

Planning, Implementing, and Evaluating Youth Programming with

Jefferson County 4-H Program

Introduction

During the internship, I was able to collaborate and work with two organizations within CSU Extension - Jefferson County. For the first five weeks of the internship, I worked with ENOR Environmental Discovery Camp to lead groups of middle school students through hikes, games, activities, and exploration of local natural spaces. For the remaining five weeks of my internship, I worked with the 4-H team to plan, implement, and deliver youth programming to local Jefferson County students.



Accomplishments

- Connected with over 100 middle school students and encourage environmental curiosity.
- Helped campers realize their physical capability and encouraged them to complete difficult hikes.
- Planned and implemented multiple lessons for participants between the ages of 5-14 years old.
- Helped 4-H students practice interview skills and provided feedback for textile and fabric projects.
- Completed over 100 miles of hiking over a 5-week period and explored local natural areas.

Opportunities

- Network with industry professionals from Jeffco 4-H, Jeffco Open Space, and Staunton State Park.
- Become CPR and first aid certified.
- Explore local natural spaces including open space parks, city-managed trails, and state parks.
- Increase knowledge about livestock, agriculture, STEM education, and other 4-H topics.
- Assisted with prep, set-up, photographing, and managing Jeffco 4-H activities and events.

Activities

- 3-8 Mile Hikes
- Teamwork Games
- Wildflower BINGO
- Butter Making
- 4-H Interviews
- Bird Nest Making
- Chicken Meet and Greet
- Stuffed Animal Vet Check
- Stomp, Alka-Seltzer and Baking Soda Rockets
- 4-H Show Photography
- Log Cabin Construction



BINGO

Shooting Star	Mountain Harebell	Blue-Eyed Grass	Sugar Bowls	Locoweed
Wild Bergamot (Beebalm)	Tall Chiming Bells	Hummingbird Sighting	Colorado Blue Columbine	Wild Rose
Scarlet Paintbrush	Sticky Geranium	Black-eyed Susan	Wallflower	Quaking Aspen
Ponderosa Pine	Salsify	Rocky Mountain Iris	Douglas Fir	Smooth White Aster
Mountain Golden Banner	Mariposa Lily	Plant with Fruits	Rotata-Shaped Flower	Bell-Shaped Flower

Animal Check Up

Today Date

Animal Name: Phil
 Owner Name: Jefferson County 4-H
 Species: Desert Hare
 Weight: 7 Ounces
 ID Number: 078
 Age: 3 years

Services Received

- Bandages
- Stitches
- Vaccines
- Eyes & Ears Check
- Fur & Feathers Check
- Color Check
- Ear Tag
- Leg Band

Jefferson County 4-H
Certification of Health

COLORADO STATE UNIVERSITY EXTENSION

Draw your animal!

Application to Education

- Developed a passion for 4-H education and have started to pursue an Agricultural Literacy minor at CSU
- Human Dimensions of Natural Resources requires working with different types of people, teaching many natural resource topics, and helping foster stewardship in communities. The opportunities I had this summer helped me do all of the following while also improving my teaching and curriculum development skills.



JEFFERSON COUNTY
COLORADO STATE UNIVERSITY
EXTENSION

ENOR
ENVIRONMENTAL DISCOVERY CAMP