

# COLLEGE AVENUE

Colorado State University | Volume 12 Issue 4 | Summer 2017

A Collegian Publication

---

## Beer Bar

The Mayor of Old Town is a hidden gem to check out on your next night out.

Page 8

## Parabrahma Tattoo

Getting a tattoo from artist Brockton Fowler will leave you with an unforgeable experience.

Page 10

## New Music

5 up in coming independent singer-songwriters that you need to check out.

Page 18

## Camping

Some tips for your summer camping trips in northern Colorado..

Page 22

## Date Ideas

8 dates to go on instead of dinner and a movie.

Page 30

---



# Industrial Hemp

Uncovering the truth behind a misunderstood crop

WE BELIEVE YOU EARN THE RIGHT TO CALL  
**FORT COLLINS**  
**HOME**

BY INVESTING IN THOSE WHO ALREADY  
 HAVE THAT STREET CRED.

**ELEVATIONS**  
 CREDIT UNION | *It matters  
 where you bank.*

If you live or work in Larimer County, you can become a member.  
 Banking | Auto & Mortgage Loans | Business Loans | Wealth Management  
[elevationscu.com/fort-collins](http://elevationscu.com/fort-collins) | 1526 E. Harmony Road | 970.667.8585

NCUA Federally insured by the NCUA

# BEST BREAKFAST 2015•2016

Enjoy the  
**Best of Fort Collins**  
 with the  
**Best of CSU**

Old Town | 218 Walnut | 7am - 2pm Daily  
[www.silvergrill.com](http://www.silvergrill.com)



**Year Round Patio Lounge • 125 Breakfast & Lunch Dishes • Daily Specials  
 Build-Your-Own Bloody Mary Bar • Lattés • Cocktails • Beer**

# letter from the editor

As the end of the semester quickly approaches, I think it is safe to say this is a stressful time for everyone. Whether you're finishing up your first year at Colorado State University, like me, or you're getting ready to graduate, getting through these last few weeks can be pretty difficult.

But don't worry, the summer season is almost here! Which means it's about time to break out the shorts and sunscreen and make the most of your adventures away from campus. Summer is a great opportunity to step, or even take a leap, out of your comfort zones a bit, and embrace new experiences. Try something new, take a roadtrip with your best friends, or travel to a place you've never been before.

It's way too easy to get wrapped up in school and work, and I'm sure for some, that's what summer is going to look like.

But just think, when we all make our way back to campus in the fall, and our professors ask us "what did you do over the summer," wouldn't you want to be able to share your amazing, unique summer adventures? You're going to want to tell with everyone about the unforgettable summer you had.

So whether it's just an afternoon hiking trip with your friends or a spontaneous trip to another country, do something memorable and most importantly, have fun. Escape the stress of school for a while. You all work so hard during the semester, and as you have heard from former students, friends and family, these college years fly by.

So, take a deep breath and power through these last weeks. You can do it!

Summer is almost here Rams, so try to plan something fun. Stay safe, and see you all in the fall.



Shelby Holsinger  
editor-in-chief

## COLLEGE AVENUE MAGAZINE

CSU Lory Student Center Room 118  
Fort Collins, CO 80523  
(970) 491-1687

collegeavenue@collegian.com  
www.collegian.com/college-avenue-magazine/  
@collgeavemag

### Advertising Inquiries:

advertising@collegian.com  
collegian.com/advertise/

### Employment Opportunities:

corporate.collegian.com/employment/



College Avenue Magazine is not an official publication of CSU, published independently by the Rocky Mountain Student Media Corporation. College Avenue is a complimentary publication for the CSU and Fort Collins community.

# staff & editors

## content

Brody Coronelli

Christian Johnson

Audrey Potter

Casey Martinez

Katie Mitchell

Selena Rodriguez

Jacob Stewart

## design

AJ Frankson

Ashton Levy-Park

Alexandra Lyons

Casey Martinez

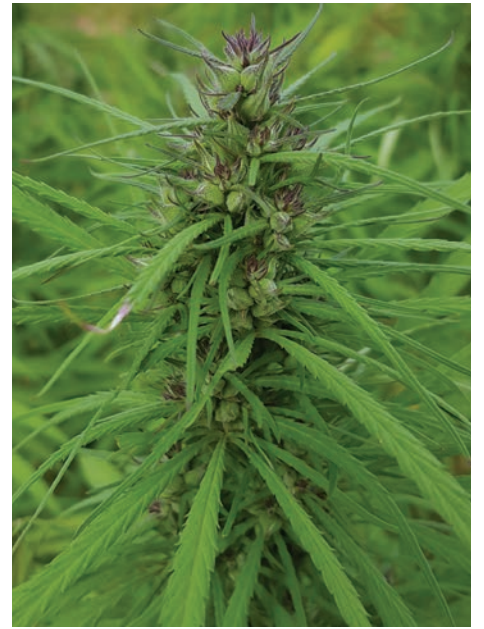


## features editor

Jen Fischer

## creative director

Lexi Elio



# CONTENTS



- 6** Alley Cat Cafe  
By Audrey Potter
- 8** Mayor of FoCo  
Beer House  
By Lexi Elio
- 10** Parabrahma  
Tattoos  
By Jacob Stewart
- 12** Make-Up  
on a Budget  
By Casey Martinez

- 13** Industrial Hemp  
By Jenna Fischer
- 17** Independent  
Singer/Songwriters  
By Brody Coronelli
- 20** Eat, Pray, Text  
By Katie Mitchell
- 22** Camping  
By Jacob Stewart

- 24** CO Pit Stops  
By Audrey Potter
- 26** Sip and Paint  
By Christian Johnson
- 28** Interpretive  
Dance  
By Lexi Elio
- 30** Date Ideas  
By Selena Rodriguez

# The Alley Cat Cafe

## Mocha motivation

By Audrey Potter

**T**he Alley Cat Cafe is a coffee shop that is open 24 hours, 7 days a week. It is located near downtown Fort Collins, right across campus and hidden in an alley; hence the name.

The coffee house has a perfect location, and due to its hours, college students who need to pull an all-nighter can go to get some homework done in this cozy spot.

Alley Cat Cafe offers an assortment of coffees, sandwiches, and baked pastries, all of which are offered fresh. The coffee is locally roasted and organic from Jackie's Java in Fort Collins.

Lunch sandwiches are served on fresh baked, vegan focaccia bread with an different side options including: carrots, humus or an assortment of chips. There is also even an option of gluten free bread.

Pastries are baked fresh daily, the cafe offers vegan baked goods that people can choose from as well.

Alley Cat Cafe also serves smoothies and shakes. The smoothies are made with 100% real fruit and have no added sugars.

Students are sure to find something to fit their cravings here while they are studying away.

People pop in and out throughout the day, either sitting down to socialize with a cup of coffee or to studying hard. Music is played through the speakers, but not loud enough to be too distracting for

those who are working. This makes the coffee house a relaxing environment for students to come to when they need to get some work done.

Board games are provided in the cafe for those who just want to have a good time with some friends. Artwork is also displayed on the ceiling and walls along the cafe, creating an interesting effect.

"The artwork is done by customers and local artists, because of that I feel like

people who come here almost feel like they own a part of this place," Jame Fuerte said, a barista at Alley Cat Cafe.

