have your answer on page 16.



We also put together a sweet little guide to help keep you feeling healthy on page 5.

### Letters to the editor

As the magazine produced by CSU students for the CSU and Fort Collins community, we would like to extend an invitation to our readers to submit letters to the editor ranging from 50 to 150 words with your feedback on the magazine. This is your magazine, and we would like to know what you think of the content, design or anything else. All letters to the editor must be typed in a word document and attached to an e-mail, which should be sent to [collegeavenue@collegian.com](mailto:collegeavenue@collegian.com).

### Mission statement

College Avenue is a magazine produced and operated by CSU students. Our mission is to serve the CSU and Fort Collins community with engaging and informative coverage of relevant topics. Our staff is dedicated to providing balanced and accurate reporting as well as visually stimulating design and photographic elements. We also seek to provide an outlet for entertainment with the opportunity for audience interaction and feedback. Above all, we strive to maintain journalistic integrity through professional excellence. College Avenue is a magazine produced and

operated by CSU students intended as a public forum.

This publication is not an official publication of Colorado State University, but is published by an independent corporation (Rocky Mountain Student Media Corporation) using the name "College Avenue" pursuant to a license granted by CSU.

College Avenue Magazine is published by the Rocky Mountain Student Media Corporation. College Avenue is a complimentary publication for the CSU and Fort Collins Community. Please direct any advertising inquiries to the ad staff at (970) 491-7467. Any corrections

and letters to the editor should be submitted to the editor in chief at [collegeavenue@collegian.com](mailto:collegeavenue@collegian.com). The contents of this publication are copyrighted and may not be reproduced without prior permission of the Rocky Mountain Student Media Corporation.

College Avenue Magazine  
CSU Lory Student Center Box 13  
Fort Collins, CO 80523  
(970) 491-1687  
[collegeavenue@collegian.com](mailto:collegeavenue@collegian.com)

# Get your groove on, while you get your workout on

Sometimes it's hard to motivate yourself to work-out, and sometimes it is hard to keep that motivation up throughout the entire work-out. Music is a great way to achieve this. Here are some must-have songs to add to your personal workout playlist:

1. Uprising – Sabaton (WW2)
2. Drive – Incubus
3. Language – Porter Robinson
4. Play Hard – David Guetta
5. Alice Practice – Crystal Castles
6. Entity Divine – Transcend
7. Fortune Days – The Glitch Mob
8. Twilight of the Thunder God – Amon Amarth
9. Blow (CirKut Remix) – Ke\$ha
10. Carry On – Fun.
11. Maximal Crazy – Tiesto
12. I Stand Alone – Godsmack
13. Pop Danthology – Daniel Kim
14. What I Got – Sublime
15. Bangarang – Skrillex

# Food and Fitness

## A guide to maintaining a healthy lifestyle in college

By **Marissa Isgreen**  
College Avenue Magazine

A new semester allows for resolutions. For many college students, eating better and working out is at the top of their list. But, making that resolution into a reality is often a different story.

“I just don't have time to workout,” say most college students. According to Michelle Gehret, fitness coordinator at Campus Recreation, it is not just a college student's excuse. “Time is the number one reason people say they can't work out,” Gehret says.

So, here are some tips to stay active while maintaining a busy academic schedule.

Gehret recommends circuit training, body weight exercises or Tabata training, a four minute, high intensity workout, for students.

For Tabata training, choose one exercise to focus on. Perform your chosen exercise for 20 seconds, pushing yourself as hard as you can, then rest for 10 seconds. This counts as one set. After completing eight sets you're finished!

“Time is the number one reason people say they can't work out.”

- Michelle Gehret,  
Campus Rec fitness coordinator

A combination of eight sets of four different exercises will give you a 15 minute workout you can do anywhere, even under your annoying roommate's

lofted bed!

Eating right can be challenging for college students. Freshmen are faced with the perils of the dining halls and upperclassmen face eating on a budget. While a \$2 burrito from Taco Bell sounds appealing to the stomach and wallet, Melissa Wdowik, director of the Kendall Anderson Nutritional Center, explains that, “It's not just about weight; it's not healthy to just eat fried and creamy foods.”

Wdowik said it is important for people to eat on a schedule. Long periods between meals cause people to over eat. It is important to always eat breakfast, even if it's small. Research shows that eating breakfast helps maintain a healthy body weight, provides important vitamins and nutrients and jump starts your energy for morning activities.

### In a time crunch? Try these quick exercises:

- 20 push-ups
- 20 sit-ups
- 20 squats
- 100 yard sprint as fast as you can.

# X4

### Other tips from the expert:

#### On Campus

1. Don't be overwhelmed with the amount of food. Have a plan.
2. Include a fruit or vegetable in every meal.
3. Watch your portions, especially if it's self serve. Take a little and go back if you're still hungry.

#### Off-Campus

1. Make a grocery list and go to the store at least every two weeks.
2. Include inexpensive proteins such as beans, tuna, and peanut butter instead of expensive meats.
3. Buy fruits and vegetables that are in season.

# Positive Vibes and Intense Beats

## Colorado leads the nation in the electronic music scene



Mary Willson

Side-by-side on the seats of Red Rocks, you sit next to strangers that don't feel much like strangers anymore. The bass extends past your ears and into

your chest, heart and soul. You can't help but move your arms, legs and entire body with the beat, as you feel like you are blending into the music. The lasers memorize you visually, connecting all senses together in a sensory overload — but the good kind. And in that moment, how you and the beat interact is all that matters, normal life is washed away.

This experience is why electronic music in Northern Colorado has exploded over the last decade, and why Fort Collins and Denver are meccas for beats, bass and electronic music culture.

Fort Collins was climbing the entrepreneurial ladder of all-things electric before sold out amphitheaters were a common

reality for the sub-genre of electronic DJs, house performers, glitch mobers, dubstep artists and digital sampling.

The Colorado electronic culture has grown rapidly since 2009, the year Fort Collins local, Derek Vincent Smith, also known under the stage name Pretty Lights, put Northern Colorado on the map in a colossal way.

