Man pleads guilty to murder of student

Mike Wiggins
Editor-in-Chief

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Suzanne Claffey, professor of art, had Turner in class at MSC. She hopes Miracle's trial will bring some closure to his death.

"I feel that justice is being served," she said.

Police plan for changes

Dani Weigand
Copy Editor

This year the Mesa State College Police Department is implementing new informative programs dealing with crime prevention to further assist students as well as continuing past efforts for student safety.

Investigator Art Kent said the department has developed the Crime Prevention Program, which will offer students seminars on a bimonthly basis that will concentrate on specific areas of interest. The first will be held this month, though the exact date is unknown, and will focus on either general safety for students or sexual assault awareness and prevention. The following seminar will be held in December and will focus on the topic not covered in the first.

Two officers recently graduated from domestic violence and sexual assault awareness training and prevention. Kent and officer Lisa Bramlett will direct the seminar on sexual assault and domestic violence.

Another program officers hope to implement soon is a campus watch that would be comprised of students, faculty, and staff members who will complete a training course teaching them how to look for and report suspicious behavior on campus. A new phone tree will be installed, which will allow students to accurately report a crime while it is happening, or shortly thereafter. Kent said the key to preventing crime on campus is to get the correct information as quickly as possible, as installing the phone tree would assist in the problem.

Operation ID is a program designed to register MSC student’s property with the National Crime Information System, which will allow students to accurately report a crime while it is happening, or shortly thereafter. Kent said the key to preventing crime on campus is to get the correct information as quickly as possible, as installing the phone tree would assist in the problem.

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Soccer team kicks New Mexico Highlands

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Problematic phone lines to receive system overhaul

Matt Tezak
Assistant News Editor

Dial 9, outside lines are all busy, please try later.

This is the process many students may be undergoing while they attempt to make an off-campus phone call, as Mesa State College is experiencing communication difficulties.

The MSC communication system is not allowing students to reach outside lines to make calls.

"The phones are a major hassle when you are trying to call someone outside the school," said freshman Joe Becker.

"We are installing a new switch over Christmas break," said Valerie Adair, who works with telecommunications on campus. The new switch will give MSC four more phone lines.

"The problem with the phone system is there are more students than phone lines," said Steve McKinley, service technician of Siemens Communications, the company who is working on the phone lines. "So that only leaves a certain amount of lines open for students to use."

See PHONE on page 6

MSC dorms among securest in Colorado

Bill Craig
Managing Editor

The MSC residence halls are among the most secure buildings in Colorado institutions for higher learning. In a survey of several colleges and universities in Colorado, MSC's policy of a 24-hour dormitory lockdown is mirrored only by Fort Lewis College in Durango, Adams State College in Alamosa, Western State College in Gunnison, and the University of Northern Colorado in Greeley, which all have a lockdown policy beginning at 11 p.m., with the doors reopening at 7 a.m.

The current policy of around-the-clock security was implemented in the fall of 1990 at a cost of more than $220,000. Some students called the system "prison-like" when first faced with the added security.

"I think it's fine," said freshman Pinon resident Josh Lee. "There's no hassle."

Lee Pettijohn, a resident assistant (R.A.) in Tolman Hall, said that for the first two weeks there was some protest among some residents, but that has changed as the semester has progressed. "It's a good thing," he said. "You have to carry around your Gold Card to eat, so it's no big deal, anyway."

To access the residence halls, one has to be a resident of the dorm to which he wants to go. The card is dropped off at the front desk of the dormitory, which is used as a security access system in its residence halls.

MSC is one of the few colleges in Colorado which use an electronic security access system in its residence halls.

See LOCK on page 4

See COPS on page 6

Judgment Day

Tara Duburin, Jessica LaCrone, and Lori Block perform a scene in Arthur Miller's "The Crucible," a play about the Salem Witch Trials. Showtime is at 8 p.m. with the production running tonight through Saturday in the Walter Walker Fine Arts Center.

Photo by: Amy Osborne

The man accused of killing a Mesa State College student in April pled guilty Thursday to second-degree murder.

Darrell Miracle, 60, pleaded guilty to killing 52-year-old Kenneth Paul Turner on April 16 in front of Turner's home in the 3200 block of North Goodhope Circle. Miracle is scheduled to be sentenced on Nov. 20.

According to records from the Mesa County Sheriff's Department, Miracle's daughter told investigators the incident occurred as a result of a traffic altercation with Turner earlier in the evening on April 16. She said the victim had been closely following her and her boyfriend while using his high beam headlights.

Records further stated that Miracle's daughter and her boyfriend told Miracle about the incident, and after the boyfriend got a billyclub and Miracle got a machete and handgun, the three of them drove to Turner's residence.

Miracle and the boyfriend approached the door of Turner's home, and Miracle told Turner to leave his daughter and her boyfriend alone. A argument and scuffle between the two ensued, and Miracle pulled out the handgun and shot Turner twice.

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The notion of actively participating in religion agrees with many people about as well as a spicy meatball sandwich.

Religion itself has always fascinated me, but those who are less thrilled with it are undoubtedly an infinite number of explanations for their spiritual indignation.

For whatever reasons, the person may be futile with such individuals. So be it. I would be lying if I said I haven't questioned my own faith on a number of occasions.

Nevertheless, I want to examine what I perceive to be three problems with religious vendettas against one religion in particular—Christianity. The tendency to make sweeping generalizations, the tendency to perceive others as directed at and accusing another individual of deficiencies and lack of knowledge about that particular belief system.

It takes quite a person to assess another individual of possessing the aforementioned characteristics and not be cognizant of the degree of hypocrisy he or she is exhibiting.

I'll charge you with being intolerant, but never mind the fact that I am exercising the same closed-mindedness for which I am faulting you.

It is unfortunate that those who are either insincere or overzealous in their faith are interpreted as wholly representative of those who subscribe to Christian beliefs. As a Christian, I cringe when I watch the Tribune Broadcasting Network in its palpitating splendor, as people dress up like royalty, coercing viewers into donating millions of dollars while praising God for His abundant blessings. I shake my head in disgust as others portray themselves as elitists, who thoughtlessly accept everything they've been told, calling down hellfire and damnation on those who don't recognize themselves as wretched sinners.

