ANNUAL REPORT
EXTENSION SERVICE
Colorado Agricultural College
1932

DELPHINE DAWSON, Home Demonstration Agent, Larimer County
ANNUAL REPORT OF COUNTY EXTENSION WORKERS

This report form is to be used by county extension agents, such as county agricultural agent, home demonstration agent, club agent, and negro agent, reporting on their respective lines of work.

State: Colorado  County: Larimer
Report of Delphine Lawson  County Home Demonstration Agent
From December 1, 1931 to December 1, 1932

If agent has not been employed entire year, indicate exact period. Agents resigning during the year should make out this report before quitting the service.

READ DEFINITIONS, PAGE 3

Approved:

Date DEC 3 1932

State or District Supervisor:

Date DEC 3 1932

State Extension Director:
SUGGESTIONS RELATIVE TO THE PREPARATION OF THE COUNTY EXTENSION AGENT’S ANNUAL REPORT

The annual report should be a summary, with analysis and interpretations, for presentation to the people of the county, the State, and the Nation of the extension activities in each county for the year and the results obtained by the county extension agent, assisted by the subject-matter specialists. The making of such a report is of great value to the county extension agent and the people of the county in showing the progress made during the year as a basis for future plans. It is of vital concern also to the State and Nation as a measure of rural progress and a basis for intelligent legislation and financial support of extension work.

Separate statistical and narrative reports are desired from each leader of a line of work, such as county agricultural agent, home demonstration agent, boys’ and girls’ club agent, and negro agent, regardless of title. Where an assistant agent has been employed a part or all of the year, a report on his or her work should be included with the report of the leader of that line of work. Where an agent in charge of a line of work has quit the service during the year, the information contained in his or her report should be incorporated in the annual report of the agent on duty at the close of the report year, and the latter report so marked. Where two or more agents are employed in a county, each a leader of a line of work, statistics should not be duplicated.

At least four copies of the annual report should be made: One copy for the county officials, one copy for the agent’s files, one copy for the State extension office, and one copy for the Extension Service, United States Department of Agriculture. The report to the Washington office should be sent through the State extension office.

NARRATIVE SUMMARY

The narrative report should summarize and interpret the outstanding results accomplished and the extension methods used, under appropriate subheadings, for each project. Every statement should be clear-cut, concise, forceful, and, where possible, reinforced with necessary data from the statistical summary. Use an interesting style of writing, giving major accomplishments first under each project. Give extension methods fully relating to outstanding results only, and where practicable illustrate with photographs, maps, diagrams, blue prints, or copies of charts and other forms used. Full credit should be given to all cooperating agencies. The lines should be single-spaced, with double space between the paragraphs, and reasonably good margins. The pages should be numbered in consecutive order.

The following outline is suggestive of how the narrative report may be clearly and systematically presented. Each agent should adapt the outline to the situation and the work to be reported.

Suggestive Outline of Annual Narrative Report

I. Cover and title page.
II. Table of contents.
III. Status of county extension organization.
   (1) Form of organization—changes and development.
   (2) Function of local people, committees, or project leaders in developing the program of work.
   (3) General policies, including relationships to other organizations.
IV. Program of work; listing goals set up, methods employed, and results achieved.
   (1) Factors considered and methods used in determining program of work.
   (2) Project activities and results.
      (a) Cereals.
      (b) Legumes and forage crops.
      (c) Potatoes, Irish.
      (d) Cotton.
      (e) Tobacco and other special crops.
      (f) Home gardens and home beautification.
      (g) Market garden and truck crops.
      (h) Fruits.
      (i) Forestry.
      (j) Rodents and miscellaneous insects.
      (k) Agricultural engineering and home engineering.
      (l) Poultry.
      (m) Dairy.
      (n) Other livestock.
      (o) Farm management.
      (p) Marketing, farm and home.
      (q) Foods and nutrition.
      (r) Child training and care.
      (s) Clothing.
      (t) Home management.
      (u) Home furnishings.
      (v) Home health and sanitation.
      (w) Community activities.
      (x) Miscellaneous.
V. Outlook and recommendations, including suggestive program of work for next year.
VI. Summary of activities and accomplishments, preferably of one or two typewritten pages only, placed at the beginning or end of the narrative report.
STATISTICAL SUMMARY

To supplement the narrative part of the report, and in order that comparable State and National summaries may be made, it is necessary to include a statistical summary of the work in each county. The following form has been prepared to insure uniformity of reporting:

DEFINITIONS OF TERMS USED IN THIS REPORT

1. A program of work is a statement of the specific lines of extension work to be undertaken by the extension agent during a year or a period of years.