Smith, a Rocky Mountain High school alumnus, started the label Pretty Lights Music, putting Fort Collins on the global map for digital production. With seven Colorado-based artists on the label, this single label is a leading force in the Colorado electronic music scene. Pretty Lights started his career performing at Chippers Lanes while still at RMHS until he worked up to performing at the Mishawaka. Now, he sells out double nights of Red Rocks, 1st Bank Center and has performed at virtually all of the music festivals nation wide — and some internationally.

Gramatik, Michal Menert, Paul Basic, Break Science, SuperVision and new addition Elliot Lipp make up the Pretty Lights Music label.

Glitchy hip-hop beats and digital

sampling create many new-generation electronic music sounds that are becoming increasingly popular among all music stages, including the mainstream stage.

Big Gigantic, a saxophone-infused live-tronica and electric beat duo, are Boulder, Colo., natives, and Savoy, an electronic band famous for their laser-infused shows, started at University of Colorado Boulder. With so many headlining acts from Colorado, the state's culture has become infused throughout the music, from the Flatirons to the Foothills.

Nick Guarino, a CU Boulder recent graduate, is the creator of the mega-site This Song Is Sick, which was established in 2010. The site ([thissongissick.com](http://thissongissick.com)) is a collaborative electronic music site, featuring mixes, remixes, EPs, conversation, and a platform for music exploration. The site reaches over 110 countries and millions of music explorers, and is available to use for free. In addition, multimedia, user-based photography projects like #plpix and Pretty Lights's Instagram allows fans to showcase their visual appeal for the parts of the electronic genre that aren't audio: the positive feelings, the fresh beats and the creative vibes that are

showcased through re-mastered photos.

This season, a number of electronic-based music nights raged through the Front Range, including Hard Music Festival, which showcased Diplo, Knife Party, Disclosure, Flosstradamus; Global Dance Festival, showcasing Beats Antique, Eoto, Emancipator, Griz, MiMOSA, Kill Paris and many more. Both of these three-day Red Rocks events were sold out, showing the popularity of these types of lasers, lights, bass and beat shows. These shows, along with the other dozens and dozens of sold-out massive shows, reiterate the exploding nature of electronic popularity.

Northern Colorado is home to the majestic Rocky Mountains, sprawling open spaces, awe-bearing Flatirons, breathtaking Horsetooth. And with these wonderful natural areas, comes a culture of innovation and enjoyment. The electronic Colorado music scene has become an embedded part of the culture in the region, whether you enjoy bumping beats or not, it is hard to deny that it is rightful to be proud of the positive leaps being made by Colorado electronic-based artists, and the culture surrounding it.

## What is in your EARBUDS?

Every wonder what everyone is listening to in their headphones? Here are a few responses from students around campus.

Can't Hold Us

Macklemore

Jennifer Penna, 2016

The Distance

Cake

Kelce Gerlits, 2015

Origins

Black Tiger Sex Machine & Apashe

Elan Rupp, 2017

What You Wanted

OneRepublic

Melissa Gamber, 2014

Lady Killers

G Eazy

Veleria Martinez, 2017

Change Is Gonna Come

Pretty Lights

Cameron Martin, 2014

When It Hurts So Bad

Lauryn Hill

Jake Folsom, 2015

Let It Go

ASAP Ferg

Stefan Przybylo, 2017

A Car, A Torch, A Death

Twenty One Pilots

Chris Tofano, 2016

By Zane Womeldorph



# The Coolest Band (Geeks) Around

## CSU Marching Band brings new energy, music to shows

By **Kelsey Contouris**  
College Avenue Magazine

It's no secret that we Rams are supportive of our school, but whose job is it to help us show that support? To rile up the thousands of fans at sports games? To pump energy into the crowd at large events? To connect Colorado State University with the rest of the community and the world beyond?

That job belongs to the CSU Marching

Band, and, this year, they plan to do it better than ever.

"The band's just different this year, and I think everyone will see it," said Megan O'Connor, a flute section leader and senior music education major. "There's just a different level of focus and intensity."

Because the band was audition-only this year, membership is somewhat lower than last year, but it has not hurt their performance, said Devon Aimes, one of the band's three drum majors and senior

business management and computer information systems double major.

"We have a bigger sound and more quality sound, so it's really good for us," he said.

Also different this year is the marching band's target audience and music.

"We have some really student-friendly shows this year," O'Connor said. "They're all things you've been hearing lately, all the popular tunes."

According to O'Connor, these tunes

include Macklemore's "Can't Hold Us," Daft Punk's "Get Lucky" and One Republic's "Counting Stars."

O'Connor said the band pushes itself to be better because of the positive response it gets from the CSU community.

"People like us," she said. "You walk around wearing a CSU Marching Band shirt and people high-five you; it's not like the stereotype."

## Upcoming Music Events

Sept. 16, 24, 30  
7:30pm

Virtuoso Series Concert

Organ Recital Hall

Sept. 24  
7:00am

NoCo Nature Festival

Fossil Creek Reservoir  
Regional Open Space

Sept. 26, 27  
7:30pm

University Symphony  
Orchestra Concert

University Center  
for the Arts

Sept. 29  
3:00pm

Symphonic Band and  
Wind Ensemble Concert

University Center  
for the Arts

## LIVE Music Venues

The Aggie – Live music every week with a variety of artists.  
16+

Location: 204 South College Avenue

Ace Gilletts – Live jazz five nights a week. After 9pm ages 21+

Location: 239 South College Avenue  
(970) 449-4797

Hodi's Half Note – Variety of local bands. All ages

Location: 167 North College Avenue

Lucky Joe's – Live music Friday and Saturday nights with open-mic night every Sunday. 21+  
Location: 25 Old Town Square  
(970) 493-2213

Avagadro's Number – Music venue with cover charge. After 8pm ages 21+  
Location: 605 South Mason Street  
(970) 493-5555

Got food trucks?

# Food trucks bring exciting lunch options to CSU

By Kelsey Contouris  
College Avenue Magazine

Sometimes change can be hard to deal with, especially when it involves the disappearance of the entire Lory Student Center food court. But, when change brings food trucks to campus, it's anything but unwelcome.

