



PLAY

MIKE

A

GIRL

Greta Dole

2026 Spring

Capstone - Graphic Design

Department of Art and Art History

Artist Statement:

I created this poster for my Advanced Illustration to be submitted for a Mexico poster contest. I was inspired to create a poster on the theme of sports and peace. I grew up as a female athlete and have been inspired by the accomplishments that female athletes have made. I made the poster colorful and eye-catching because the achievements of female athletes have been eye-catching and incredible to witness. These athletes have worked hard in their sport to be noticed and show the importance of female sports, so I created that feeling in a poster, athletes in action.

Title**Original Format**

Figure 1: Play Like a Girl	Illustrator/Photoshop, 70 cm x 100 cm
Figure 2: Bookstore Logo/ Book Cover and Spreads	Illustrator/Indesign, 11 in x 17 in
Figure 3: Spinning Skein Branding Project	Illustrator/Indesign/Procreate, 11 in x 17 in
Figure 4: Ghosthunters, a Clue Redesign	Illustrator/Indesign/Procreate, 11 in x 17 in
Figure 5: Shine On You Crazy Diamond Font	Illustrator/Procreate, 11 in x 17 in
Figure 6: Winterfell Travel Branding	Illustrator/Procreate, 11 in x 17 in
Figure 7: Science Article Redesign	Illustrator/Indesign/Procreate, 11 in x 17 in
Figure 8: Classic Book Cover Redesign	Illustrator/Procreate/Printmaking, 11 in x 17 in
Figure 9: ACT Film Festival Posters	Illustrator/Procreate, 11 in x 17 in
Figure 10: S.W.A.G Album Cover	Illustrator/Procreate, 11 in x 17 in
Figure 11: Kiki's Delivery Service Cook Book	Illustrator/Indesign/Procreate, 11 in x 17 in



Figure 1: Play Like a Girl



from sheep to skein

By: GRETIA DOLE

Any fiber artist would enjoy a trip to the Spinning Skein located in Ireland. The Spinning Skein is a farm where you can learn how yarn gets made. The sheep that reside on the farm are Galway sheep, a native breed to Ireland that produces soft and fine wool that works for any project. While on the farm, patrons learn where the skein starts. They learn how to care for the sheep as well as shear the sheep for their wool. You then turning it into knittable yarn. Then the process of spinning wool begins. It is a jump to the past where you learn how to use a spindle. This process helps keep the wool in that tight and snug yarn shape. After you get to customize your spun yarn by learning how to dye the yarn with natural dyes found around the farm. It is a

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Any fiber artist would enjoy a trip to the Spinning Skein located in Ireland. The Spinning Skein is a farm where you can learn how yarn gets made. The sheep that

shear Learn how to take care of sheep and shear the wool. Learn about the source of yarn.

spin Learn to use a spindle and spin the wool straight into any yarn size you desire and want.

dye Learn dye the yarn you make with an assortment of colors and natural dyes.

knit Learn knitting techniques and patterns and create a whole new wardrobe.

activities

While exploring the farm, you will learn how spin wool, dye wool, and knit with the wool you created. Spinning Skein dives deep into the process of knitting so that fiber artists can understand and learn where yarn comes from.

Fiber artist old and new will enjoy the various activities and skills that you will learn at Spinning Skein Farm. Explore the vast land of Ireland while creating something new and unique with natural wool.

Instagram
@spinning-skein-farm

website
<https://spinning-skein-farm.com>

Galway sheep

Spinning Skein farm raises Galway sheep, a native breed to Ireland. When spending time on the farm, you can learn how to take care of the sheep and learn how to process the wool. The wool that comes from the Galway sheep is fine and sturdy.

shear

Learn how to take care of the Galway Sheep that are raised on the farm. You will learn how to shear the wool straight from the sheep and be able to create yarn.

spin

Learn how to spin natural wool with a drop spindle and spinning wheel. You will learn to create different weights from fingering yarn to blanket yarn.

dye

Learn how to dye wool and create an array of colors with natural dyes and plants found around the farm. You will be taught many techniques that you can use after your visit.

knit

Whether you are a beginner or have knitted all your life you will learn how to make a variety of knit wear and learn how to create your own patterns with the yarn you made.



Figure 3: Spinning Skein Branding Project

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Figure 5: Shine On You Crazy Diamond Font