For each one of these bad apples, there are bushels of patient, compassionate human beings who sincerely live their faith in a manner that is neither threatening nor self-righteous.

To draw a conclusion about all Christians, or any other believers, based on a few less-than-ideal examples, is to engage in a gross misperception. It would be akin to summing up the personality of Hispanic rape a woman, all Hispanics are plebeian criminals.

I do not agree with the Jehovah's Witnesses on their permutations of the Bible, and I do not attempt to track down with my inner guide as some New Agers would have me to do.

However, it does not necessarily follow that, in light of the differences I have with these religions, that I will render sweeping generalizations about them, particularly if I do not fully understand the specific tenets of their belief systems. All religions, including Christianity, deserve at least that courtesy.

People complain, "If God is real and man can really know Him, then why are there so many churches which cannot agree about God?"

The answer is simple. It's because the churches fulfill different purposes. Suppose we put 10,000 people in a room and asked them, "How do we solve the problem of drugs?"

Unless we carefully selected the 1,000 people in the group could not agree about the answer to the question. All the answers proffered would not be equally valid, and it could be difficult to separate the hamstrung from the potentially legitimate much less choose the best.

The plethora of answers would demonstrate that not everyone agrees about how to stop drunk driving. It would indicate that everyone agrees drunk driving ought to be stopped.

The Newsboys, an alternative Christian music group, summed up my sentiments when they sang, "If the Cross offends you, then find another voice." I try to avoid forcing my Christian beliefs on others, and in turn I would hope that those who disagree with my faith would first attempt to gain a broader perspective on Christianity before lashing out at its doctrine.

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Agreeable disagreement

Weigand

DANI WIEGAND

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Pay special attention to today's lecture, all information given will be on next week's test. Beginning in 1954 the...

"Pay special attention to today's lecture, all information given will be on next week's test. Beginning in 1954 the...

Whirlrrr! Bang! Crash! Aaaah, the joys of construction. As most (if not all) of you know Wubben Hall is under construction in conjunction with the new science center. Growth and renovation are a good thing for the campus. However, trying to listen to your instructor during construction is a real pain in the rear.

I first noticed how difficult it can be to hear over air compressed tools and nail guns at the beginning of the semester. I thought maybe as time went on I would be able to train my ears to hear my professor over construction work. No such luck.

Phrases like "Study for your test Monday" turn into "Muddy or your best on Tuesday." My all-time favorite was during a discussion in my Mass Media in America class when the professor was discussing "sexuality and the mass media."

The paragraph in the article, "sexuality in the Mass Media: An Overview," by Jane D. Brown, Ph. D. and Jane R. Steele, M. S., contained this gem: "Sex in soap looks lame compared to topless dressed walk shows."

I know that couldn't be right, and it turned out, the paragraph read, "Sexuality on the soaps looks almost tame compared to topics discussed on topless walk shows."

Oops, my bad! Two weeks ago, I was taking new copies of the Criterion to the newstand in Wubben Hall for distribution. After putting the float a few times and looking helplessly stupid through the window for help, I managed to balance my load and pull the door open with my index finger. I placed the papers in the stand and went to put paper in the new science center building.

When I arrived at the hallway connecting Wubben and the science building, one side was blocked off and construction workers were laying tile on the other. I asked if I could squeeze past them to deliver the rest of my newspapers. One worker piped up and said, "Only if you don't step on the colored ones (tiles)."

I was already flustered, I thought to myself, "Great, next is next? There aren't any disgruntled nail guns in the vicinity..."

Being the innovative student that I am, I have come up with several solutions to problems caused by construction, beginning with the problem of hearing an instructor during loud noises caused by power tools. Sit in a circle and have the lecture relay-style. Have the instructor turn to his/her left and give that student a phrase to pass to the person on his left, and so on. This will allow students to bond with one another as well as providing great entertainment by seeing how much the message changes as it is passed along. Better yet, cover the whole class and instructor

with headphones that have the neat little microphones that enable everyone to communicate with each other. If this doesn't work, class could be canceled due to 'technical difficulties'.

As for the problems with getting around construction areas, the only true solution I see is hovercrafts to transport students across areas they aren't supposed to walk (like that's going to happen). If you're female, try asking some big, strong construction worker to carry you to safety. If nothing else, it'll be fun just watching the reaction.

In all seriousness, I think the only students can do to cope with these problems is make the most (fun) of the whole thing, because the alternative might be some huge slab of old, rotting, asbestos-infested ceiling tile falling on your head.
Letters to the Editor

People should imitate Jesus, not churches

Dear Editor,

I am writing this letter in response to Rebecca's letter written in last week's edition of the Criterion.

I completely agree with her question on, quote, "why a church or a religion would condemn the feelings of lust, anger, or other desires." I don't understand why churches and religions continue to persecute, humiliate, and ignore those people for which God intended the church to be set up for. A perfect example of the injustice is the Southern Baptist's need to boycott Disney because of their homosexual day. A musician once wrote, "the single greatest cause of Atheism in this world are Christians." As one who has a very definite relationship with the God of this universe, I am begging Rebecca and any others who are in her position to look further than churches and the people who run them to see if you need salvation.

Jesus Christ came to "save" us from sins. Evidence for His life and what He did is more powerful than ever before. Read HIS words. Read HIS message. See what HE has to say about your life and salvation.

Don't form an opinion about Jesus from people who so often misrepresent everything He is about. Read Rebecca. I agree with what you said and wish that I could speak to you personally on the issue. When Jesus lived 2,000 years ago, He spent HIS time with criminals, thieves, the diseased and the 'scum' of society, while condemning and criticizing everything the church of that day stood for. I think our society has fallen back into this mold and we desperately need to reform our churches.

Please don't hold Jesus responsible for human faults in religion. The Pope is just as much of a person as you and I, and it is people, after all, who design religious standards in the first place.

Instead of condemning, let us praise. Instead of ignoring, let us welcome with open arms. THIS is the model Jesus Christ gave us. It is Him who we must imitate, not a model that a church or a religion or any other person has set up. God Bless.