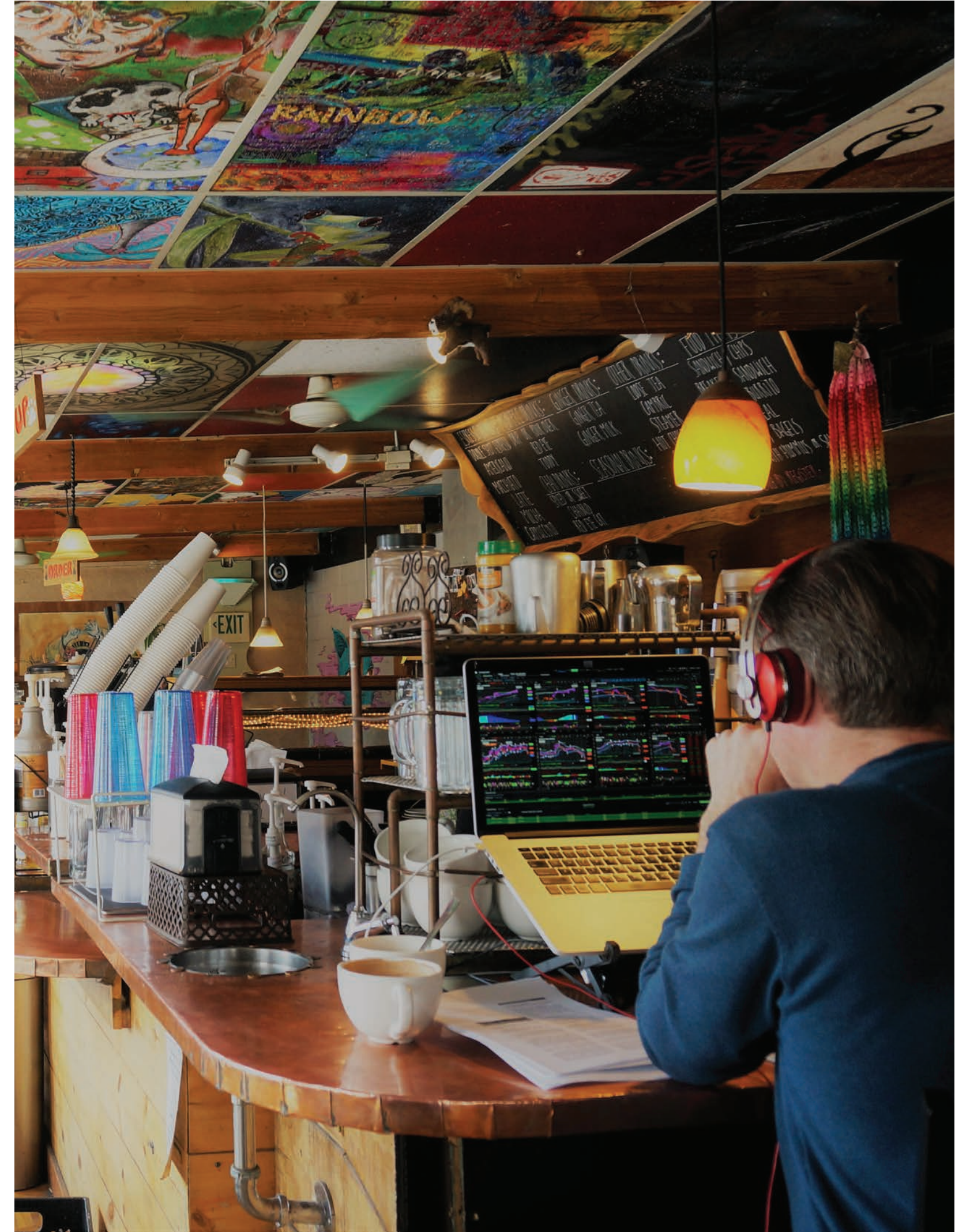
Due to the coffee shop being always open, employees have to work late hours. "You have to be flexible, you have to be available to know what you're doing," Van, a barista at Alley Cat Cafe who's been working at the shop for a year and a half, said. The staff is responsible for "keeping

this place rolling, keeping it moving, keeping the customers happy and making sure everything can stay as 'tip top' as it can be."

This 24/7 coffee shop is equipped with free WiFi and numerous places to sit. Making Alley Cat a perfect place for students to study.

The cafe encourages people to make new friends and share tables, you never know who you're going to meet.

**"The artwork is done by customers and local artists, because of that I feel like people who come here almost feel like they own a part of this place."**  
-James Fuerte



# Mayor of Old Town

By Lexi Elio

A small restaurant across from the Oval offers 100 different beers on tap and delicious takes on classic bar food.

Tucked behind the Alleycat Ca are a number of parking spaces reserved for The Mayor of Old Town -- but they aren't for a Fort Collins official.

Rather, The Mayor of Old Town is a beer bar that prides itself on offering 100 different beers and ciders on tap. They hold the honor of one of Draft Magazine's top 100 beer bars.

Their selection fluctuates frequently, and live updates on Twitter and Facebook.

"We replace our beers by style," general manager, Chris Phillips, said, meaning there is a healthy selection of sours, stouts, and IPAs at any time.

All things beer isn't the only draw, though. The Mayor's burgers are to die for.

"We like to think our burgers are some of the best in town," Phillips said.

"Our pretzels are a great bar food,

people really like the cheese-stuffed jalapeno," he said. The jalapeno cream cheese-stuffed pretzel is served with raspberry jalapeno jelly.

Their current menu is fairly standard: appetizers, salads, burgers and sandwiches. However, for the next few months a guest chef will be crafting a new menu, so the beer bar is certainly a place to watch for innovative culinary creation.

The humor guests find on the existing menu definitely won't change.

At the bottom, near the Wifi password, are a list of services offered for \$1 each that include a high five or a photo with Kevin, the owner.

"We want to maintain a sense of humor," Phillips said. "We want people to feel like it's an easy going place but slightly classy, classy to the point

where people come to an upscale beer environment and feel at home."

The Mayor is partnering with New Belgium on April 27 to serve a beer dinner. Other events include special showings in the upstairs brewing lounge, weekly beer club hosted by industry

professionals, and Friday Afternoon Club with drink and appetizer specials.

The Mayor is not a brunch hotspot, so make note of their hours before heading over. They open at 3 p.m. Monday-Thursday and noon on Fridays and weekends.

"I love it here," Kelsie Cady, landscape design and contracting junior said. "The beer selection is always changing and I really like the atmosphere. Just a great place to hang out."

**"We want people to feel like it's an easy going place but slightly classy."  
-Chris Phillips**



Moving just got easier.

## Start and stop your utility service online.

Visit [fcgov.com/start-stop-utilities](http://fcgov.com/start-stop-utilities).



Auxiliary aids and services are available for persons with disabilities. V/TDD: 711

17-6440

Looking good for graduation  
has never been easier.



From eyelash extensions to hair extensions, cut, color, nails and more!

We do it all at *styles unlimited*

**MANICURE & EYELASHES**

**\$90** FULL SET PLUS  
MANICURE

*Styles unlimited*

970.227.1677 • NEAR CAMPUS



**100 BEERS ON TAP**  
*New* **DOUBLE-STACK BURGERS**

**THE MAYOR OF OLD TOWN**  
632 S MASON STREET | FORT COLLINS, CO

[TheMayorOfOldTown.com](http://TheMayorOfOldTown.com)



# The Human Artist

Parabrahma tattoo shows that tattoos are more than just art

By Jacob Stewart

An avid culture that has immersed itself amidst the 21st century is that of tattoos. From tribal pieces and memorial portraits to tramp stamps, tattoos are becoming more and more a staple in the minds of the youth. However, the youth are so caught up in the style choices of tattooing, many are unaware of the origin of these pieces of art.

Brockton Fowler, co-owner and artist at Parabrahma Tattoos, had a lot to say about where tattoos come from. "Tattooing itself has all its ties back to shamanism... they were always done by a holy person, because they looked at it as a power thing, sigilism." Tattoos

derive from a very ancient time that even predates language as a whole.

Fowler continued saying that these tattoos were used for things on a much more widespread level. "Spells that connected people, provided power, and even were believed to heal people. These [tattoos] were given to you, you didn't design one or create one, the tattooer gave you one."

