



Carrigan Grow

2025 Spring

Capstone - Painting

Department of Art and Art History

Artist Statement:

How does it look to carry a burden? When does justice start to taste bitter? What does it mean to feel forgiven? Who determines the smell of sweetness? Must I use words to speak? These are some of the questions surrounding Creation that drive my painting practice. I explore these ideas intuitively utilizing a variety of different materials to describe the nuances of the human spirit. Gesture is emphasized before representation to communicate what can be felt and not understood.

Though my paintings are rarely premeditated, the human figure, written words, and vibrant colors often find their way into the work. Some ideas manifest quickly onto scraps of paper, others are loosely fleshed out on awkward wooden panels. The way my materials operate on varied surfaces create different levels of intimacy with the paintings and the stories behind them. I do not expect the viewer to gain a direct narrative from the work, but I hope to provoke thoughtful reflection upon Creation and our mysterious place in it.

Title	Original Format
Figure 1: Ponder	48.5 in x 40 in
Figure 2: Mind. Body. Spirit. (Triptych)	24 in x 48 in each
Figure 3: The Trailhead	60.75 in x 45.25 in
Figure 4: AnnMarie (In Time Gone By)	30.5 in x 68.5 in
Figure 5: Daniel	33.5 in x 58.25
Figure 6: Not Against Flesh and Blood	41.5 in x 29.75 in
Figure 7: I Love it Here (Everywhere)	44 in x 36 in
Figure 8: Reflections	20.75 in x 29.5 in







Figure 1: Ponder



Figure 3: The Trailhead







Figure 4: AnnMarie (In Time Gone By)





Figure 5: Daniel



Figure 6: Not Against Flesh and Blood

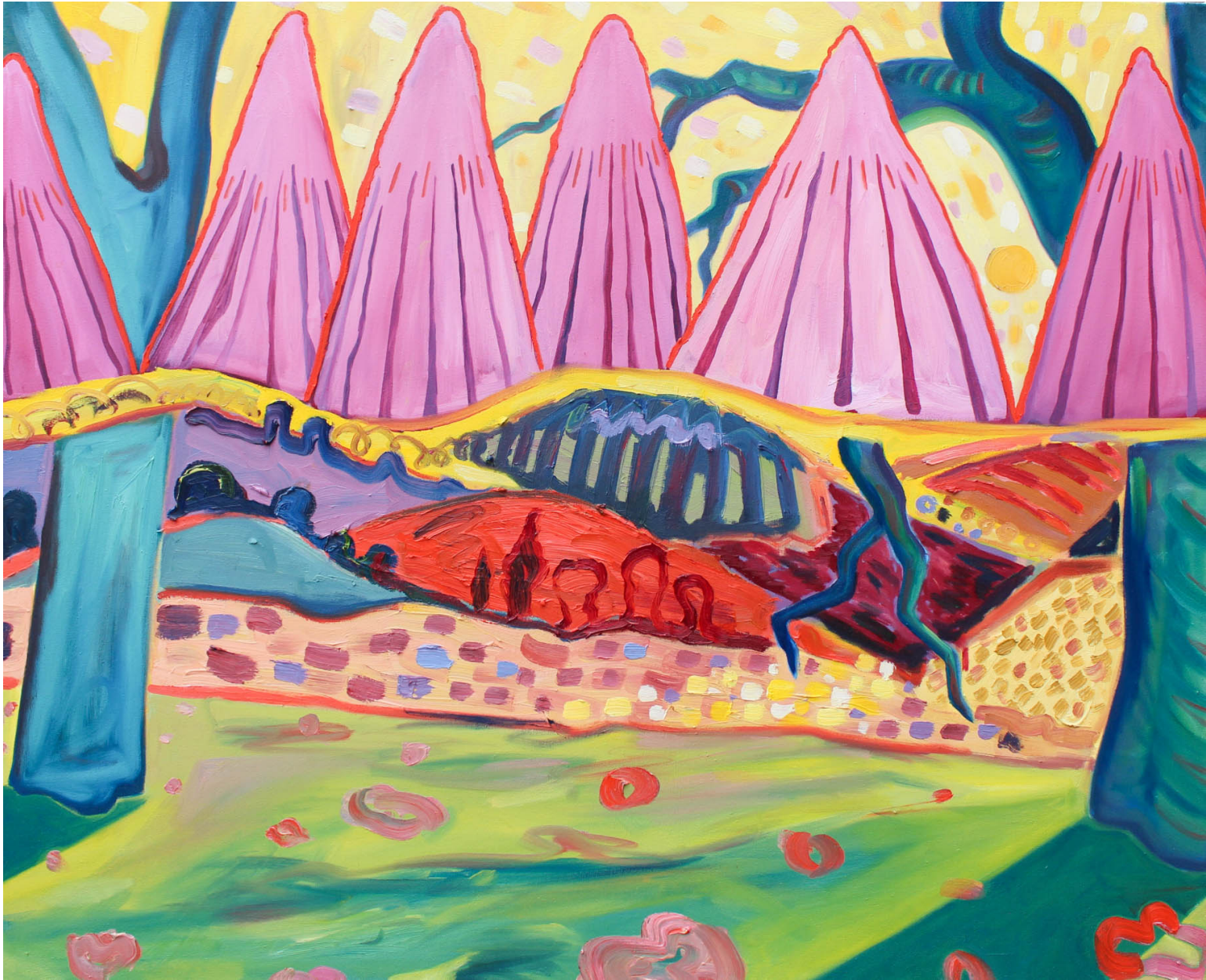


Figure 7: I Love It Here (Everywhere)



Figure 8: Reflections