Devil E. Dargen

The Criteria is currently looking for opinion writers. If you are interested, please stop by the Criteria and ask for an application. If you have any ideas or comments, feel free to drop us line. We are located in the College Center, room 113.

Mesa State College

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Criterion

Mesa State College
Responsibility key to lessening credit card, college loan debt

Jim Newcomb
Staff Writer

Editor's Note: This is part one of a two-part series on student debt. Next week, staff writer Jim Newcomb will present solutions to the rising problem of debt among students.

Picture this: You originally decided to accept the minimum student loan amount you needed to get by, while working part-time on campus for peanuts.

One afternoon you are walking through the College Center and there is a representative from Citibank offering a free liter of Mountain peanuts. Your credit card arrives in the mail, a credit card could come in handy for emergencies. Your credit card arrives in the mail, and before long, "emergency" parties, dinners, and clothes show up on your monthly billing statements.

According to Sylvia Jones, director of financial aid, the average student left Mesa State College $13,500 in debt after the 1996-97 school year. The graduating class the year before was, on average, $11,500 in debt.

Public Interest Research Group, a nonprofit "advocate for the public interest," reports in one of its web pages that student debt now averages 20 percent came in the form of loans. Today, the situation has reversed, leaving students with more debts to pay off.

Student loans can be a significant portion of accumulated debt, but the inappropriate use of credit cards can add to the burden. "It surprises me - the number of students with credit card bills and car payments," Jones said.

"When I was a student it was just college fees and housing that I had to worry about." She feels the college has a vested interest in heading off student credit problems because financial pressure often affects academic performance.

When students are first awarded a subsidized loan, they must attend an orientation film called "Starting Out." During the video, students are asked to complete their "debt counseling" form. The form states that all student loans must be repaid and some of the terms of student loans. The video reemphasizes the student's responsibility to pay off the loan.

The Financial Aid office is represented through the freshman orientation committee. According to Jones, the orientation usually offers a section on credit management. "We often have bankers who come in and talk about it," she said.

"This last one we didn't cover it as in depth, but we're going to next time." Jones also said that students can talk to people in the financial aid office about their accumulated debt and problems associated with it.

When asked how she felt about the credit card companies hard-selling in the College Center, Jones responded, "Personally, I guess I don't necessarily mind them. I just wish we had more information about credit cards (for the students)."

According to Claudia Keller, who is in charge of scheduling for the College Center, there are no written guidelines for who can and who cannot sell in the building.

"We wouldn't sell stuff not beneficial to the students," she said. According to Keller, most of the vendors sell jewelry or clothing. She said credit card companies are on campus two to three times each semester.

Three years ago, 80 percent of financial aid came in the form of grants and scholarships, but now only 25 percent of financial aid is available in that form. The rest are loans. Today, the situation has reversed, leaving students with more debts to pay off.

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Institute trains students in language, educational skills

Neisha Rogers
Staff Writer

The Colorado International Education and Training Institute (CIETI) offers programs designed to meet the needs of foreign students and business people, while promoting an understanding of American culture.

CIETI, which is located across from the MSC College Center on 12th and Elm Streets, has served students from more than 10 countries around the world since it was established in 1986.

Currently there are nearly 50 students enrolled at CIETI. Students have access to MSC facilities, including student housing.

Several different programs exist at CIETI, and are designed to meet the needs and goals of each student.

The Semester/Year Abroad Program is designed for students who want to learn English and experience American culture, but do not plan on attending a U.S. college or university.

The Intensive English Academic Preparation Program is designed for students who plan to pursue an education at a college or university in the U.S. Successful completion of this program fulfills the English proficiency requirement for MSC.

The International Business Certificate Program is designed for graduate students or professionals with a good understanding of the English language. The program increases understanding of global culture and business with an emphasis on that of the United States.

Business student Junko Hida, who began the program in August, said that while some things are hard to understand, she enjoys learning.

"Everyday I learn a lot of things," she said.

After fulfilling all requirements for a specific program, students receive a certificate of completion from the institute.

CIETI president Ronald Bradley said most of the students choose to live with volunteer host families from with the community.

LOCK from page 4 the hall will do something," Thomas said.

Dr. Richard Baca, dean of students, said the area which MSC lies in has the highest crime rate in the entire city, and has a lot of transient traffic. He said having the dorms locked is not an issue where students are not trusted. "It's not a question of trust," he said. "It is a question of legal access."

One incident still fresh on the minds of many occurred when a gunman held his former girlfriend and several of her friends hostage at UNC last September. The gunman was killed by police snipers. Ken McConnellogue, UNC director of media relations, said a system similar to that of MSC should be installed "very soon." He said the process to make the dorms safer was in place before the hostage incident, and no one incident precipitated the push for the change.

Cheap date got ya bored? Got nothing else to do. Got Crife?

ASG footing Homecoming activity bill

Mike Wiggins
Editor-in-Chief

Students will be able to enjoy free entertainment and food during the Homecoming tailgate party thanks to the Mesa State College student government.

The Associated Student Government general assembly unanimously approved to spend $470 for Homecoming festivities at the tailgate party on Monday.

The money will be appropriated toward three different areas: $400 will be spent on tailgate supplies, $50 will be spent on the KUSA Rock Block, a traveling disc jockey service which performs at various functions, and $20 will be spent to reserve the park shelter at Lincoln Park.

Breyfogle said she does not expect all of the money to be spent, in which case the remaining funds will be returned to the ASG general fund.

When it comes to planning a comfortable future, over 1.8 million of America's best and brightest count on TIAA-CREF. With $190 billion in assets, we're the world's largest retirement company, the nation's leader in customer satisfaction, and the overwhelming choice of people in education, research and related fields.

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Visit us on the Internet at www.tiaa-cref.org

*Based on a survey conducted in 1996 by an independent organization in which 98% of respondents expressed overall satisfaction with TIAA-CREF
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PHONE from page 1

“Now no matter how big we
make the phone system there is
really no way to solve the
problem unless you trunk que
system,” McKinney said.

“We’re really close to a
solution,” said Dr. Michael
Gallagher, MSC president.

They are not only busy
with phone calls on campus, but
from other incoming calls and
all computer use on the Internet.