"It's a dream come true; there's food trucks on campus," said Andrea Bell, a senior nutrition major. "I've considered coming post-graduation and starting my own food truck because we needed one."

Bell was among the many students who went down to the trucks' Pitkin Street location for lunch on the first day of classes.

"I think it's awesome," Bell said. "I hope they stay."

The food trucks offer a variety of lunch options that cannot be found elsewhere on campus.

Sarah Ladley, owner of Ba-Nom-a-Nom, explained her truck's product: soft-serve frozen fruit.

"It's 100 percent fruit, but it's the same texture as ice cream or frozen yogurt, but it's healthy," Ladley said. "I'd say one of my most unique products is the root beer float. That one's really popular, especially with the vegan crowd."

The lineup also includes La Piadina, which serves Italian flatbread sandwiches; Common Link, which features various kinds of sausages; and Umami, which offers Asian cuisine (good news for those pining over the loss of Panda Express!).

The four trucks will be parked on Pitkin Street just north of the Chemistry Building from 10 a.m. to 2 p.m. every weekday. Meal prices range from \$3 to \$7. The trucks accept both cash and credit cards.

"Come, stop by," Ladley said. "We always give out free samples, and, you know, just try to get everyone eating some healthy brain food."



...we do.

# What Goes Around, Comes Around

Punk's controversial legacy continues to influence song artists and listeners



Alexa Phillips

Think of the songs that you hear on the radio. Chances are they include Macklemore's recent hit single "Same Love," which addresses same sex marriage, or Kelly Clarkson's anthem "People Like Us," which encourages empowerment and acceptance of eccentricity. Would you believe that punk music was the inspiration for songs like this to be produced? Underneath the angst-ridden music, punk's legacy has set the stage for controversial song topics on overlooked issues, starting a movement to raise awareness to spark a change.

Punk's history is really a tale of two cities: New York and London. The Ramones, a band that was a much larger hit in the United Kingdom than in the United States, sparked the creation of the Sex Pistols, the first band known to throw controversial topics — anarchy, abortion and fascism—into their song lyrics. They were neglected by conservative mainstream society but were by no means unnoticed. The punks weren't like the hippie movement before them; they spoke up about what they thought needed to be mentioned through their song lyrics, in hopes of sparking change. They didn't just want to rebel against mainstream society — they wanted to change it.

Punk's sphere not only encompasses large cities such as New York, but smaller cities and towns such as Fort Collins. Fort Collins serves as the home of the Blasting Room recording studio, started by Bill Stevenson and Jason Livermore. The Blasting Room was built in 1994 originally to record the music of Stevenson's bands, Descendants and All, but has taken on a life of its own. Now, they record music for artists such as Rise Against, The Epilogues and the Flobots.

According to Stevenson, the main

genre the studio records is "loud, over driven guitar-based music," but has expanded its spectrum of music to include many different sounds. "Music is always evolving; it's never been something finite," Stevenson said.

It's not just the type of music that's evolving, it's also the composition of the music. While there are songs about what it's like to be in love or broken up with (sorry, Taylor Swift), music is now shifting more towards communicating serious social messages through powerful, yet meaningful lyrics. Take the two songs I mentioned earlier; both address pressing issues in our society. Same-sex marriage has made its rounds in both within the states and nationally. Macklemore made his stance public as an advocate for legalization. In fact, he won a Video Music Award for "Best Song with a Social Message" at this year's VMAs. Kelly Clarkson's "People Like Us" is a message for all the young girls out there, saying it's all right to be different because that's what makes you unique — something I see as quite inspirational because it's an issue among young, adolescent girls.

Music doesn't just serve as an outlet anymore. Songs aren't called "hits" for a reason. Music serves as a form of communication between the artist and his/her listeners. An artist wouldn't waste any time recording a song if they didn't think it would connect with an audience. Through word of mouth, music gets spread worldwide. Once a song is heard by the masses, the artist knows his/her job is done. It's just up to the people to spark a change.

Music is among many of the things that have been touched by punk's legacy, but it still remains the most influential. Though it may have been looked down upon in the past, a new era of standing up and speaking out for what you believe in is highly looked upon. It takes a lot of courage to share your opinions with the world, which is why these artists serve as role models, for those that might be courageous enough to start a movement of their own one day.

# Food Bucks!

Save money on food with

## Ram Deals

2013-2014 CSU Coupons and Info



Sponsored by the CSU Bookstore, your official resource for all things CSU

- Coupons
- CSU events & Sports Schedules
- Slopes Guide
- Restaurant Menus

**Coupons,  
CSU Events & Sports  
Schedules, Slopes Guide,  
Restaurant Menus and much more!**

**Get your copy at LSC North  
in the CSU Bookstore**



Kevin Selvy opened crazy Mountain Brewery in January 2010. Photo above by Ricki Watkins, photo to the right courtesy of Kevin Selvy.



# Crafting Something Crazy

## CSU alumnus tells all about starting a brewery

By Maddie Buxton  
Rocky Mountain Collegian

As you turn off I-70 into Edwards, Colo., you might see something you weren't expecting: The Crazy Wagon, a converted '67 wagon-turned-food-truck sitting outside the Crazy Mountain Brewery.

Brewmaster and CEO Kevin Selvy is a CSU alumnus who has always had a passion for craft beer.

"I remember my freshman year in a business class we had to write a mock business plan. I chose to do a brewery because I couldn't think of another business I would want to run," Selvy said.

After graduating from CSU in 2005, Selvy worked as a stock trader in San Francisco. He brewed beer in his backyard and gave it to friends and neighbors. Eventually, it ended up in the right hands and he was offered a job at Anchor Brewing Company – the first craft brewery in America.

"I quit my finance job the next day," Selvy said.

He spent the next four years learning the ins and outs of craft brewing. He also moonlighted at other breweries to gain experience in the field.

While working at Anchor Brewing Company, he met his wife Marisa Selvy, who was on vacation at the time.

"We met over a craft beer," Marisa said.

