



Artist Statement:

Sydney Mann

My work often revolves around the theme of hurting and healing, whether that be emotional, physical, spiritual, or mental. I pull from my own experiences, and the collective experience of humanity. This hurting and healing process is explored through a variety of 2D and 3D mixed media and often incorporates elements of drawing and sculpture.

I believe we are all in a constant state of flux and therefore I work very organically, often inspired by nature. My work typically consists of small repetitive actions or objects that make up a larger work. Being influenced by minimalism I typically have a muted or limited color pallet, so the viewer can focus on the form or gesture. Through my exploration of the nuances and dynamics of hurting and healing, I honor these human experiences and become part of the healing process.

Title	Original Format
Figure 1: Connect	Paper, invisible string, clay, and stones, 6 ft x 8 ft x 5ft
Figure 2: Hurting/Healing	Paper and pins, 6 ft x 8 ft
Figure 3: Healing/Hurting (Detail)	
Figure 4: Meditation	Pine Needles, mulberry paper, acrylic paint, 2 ft x 3 ft
Figure 5: Rise	Cotton balls, invisible string, ash, 6 ft x 8 ft x 6 ft
Figure 6: Fractured	Mylar, watercolor, rusty nails, tape, razors, Size varies
Figure 7: Fractured (Detail)	
Figure 8: Flow	Cut paper, 10 ft x 3 ft
Figure 9: Flow (Detail)	
Figure 10: Roots	Paper, yarn, trash bags, spray paint, sticks, 5 ft x 3.5 ft



Figure 1: Connect



Figure 2: Hurting/Healing



Figure 3: Flow

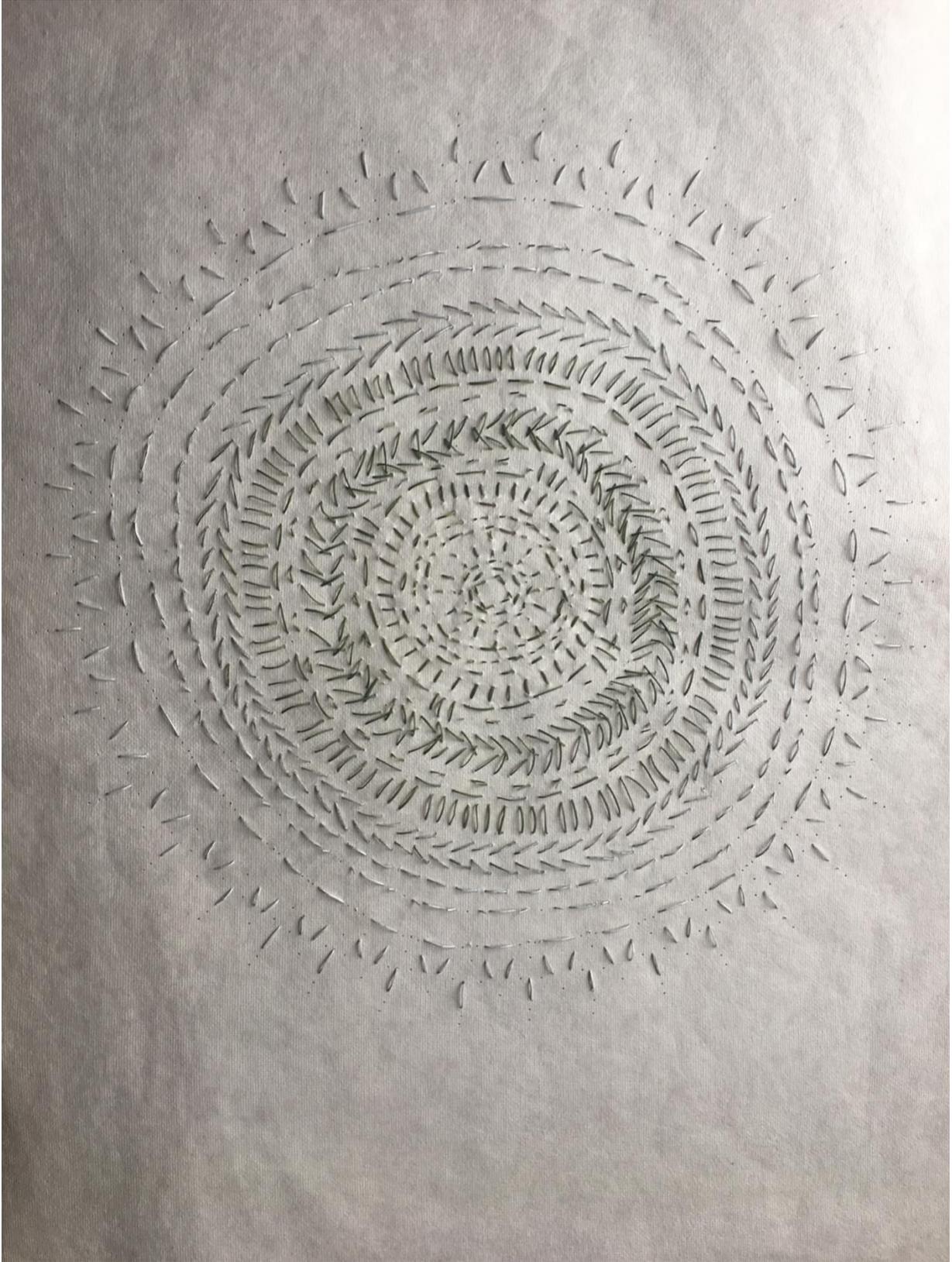


Figure 4: Meditation



Figure 5: Rise



Figure 6: Fractured



Figure 7: Fractured (Detail)



Figure 8: Flow



Figure 9: Flow (Detail)



Figure 10: Roots