To trunk the phone system on campus, students or
staff using a phone or computer
who cannot get off campus
would have to dial a code and
wait on the line for about one
minute to get a dial tone. The
other option would be to hang
up the phone and wait for it to
ring back automatically when the
first open line becomes available. However, McKinney
said, “Housing administration
did not want this kind of system
because they felt there would be
too much training involved.”

Part of the problem can be
attributed to the fact that
Monument Hall is already
Internet accessible in each room.
There are 96 phones in the
residence hall. By Christmas
break there will be another 96
phones in the hall.

COPS from page 1

Center (NCIC) by engraving the
student’s social security number
along with a bar code and
register the numbers with NCIC. If a student’s property is
stolen and later recovered, the
number on the property can be
matched with its rightful owner
through the NCIC.

The campus police escort
service is a continuing service
offered to students who need to
get from one area of campus to
another location with the escort
of a campus police officer. If a
student is on campus anytime
between 6 p.m. and daybreak, a
police escort can be provided for
them by calling extension 1919.

MSC police will also benefit
students by expanding their
numbers. With seven on staff
this year and two other officers
to possibly be added, the
department will be enabled to
do more community service
programs as well as conduct its
regular services.

With six officers trying to
work within the same office and
having property stored from
the “bull pen” to the attic of the
campus police headquarters, the
decision has been made to move
the location to 1020 Elm St. in a
house that has been significantly
remodeled by the campus
facility services allowing the
police chief, all officers and their
property to be stored.

The issue of the campus
police’s decision to carry
guns to protect students has been widely discussed since
the beginning of the school year.

At the request of the officers, Dr.
Michael Gallagher, MSC
president, made the initial
decision for officers to carry the
guns.

“It’s a crazy world we live in,” Kent said. “Students are not
a problem – it’s the outside
influences surrounding the
campus.”

Within the last two years,
there have been at least two
gang shootouts within a two
block radius of the college,
as well as a gang fight across the
street from campus. Kent
stressed that MSC is in a rural
setting within a neighborhood
of high crime, causing a concern
for the safety of students. He
said that although the crime has
not spread onto the campus, the
ability to carry weapons allows
the officers to defend students
more efficiently.

Kent used an analogy that
is popular with Pat Meyer, the
chief of police: “You wouldn’t
send a carpenter to build a
house without a hammer, (we)
wouldn’t send an officer to
defend students without a
weapon.”

PHI BETA LAMBDA (the Business Club)
Oct 10th 6:30M., Krey-Zeigel room.
Planners for the low price of $7 call 242-9802.
Build your resume and network with professionals.

A. I. T. P.
On Oct. 1st at 4 p.m., tour the new science building on
September 27th in Gunnison.

Mesa State Law Society
every Monday at 4 p.m in the Bacon Room. The Law
Society will begin preparation for Model U.N. Conference.

Webber Hall Tuesday Night at 7 p.m.
CSF bible study/volleyball Sunday nights at Clifton
Christian Church. Rides will be provided.

Mesa State Rugby Club
Opens its season against Western State College
on September 27th in Gunnison.

Christian Fellowship Night. Music, games and
food. We meet at 6:45 p.m., Sat. nights in front of
the student center on Elm St. for rides.

Club de Espanol “Pura Vida”
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Hysteria may be linked to Salem Witch Trials


Witches are on trial in the William S. Robinson Theater while the Mesa State College office, 248-1604.

Campus rush on tickets is Wednesday for that night's performance only. From noon to curtain time students will be charged $2 for tickets, while staff and faculty tickets cost $5. Otherwise, tickets for the show are $4.50 for staff and $8 for faculty.

Some interesting historical events are represented in Arthur Miller's play. The communist scare that engulfed America shortly after World War II inspired Miller to write "The Crucible." His original intent was to parallel Senator Joseph McCarthy's communist-hunting trials to the 1692 Salem Witch Trials.

Ironically, in 1953, after the play ran for a few months on Broadway, Senator McCarthy indicted Miller on conspiracy charges. Because McCarthy lacked sufficient evidence to link Miller to communism, Miller received a suspended sentence that the court later reversed.

Unlike the McCarthy era, the Salem witchcraft episodes began and ended in less than a year. A group of young girls (believed to be hysterics) accused vast numbers of townspeople of bewitching them. Many researchers believe the girls suffered from differing degrees of hysteria, resulting in convulsive fits, contorted postures, and hallucinations.

Many of the hysterics inflict injury upon themselves, which could explain the bite marks, pinches, and punctures they testified receiving from witches. However, some researchers also believe that some of the girls manipulated their fits, using them as a way of seeking revenge and receiving attention in their repressed society.

Existing tensions between many of the Salem villagers intensified during the trials. Many believed that witchcraft was the prime source for all of their troubles. To remedy their problems and misfortunes, some villagers accused people of witchcraft who gave them any angry word or had been near their homes prior to a catastrophe or illness.

By the end of 1692, more than 150 of the accused people remained in jail. The court required those remaining in jail to pay a fee before they were released. For many financially distraught families, trying to pay this jail fee created an additional burden. Nineteen villagers were hanged in 1692, whereas only 15 were hanged in the 50-year period prior to the Salem trials.

Aside from the historical aspects of the play, Miller confronts his audience with issues still relevant today: the destructive forces of guilt, betrayal and denial. Miller also warns us that no one is exempt from falling victim to ignorance and prejudice.

MSC artist finds balance in dark art

Jared Hargrave
Staff Writer

A black veil of darkness has invaded a downtown art gallery and Mesa State College student Coreena Martinez is a contributor.

The gallery is Planet Earth and The 4 Directions Gallery, and the show is "The Dark Show," which features artwork that reflects the darkness in all different mediums, including works from several MSC students. The show features four of Martinez's works, all of which conjure images of darkness and the unknown. "I like to draw dark images because it's really important not to ignore the dark. I think if you don't appreciate the darkness, you can't really appreciate the light," she said.