Today Marisa shares co-ownership of Crazy Mountain Brewery with her husband and is the vice president of marketing.

The two decided to move to Colorado to pursue their dreams of opening their own craft brewery.

"Colorado is the Napa Valley for craft beer," Marisa said. "We decided on Vail Valley because at the time there were no other breweries for over 100 miles."

Crazy Mountain Brewery officially opened in January 2010 and has been growing rapidly ever since.

In 2013, Selvy convinced his fellow CSU alumnus and Sigma Phi Epsilon brother, Zach Schmitz, to join the Crazy Mountain team as the national sales director.

"It had been over eight years since I had seen Kevin last," Schmitz said. "I was the company's ninth hire."

The two lived in the same fraternity house while attending CSU and reconnected when Schmitz visited the brewery in 2011.

"We are better friends now than when we were in college," Schmitz said.

Schmitz's experience in marketing helped to expand the company's reach. Today, Crazy Mountain's craft beer is available in 14 states, Sweden and Japan.

"Kevin has put a lot of trust in me," Schmitz said, "I allow him to focus on what he is good at – the beer aspect."

The success of Crazy Mountain Brewery has not gone unnoticed. It has received awards from all over the world for quality of beer, energy efficiency and innovation.

"Every year we have been open, our local chamber of commerce has given us an award," Kevin said. "It's nice to be recognized."

The craft beer industry is a growing market and local breweries support one another.

"A lot of blood, sweat and tears go into making a brewery successful," Schmitz said. "It's a labor of love."



so  
you  
want  
to be a

# rockstar?

**Musicians from five different local bands describe what it's like to create and play music in Fort Collins.**

“You have to work **really really** hard if it’s what you want to do with your **life**,”

– Brett Schreiber, Stella Luce & Pep Squad

By Kelsey Shroyer  
College Avenue Magazine

As they fell into the chairs at the bar, there was a moment where it looked like they would never stop talking. Brothers and fellow band members John and Josh Burroughs could not keep the smiles from their faces after finishing their second-ever performance at the Moxi Theater, which is located in Greeley. Craig Basarich, one of two trumpets for the unique band, fell in next to them and discussed the performance at length, including the moment when lead singer John Burroughs bent over backwards with a hip thrust in the all-consuming joy of the song.

“In all honesty, we’re a bunch of dudes who want to do soul music,” Basarich explained after poking fun at John Burroughs for his extravagant performance on stage.

The Burroughs brothers and Basarich make up part of the band, Burrows, an eclectic soul-rock band based out of Fort Collins. And with this as their second time performing on stage, they were the epitome of excitement.

Many musically inclined students and people who dream of being rock stars as kids rarely make it past the basement they practice in. Many only make it to the local level. But, some move on to the big time, hearing their own music played over and

over on the radio. The Burrows not only encompassed the joy of a second successful show, but the enthusiasm for music that may be lost when business comes into play as other, more experienced bands are known to caution.

Guitar player and music lover, Brett Schreiber, a musician for local bands Stella Luce and Pep Squad, said he knows how hard it is to lose sight of what it means to be local and what it means to play music. Schreiber started out as what he described as “creatively bipolar.” He started the band Stella Luce as a rock project, jokingly referring to it as “cerebral creativity.” Later on, he formed Pep Squad as a way to use three-chord pop songs and a slight throw back to disco beats in order to just have fun.

“If I wasn’t doing something creative, I don’t know what I’d do; rob banks, maybe,” Schreiber joked sarcastically.

Schreiber went on to explain the total dedication it takes to commit to a band; to commit to the music.

“You have to work really, really, really hard if it’s what you want to do with your life. You have to be willing to do what it takes,” Schreiber stressed when asked about what new bands should be watching out for.

Lead singer Brent Cowels for You Me & Apollo, an indie rock Fort

Collins-based band, also said the work is hard, but at the same time, the memories are priceless. Cowels encourages other beginning bands to play at open-mic sessions and to determine what the end goal for the band is so that the whole band has their expectations in mind.

“It’s good to know that everybody is willing to lose the same stuff,” guitarist Jonathan Alonzo said as Cowels and drummer Tyler Kellogg laughed. “Whether that’s money or jobs or underwear,” Kellogg shrugged. Cowels grinned, “I lost all my clothes on that tour; I came home with one outfit!”

The members of You Me & Apollo went on to tell stories of being on the road and sleeping in their van they affectionately referred to as Susan B. Vanthony, a rusting “Cyborg” that has carried them from coast to coast since they started. Even the members of local indie rock-pop band, Fierce Bad Rabbit, told of how they started to feel like a real band when they bought their first van, taking them to 36 states all over the country.

When asked what was unique about Fort Collins, Schreiber talked about the real tight-knit camaraderie of the bands. “Everyone knows each other and supports each other,” Schreiber said. He explained that the

music scene was supportive versus competitive, which made it stand out. He has toured over 30 states and even had the opportunity to perform in England.

Fierce Bad Rabbit met and formed up when all of the members belonged to bands, demonstrating in reality the closeness that emerges from Fort Collins. Even Schreiber and violinist Alana Rolfe from Fierce Bad Rabbit commingled, both as members of Stella Luce.

“It’s a small music scene; you get to know everyone eventually. Or at least you think you do,” Rolfe said with a smile.

Lead singer of Fierce Bad Rabbit, Chris Anderson, also said how nice it was that Fort Collins has a small, hometown feel, saying he loves the college scene and the proximity of Fort Collins to other big cities. When asked about the college students, he jokingly said, “They keep changing, so if we don’t like them, a new batch comes in eventually.”

When band members of You Me & Apollo were asked about Fort Collins, they liked the fact that the people in our beloved FoCo are excited about local music with festivals like NewWestFest, a local music festival in

Downtown Fort Collins each year in August. They did express that bands often sell themselves short when it comes to venues around town, but also said that there are honest venues as well. “It could go both ways,” Cowels said. They said they themselves struggled with being new and found it was easier to play smart, as they put it. They stressed that it was important to know finances to make sure the band didn’t end up in more debt than when they started.