As a population, custom tattoos are a much more common practice now. Entering the studio, presenting your ideas, and then receiving a tattoo that you and the artist put together is the staple for getting a tattoo in today's world.

However there is something special about the tattoo industry and the culture that surrounds it. The connection that develops between an artist and the recipient is something that is unique to it's own.

Fowler said, "even when people get those "basic" tattoos. There is something about the exposure. It is a gateway to something much bigger and they don't even know it yet."

Continuing, "the shop and its name, Parabrahma, is the ultimate enlightenment or ultimate goal. The source of ultimate potential, and that's how a tattoo should be. We should

## ON A PERSONAL NOTE

Jacob Stewart Reviews His Artist

Brockton Fowler, my artist, lead me through the studio, introducing me to the artists that were present at the shop. The environment was very homey and relaxed. Located in an early 1900's style house, the studio features several rooms for artists, and a piercer, to practice in.

Unlike any other shop I had ever been in, Brockton made it a point to develop a relationship with me as a client. As his belief in tattoos corresponds with the early shamanistic ideals of them, before we began drawing the tattoo, Brockton read my tarot cards in order to grasp a better understanding of me.

As a tattoo collector, I let him have full freedom in the creative stages of building the tattoo and the results were spectacular.

Receiving a tattoo relatively normal to any of the others I have received. As a warning he does not use numbing cream, this doesn't make him any less of an amazing artist it just means you have to be a little more prepared if you are used to numbing cream.

As a collector, and based on the experiences I've had in the tattoo culture, I would give this studio a 5 out of 5 stars for being uniquely diverse and excessively comfortable.



generate an ultimate mark of creative potential and attain that goal. The artists and the recipient have to let go of all this emotion and just create."

Spirituality, human connection and mutual respect are all aspects that Fowler says contribute to the tattoo culture even in the days before language. The idea of having something so permanent and everlasting, you have to have something behind it, and maybe you don't know what that is at that exact moment; but at some point you will.

As for the physical side of tattoos, Fowler stated, "people get tattoos in hopes to get to the person they want to be. Have their spiritual self match their physical appearance. Deep down they believe that this addition to their body is what was meant to be and it shows in people."

Body modification as a spiritual practice

is what people do in hopes to reach the self that is on the inside. People want to be able to express their mentality through physical means and tattoos have always been a outlet to do that.

Tattoo artists, as Fowler says, are people who live in a state of half in reality and half out. "I see people come in every day and ask me to put these pieces on them and create these works of art, but I as a person have tattoos on my neck, my face and that is something that people don't quite understand. Even in the old days, the shamans were scary dudes with tattoos everywhere and it's not that much different now."

Once you peel back that outer layer of the eerie taboo, you get to the person that feels they are where they need to be. Doing the things they need to do. That's what it means to be involved in the multifaceted world of tattoo culture.

**"People get tattoos in hopes to get to the person they want to be. [To] have their spiritual self match their physical self."  
-Brockton Fowler**



# Makeup on a Budget

By Casey Martinez

## Sally Hansen Color Therapy Nail Polish

When I started painting my nails, this polish went on evenly, without any goopy parts. And it has lasted a fair amount of time! So this product is fairly successful in my opinion.

## Rimmel Kate Sculpting Palette

A great find! This contour palette includes a bronzer, blush, and highlighter. The colors are very pigmented and blend nicely for a healthy, sun-kissed look.

## Maybelline Color Tattoo

This stuff is awesome! If you want to add a little shimmer to your eyes, then blend some of this onto your lid and it seamlessly amps up your look. Highly suggest you pick one up.

## L'Oreal Infallible Liquid Eyeliner

This super affordable liner is amazing! It is a true black and provides a sharp, precise line for those cat eyes. My only complaint is that it does smudge, so be weary.

## L'Oreal Voluminous Million Lashes

This is your average black mascara. It occasionally clumps and leaves residue under my eyes, which isn't exactly ideal. It's not bad, but not great either.

## Maybelline Fit Me Foundation

I thoroughly enjoyed using this product, and I plan on continuing to wear it. It feels light on my skin and provides an even coverage. I definitely would recommend.

## L'Oreal Colour Riche Lip Color

It has a slight sparkle in the pigment, which initially seemed really cool, but when I put it on, it looked like I just scarfed down a package of powdered donuts. But maybe that's what L'Oreal was going for?



A photograph of a lush green hemp field under a bright sky. The plants are tall and have characteristic serrated leaves. Overlaid on the center of the image is a semi-transparent white rectangular area containing the text 'HEMP' in large, bold, dark green capital letters.

**HEMP**

**MP**

# Industrial Hemp

## The future of sustainable agriculture

By Jenna Fischer

**W**ith its environmentally-friendly properties and wide range of uses, industrial hemp or *Cannabis sativa L.* may be the key to the future of sustainable agriculture.

Mike Sullivan is the founder of Hemp Farm Colorado, an 80-acre hemp farm near Brighton, Colorado. He had previously grown marijuana for 20 years, but switched to hemp in 2014 after Colorado passed Amendment 64.

"We're kind of in a little niche market in Colorado, but there's definitely interest," Sullivan said. "It's a work in progress, my first year I grew 7 acres and I was the largest in the state."

The hemp industry in Colorado has developed significantly since it was established in 2014. According to the Colorado Department of Agriculture, almost 9,000 acres of land were registered to grow industrial hemp in 2016. That's a 145 percent increase over two years.

For Sullivan, switching from growing marijuana to hemp was a no-brainer. As opposed to more traditional crops like corn and cotton, hemp is much more efficient and eco-friendly.

"Hemp takes half as much water as corn and other agricultural products," Sullivan said. "It's carbon neutral or carbon positive, meaning it puts more nutrients back into the soil than it takes out. It also breathes carbon dioxide and expels oxygen."

Additionally, hemp does not require the use of herbicides or pesticides.

"The acres are thick enough in density of plants that it deters pests and competing weeds," Sullivan explained. He said hemp is typically grown anywhere between 250,000 to 500,00 plants per acre.

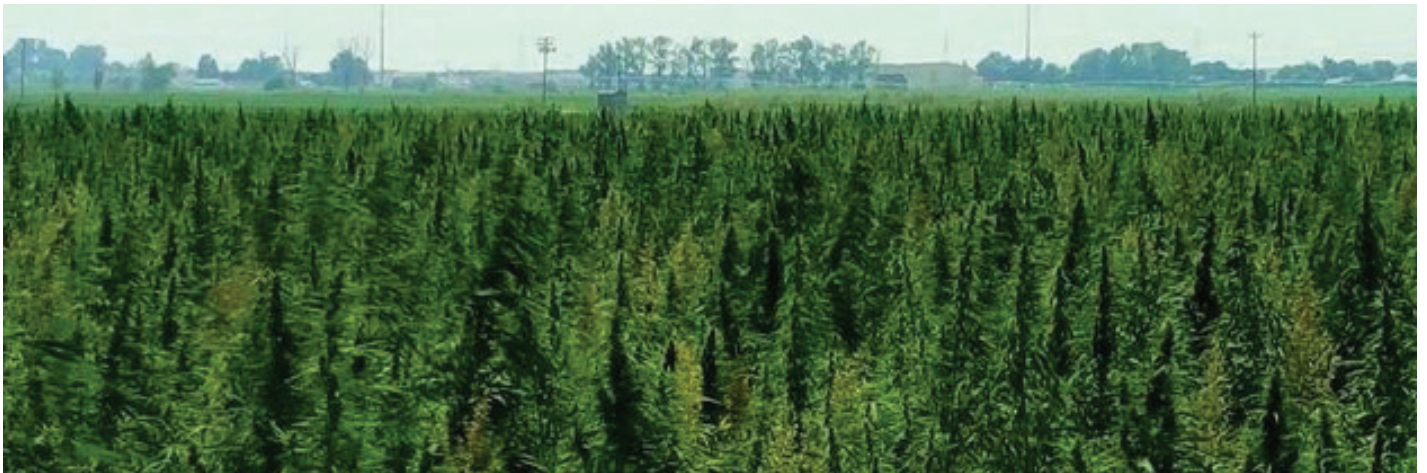
According to Sullivan, the climate in Colorado is especially conducive for growing hemp.