According to Caole Lowry, gallery curator, the dark conjures the hidden, the forbidden, the psychological, and the sexual. It is also the mysterious womb, the deep sea, and the soil in which seeds germinate. "In our culture there is a great emphasis on the light, the sun, the fair-skinned, the golden haired; equated with goodness, enlightenment and wholesomeness," Lowry said. "But the light can be too bright. It can burn our vision; it can obscure deep truths that have root in the quiet and the dark.

"Focusing on the light can become a way to deny the balance of our existence, where light and dark, as two sides of the same coin, cannot be experienced or defined without the other." Eminent psychologist Carl Jung once said, "If you don't meet your shadow, it will come as your fate." This quote might suggest that those who are adverse to the darkness may end up meeting such fateful images as in this artwork.

The exhibition will be juried by the gallery, located at 324 Colorado Ave. The gallery is open weekdays from 11 a.m. to 6 p.m. and weekends from noon to 5 p.m. The exhibit will be on display until Oct. 11, with an opening reception on Friday, Oct. 3 from 7-9 p.m. Those who attend can meet the artists.

For more information, call Caole Lowry at 256-9630.
Cassandra Williams  
Assistant Features Editor

The first live mascot for Mesa State College will be presented and will receive his name during halftime of the Homecoming football game this Saturday, Oct. 4.

According to Beth Washburn, director of the Alumni Association, the longhorn bull “will be the standing official mascot for Mesa State.” He has been donated to the school for the purpose of being the new mascot. The bull is a registered Longhorn, and is almost two years old.

The challenge of naming the new mascot has been turned into a prize-winning contest sponsored by the Alumni Association. For the past several weeks, students have been given the opportunity to submit their name ideas for consideration.

According to Washburn, the student who submits the best name for the new mascot will win the grand prize, “a giant gift basket filled with numerous donations from local businesses and memorabilia from MSC.” Throughout this year’s football season, the bull will be kept in a stall on the south side of the field, Washburn said. Next year he will run on the field during halftime. Meanwhile, “the Rodeo Club and Rugby Club will train and learn to handle him,” she said.

According to Jeptha Sheene, chair of the Activities Council, Homecoming week will be jam-packed with fun and exciting activities. In addition to the naming of the new mascot, there will be a bonfire in the Saunders Fieldhouse parking lot at 7:30 p.m. on Wednesday, Oct. 1. KMSA, the campus radio station, will provide music for the event. The bonfire is “the traditional way of kicking off Homecoming,” Sheene said.

On Thursday, Oct. 2, there will be a sidewalk art contest. According to Sheene, faculty from the art department will judge the contest. Winners will be selected from criteria set by those who judge the contest. “The judges themselves are setting the guidelines,” Sheene said. “In order to win first place, the drawing must follow the Mardi Gras theme.”

Also on Thursday, there will be a giant game of Twister held in the Residence Hall quad at 7 p.m. On Friday, Oct. 3, students can enjoy a Marriott barbecue at 5:30 p.m. and the Mesa State jazz band will play at 6:30 p.m. Saturday, Oct. 4, “is the big day,” Sheene said. The festivities begin with a parade at 9:30 a.m., which will include 18 to 20 matching bands, floats, and the Homecoming Court. A tailgate party at Lincoln Park begins at 5:30 p.m. with the Homecoming football game following at 7 p.m.

A Mardi Gras dance will be held from 11 p.m. until 2 a.m. to wrap up the Homecoming festivities. According to Sheene, casual dress is appropriate. A Mardi Gras mask contest will take place during the dance. Masks will be judged on whether or not they are “working with the Mardi Gras theme,” Sheene said.

Students for a Free Tibet will be sponsoring a movie regarding the struggles of the Tibetan people and their leader on Monday, Oct. 6. The Heart of Tibet: An Intimate Portrait of the Dalai Lama is a movie about the 1989 Nobel Peace Prize winner. The Dalai Lama was the political leader of the Tibetan government in exile since 1950, when China invaded Tibet. He now serves as the spiritual leader of the Tibetan people.

This movie is being offered to any student who is interested in learning more about this remarkable man and his homeland. It is scheduled to begin at 7 p.m. in Room 130 of Houston Hall.

In addition, members of Students for a Free Tibet will be available to provide information on simple steps to help promote freedom for Tibet.

For more information regarding the movie or the group, contact Jim Curtisinger at 248-1776.

MSC bull shows up for game, party

MARDI GRAS

WEDNESDAY, OCTOBER 1
BONFIRE AT 7:30 PM (MUSIC BY KMSA)

THURSDAY, OCTOBER 2
SIDEWALK ART CONTEST
GIANT TWISTER GAME 7:00 PM!

FRIDAY, OCTOBER 3
MARRIOTT BARBECUE 5:30 PM
MESA STATE JAZZ BAND 6:30 PM

SATURDAY, OCTOBER 4
PARADE 9:30 AM
TAILGATE PARTY 5:30 PM
GAME 7 PM
DANCE AND MASK CONTEST
11 PM-2 AM
Japanese artist brings tradition to town

"The House of Kagura" is a traditional Japanese dancing place, shown here on rice paper.

An exhibition displaying traditional Japanese woodcut block prints on rice paper is currently on display in the Johnson Gallery in the College Center. Japanese artist Mutsuko Mochida is in America not only to present her work but to visit her daughter Chihido, who is a Mesa State College student. Mochida became interested in woodcut printing while visiting a museum in Japan. "I was very interested in the wood cuts and became the artist's student," Mochida said. "His name is Hiroshi Torihara." She said she began doing woodcuts as a hobby but is now developing the art as a full-time job.

Her family, which includes two sons and a daughter, is very proud of her accomplishments. As an MSC student, Chihido approached the art department about having her mother's work displayed on campus. Now, the woodcuts are available for public viewing. The show runs through Oct. 17, and Mochida will be on-site at a free reception from 7-9 p.m. on Oct. 8.

Chihido's black and white woodcuts mostly consist of various Japanese gods and shrines. One piece features the artist's father in a mask and costume during a god dance. One piece, "The "God of Bravery," is celebrated for killing of a giant snake. Her father is 90 years old and still enjoys teaching young people traditional Japanese dance.

Mochida's designs are on sale ranging from $50 to $200 - about half of what they sell for in Japan, China and Australia. "I had to take into consideration that my audience is students," she said.