Despite all the challenges of being a new and local band and learning what it means to be in a band period, all the bands made sure to bring up the same thing. Whether you’re local or international, new or old, make sure that it’s all for the music. Each of the bands stressed that there wasn’t a lot of money involved and that everyone had to be committed. Because when you’re entering the unknown to be that rockstar on the radio, nothing is more important than holding on tight with both hands to what got you started: music.



Brent Cowels, lead singer for You Me & Apollo performs at the 2013 NewWestFest. Photo courtesy of Allison LeCain. Illustration by Ricki Watkins.

Design By | Ricki Watkins

# Q & A Wasteland Hop

With a sound that combines hip-hop, folk, rock and spoken word, local band Wasteland Hop made their name known after opening for Talib Kweli and Macklemore during the ASAP Fall Concert. In an interview with College Avenue, the band members – Mickey Kenny (rapper), Steph Jay (vocalist), Adam Fallik (drums), Nick Scheidies (electric guitar), Liz Gaylor (violin) and Brian Weikel (bass) – talk about the experience.

**CA:** How did Wasteland Hop get started?

**A:** We started in my basement, my bedroom, actually; it was very romantic ... I don't know exactly how it happened, but we miraculously all ended up in my bedroom ... and then started practicing a lot and started doing our own music and that was three years ago.

**CA:** How would you describe your sound?

**A:** We pride ourselves with the inability to answer this question because we have a variety of sounds that we bring to the table.

**M:** I'd say rock, hip-hop, spoken word, a little bit of blues feeling to it.

**CA:** How did it feel to perform before such big artists at a sold out show?

**S:** Surreal. Dream-like state.

**CA:** How do you think it went?

**A:** I think it went really well. You can't ever plan for perfection when it comes to a live show. You do a ton of planning and practice beforehand but there is always going to be a moment where you mess up or the nerves are up, but, overall, I think we did a good job and people were impressed.

**N:** It went by really quick. Afterwards, I thought about it and I knew that we played songs and there were parts of songs that I think about normally and I couldn't remember it. It was hard to believe.

**M:** I just felt numb, even that entire night after the show. I think now I am starting to process, but even leading up to it, I don't think my mind was letting me process exactly what was happening. It was a giant thing to be doing, opening up for someone as big as Macklemore.

**CA:** What did you think of the crowd and CSU students in particular?

**M:** Best students ever.

**N:** It was interesting, I went to a show there... when I was a student at CSU, so it was pretty cool to come full circle and be the people on stage, and so I can sort of imagine being in those

students' shoes.

**S:** I thought the crowd was really receptive. I mean, it was obvious that they were there for Macklemore, but they were really friendly and they loved the free stuff we threw out to them.

**CA:** What is it like being a local band in Fort Collins?

**S:** The best.

**M:** I think it is probably one of the best cities to be a local band...music is definitely alive here, and we are very fortunate that we found ourselves in a community that thrives off of music.

**S:** The community really gives back to the arts, specifically music. It's a beautiful thing to be a part of it.

**N:** It's a really supportive and collaborative community, too. We don't ever feel like we are in competition with other bands or anything like that.

**CA:** What advice would you give to other local bands and artists that are just starting?

**A:** Just keep on keepin' on.

**M:** Be ready to acknowledge and respect all different angles it takes to be a successful band besides writing music. You have to run a business. Be willing to go into debt...It's not just the glory of making great music; you have to put in a lot of practical steps to get there.

**N:** I sort of had this thought that you can't really be a musician, it's not worth pursuing because it's the barrier to becoming self-sustaining or financially successful...In order to make it, it's a one in a million shot. We haven't made it — we are not all paying our salaries, we have to work other jobs in order to support ourselves. But, in another more important way, we have made it because we have gotten to open for great shows, we get to go on tour, we get to share our music with the world. So, don't think just because you're not on the cover of Rolling Stone like Macklemore, that you aren't making it as a musician because it's about so many intangible experiences, not just paying the bills.



Steph Jay, Wasteland Hop vocalist, and the rest of the band perform at Aggie Theatre on Sept. 6, 2013. Photo by Cassandra Whelihan.

# Exciting Fashionable & FUN!



Bracelets start at \$28



## ALEX AND ANI<sup>®</sup> (+) ENERGY

POSITIVE ENERGY | ECO-FRIENDLY  
MADE IN AMERICA WITH LOVE<sup>®</sup>



EXCLUSIVE  
in Fort Collins

SINCE 1910  
*Sather's*  
LEADING JEWELERS

The Diamond Tower • 300 E. Foothills Parkway • Fort Collins  
SathersJewelers.com Stay Connected!  



# Cost of Living

## Off-campus living more affordable than dorms

By **Cassandra Whelihan**  
College Avenue Magazine

According to a basic estimate conducted by Off-Campus Life, a housing resource for CSU students, the cost of living on campus is more expensive than the cost of living off campus. Calculations for the cheapest off-campus housing estimates \$734 a month, including rent, utilities, cable/internet and food, whereas the cheapest on-campus housing estimates \$1,215 a month with everything included.

According to Mitch Reynolds, a residence life employee and senior real estate major, it does not make a difference in cost for in-state or out-of-state students to live on campus; however, room style does affect price and students are required to purchase a minimum meal plan. “They are required to have a meal plan,” Reynolds said. “There are a minimum of ten meals per week. They can also buy their own groceries each week and there are community kitchens in each hall.”

Although Reynolds works for residence life, he personally has always lived off campus.

“I have a mortgage; I own my place,” Reynolds said. “I used to pay my mom rent but ever since I’ve been a

CSU student, I’ve had a mortgage. I have one roommate; she pays \$450. It’s a two bedroom, one shared bathroom; everything is included.”

Former marketing major and CSU alumna Tori Schneider lived on campus for one year before relocating to an apartment off campus.

“I lived on campus just my freshmen year; I moved off as a sophomore,” Schneider said. “There were a couple reasons, mostly because it was too expensive. I couldn’t tell you exactly [the price difference] because paying to live on campus, I had student loans and my parents were loaning me money for that, so it cost me out of pocket substantially more when I moved off campus but, overall, it was substantially cheaper.”

