

ATTACHMENT B

ORIGINAL "ENHANCEMENT
PLAN" SUBMITTED TO CCHE

ENHANCEMENT PLAN:

CCHE PROGRAM OF EXCELLENCE AWARD: CSU COUNSELING GRADUATE PROGRAM AND THE TRI-ETHNIC CENTER FOR PREVENTION RESEARCH

On July 31, 1997, the final report of the American Psychological Association's workgroup on the "Implications of Changes in the Health Care Delivery System for the Education, Training and Continuing Professional Education of Psychologists" was released. This 120 page document provides an in-depth discussion of the recent demise of the traditional fee-for-service forms of mental health care delivery and their replacement with a variety of alternative health care systems, collectively known as managed care or managed health care. Approximately two-thirds of all Americans with health insurance (140 million people) are currently covered by managed mental health care plans. As indicated on pages 6 & 7 of the APA report:

" The emerging focus on the specific presenting problem or complaint, and the rationing of services based on a complex clinical need, demonstrated cost effectiveness, and a refined and restricted concept of medical necessity require the mastery of an entirely modified set of theoretical, data base, and clinical intervention skills....Our training curriculum needs to be more relevant to the marketplace for professional psychology. We must consider the current and emerging markets for psychologists and provide training programs that will equip our graduates to be a part of the new health care system."

The report provides a discussion of the skills and knowledge required by managed health care service delivery systems and provides justification for specific recommendations related to professional training at the graduate, intern, post-doctoral, and professional levels. Recommendations for graduate training in counseling and clinical psychology indicate that students should become familiar with:

- managed care philosophy, concepts, and procedures along with practicum training in managed care environments.
- ethical dilemmas associated with organized health care systems.
- information concerning other healthcare disciplines (medicine, nursing, social work, physical therapy, occupational therapy, developmental specialists, rehabilitation

counselors, etc.) and practicum training in medical settings or on multidisciplinary teams.

- the clinical skills necessary to work effectively in managed care environments (i.e., diagnostic, assessment, and treatment skills related to resource allocation, case management, supervision, consultation, short-term intervention, treatment planning, research-based decision-making, measurement of treatment effectiveness, and skills in working with the chronically mentally ill.
- the data components and major functions of healthcare management information systems, including the use of computers for internet and literature searches, scoring of assessment instruments, transmission of client information, billing, cost accounting, patient tracking, and outcomes assessment.
- alternatives to individual intervention, including knowledge of concepts and strategies related to health maintenance, preventative interventions, and family and socio-community-level conceptualizations.

Although the Counseling and Tri-Ethnic Faculty have already made revisions in the graduate curriculum in response to the recommendations of the APA work group on Managed Care (e.g., developing new courses on empirically-validated short-term treatments and a professional issues seminar for presentation of managed care topics), the CSU Counseling Program aspires to become a national model and resource for the training of professional psychologists in order to meet the mental health challenges that will be faced during the 21st century. The following budget request is directly tied to the recommendations of the APA in preparing the psychologists of the future.

The proposed Enhancement Budget will allow the Counseling Psychology Program and the Tri-Ethnic Center to: (1) establish an on-going Health Care Colloquium and Workshop Series at CSU that will be sponsored by Psychology (through CCHE funding) but jointly organized and attended by other campus and community groups (e.g., Social Work, Human Development and Family Studies, Occupational Therapy, Music Therapy, Education, Physical Therapy, and local medical and psychological practice groups and agencies), (2) develop relationships with and appreciation for other mental health disciplines leading to further multidisciplinary training initiatives, (3) videotape, edit, transmit, and archive all colloquia and workshops presented over the five-year duration of the grant , (4) plan and implement

interactive video conferences with faculty and students from other universities and medical/psychiatric facilities in Colorado, (5) cost-share paid practicum positions in local managed care organizations, with host agencies paying for 1/2 of the stipend and tuition costs for these 20-hour/week positions, (6) enhance the computing capabilities of Counseling/TEC faculty and students via the purchase of an HP K370 Server to function as the backbone of the research and communication operations of the Department, (7) provide graduate students with exposure to the latest technology for psychological assessment including test development, scoring, analysis, and report writing, and (8) allow faculty and students access to state-of-the-art teaching technology to enhance instructional and professional presentations.

CCHE PROGRAM OF EXCELLENCE AWARD (YEAR 2 OF 5)
 CSU COUNSELING GRADUATE PROGRAM AND THE TRI-ETHNIC
 CENTER FOR PREVENTION RESEARCH

1999-2000 CCHE ENHANCEMENT BUDGET ESTIMATES
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Fiscal Year 1999 (Total Request = \$140,000)

• Tuition, stipends, and fringe benefits for 5 Counseling Graduate Students	\$ 72,000
• Travel, lodging, per diem, and honorarium for speakers (Health Care Colloquia)	\$ 35,000
• Videotape supplies, software, storage units	\$ 4,000
• Interactive Video Conferences & technical support (Instructional Services)	\$ 2,000
• Optical Scanning Equipment (for designing, scoring, and entering test/ research data)	\$ 14,000
• Resource materials (books, videos) related to health care concepts & topics	\$ 5,000
• Educational technology (computers, LED projector, software)	<u>\$ 8,000</u>
FY 1999 TOTAL	\$140,000