

ATTACHMENT E

ANNOUNCEMENTS OF CCHE
HEALTH CARE COLLOQUIUM
PRESENTATIONS
1998-99

The CCHÉ Healthcare Colloquium Series presents:

Gayle Ziemann, Ph.D.

"Managed Care for New Clinicians:
What You Need To Know BEFORE Becoming an HMO Provider"

Friday, January 22
Lory Student Center, Room 230
12:00 noon to 2:00 p.m.

This presentation will include information about how managed care originated, the structure and functions of HMO providers, and what HMOs are looking for in clinicians as well as what clinicians ought to be looking for in managed care plans.

Dr. Ziemann, a CSU alum, has spent the last 11 years building and running a managed care organization, and is also a private practice child psychologist. He is a frequent presenter of workshops on understanding the workings of managed care, the author of The Handbook of Managed Behavioral Healthcare, and the former Chief Clinical Officer of Mesa Mental Health in Albuquerque, New Mexico.

The CCHÉ Healthcare Colloquium Series presents:

Tom Giles, Psy.D.

**"Managed Care and the Practitioner:
Working With and Within the System"**

Friday, February 12

Lory Student Center, Room 214

12:00 noon to 2:00 p.m.

The presentation by Dr. Tom Giles will include a brief history of managed mental health care in Colorado, the pros and cons of managed care as it relates to clinical practice, capitated systems and case rates, and a discussion of future directions for managed care in the state of Colorado.

Dr. Giles has been a practicing clinical psychologist specializing in anxiety disorders since 1985. He was executive director of MCC Managed Behavioral Care of Colorado for four years and continues to consult for this company as well as other managed care companies in Colorado. He is the author of Managed Mental Health Care as well as numerous articles on the topic of managed care.

The CCHÉ Healthcare Colloquium Series presents:

Jean Gilbert, Ph.D.

"Considering Minority Access to Managed Health Care"

Friday, February 19

Lory Student Center, Room 166

12:00 noon to 2:00 p.m.

The presentation by Dr. Jean Gilbert will explore the complicated matter of minority access to managed care, including eligibility access, linguistic access, and psychosocial access. The differences in structure and operating philosophy of managed care organizations will be discussed. In addition, Dr. Gilbert will explore high quality care criteria for minority populations as well as the cultural competence of managed care organizations.

Dr. Gilbert is a medical anthropologist with a background in health-related research among Latinos and other cultural groups in California. Currently, she is Director of Cultural Competence for Kaiser Permanente's California Division. In this position, she consults to physicians, managers and planners in the design of services for diverse groups within the Division's 6.5 million health plan members.

The CCHÉ Healthcare Colloquium Series presents:

Martin D. Dubin, Psy.D.

"Ethics in Managed Behavioral Healthcare"

Friday, March 19

Lory Student Center, Room 230

12:00 noon to 2:00 p.m.

"Whose ethics are they?" This presentation by Dr. Dubin will explore the role of patients, psychologists, managed behavior healthcare companies, health insurers, and employers in determining and ensuring the ethics of managed care. He will also discuss the current status of the behavioral healthcare industry and future predictions as they relate to ethical issues, provision of care, and employment opportunities.

Dr. Dubin, the CEO and Co-founder of PRO Behavioral Health, is a clinical psychologist who saw the emergence of managed care in the early 1980s and responded by founding a company that has grown to be one of the 10th largest behavioral healthcare companies nationally.

The CCHÉ Healthcare Colloquium Series presents:

Bernard Bloom

"Planned Short-Term Psychotherapy:
A Clinical Status Report"

Friday, April 2

Lory Student Center, Room 213

12:00 noon to 2:00 p.m.

This presentation by Dr. Bernard L. Bloom will describe the history of planned short-term psychotherapy and its impact on the practice of psychotherapy. Clinical illustrations will be employed to highlight the four fundamental principles of short-term psychotherapy.

Dr. Bloom, Professor Emeritus, Department of Psychology, University of Colorado, has had a distinguished career in the field of Community and Clinical Psychology for more than 40 years. Dr. Bloom has published more than 120 articles and books on topics related to clinical and community psychology. He has been writing and practicing in the field of planned short-term psychotherapy since 1980.

The CCHÉ Healthcare Colloquium Series presents:

Multidisciplinary Approaches to Breast Cancer Treatment

Saturday, April 10

* * ALL-DAY WORKSHOP * *

Plant Sciences Room C146

9:00 a.m. - 12:00 noon Dr. Susan McDaniel

1:00 p.m. - 4:00 p.m. Dr. David Spiegel

4:00 p.m. - 5:00 p.m. Discussion

Susan H. McDaniel, Ph.D.