Students moving off campus must consider the cost of paying rent, utilities, food, gas and parking.

“When I first moved out of the dorms, I was paying close to \$500 a month. Now I’m probably paying closer to \$400 a month,” Schneider said. “That includes food, rent, utilities and gas — student loans not included.”

Fort Collins offers many off-campus housing opportunities. The Grove at Campus Crest is proposed off-campus student housing designed to fit the needs and lifestyles of young adults. According to consultant and tenant Kendall Killpey, the cheapest housing available at the Grove is \$580 a month with everything included.

Rams Pointe offers off-campus housing apartments. According to tenant and employee Nilan Patel, the cheapest housing available is \$490, which includes furniture and utilities, excluding gas and electric.

The consensus among the majority CSU students is that it makes sense financially to live off campus.

“As long as you’re resourceful, it’s been cheaper to live off campus than on campus,” Schneider said.

# OFF-CAMPUS OPTIONS

Thinking of living off-campus next year? Check out a few of these apartments close to campus!

## RAM'S VILLAGE

900 Constitution Ave.  
(970) 498-0206  
manager@ramsvillage.com

Floorplan options:

1 bed 1 bath, 2 bed 1 bath,  
3 bed 1 split bath, 4 bed, 2 1/2 baths

## RAM'S CROSSING WEST

2155 Orchard Pl.  
(970) 224-3008  
leasingwest@ramscrossing.com

Floorplan options:

2 bed, 2 bath

## THE LANDMARK

1050 Hobbit St.  
(970) 482-5740

Floorplan options:

1 bed 1 bath, 2 bed 1 1/2 bath,  
2 bed 2 bath, 3 bed 2 bath

## RAM'S POINTE

2250 W. Elizabeth St.  
(888) 877-6839

Floorplan options:

2 bed 2 bath, 3 bed 2 bath,  
4 bed 2 bath

## CAMBRIDGE HOUSE

1113 W. Plum St.  
(970) 419-8394

Floorplan options:

2 bed 1 bath, 2 bed 2 1/2 bath,  
3 bed 3 bath

Need help with off-campus housing?

Visit [ocl.colostate.edu](http://ocl.colostate.edu)

**DO YOU KNOW U+2**

KNOW THE OCCUPANCY WHERE YOU LIVE  
[ocl.colostate.edu](http://ocl.colostate.edu) • 970-491-2248

off-campuslife  
f

Colorado State University City of Fort Collins

REGISTER IT. WEEKEND PLANS? DON'T GET BUSTED. AVOID UP TO A \$1000 HOUSING VIOLATION!

LSC WEST  
FRIDAY OR SATURDAY  
PARTY BEFORE 5PM  
THURSDAY

18+ REGISTER your PARTY free!

off-campuslife  
f



# The Gallery

A showcase of artistic photography present in each issue. From right to left: Upper left and center photos by Joe Nuñez, upper right and lower right photos by Ashleigh Smith, middle left photo by Whitney Hackbarth, middle center, lower left and center photos by Mary Willson, middle right photo by Alexa Phillips.



# Finding the Philippines

Photos and Story by **Natasha Leadem**

College Avenue Magazine

For 20 years I have been aware of my Filipino roots. My mother always talked of the shores of her birthplace, of my grandma, and of the various Aunts and Uncles that I never knew. I had lived 20 years without having the chance to meet my family, and it had been 12 years since my mother had gone home.

I remember being eight-years-old when I made the decision that I would make it there someday, but until this summer we could never afford to visit. I could have never imagined just how important it was for me to connect with my heritage, and this summer I finally got that chance.

I would like to share with you some

photos from my journey across the world, to a place incredibly foreign to me and yet close to home. For two weeks I didn't just get to experience a world apart from anything I ever knew, but I got to witness the forces that shaped the person that my mom has become, and the forces that have in turned shaped the person that I am today.

We traveled to the small village of Bulalacao, Camarines Sur in the Philippines where the people wake up with the sunrise and the children play carefree in the ocean, only a short distance away. I got to meet all of the relatives on my Filipino side that I had only ever seen pictures of on Facebook.

Here I would like to give you a glimpse at life on the other side. Thank you.



Extending a patchwork sail, two fishermen set out to make their next catch. In the village the fish that are caught are often sold at open markets or cooked fresh for dinner.



Leadem's mother, Rosa, and grandmother embrace for the first time in 11 years. As a single parent of three children, Rosa could not afford to visit home for several years.



Left: During a trip into town for food and supplies, Leadem noticed that several street vendors were selling dyed chicks. In the Philippines it is typical for a family to own several chickens at a time. Middle: Gathered by the edge of the river, friends and family help one another clean and prepare a pig for fiesta. During fiesta at the village, all residents of Bulalacao come together to prepare a feast in celebration of the community. Several families will raise a pig to be killed in honor of the festivities. Right: A boy carries the head of a decapitated pig back to the village for fiesta.





# CSU Speaks

## Listening to the many voices of CSU

A new section in College Avenue this year, CSU Speaks will feature the most interesting discussions on social media about CSU. What is affecting YOU, and what are you saying about it? We sum up the social media conversations with a look at a good week and a bad week, as well as feature an immensely popular post. Be sure to tag your tweets and posts with #heycollegian to be sure that your voice is heard!

**BY POPULAR DEMAND**

Colorado State University  
Yesterday

RAMified Breakfast: Get your Ram waffles at the newly renovated Durrell Center on campus.



Like · Comment · Share

76

Aquella Barber, Respite Care, Karen Terry and 1,358 others like this.