For more information, call Kate Monteith at 248-1954.

"Memories of Girl Foods" is a spring depiction woodcut.

Music teachers perform

The vocal and piano faculty members from the Mesa State College music department will present a Vocal Scholarship Benefit Concert on Monday, Oct. 6 at 8 p.m. in the William S. Robinson Theater in the Walter Walker Fine Arts Center. Tickets are $6 for adults and $1 for students, available at the door.

Performing faculty members will be Dr. Jack Delmore, tenor; Carol Ann Niles, soprano; and Jan Drazeck, soprano. They will be joined by pianists Dr. Michael Baron, Dr. Monte Atkinson, and Lorene Sanford. Presented music includes two sonnets by Liszt, a 19th century French piece by Benedict, several selections by Herbert, and a famous song by Rachmaninov in which the singers will be joined by Dr. George Rosenbaum on the violin and viola.

The feature presentation will be the Samuel Barber "Hermit" Songs. These songs were compiled from texts by Irish monks from the eighth and ninth centuries, and Susan Claffey, associate professor of art, will be showing slides from that historical period.

For more information call the Music Publicity Office at 248-1788.
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YOUR TURN

The criteria for choosing the exercise that's right for you

Think about the sports you play and the exercises you do. Think about the exercises your friends do, that you have seen done, or that you always wanted to try.

Here are the questions to ask yourself in setting up a rewarding exercise program.

Is it fun?
Will you really enjoy doing this activity? If you like to exercise alone, do not pick a team sport. If you do like to exercise with other people, choose activities that people do in groups, or clubs, or exercises that friends and family will do with you.

Is it convenient?
Does the exercise require equipment? If it does, can you afford the equipment cost? If traveling is involved, do not underestimate the extra time and effort involved. Make exercise as convenient and reasonable as possible.

Choose three exercises that are fun, convenient and will help you reach your target heart rate for at least 20 minutes. These exercises are the foundation for you to build on.

If you have not picked out your three exercises...STOP. Do it now. It is important.

Does it fit your schedule?
How you fit exercise into your daily schedule can make or break your program. It is that important. The goal is to find times in your daily life where exercise can fit easily and become an accepted part of your everyday routine. That way, you make the best possible use of the time, discipline, and work you are putting in. Exercise that does not fit your schedule is likely to take two or three times the amount of effort to try to fit it in.

You can find times in your life when exercise will take a reasonable effort, not a superhuman one. Just be honest with yourself and do not try to change your basic nature. Decide where exercise fits for you.

This article is not intended for individual advice which should be obtained directly from your health care professional.

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Co-sponsored by Campus Rec Services
**S**ports

October 1, 1997

#15 Lady Mavs bring brooms to Dixon Field

**Women's soccer sweeps season's first homestand**

Brett Sorge
Staff Writer

Playing poorly, but winning anyway, is a sign of a good team. The Mesa State College women's soccer team did just that this week.

During their first home game of the season, the Mavs took on Southern Colorado and posted an impressive 1-0 victory. Coach Jim Buchan was extremely happy with the team performance. "It was really great to see the team play so well for the first home game," he said. The Mavs used a strong defense and a steady offensive attack to pull out the hard-fought win.

The Mavs goal was scored by Meghan Marsh midway through the second half. "We totally took the game to them and played good from start to finish," Buchan said. Southern Colorado was coming off a win against 8th-ranked Metro State when it faced the Lady Mavs. "They are a quality opponent with a good defense, so we are very happy with the victory," Buchan said.

The Mavs then took on New Mexico Highlands and recorded a 6-1 victory, but not everyone was happy with the Mavs' play. Buchan was disappointed in the team effort. "We played terrible and are really lucky we played a bad team. If we had played Regis or Metro, we would have been blown out," he said.

The team did have several highlights, including the offensive play. The scoring was started by Marsh as she picked up where she left off by scoring on a header just 9:30 into the match. Jen Allen then found the right corner of the goal at the 23:31 mark.

The Mavs seemed to relax after the early lead, which didn't sit well with the coach. "We need to put teams away and not let up," Buchan said.

Goals were added by Tiffany Thompson, Jamie Goletski, and Katie Brevoster, who had two. "We won, but we played down to our opponent and I don't accept turning it on and off whenever we want. We need to play hard from start to finish no matter who we are playing," Buchan said.

The victories ran the Mavs record to 10-1 overall and 4-1 in league play. The team takes on Metro State Oct. 5 at Dixon Field. "The Metro game is our biggest game of the year. It will tell us if we're for real or just a flash in the pan. We need all the fan support we can get," Buchan said.

The only down note for the Mavs on Saturday was their penalties. MSC had 14 penalties for 152 yards and the team is not happy about it.

"I have no idea what's going on with the penalty situation but it is something that we definitely need to correct," said Penry. "When we play some better teams later on in the year, it is going to be important to cut [the penalties] out.

Down 3-0 in the first quarter, the Mavs scored their first touchdown on an 80-yard pass from Penry to wide receiver Walter Gray, putting the Mavs up 7-3. A Toby Sheers field goal on the next drive gave MSC a 10-3 lead at the end of the first quarter.

Oday was the highlight for the Mavs in the second quarter. After Adams State knotted the score at 10-10, Oday scored two consecutive touchdowns on receptions of three and 24 yards to put the Mavs on top 24-10 with 7:25 remaining in the half. Adams State then narrowed the scoring margin during the next Maverick drive when Peter Welch intercepted a Penry pass and returned it 56 yards for a touchdown making the halftime score MSC 24, ASC 16.

Defensive back Chris Krich provided the Maverick highlight during the third quarter when he intercepted an Adams State pass and returned it 26 yards for a touchdown, giving the Mavs a 37-23 lead with 6:48 remaining.

The Mavs led 37-20 going into the fourth quarter, as Sheets booted field goals of 39, 30 and 32 yards to wrap up the scoring.