"It's so dry here there's no humidity which is important when there are so many plants per acre," he said. "Hemp also has a high tolerance for cold, and the long growing season allows for two harvests per year."

Dr. Anne Marie Merline is an honors instructor at Colorado State University who teaches her students about the sustainable benefits of hemp in her seminar focusing on sustainability and consumerism.

"It seems that a lot of students think that hemp is marijuana," Merline said. "They've grown up in a culture where marijuana is illegal, and because hemp looks the same

**"We're kind of in a little niche market in Colorado, but there's definitely interest."  
-Mike Sullivan**



they think it is also illegal.”

Merline attempts to clarify some of those misconceptions by teaching her students about the many sustainable properties of hemp.

“I have a week called ‘Hemp Week,’ where I try to show the students how it is a more sustainable material than some of the materials that we use now,” Merline said. “It is less impactful on the environment as far as what it takes out of the soil and gives back to the soil.”

Merline also teaches her students about the many products that can be made from hemp material.

“It just has so many applications,” she said. “Hemp plants take about three months to grow, and we could use that for paper. Paper trees take decades to grow, so there’s a faster return. Cotton is very water-intensive, it takes a lot of fertilizers and pesticides, and hemp could easily replace our cotton products.”

Sullivan also elaborated on some of the many uses the different parts of the hemp plant.

“There are tens of thousands of different products or things you can make,” Sullivan said. “The fiber can be made into textiles, the hurd is really absorbent and can be used for oil spills, pulp from the fiber can be made into paper products. Really you can use the whole plant.”

There are also many hemp products that are made for human consumption. Sullivan’s brand Colorado Gold currently sells three lines of consumable hemp products: hemp hearts, hemp seeds, and hemp flour. Hemp is high in protein and healthy fatty acids such as Omega-3.

“You can just do so many more things with hemp compared to corn or soy beans,” Sullivan said. “With the seed, you can use it for cooking as a gluten-free flour substitute. You can get hemp hearts and grind them up with some water for dairy-free hemp milk. Hemp seed oil can also be made into many cosmetic and edible products.”

Despite, its agricultural benefits and product versatility, growing industrial hemp remains federally illegal under the Controlled Substance Act of 1970. This legislation classifies all cannabis varieties—including hemp—as a controlled substance along with drugs such as heroin, LSD, and ecstasy.

“In the federal government, [growing hemp] is illegal but they’re allowing us to do it as long as we follow the state

rules and regulations,” Sullivan said. “The state department of Agriculture requires you to register your field. That’s a way to keep the industry doing what they say they’re doing so someone’s not trying to grow a field of marijuana saying it’s hemp.”

Before it was made illegal, hemp was a staple in American agriculture and played an important role in the nation’s history. It was used to make rigging and canvas sales on military vessels, pioneers used hemp canvas to cover their wagons, and the first drafts of the Declaration of Independence were written on hemp paper.

During World War II, the U.S. government ran the “Hemp for Victory” campaign which encouraged American farmers to grow hemp in order to support the war effort.

After the Mexican Revolution, however, the U.S. government and media demonized marijuana as a dangerous drug. In 1937, the Marijuana Tax Act placed strict regulations on the cultivation and sale of all cannabis strains—including hemp.

Hemp’s association with marijuana has perpetuated many misconceptions about the crop and stigmas surrounding the industry today.

While it is still a strain of the Cannabis genus, industrial hemp strains actually contain very small amounts of Tetrahydrocannabinol or THC. As a result, even if one tried to smoke hemp it would not have psychoactive effects or produce the “high” experienced when smoking marijuana.

**“In a field it looks like a huge marijuana field, it smells like a huge marijuana field and technically it’s the same cannabis plant, but one has THC and one doesn’t.”**  
-Mike Sullivan

“We have to stay under three-tenths of a percent,” Sullivan said. “For comparison, the strains we have in Colorado that people smoke are anywhere from 20 to 25 percent THC.”  
Hemp farmers must be very precise

## Anatomy of A Hemp Plant

Hemp plants can grow up to 10-14 feet tall and are generally grown densely packed together with anywhere between 1/4 and 1/2 million plants per acre.

### COLA

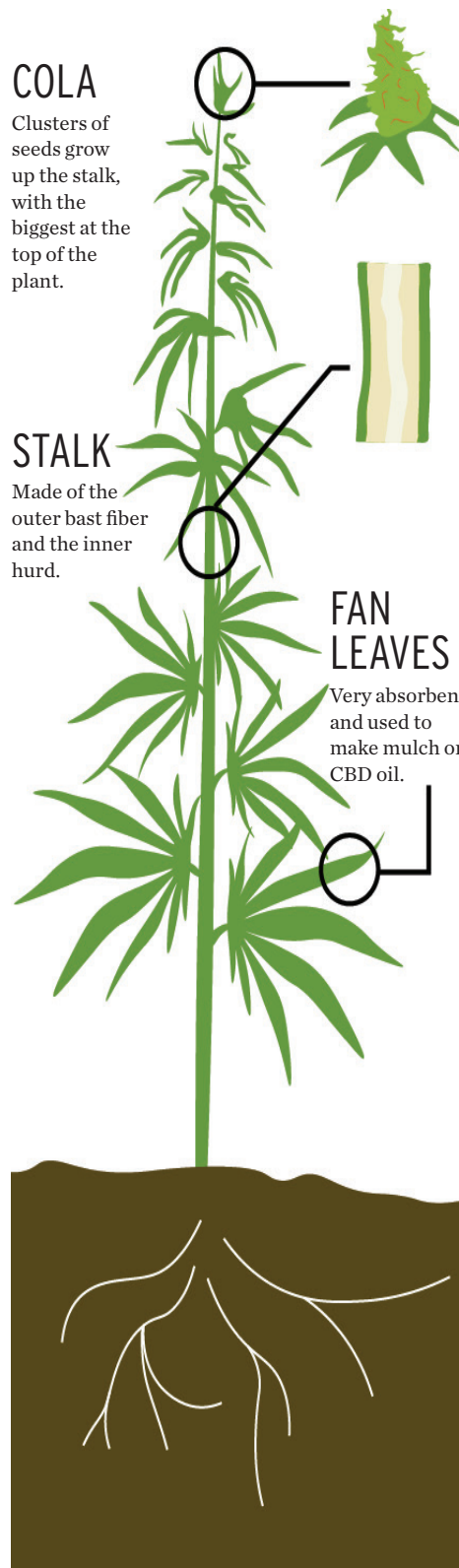
Clusters of seeds grow up the stalk, with the biggest at the top of the plant.

### STALK

Made of the outer bast fiber and the inner hurd.

### FAN LEAVES

Very absorbent and used to make mulch or CBD oil.



when deciding when to harvest their fields in order to stay under the legal level.

“If you let it go too far past the cycle date of the strain, it’s most likely going to be over your .3 percent and the state will take it away and make us destroy it,” Sullivan said.

There are some ways to differentiate between hemp and marijuana in the growing process.

“It’s tough to tell, but hemp plants tend to grow up with very little branching,” Sullivan said. “They’re very tall; our fields will grow anywhere from 10 to 14 feet tall. Marijuana plants grow big bushes and they grow shorter.”