Top Comments

Lory Student Center  
@mayslewis Panda Express is closed, but we have lots of other food options available. For ex: there's an Asian cuisine food truck on Pitkin  
WED, SEP 04 2013 11:55:58

Ahmad Alamad  
Food trucks on campus!! Permanently too. My dream has come true  
FRI, AUG 30 2013 13:00:55

Ashlie Bostick  
Omg the Umami food truck on campus!  
TUE, SEP 03 2013 13:10:41



So we lost, but it was still a hell of a good time! @ceciliasbatista  
#rockymountainshowdown #gorams #csu instagram.com/p/dvW-hfQYs1/

TAYLER LATHAM @TAYRAE1622 4 DAYS AGO

get the best of

★ **RAMTALK** ★

with  
THE RAMTALK

**A P P**

collegian.com



It's okay to have one  
of these in your yard



It's not okay to have one  
of these in your yard

**DUH.**  
PARK YOUR CAR IN THE STREET, DRIVEWAY OR GARAGE.

Colorado  
State  
City of  
Fort Collins

When you're not quite sure...

we've got your back.



Free + confidential medical professionals.  
(970) 221-5121 | [www.thealphacenter.org](http://www.thealphacenter.org)



# ATYPICAL bars & venues

By Ashleigh Smith  
College Avenue Magazine



AVOGADRO'S NUMBER

Avogadro's Number (also known as Avo's) is a hole-in-the-wall venue featuring a stage inside and outside on their spacious patio. The inside area of Avo's (which also has a bar area attached) provides visitors with a nostalgic, vintage feel that is like a second home. Found in the restaurant area, old paintings span entire wall spaces depicting trippy universal scenes of old jungle ruins. One of the most intriguing parts about Avo's, however, is its loyalty to variety. Many of the musical genres showcased range between bluegrass, jazz, funk, folk and even salsa. Most recently, Avo's has started hosting a burlesque night with the Cupcake Cabaret Burlesque Revue. With great daily bar and food deals and nights dedicated to traditions, such as Open Mic Night and reoccurring house bands, Avo's is a wonderful place to connect with strangers who end up feeling like family and listen to music near to your heart. Avo's is located at 605 S. Mason St. and is open daily, 7 a.m. to 10 p.m.



Swing Station

Along the Poudre Trail anyone can find a unique spot, but one part in particular leads you to the quaint Swing Station located in Laporte. Although a few miles from Old Town, Swing Station offers a place for bicyclists, rafters or those just looking to kick their feet up and enjoy the hometown feel. With two music stages inside and outside, Swing Station is able to keep the music playing year round, six nights a week. From a blend of Americana, folk, and rock n' roll, there is a little something for all patrons to enjoy. Swing Station also puts on an open mic night every Wednesday and offers \$3 microbrews to patrons who ride their bikes. Another part of Swing Station's success comes from its friendly atmosphere with a taste for the out-of-the-ordinary, such as the cheeseburger shot. Intrigued? You'll just have to hop on your bike and take a small adventure out west. Swing Station is located at 3311 West County Rd. 45G Laporte, Colo., just off the Poudre Trail, and is open daily, 2 p.m. to when business dies down.



CRANKENSTEIN

Take yourself back to the 1980s, where retro couches and music went hand-in-hand with your parent's garage. Now take this image and mix it with flourishing beer taps and a dash of bicycle enthusiasm, and you've got yourself another hidden treasure, Crankenstein. Located just north of the heart of Old Town, Crankenstein has made itself a staple player in the Fort Collins bar scene. Complete with an array of beers, ciders, coffee and a sweet garage area for patrons to place their bikes. Crankenstein caters to even the most serious atypical bar seeker. However, it continues to get better. Crankenstein's open front area allows bands to mic up, or not, to provide mostly free performances. Patrons can choose from a wide variety of couches and tables to settle in and enjoy a mellow night with a cool sound and a cold one. From folk, grass, jazz, punk rock or even a blend of multiple genres, Crankenstein's rotating musical lineup is as unique as their overall atmosphere. Crankenstein is located at 215A N. College Ave., and is open daily, 7 or 9 a.m. to 1 a.m.

When reflecting on the bar and venue scene in Fort Collins, there are the obvious places that stand out. Well-known venues like the Aggie Theatre, Hodi's Halfnote and Mishawaka provide a wide variety of musical talent year-round and attract much of the concert-goers that live in the surrounding area. College Avenue wanted to dig deeper beyond the popularity and find that perfect place where anyone can sit back, relax, listen to a small band and enjoy a cold one.



ACE GILLETT'S

They say beauty is only skin deep, but beyond that are life's hidden treasures, and then there's Ace Gillett's. As many of the bars are located on the street surface, Ace Gillett's is nestled underground below the Armstrong Hotel. While staying classy and casual, Gillett's also stays intimate with low lighting and candles at each table, giving a romantic, sultry feel. Providing a great escape from the typical Fort Collins bar or venue, Gillett's is the place to grab a martini and get lost into the sweet sound of jazz. Regular house band, The Subterraneans, grace the stage at Gillett's multiple nights a week, often featuring a guest jazz musician. Other bands featured throughout the week take audiences on mesmerizing journeys through other decades of music from the '40s, '50s and '60s. Gillett's is perfect for the individual looking to broaden his/her musical horizon with timeless sounds and even better for that atypical evening with a good friend or significant other. Ace Gillett's is located at 239 S. College Ave., and is open daily, 4 p.m. to 2 a.m.

# We want his job: Brer Rabbit

Nicole Beale

College Avenue Magazine

**Stephen Brackett, also known as Brer Rabbit of the Flobots**, is famous to many for music, but among some circles at CSU he is famous for a very different reason. Brackett began making his unique mark on the world while still in college, through his formation of the CSU Colorado Streaking Society and other clubs.

Brackett, who majored in philosophy while attending CSU, said he believes his education has played an “instrumental” role in what he does today.

“When I came to CSU, I found that CSU has this unique opportunity to let me try things,” Brackett said. “I really made hip-hop a priority while I was out here. I actually formed a club called the Hip-Hop Culture Club, and it was mainly a celebration of hip-hop culture. It started off with a bunch of us break dancing and the club went from eight nerds in the gym to 300 people practicing to spin on their heads and hurting themselves in unison; it was a beautiful thing.”

Fort Collins seemed to have a special place in the heart of Brackett as he recalled many memories about his college days, such as living in Durward Hall his freshman year. He also conjured up a memory of beginning the CSU Colorado Streaking Society. The society conducted one main event a year that included streaking on the night of the first snow.