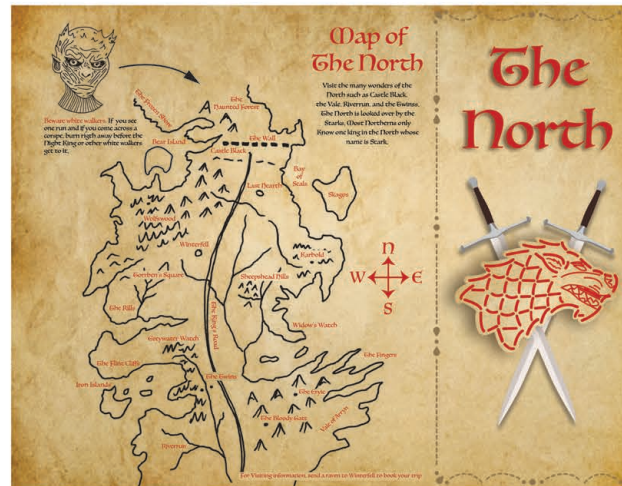
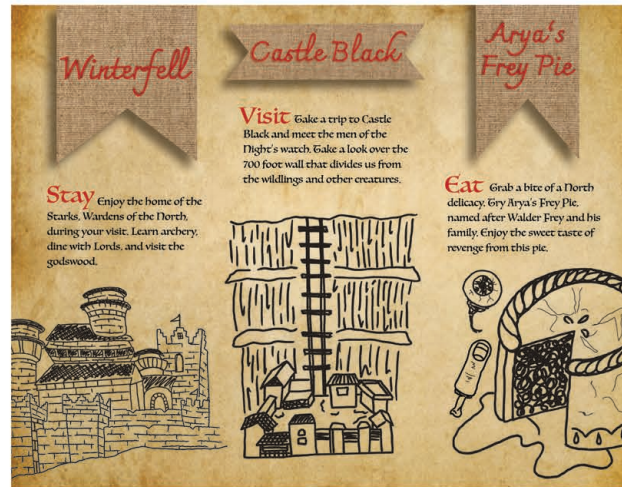
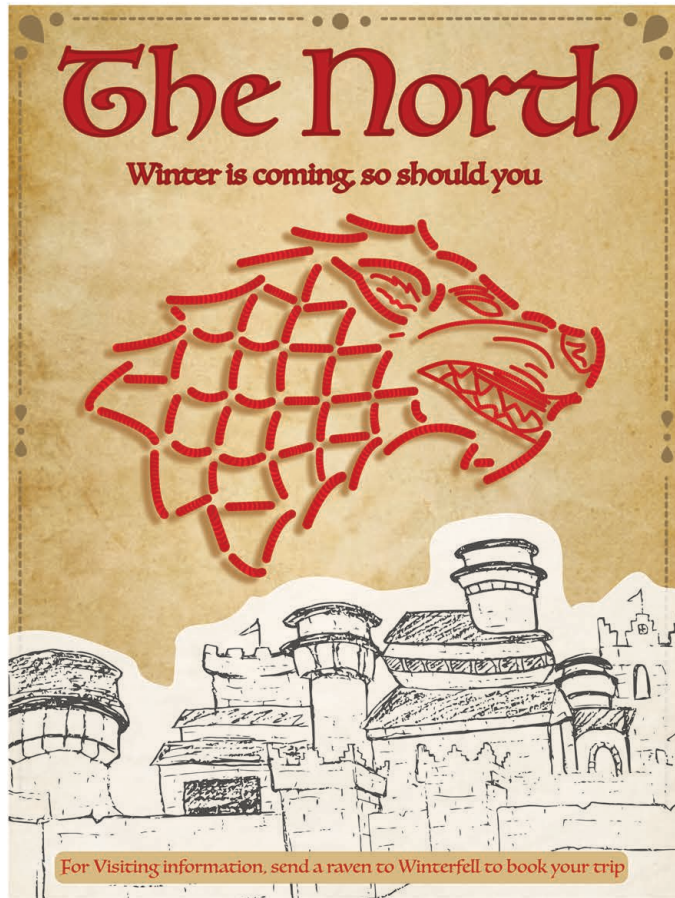


Figure 6: Winterfell Travel Branding



Figure 8: Classic Book Cover Redesign

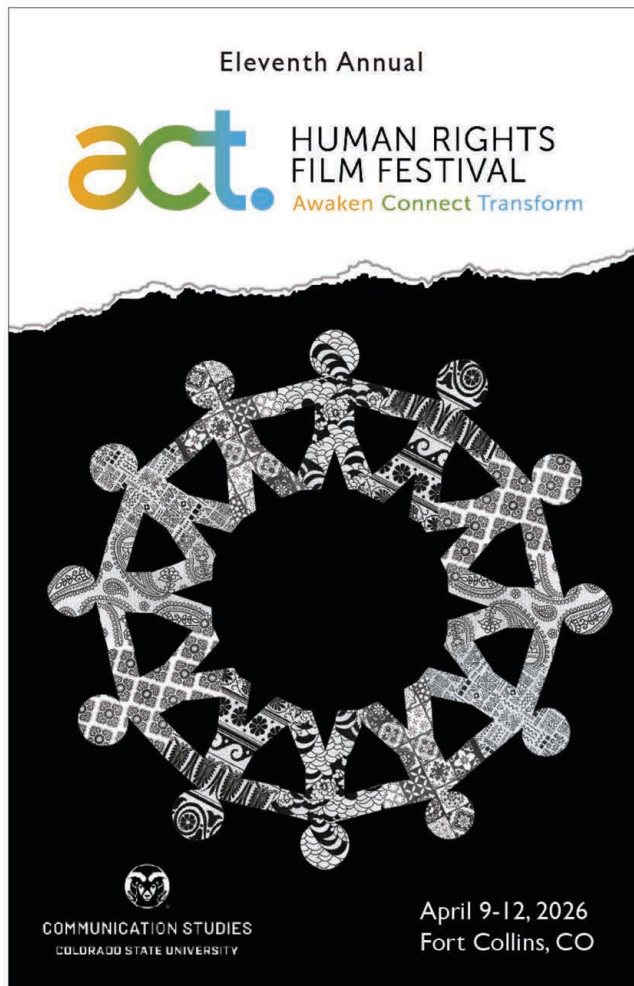


Figure 9: ACT Film Festival Posters



Figure 10: S.W.A.G Album Cover



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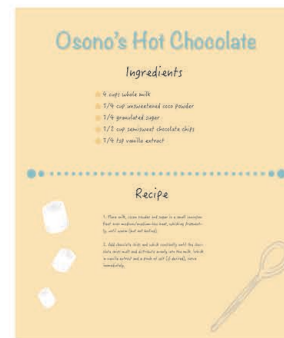


Figure 11: Kiki's Delivery Service Cook Book