Perhaps in part due to the stigma, there are still many obstacles in place that hinder the hemp industry in the United States. According to Sullivan, one of these obstacles is the lack of infrastructure that can process the raw hemp material into products.

“It’s actually kind of tough on farmers because they grow it and there’s nowhere for them to take it,” he said. “They’ll be a lot more benefits to farmers once there’s infrastructure to produce something from their raw material. Now that we’re in our third year, we hope to be processing hemp seed by the end of this harvest season to be able to buy from farmers.”

These restrictions make it difficult for American growers to participate in the global hemp market.

“In Canada you can only grow your growing seed from the government, and it’s less than \$1 a pound, so it makes it very cheap to farm your acres,” Sullivan said. “Here in the U.S., we’re selling our seed for around \$5 a pound.”

Disparity in pricing hinders the

U.S. from competing with other international companies.

“The rest of the industry in the world comes back to us and says ‘we’d love for you to be part of the industry, you just have to match everyone else’s prices’ and right now we can’t compete with that,” Sullivan said.

Instead, the U.S. relies on importing hemp products from other countries where the hemp industry is already well-developed and—in some cases—subsidized by the government.

Many in the industry agree that legalizing industrial hemp in the United States would have significant economic benefits.

“If we were to grow it in the U.S. and use it for products, it could regenerate the farming sector in the U.S.,” Merline said. “It could add to the economy because we’re adding U.S.-grown-and-made goods into the U.S. economy.”

**“We import a lot of hemp and hemp products into the U.S. from other countries such as the U.K., Canada, and China.”**  
-Dr. Anne Marie Merline

Although it is not federally legal yet, the U.S. does seem to be slowly moving toward more lenient policies regarding hemp. President Obama signed the Agricultural Act of 2014,

also known as the 2014 Farm Bill. This legislation allowed universities and state departments of agriculture to grow industrial hemp for research purposes, with the requirement that it must also be legal under that state’s laws.

“I always think that universities can be and should be the forerunner in something like this,” Merline said. “We have the research facilities for it, we have an agricultural program, it seems like it’s a perfect fit and right in line with the green university.”

Events such as the NoCo Hemp Expo also serves to educate people about hemp and promote its usage as an agricultural product. The fourth annual trade show and conference features speeches by industry-leaders, workshops, and booths all focused on hemp. The event will take place on March 31 and April 1 at the Ranch Complex in Loveland, Colorado.

Sullivan said he is optimistic about the future of the hemp industry both in Colorado and nationwide.

“Hemp is going to be a leader in the agricultural community in Colorado and the nation,” Sullivan said. “But that will only happen if we can get our own American supply of hemp that is cheap enough and comparable to the rest of the hemp in the world.”

Merline is also hopeful that the American hemp industry will continue to grow and be successful.

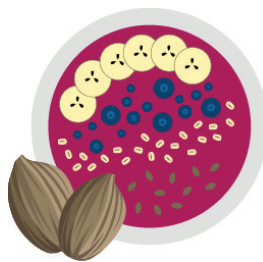
“It’s going to be a growth process for us as an economy,” she said “But I think when people realize what a versatile product it is, it could help change the environmental state of the earth. Maybe that’s a far-fetched dream, but we need to get past its stigma and the rest will follow.”

# Products Made From Hemp



## Hemp stalk

The fibers from hemp stalks may be used to make textiles for apparel, upholstery, linens, yarns, and more.



## Hemp seeds

Hemp seeds may be used to make gluten-free flour, and hemp hearts may be eaten as a source of protein and Omega-3.



## Hemp oil

Hemp seed oil can be used in moisturizers, shampoos, and other skin care products.



Kind Creations  
828 South College Avenue  
Fort Collins, CO 80524-3302  
Open 10am-8pm, 7 days a week  
**(970) 221-4990**

FIVESTARS 

Join our rewards program, start earning points now!

## COUNTDOWN TO 4/20

### 4/15: DO YOU HAVE TO WORK ON 4/20?

COME IN TODAY FOR OUR PRE SALE EVENT, ALL THE SAME DEALS 5 DAYS EARLY! BOGO FOR 4.20 ON OUR ENTIRE INVENTORY!

\*EXCLUSIONS APPLY

### 4/20: BUY 1 GET 1 FOR \$4.20

ON EVERYTHING IN THE STORE  
(EXCLUDES SELECT ITEMS)

DOORS OPEN AT 8AM FOR THIS SPECIAL EVENT-  
ARRIVE EARLY TO AVOID THE LINES AND TAKE  
ADVANTAGE OF OUR DOOR BUSTER SALES!



## 5

# Independent Singer-Songwriters You Need To Know

By Brody Coronelli

**W**ith every musical trend, there are independent musicians operating behind the scene, slightly out of reach, but with a charm and style that may be completely unique to themselves. Here are five singer/songwriters from around the country that are currently operating beneath the mainstream, but are still making musical innovations that shouldn't go unnoticed.

## Laura Stevenson

Folk/Rock

Originating in New York City, Laura Stevenson has been playing her unique, adventurous, and emotionally-dense folk-rock for almost eight years. Stevenson got started playing keyboards in the Jeff Rosenstock led music collective Bomb The Music Industry!, but since she released her debut *A Record* in 2010, she's been playing with her band The Cans.

Her last two efforts—2013's illustrious, folk-rock driven *Wheel* and 2015's upbeat, pop-rock oriented *Cocksure*—are both portraits of a singer/songwriter with a masterful grip on sentimentality and emotional expression. Her charming, elastic, and detailed lyricism is hard to match.



Photo courtesy static.stereogum.com



Photo courtesy lytimg.com

## Alex Dezen

Alternative/Rock

Alex Dezen's career spans almost twenty years, most of that time spent fronting the Brooklyn Americana and indie-rock band The Damnwells. He released his first, self-titled solo album in 2016, and in only a year's time, he's back with a followup.

Alex Dezen II, his second solo endeavor, was released in February 2017, it's predecessor partially held on to his Americana origins. II is a full departure from his roots, instead favoring challenging, nostalgic songwriting that calls back to his exposure to rock music growing up.

These intricate, confessional songs deal with politics, relationships, loss, loneliness and the tropes of growing up. But Dezen's takes on these common topics feels unique and unparalleled due to his reluctance to cater to pop music norms, instead favoring challenging arrangements and honest—often aching—emotional exposure.



Photo courtesy read-static.tidal.com

# Korey Dane

Americana/Roots

With a Southern-Californian, beatnik charm and myths that would give James Dean a run for his money, the 27-year-old Korey Dane is one of the most promising singer/songwriters working today. Dane's nostalgic, off-the-grid image screams classic cars, motorcycles and the sprawling unknowns of the Southern California desert. All wrapped up in an old-souled charisma that sends you straight back in time.

His 2015 debut *Youngblood* is a hazy, Americana daydream; a flawless balance between virtuosic playing and sharp, literate songwriting. With adventurous, infectious ups and wistfully nostalgic lows that echo a long lost spirit of roots music, it feels classic after only a few listens.

Dane has a new album due sometime this year, and if *Youngblood* is any indication, you'll be hearing more of him as the year progresses.

# Phoebe Bridgers

Folk/Emo

The LA based singer/songwriter Phoebe Bridgers was relatively unknown until 2015, when she released the *Killer* with the help of the prolific rocker Ryan Adams. With Adams' name attached to the project, Bridgers' heart-wrenching, stripped-back and confessional folk music was given a platform that put her on her way to becoming a household name.

*Killer* features three intense, emotionally bare musings on past relationships, but her honest narrative and enveloping vocals make you feel like you were there all along, living these experiences right beside her.

Bridgers' music contains a sharp, profound sadness that immediately likens her to the downtrodden musical presence of songwriters like the late Elliot Smith. She's set to release a full-length debut sometime this year, but until then, her poignant new single "Smoke Signals" is out now.