“When the first snow happened, we went down to the quad and four of us knew that we were going to get naked and the other seven didn’t,” Brackett said. “So, I had us all get together in a circle in the quad, and I was like ‘this is really important to me, I just wanted the people that were closest to me, that have done very special things for me to be here with me when I tell you this, and what I want to tell you is...’ and, at that point in time, I pulled off my Adidas snap pants and threw off my shirt and just started running. The other four did too and just by pure, positive peer pressure so did the rest of the people.”

Brackett also recalled a mission of the society that culminated a lot of interest.

“What we planned, is for one of the members during the lecture to run into the class butt naked, wearing a gas mask. I remember just looking at my watch just counting down to the time. Then, when it happened, it was amazing. It was a room of about 500 people just totally silent as my friend came running in, walked over to the pro-

fessor, put his arm around him, jiggled his parts for a second and ran back out. There was utter silence for about five seconds and then everyone busted out laughing. The professor was in tears he was laughing so hard.”

While it is important to have fun, Brackett emphasizes the importance of school. He believes that an education at CSU gives you the opportunity to learn things that go beyond the classroom.

The Flobots, an alternative rock/rap band, has received international acclaim for its songs, including hits such as “Handlebars” and “Stand Up,” which are backed with meaning and philanthropic ideals.

“A lot of us [in the band] have educational backgrounds,” Brackett said. “I also used to teach middle school and something that we found as artists is that singing songs about people’s power or telling them that they’re powerful is only 20 percent of the effort. It is not sufficient enough to cheerlead, so we ended up creating a non-profit.”

Brackett and some other members of the Flobots founded and contribute to Youth on Record, a 501(c) (3) non-profit that started in 2006.

As Youth on Record’s website states, “we believe that young people – those who are both at-risk and written-off – have the potential to turn their lives around. We are committed to bringing our proven methods of empowerment and behavioral modification through music education to youth in Colorado who need it the most.”

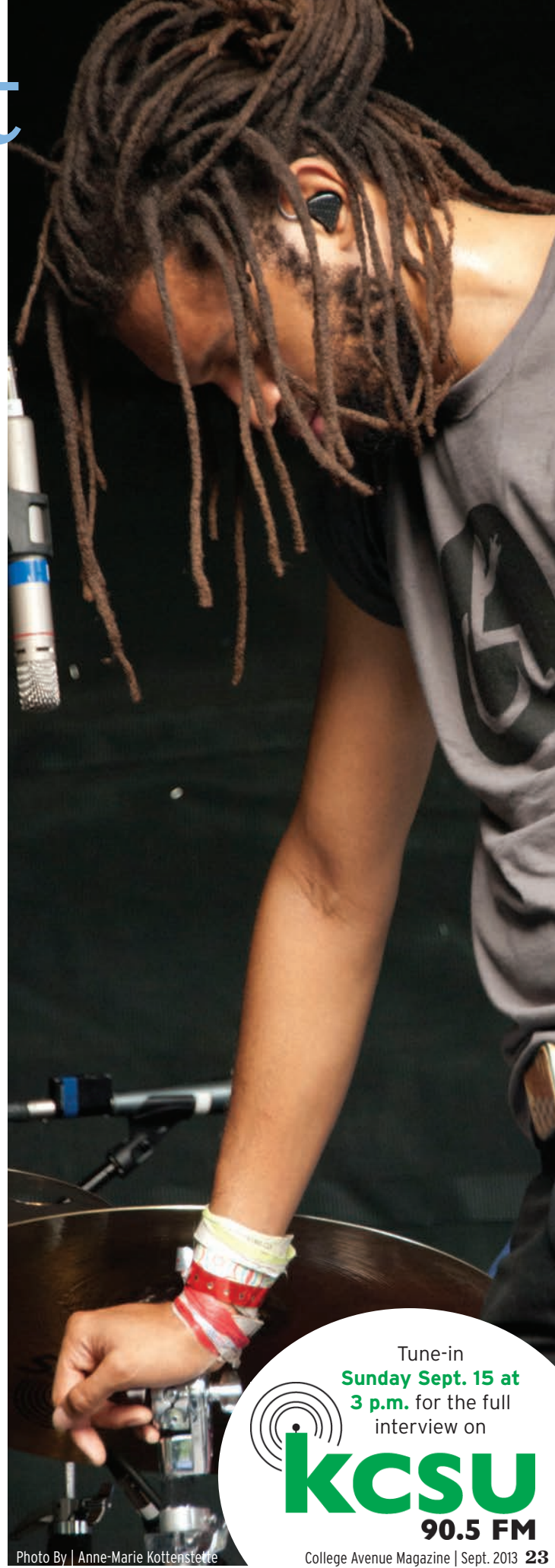
Brackett said he believes “It is hypocritical to grow up in a musical environment and expect it to continue without any support.”

Brackett also offers this advice to any student that wants to pursue music as a career: if you stay committed and take yourself seriously, you will stand out from the rest.

“It is fine to be your own worst critic, but do not stop making music,” Brackett said. “Always create, and if you are having a hard time with lyrics, then come up with a beat. If you’re having a hard time with the beat, come up with a melody. And if you’re having a tough time with all of that, then sit down with someone that is making music and make music with them. The most important thing with all of this stuff is dedication and that comes through practice. So keep on doing that, and show up on time.”

A basic goal for everyone in college is to get a job once you graduate; it is even better if you happen to love that job. Brackett loves his job.

“My favorite thing to do is after a show is talk to the people who came to the show,” Brackett said. “That’s my favorite thing about this career period.”



Tune-in  
Sunday Sept. 15 at  
3 p.m. for the full  
interview on  
**kcsu**  
90.5 FM

Fort Collins Most Experienced Studio  
Piercings that look amazing, heal well and last longer



Thanks  
for voting  
us the  
best!

Mention this ad for

20% OFF  
Jewelry

(Piercing not included)

\$10 OFF

Any Tattoo

(\$50 or more)

largest selection of body jewelry  
in Northern Colorado

632 S. College Ave

970.221.9712

[www.TribalRitesTattoo.com](http://www.TribalRitesTattoo.com)

