The Transformation from Disease Care to Health Care in the U.S.: Education-Advocacy-Policy
Integrative Health Definition

• Integrative Health is a collaborative, comprehensive, person-centered approach to health creation and disease care that addresses all factors impacting health, including social determinants, and embraces all evidence-informed disciplines, both conventional and complementary, in order to achieve optimal health and well-being.

• Ratified by IHPC, AIHM, ACIH
Congressional Integrative Health and Wellness Caucus

- Formalized by House of Representatives in September 2017
- Co-Founded by Congressmen Mike Coffman (R-CO-6th) and Jared Polis (D-CO-2nd)
- Non-partisan educational forum through which legislators may receive up to date information from experts related to practice, policies, and research of integrative health and wellness effectiveness, approaches, and professionals as well as legislative and administrative opportunities
- Forum to also educate and engage White House and Government Agencies
National Center for Integrative Primary Healthcare

• Interprofessional Education
• Collaborative Practice
• Evaluation
• HRSA Grant
• Arizona Center for Integrative Medicine
• Academic Consortium for Integrative Medicine and Health
Whole Health – It’s All About You
Partnering with You for Health and Well-Being
A REPORT BY THE VHA OFFICE OF PATIENT CENTERED CARE AND CULTURAL TRANSFORMATION
Whole Health Approach

*Whole Health* is an approach to health care that empowers and equips people to take charge of their health and well-being, and live their life to the fullest.
A MANIFESTO FOR
Health Creation
May 2017
The Social Determinants Of Health
### Social Determinants of Health

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<th>Economic Stability</th>
<th>Neighborhood and Physical Environment</th>
<th>Education</th>
<th>Food</th>
<th>Community and Social Context</th>
<th>Health Care System</th>
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<td>Housing</td>
<td>Literacy</td>
<td>Hunger</td>
<td>Social integration</td>
<td>Health coverage</td>
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<td>Income</td>
<td>Transportation</td>
<td>Language</td>
<td>Access to healthy options</td>
<td>Support systems</td>
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<tr>
<td>Expenses</td>
<td>Safety</td>
<td>Early childhood education</td>
<td>Access to healthy options</td>
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<td>Debt</td>
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<td>Stress</td>
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<tr>
<td>Support</td>
<td>Walkability</td>
<td>Zip code / geography</td>
<td>Health status</td>
<td></td>
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</tbody>
</table>

### Health Outcomes
- Mortality
- Morbidity
- Life Expectancy
- Health Care Expenditures
- Health Status
- Functional Limitations
"We have been honed to focus on sick care... It is a tough transition, but we have to learn how to move from sick care to health care."

"I'm not sure that any of us ... fully understands or knows the recipe."

Jonathan Perlin, MD, PhD
Chair, AHA, CMO, HCA
Modern medicine starts with the body, rather than the soul;
The mind, rather than the heart.

The soul and heart are the doorways to healing and health of the body and mind.

Now we can design for this approach and lead the way.
How Privileged We Are

Imagine a day when the job of Health Care is to help people explore, discover and reconnect to their purpose, their aspiration, their joy.

And then, we work together to strengthen one’s health and healing to live this, to live one’s fullest life.