"The Shared Experience of Illness"

Dr. McDaniel is a Professor of Psychiatry and Family Medicine at the University of Rochester School of Medicine and Dentistry, and Director of the Division of Family Programs at the Department of Psychiatry. She has worked in family medicine for more than 17 years, and speaks about family medicine and family therapy at meetings and conferences all over the world that are attended by both physical and mental health professionals.

Her numerous publications, including Medical Family Therapy and Shared Experiences of Illness, cover the areas of medical family psychology, family systems, medicine and family therapy supervision. She teaches physicians how to be sensitive to psychosocial issues, to assess patients for important behavioral or mental health problems, to refer and collaborate with psychologists, and to improve interaction with patients. She educates psychologists and mental health professionals about the skills and flexible thinking they need to collaborate effectively with physicians.

David Spiegel, M.D.

"Psychosocial Interventions in Cancer Treatment"

Dr. Spiegel is a Professor of Psychiatry and Behavioral Sciences at Stanford University School of Medicine and is Director of the Psychosocial Research Laboratory. He is a leader in the field of psychosomatic research, treatment and development with particular interest in the field of psychoneuroimmunology/oncology. Since beginning research on the effects of support groups for women with metastatic breast cancer in 1976, Dr. Spiegel has published numerous studies showing that group psychotherapeutic interventions have positive effects on mood disturbance, coping, and pain among these patients. Dr. Spiegel is also extending this research to patients with HIV infection and prostate cancer.

The presentation by Dr. Spiegel will focus primarily on his longitudinal study of the effects of psychosocial treatment on cancer survival. Specific points to be covered will include: the effects of group psychotherapy on survival time of patients with metastatic breast cancer, the physiological basis of psychosocial effects on survival, psychosocial effects of group treatment, physiological and psychosocial variables that are predictors of survival time, and the effects of group therapy on health care utilization and cost.

The CCHE Healthcare Colloquium Series presents:

Ken Winters, Ph.D.

**"Hitchhikers Guide to Identifying, Referring and
Treating Adolescent Substance Abusers"**

Friday, April 23

Lory Student Center, Room 230

12:00 noon to 4:00 p.m.

Dr. Winters' presentation will provide overviews of the following: 1) Definitional and conceptual issues of youth drug abuse; 2) Etiology, with a focus on risk & protective factors; 3) Assessment strategies and guidelines pertaining to content, methods and sources; and, 4) Broadening the perspective of intervention and treatment approaches.

Dr. Winters received his Ph.D. in Clinical Psychology from SUNY at Stony Brook. His primary research interests are adolescent drug abuse and pathological gambling. In addition to numerous publications on the issue of adolescent substance abuse, Dr. Winters has established an expertise in providing workshops on the issue of assessing and treating adolescent substance abuse.

The CCHÉ Healthcare Colloquium Series presents:

James W. Pennebaker, Ph.D.

Friday, October 8

Lory Student Center, Room 228

12:00 noon to 4:00 p.m.

Dr. Pennebaker is a social psychologist, with interests in psychosomatics, language and health, and responses to trauma. He has been a highly prolific scholar, with 2 books, 6 edited books, 47 book chapters, and 84 publications to his credit. His work is of broad interest, as it integrates concepts from social psychology, cognitive psychology, neuroscience (psycho-immunology), counseling, and linguistics.

Topics for the October 8 workshop will include:

- ❖ **Inhibition and psychosomatics.** An overview of how emotional traumas influence biological change.
- ❖ **The disclosure paradigm.** How writing about emotional topics influences health and behavior.
- ❖ **Disclosure, personality, and language.** Further discussion on who benefits most from writing & disclosure.
- ❖ **Language and social processes.** The nature of language in natural settings & how disclosure affects our interactions with others.

Please contact Laurie Cooper or Renee Woodall at 491-3970 for further information.

The CCHÉ Healthcare Colloquium Series presents:

Hanna Levenson, Ph.D.

Friday, November 5
Lory Student Center, Room 228
12:00 noon to 4:00 p.m.

Time-Limited Dynamic Psychotherapy

Dr. Levenson, founder of the Levenson Institute for Training (LIFT), has been specializing in the area of brief psychotherapy as a clinician, teacher, and researcher for over 20 years. She is the author of The Concise Guide to Brief Dynamic Psychotherapy and Time-Limited Dynamic Psychotherapy, as well as over 60 papers.

Dr. Levenson has given numerous workshops on Time-Limited Dynamic Psychotherapy nationwide and is known for her engaging and down-to-earth style.

Please contact Laurie Cooper or Renee Woodall at 491-3970 for further information.