Photo courtesy i.ytimg.com



Photo courtesy oystermag.com

# Gold Star

Alt-Rock/Country

Los Angeles based singer/songwriter and artist Marlon Rabenreither, who plays under the moniker Gold Star, is part of a growing fleet of musicians who have more in common with the past than the present.

Rabenreither has been performing as Gold Star since 2012. His songs beaming with a long-lost, sun-drenched spirit of country music that he makes his own through literate, eclectic songwriting that paints a vivid, nostalgic picture of the culture and history of LA.

He released his debut LP *Dark Days* in 2015, and his forthcoming sophomore album *Big Blue* is set to release in March 2017. The lead single "Sonny's Blues" is streaming now.

# Romancing the phone

By Katie Mitchell

Staying in contact is as easy as pie, while getting space from a person is harder than ever. Now that technology is a relevant force in society, relationships have morphed into a new genre.

With the addition of technology to our society, long distance relationships have been made easier. Kate Hanks, an American studies major at Smith College, discussed how her relationships have been affected by the use of snapchat and texting. Hanks found it much easier to stay in contact with her (now ex) girlfriend as they attended school across the country from each other.

"We were across the country for almost two years, and tech made it so much easier for both of us. It was so comforting to know she was there and that I could share my life through snapchat, because pictures and videos are so much better than words sometimes."

However, creating relationships based on trust and respect can be hindered by technology as well. Jacob Rivera, an undeclared freshman at San Jose City College said, "texting is often an easy way out in relationships. It's hard to say how you feel to someone's face, but if you can just text your boyfriend that you want to break up and not have to face him, that's a lot easier. Technology is a social crutch."

The Huffington Post states that, "online dating actually delays "IRL" meetings." Bea Arthur, a therapist quoted in the article, says that, "we should know better because relationships start to become solid after about five dates, while the first meeting is

simply an initial interaction. Expectation is the root of the most disappointment in online dating." Dating websites and apps, such as Tinder and Bumble, make it easier than ever to continue relationships online without ever needing to meet in person.

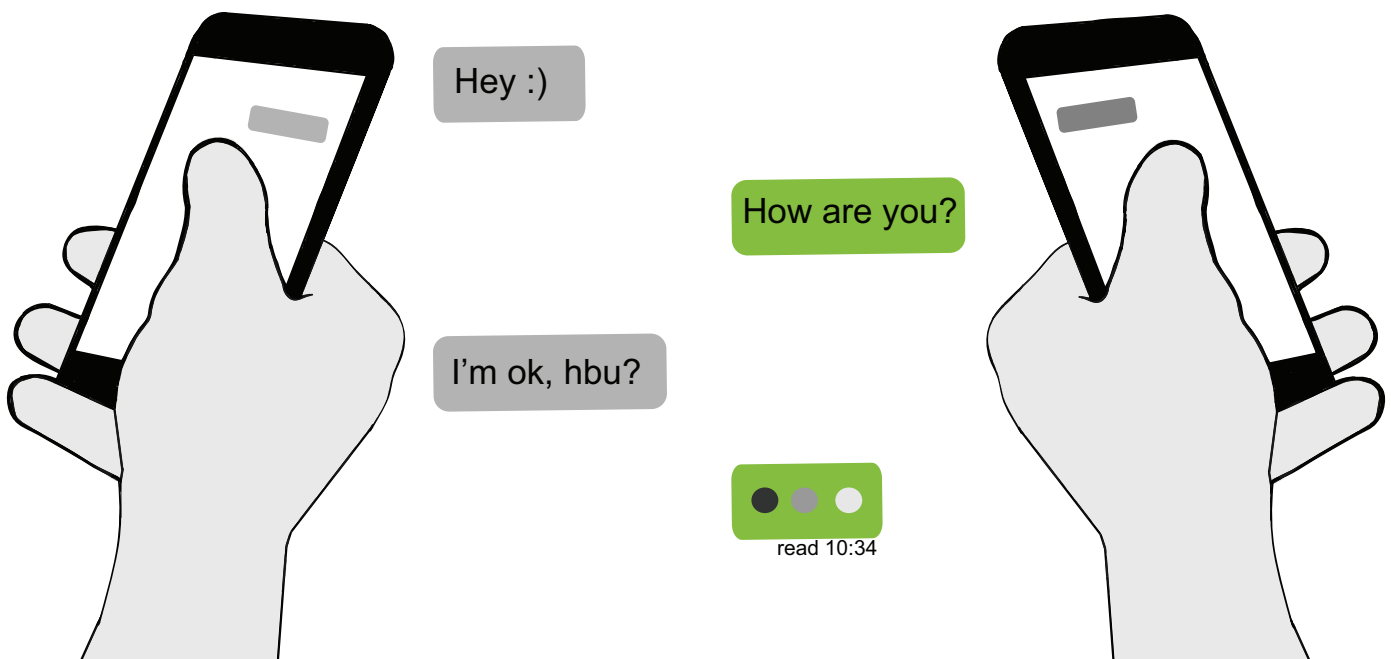
People who grew up with tech devices in their lives from their first memories to now very few role models to look up to for advice on how to cultivate a healthy relationship with technology. Many parents and older peers went through the transition of having no technology to suddenly being surrounded by it. They were taught the behaviors necessary for a successful relationship without screens.

Sarah Tavernise, a teacher based out of the Silicon Valley, talked to me about her experiences with technology surrounding her marriage. Tavernise married her husband in 1996 after many years of letter writing, and then with the introduction of personal

computers, emailing. "Laptops were a huge boost to our relationship. I was out of the country from 1993-94, and having a laptop meant we could communicate nearly instantly. Not waiting on international post was great! Before that, he would send stuff to the general post at whatever place I was headed next, and it could be weeks before I'd get his letters."

Technology is here to stay, to evolve and to become as involved in our lives as it can. Getting up each day and paving the path to understanding how to create a lasting relationship with the help of technology is something our generation has been tasked with, and is something we are succeeding with every day.

**"Texting is often an easy way out in relationships."**  
-Jacob Rivera



**EAT**

**PRAY**

**TEXT**

# Camping in Colorado

How to find the outdoor experience that's right for you

By Jacob Stewart

The snow is melting, flowers are blooming and the temperature is rising. The garage doors are opening as the winter-reclused Coloradans break out the tents, sleeping bags, fishing poles and coolers. A great time of the year for people to step out of their heated houses and go explore, but where do you start if this is all new to you?

Fort Collins and the northern Colorado area have an abundance of easy, accessible camping spots for every style of camping trip that you could wish to go on. From glamping to backpacking and everything in between; if you have the will, there's a way in northern Colorado.

## Glamping

Pack the propane stove and make your way up to the Mountain Park campground in Poudre Canyon. This facility includes: on-site showers, toilets, electrical-powered sites, and water supply. If you are looking for a camping trip that isn't about seeing how long you can survive in the woods on packaged meat, this camping spot is the place to be. The site is nestled right next to the Poudre river, so splashing around won't be an issue.

## Backpacking

Pack your backpack with all of the survival essentials including: light sleeping bags, a one-person tent, and a stocked first aid kit. Don't forget the "wilderness" and nonperishable high-nutrient foods. Since there is such an accessible water supply in Poudre Canyon, a good portable filtration water bottle is a great tool. Camping sites are not required when exploring this style of camping.

## Weekend Camping

Leave your cars at the parking lots and hike up to some of Colorado's most rural, gorgeous views and a pitch tent. Packing light-weight sleeping items and foods, but including the essentials for a somewhat luxury experience. This type of camping is usually just a quick hike up, spend the night, hang out for a day, and hike down.