Mavs even conference record with 46-point outburst

Players excited for Homecoming match-up with Fort Hays

J.P. Menger
Assistant Sports Editor

Saturday afternoon was another scoring fest for the Mesa State Maverick football team, as it defeated arch-rival Adams State 46-30 in its second conference game of the season. The Mavs improve to 1-1 in conference, 2-2 overall, while Adams State drops to 0-2 in conference play, 0-4 overall. MSC totaled 563 yards of offense, 407 on the ground, and is now third in the RMAC with an average of 403.5 yards per game.

"Our offense played really well this weekend," said quarterback Josh Penry. "Adams put a lot of people on the line to stop our running game so our receivers were isolated with one-on-one coverage a lot and we really capitalized on it."

In their homecoming game this Saturday the Mavs will host Bob Cortese and the 1-3 Fort Hays State Tigers. "We realize that this game is going to be a tough test for us," Penry said. "Any time that Cortese brings his team down to Grand Junction, they play hard. We expect a battle, but if we do the things that we are capable of, we will come out on top."

The Maverick offense was lead by the performances of three key players: Penry, wide receiver Ky Oday, and fullback John Salamon. Penry gained 359 total yards and tossed four touchdowns, Oday caught six receptions for 93 yards and three touchdowns and Salamon averaged more than 10 yards per carry on route to a 124 yard performance on 12 carries.

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Phillips 66 honors former Lady Mavs volleyball standout

Misty Brady
Staff Writer

The Rocky Mountain Athletic Conference female Scholar Athlete of the year award is the highest achievement for a student-athlete in the conference, and Mesa State College senior Terene Foutz was a recipient of the award. Candidates for the award must have a GPA of 3.2, participate in a sport for two semesters, earn a letter, and be a key player of good character.

Foutz was originally from Cortez, where she attended MSC in 1987 as a freshman and returned in 1995. As the first person in her family to attend college, Foutz was bothered by not obtaining a college degree. Foutz will graduate in December with a bachelor's degree in Business Administration and Travel and Hospitality Management. Foutz is currently coaching freshman volleyball at Fruita Monument High School. After graduation she would like to continue coaching, but also wants to focus on resort management.

"As a collegiate player I am a representative of Mesa. It is my responsibility to reflect a good moral character and ethics."

"I never had a more intense, committed volleyball player in my life... she was probably one of the most unselfish players at Mesa," said Lady Mavs volleyball coach Rusty Crick. "There has been no one ever at Mesa who has worked harder or has done the things she has done."

Her most memorable moment from the volleyball team is when the Lady Mavs beat Regis University and Nebraska-Kearney in the Conference Tournament last year.

Academics have always come first for Foutz. She feels the professors are "the best thing at Mesa" and that they have contributed to her positive experience.
X-Country happy with Gunnison run

Frank Bellavia  
Sports Editor

The Lady Mavs volleyball team had a small blunder last weekend. It arrived at Fort Hays State University with just enough time to eat, change, and head to the gym. Think it hurt the team? Well...

The first game was won by the Tigers, 15-6. "After the first loss, I blamed myself," said volleyball coach Rusty Crick. However the Lady Mavs responded by winning the next three games in dominating fashion; 15-2, 15-6 and 15-2. "We played a lot better as a team, we also played with a lot more intensity," said Lindy Casselman, a freshman outside hitter.

The next challenge came on Saturday as the spikers took on 22nd-ranked Nebraska-Kearney. The Mavs took the Lopers to five games before losing 15-7, 16-14, 10-15, 13-11 and 15-13. "We felt we had a legitimate shot at beating Kearney, we played with confidence," Crick said.

In the last game the Lopers scored 12 of 15 points on errors. "Little mistakes like the 22 service errors over the weekend hurt us," Casselman said.

The Lady Mavs' record is 8-7 overall and 2-5 in the conference. Crick said that teams will not overlook the 2-5 record because of the intimidation factor. "Teams know the tradition and intimidation of Mesa. If our team plays well, we're not a 2-5 team, in fact our records play like our record is reversed."

To make the Rocky Mountain Athletic Conference tournament, the team has to finish as one of the top three teams in the western division of the RMAC at the end of the year. "We believe that being in the top three or division champs is very possible. We just have to get back to playing Mesa State volleyball," Crick said.

This week the spikers travel to Gunnison to take on Western Division rivals Western State College to begin divisional play. "It's an important match for us. Western State has a really good program, and because we are so far back, we need to get a win in divisional games," Crick said.

On Sunday they are back home to play Division I, Denver University. "It's not important standings wise, but it is important for pride," he added.

Game time is at 3 p.m., in Saunders fieldhouse. "We finally realized that we can win," Casselman said.
"Puking cow" logo troubles Asst. Sports Editor

Boy, I'll tell you what! Being a freshman here at MSC, I really don't know much about certain things, but there is one issue dealing with MSC sports that I feel strongly about: What's up with the Mesa State Maverick logo? You know the one I'm talking about—that semi-mean cow with its mouth wide-open to the world. I do not understand why this logo was ever used. It looks like the cow just ate a spoiled Ball-Park frank...gag!

Supporters of this traditional logo might say that the cow (Maverick) is screaming. Or they might say he is yelling support for our team's. Huck! Huck! Does anybody else believe as I do? So help Mylanta, they'd say, "look at that cow! He looks like he's gonna barf!"

In this day and age, society is always aiming for improvement. Look at the changed Denver Broncos' logo, for example. The Broncos got rid of their old "white hokey" and created a bronco logo that actually looks good.

Not only does the new cyber-horse look better, people are in love with the new logo. Sales of Bronco paraphernalia is soaring sky-high. I can personally attest to this. I bought a Bronco head, and add a touch of color to our fabulous program.

I am talking about a computerized creation that will put other RMAC schools to shame. If our football team had a CYBER-COW on its helmet, we would be unstoppable. For those of you who are stuck in tradition and do not wish to have a logo change, so be it. I am not going to try to change your mind (if you like the puking cow, that's your opinion and you're entitled to it). But if you are like me, and are always striving for improvement, consider this idea of the CYBER-COW. What do we have to lose? A great tradition? I think not.