# RAM SLAM II

2017 VOLLEYBALL TOURNAMENT

FRIDAY APRIL 21, 2017

WALK UP REGISTRATION CLOSES @ 2:30 PM  
EVENT: 3-8 PM  
FINALS AT 7PM

AT THE IM FIELDS & VOLLEYBALL COURTS

DIVISION A, COMPETITIVE, ON THE SAND,  
2 ON 2 SUBS PERMITTED

DIVISION B, FUN, ON THE GRASS, 4 ON 4 SUBS  
PERMITTED

PRICE: \$30 PER TEAM  
KCSU TUNES  
FOOD TRUCKS

SIGN UP @ COLLEGIAN.COM



THEN: FRCC  
NOW: AWARD-WINNING  
AUTHOR



FRONT RANGE  
COMMUNITY COLLEGE

GREAT LIVES LAUNCH HERE



Sarah

[fronrange.edu/GreatLives](http://fronrange.edu/GreatLives)

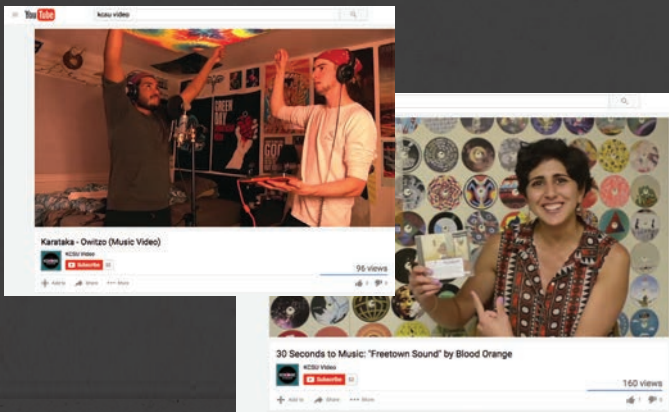
REGISTRATION BEGINS

APRIL 11 – SUMMER, APRIL 18 – FALL

Boulder County Campus | Larimer Campus | Westminster Campus  
303-678-3722 | 970-226-2500 | 303-404-5000

Brighton Center | FRCC Online Learning  
303-637-3022 | 303-404-5513

SUBSCRIBE



LIVE PERFORMANCES | MUSIC REVIEWS

90.5 FM  
KCSU YouTube

KCSU VIDEO



# A Homey Colorado Pit Stop

## A must-visit restaurant for your next road trip

By Audrey Potter

If you find yourself traveling around exit 74 on interstate 25 in Colorado City, either traveling passed it or if you are just getting done exploring Bishop Castle in the mountains near by, Max's Place is a perfect pit stop for a delicious meal.

Max's Place serves breakfast all day as well as burgers and sandwiches, with an option of a mountain of fries, all at a decent price. This small, local restaurant is open daily, starting at 6 a.m. and closing at 7 p.m. However, during the winter on Friday's and Saturday's the restaurant doesn't close until 8 p.m.

The workers are all locals. Bo Gookin, who's been working at Max's Place for four years, said, "we're a family here. The boss is great and treats us like we're his family." The restaurant even has a phrase, "Where Friends and Family Meet to Eat."

Max's Place has been open to the public since 2001 and was named after the owners', John Schaiberger, family dog, Max.

A beautiful view of the mountains can be seen from the restaurants outdoor seating. To cold to sit outside? Don't worry, Colorado's beauty can still be seen from seating provided inside as well.

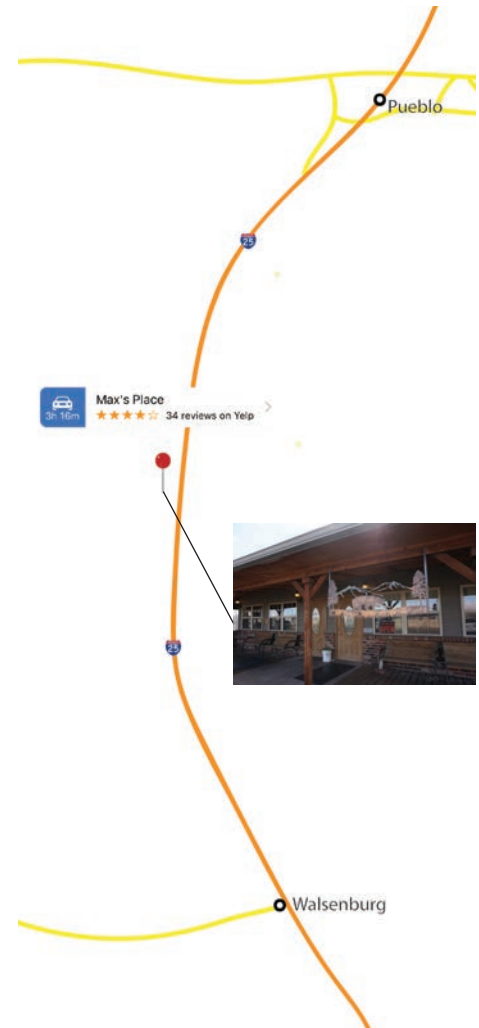
With a very homey feel inside the restaurant, people are able to sit at the counter where they can watch the cooks make their meals. Pictures are hung up along the walls and large windows allow for natural light to illuminate the restaurant and onto the wooden tables inside. Every table that is next to a window seal offers books to read so customers can sit, relax and feel at home.

"My family and I stop to eat here whenever we're in the area," Melanie Brooks, a freshman psychology major at Colorado State University student said.

Max's Place draws in a lot visitors because there are not many restaurants in the area. The place can get pretty busy during the summer, so you can expect a wait. However, with the local feel and the filling food, it is definitely worth waiting a little while.

Disclaimer, Max's Place is a cash only restaurant. Located inside, there is an ATM which helps customers from having to stop at the bank before they make their pit stop here.

This summer, when you and your friends or family are traveling across the Colorado, make a pit stop at Max's Place for a home away from home experience.



**"Where Friends and Family Meet to Eat"**  
-Max's Place Slogan

AVOID A \$1,000+ NOISE CITATION

# REGISTER YOUR PARTY WITH OFF-CAMPUS LIFE

OVER 3,500 PARTIES REGISTERED  
SINCE 2009

85%  
NO ISSUES

12.5%  
WARNINGS

2.5%  
CITATIONS



97.5%  
CITATION FREE

REGISTER AT OFF-CAMPUS LIFE, LSC 274,  
THE THURSDAY BEFORE YOUR PARTY

FOR INFORMATION ABOUT PARTY REGISTRATION:  
[PARTYSMART.COLOSTATE.EDU](http://PARTYSMART.COLOSTATE.EDU)

City of  
Fort Collins



OFF-CAMPUS LIFE  
COLORADO STATE UNIVERSITY

# PiNOT'S PALETTE®



STAR WARS





# A Palette of a good time

By Christian Johnson

**E**ver have the urge to paint but you are afraid that you're 'not skilled enough' or you just 'aren't an artist?' Pinot's Palette, located at Mountain Avenue and College Avenue, is the place to be to paint freely or learn how to paint while having a drink with some friends.

Pinot's Palette is a paint and sip right here in Fort Collins that is perfect for a date night, after dinner treat, or if you just want to learn to paint. On top of all of this, they bring in local artist to teach every painting session. These artists guide you through step by step of creating your masterpiece and paint with you so you will never feel left in the dust.

Pinot's Palette offers a wide variety

of snacks and beverages, alcoholic and non-alcoholic. Although customers are welcome to bring their own food and drinks, you are sure to find something that fits your craving from the paint and sip's selection.

The studio's manager at Pinot's Palette expressed her love for the work she does and how the customers are her favorite part of her day.

Pinot's Palette organizes events to engage with the community, such as Paint It Forward and Pianos About Town. Anyone is welcome to attend these events to paint and have fun with others in the community.