Jefferson Sweeney's NCAA Top 5 Breakdown

1. FLORIDA (4-0)
   Beat Kentucky 55-28, Nest at Arkansas, Oct. 4.

2. PENN STATE (3-0)

3. NEBRASKA (3-0)

4. FLORIDA STATE (3-0)

5. MICHIGAN (2-0)
   Beat Notre Dame 21-14, Nest at Indiana Oct. 4.

Rawlings Players of the Week for Sept. 28, 1997

Josh Penny-QB, Jr. Penny was 11 of 18 for 228 yards passing and four touchdowns. Penny also led the Mavs’ ground attack with 131 yards on 23 carries.

Toby Sheers-K, Fr. Sheers was four for four in field attempts from 24, 30, 32 and 39 yards. Sheers also kicked and recovered an onside kick.

"A really good team will usually do two things: 1.) They will not lose very often. 2.) They will win most of the time."

Rugby Football Club of Mesa State College Fall Schedule

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Opponent</th>
<th>Location</th>
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<tbody>
<tr>
<td>Sept. 27</td>
<td>Noon</td>
<td>Western State</td>
<td>Gunnison</td>
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<td>Oct. 4</td>
<td>Noon</td>
<td>Jackolope Tourney</td>
<td>Laramie, WY</td>
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<td>Oct. 11</td>
<td>Noon</td>
<td>Metro State</td>
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<td>Oct. 12</td>
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<td>Oct. 12</td>
<td>TBA</td>
<td>Navy</td>
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<td>Oct. 26</td>
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<td>Colo. Univ.</td>
<td>Boulder</td>
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<td>Nov. 1</td>
<td>All Day</td>
<td>RMAC Tourney</td>
<td>Gunnison</td>
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If you are interested in watching a new and exciting sport, or just want to learn more about it, please call Matt @ 242-8200 or Mike at 261-0205. We will be happy to give supporters rides to and from the games. We need your support.

Caving Trip! October 25th

Go into the depths of the Earth and experience the underworld. Astounding caverns and rock formations await adventures.

Get outside before winter with the Outdoor Program

248-1428 M-F 12 - 4 PM
**Classifieds are FREE for students. Come by the Criterion in room 113 of the College Center.**

### FOR RENT

- Room for rent in 2 bedroom house. W & D $275.00. 1/3 utilities. Please call Daryn or Kim at 245-7429 if you need a place to live.

### FOR SALE

- Funk mountain bike 18" frame, front suspension, zip pedals, LX, DX and XT components. $500 or best offer. Call 255-2408.
- 1967 VW Bus runs great, very little rust, $2,000 OBO. Call Dave 434-7940.
- 1971 VW Bus, good engine, good traveling vehicle. $1,500. 243-7143.
- Car for sale: 1982 Volkswagen Rabbit convertible. Good condition, runs great. $3,400 OBO. Please call Daryn or Kim if interested at 245-7429.
- '89 Katana 750, new tires, performance pipe, flush mount signals, asking $2,300. 255-0306.
- Kayak-Dancer. $350 includes accessories. Call 256-9384.

### HELP WANTED

- Foster Grandparent/Senior Companion Programs

Is this your final semester? In Grand Junction there are one-year positions that can give you training and experience in volunteer coordination, marketing, fundraising, and non-profit management. You will receive $4,720 payment on your student loans, $600/month, paid health insurance, childcare, and more! Call Jacqueline Pate at 245-2556 or Sheryl Miller at 243-9839.

### EARN FREE TRIPS & CASH!

CLASS TRAVEL needs students to promote Spring Break 1998! Highly motivated students can earn a free trip and over $10,000! Call to get your system running smoothly. 245-1072.

### WE'LL ERASE YOUR COLLEGE LOAN.

If you're stuck with a (federally insured) student loan that's not in default, the Army might pay it off.

If you qualify, we'll reduce your debt—up to $65,000. Payment is either 1/5 of the debt or $1,500 for each year of service, whichever is greater.

You'll also have training in a choice of skills and enough self-assurance to last you the rest of your life.

Get all the details from your Army Recruiter.

242-9417

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**ANNOUNCEMENTS**

**THE ULTIMATE FUND-RAISERS FOR GREEKS, CLUBS, AND MOTIVATED INDIVIDUALS ARE AVAILABLE NOW! FAST- EASY & NO FINANCIAL OBLIGATION, FOR MORE INFORMATION CALL: (888) 51A-PLUS ext. 51.**

**On-site computer repair, maintenance, upgrade, and installation. Get rid of those pesky glitches. Call to get your system running smoothly. 245-1189.**

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**S.H.A.C. TALK**

While at the national ACHA conference, I attended a session entitled, "Sleep and the College Student," by Carolyn M. Penharlow, MSN, RN-C of Washington, D.C. According to Penharlow, sleep is a necessity, not a luxury. She said that sleep is important for: 1) physical healing, 2) psychological healing, and 3) learning and memory.

It is important to maintain a regular schedule for sleep habits. For example, staying up late and sleeping late on weekends can cause the body to have to readjust throughout the following week to a "normal" weekday schedule. This can make the body feel tired during the day.

Diet can affect sleep. Drinking caffeine after mid-afternoon, taking medication, drinking alcohol, or eating late, heavy meals are factors that can alter sleeping patterns. A good sleeping environment is important and includes: 1) a cool temperature, 2) darkness, 3) quiet, and 4) a feeling of safety.

A few other tips:

- Have a bedtime ritual (read, shower, etc.)
- Make a list of stressful things, set it aside, don't worry about it, and take care of the problems the following day.
- Make sure the bed/bedroom are used only for sleeping
- Avoid constant looks at the clock. Don't worry about falling asleep or when you have to get up the next day.
- If you are having problems sleeping, help is available. Contact the Student Health Center for an appointment or consultation.
- Finally, if you have a suggestion for SHAC TALK topic, write it down (anonymously) and put it in the SHAC TALK box located on the table in the Tomlinson library lobby.

### Student Health Center Hours:

- **8 AM - 5 PM** Monday through Friday
- Lunches off from 12-1 daily
- Phone: 256-6345
- Call for Appt.

1060 Orchard Ave., Suite O
Across from the MSC tennis courts in the Community Medical Plaza

If you would like to join an informative, active and interesting club, and have a lot of positive energy, please call Tim @ 248-1111.
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