More than anything, Pinot's Palette is a

place full of fun, engaging people where you can drink, tap into your creative side and contribute to the community all in one place.

This sip and paint is a great place to spend an afternoon, whether you've lived in Fort Collins all of your life, or are just in Old Town for the night.

Whether you consider yourself an expert artist or just an amateur, you can always learn something new from experienced artist and enjoy yourself at Pinot's Palette.

Pinot's Palette is open daily from 11 a.m. to 6 p.m. Events differ every month, but a schedule can be found at: [pinotspalette.com/fortcollins](http://pinotspalette.com/fortcollins).

# 6Degrees of Community

A local dance group creates affordable performances for the community and hosts workshops for undeserved populations.



By Lexi Elio

**L**eah Casper's home sings as loud as she does. Rubber eyeballs stare vacantly from atop a bookshelf. Upturned umbrellas turned jellyfish hang from the ceiling above a large keyboard.

Casper is a local choreographer and composer. She is also the artistic director of 6Degrees Collaborative, a Fort Collins and Denver-based creative hub for musicians, dancers and performance artists.

All of their shows are completely original, using live music composed by Casper or another collaborative member. They also feature original or improvised choreography.

Their most recent show, titled "Gods and Monsters," was an interpretation of Homer's "Odyssey."

The performance itself received mixed reviews, but the company is incredibly proud of their efforts.

"The last performance she put together was a huge improvement from the ones prior," dancer Ixchel Levendosky said.

Levendosky serves as Casper's mentor and has watched her artistic style mature.

Levendosky acknowledged the unpaid nature of the collaborative poses serve as challenges for the group. She said it is difficult for the cast to meet regularly and rehearsals can sometimes be unclear.

Despite these challenges, Levendosky said, "Leah [Casper] is a real go-getter. She does not give in easily and I really admire that about her."

In addition to preparing a fourth original performance, Casper is channeling this ambition towards a more altruistic goal - leading workshops for

special needs groups, senior citizens and children in less affluent areas. Casper said she wants to impact those who might not otherwise be exposed to dance.

"We work on basic dance alignment, technique and terminology," Casper said. "I do a lot of improv games and have them create their own pieces."

Casper currently runs the workshops by herself, but recently obtained nonprofit status and is applying for grants to expand the program.

6Degrees also offers affordable dance classes for adults. Levendosky, who also serves as an instructor at the Front Range Classical Ballet Academy, similarly tries to "keep prices low to provide a service for people who normally wouldn't be able to dance." Casper also offers both scholarships and work-study opportunities.

These community-oriented attitudes lend themselves to a flourishing internal sense of community, where collaborative members feel like they are part of a family.

One relationship especially demonstrates how intimate dance can be.

Choreographer and dancer, Lorenzo Martinez-Gomez, speaks little English and Casper speaks minimal Spanish, yet they bridge their language barrier

through movement.

"The bond we have from creating together for over a year is very close," Casper said. "I feel like we really know each other even though we can't speak the same language and that's very cool."

One of 6Degrees' main functions is to foster close relationships and provide a network of support.

Casper strongly encourages artists to practice their craft often and study it, if possible.

"As an artist, you are your product and you have to invest in it," she said. "That time really helps you refine your craft and focus on it."

Casper also emphasizes an artist's own confidence in their ability to create, noting that she herself has become more brazen and thinks her work deserves to be seen. While her own style produces soul

work - a blend of blues, country, and rock - she has learned to adapt to group needs and "let some of that structure go and focus on what each dance needs to hear."

The collaborative's next performance is July 20-22, 2017 at the Bas Bleu theatre, thanks to funding from the Downtown Development Authority.

"To me, dance is a way to communicate music kinetically and visually, and music is a way to communicate dance," Casper said. "To me, dance is a necessity."

**"Dance is a way to communicate music kinetically and visually and music is a way to communicate dance. To me dance is a necessity."**  
-Leah Casper

**State**  
ON CAMPUS

**LOOK NO FURTHER.**

- NEWLY RENOVATED
- CLOSE TO CAMPUS
- GARAGE PARKING
- EXPANDED FITNESS CENTER
- POOL AND OVERSIZED HOT TUB
- PRIVATE STUDY AREAS
- WASHER/DRYER IN UNIT
- SAND VOLLEYBALL COURT
- SAUNA AND YOGA ROOM
- FULLY FURNISHED ROOMS
- UTILITIES/WIFI INCLUDED
- MEDIA AND GAME ROOMS

1721 Choice Center Dr  
www.StateOnCampus.com  
**970-484-7267**

Get your summer on with highlights



From eyelash extensions to hair extensions, cut, color, nails and more!  
We do it all at styles unlimited

**HIGHLIGHTS**  
**\$75** \$10 EXTRA FOR EXTRA COLOR

*Styles Unlimited*

970.227.1677 • NEAR CAMPUS  



**LIVING FOCO**

FORT COLLINS HOUSING GUIDE

**LIVINGFOCO.COM**

# Unique Date Ideas

By Selena Rodriguez

# 1

## The Lyric Cinema Cafe

The Lyric Cinema Cafe is a small theater located on Mountain Street. They also host a wide array of funky special events. You and your S.O. can enjoy a \$5 all you can eat cereal bar while watching beloved cartoons from your childhood. They even have an event on Saturday where you can enjoy a really bad movie.

# 2

## Fly High

You know what's better than a trampoline? A whole room full of trampolines. Flip, jump and spin at Fly High Trampoline World. This has potential to be a great group date as well. You're never too old to jump into a ball pit and maybe enjoy a pretzel while you're at it.

# 3

## Thrift Shop

Fort Collins is home to some fantastic thrift shops and consignment stores. You could look through old records, pick out a new piece of crazy art and get a good laugh while trying on the most hilariously hideous clothes you can find.

# 4

## Concert

For the couple that loves music, going to a small show together at the Downtown Artery or the Mishawaka can be a blast. It's easy to find some decently priced tickets for most of the venues around town. You can even enjoy free music at places like Avogadro's Number.

# 5

## Volunteer

If you and your babe have hearts of gold and some free time to spare, volunteering can be a fun and rewarding date. Help care for the animals at the Fort Collins Cat Rescue. Whatever you and your S.O. might be passionate about, there is likely a volunteer opportunity out there you can get involved with.

# 6

## Farmer's Market

From local honey to fresh grown veggies, Fort Collins has it all. Not only is the food amazing, the people running the stands are really friendly too. So pick a recipe from Pinterest that you've always wanted to try and get some fresh ingredients at the farmers markets.

# 7

## Fitness Class

You and your swollmate could hit the gym and try a new fitness class. The Student Recreational Center offers a full schedule of interesting classes to try out. A lot of them are free for full time students. You could also try out the climbing wall or hit up the sauna.

# 8

## Chocolate Cafe

If you're a chocoholic, take bae out to try the Chocolate Cafe in Old Town. The Chocolate Cafe serves up a menu of chocolate drinks, both of the boozy and non-alcoholic variety. The dessert list consists of nearly 30 decadent sweets.



MEET OUR  
**MEDICAL  
TEAM**

Experts in  
the unexpected.

**970.221.5121**

PREGNANCY TESTS + LIMITED ULTRASOUND  
COUNSELING + SUPPORT

1212  
SOUTH COLLEGE AVE



Amanda



Leasa



Camille



**AlphaCenter**  
Free. Medical. Confidential.



TATTOOS

PIERCINGS

JEWELRY

High quality jewelry boutique,  
custom tattoos & piercings

Bring your ideas & we'll create  
something exquisite & unique

MENTION THIS AD & RECEIVE

**20% OFF**

ALL BODY JEWELRY

(\$50 or less)

628 S. College Ave | 970.221.9712

[www.TribalRitesTattoo.com](http://www.TribalRitesTattoo.com)