2. A plan of work is a definite outline of procedure for carrying out the different phases of the program of work. Such a plan provides specifically for the means to be used and the methods of using them. It also shows what, how much, when, and where the work is to be done.

3. A community is a more or less well-defined group of rural people with common interests and problems. Such a group may include those within a township, trade area, or similar limits. For the purpose of this report a community is one of the several units into which a county is divided for conducting organized extension work.

4. A project leader, local leader, or committee man is a person who, because of special interest and fitness, is selected to serve as a leader in advancing some phase of the local extension program. A project leader may be either an organization or a subject-matter leader.

5. Demonstrations as contemplated in this report are of two kinds—method demonstrations and result demonstrations.

A method demonstration is a demonstration given by an extension worker or other trained leader for the purpose of showing how to carry out a practice. Examples: Demonstrations of how to can fruits and vegetables, mix spray materials, and cull poultry.

A result demonstration is a demonstration conducted by a farmer, home maker, boy, or girl under the direct supervision of the extension worker, to show locally the value of a recommended practice. Such a demonstration involves a substantial period of time and records of results and comparisons, and is designed to teach others in addition to the person conducting the demonstration. Examples: Demonstrating that the application of fertilizer to cotton will result in more profitable yields, that underweight of certain children can be corrected through proper diet, or that the use of certified seed in growing potatoes is a good investment.

The adoption of a farm or home practice resulting from a demonstration or other teaching activity employed by the extension worker as a means of teaching is not in itself a demonstration.

6. A result demonstrator is an adult, boy, or girl who conducts a result demonstration as defined above.

7. A cooperator is a farmer or home maker who agrees to adopt certain recommended practices upon the solicitation of an extension worker. The work is not directly supervised by the extension agent and records are not required, but reports on the success of the practices may be obtained.

8. A 4-H Club is an organized group of boys and/or girls with the objectives of demonstrating improved practices in agriculture or home economies, and of providing desirable training for the members.

9. 4-H Club members enrolled are those boys and girls who actually start the work outlined for the year.

10. 4-H Club members completing are those boys and girls who satisfactorily finish the work outlined for the year.

11. A demonstration meeting is a meeting held to give a method demonstration or to start, inspect, or further a result demonstration.

12. A training meeting is a meeting at which project leaders, local leaders, or committee men are trained to carry on extension activities in their respective communities.

13. An office call is a call in person by an individual or group seeking agricultural or home-economics information, as a result of which some definite assistance or information is given. A telephone call differs from an office call in that the assistance or information is given or received by means of the telephone. Telephone calls may be either incoming or outgoing.

14. A farm or home visit is a call by the agent at a farm or home at which some definite information relating to extension work is given or obtained.

15. Days in office should include time spent by the county extension agent in his office, extension conferences, and any other work directly related to office administration.

16. Days in field should include all days spent on official duty other than those spent in office.

17. Letters written should include all original letters on official business. (Duplicated letters should not be included.)

18. An extension school is a school usually of two to six days' duration, arranged by the extension service, where practical instruction is given to persons not resident at the college. An extension short course differs from an extension school in that it is usually held at the college or other educational institution and usually for a longer period of time.

19. Records consist of definite information on file in the county office that will enable the agent to verify the data on extension work included in this report.

8—514G
GENERAL ACTIVITIES

Report Only This Year's Activities and Results that can be Verified

1. List below the names, titles, and periods of service of the county extension agents whose work is included in this report.

   Helene S.chwinn  Home Demon. Agent  12
   (Name) (Title) (Months of service this year)

2. County extension organization or association:
   (a) Name: Hennepin County Co. Workers
   (b) Number of members:
      (1) Men...
      (2) Women...

3. Number of communities in county where extension work should be conducted: 27

4. Number of above communities in which the extension program has been cooperatively worked out by extension agents and local committees: 25

5. Number of different voluntary county or community local leaders or committeemen actively engaged in forwarding the extension program:
   (a) Adult work:
      (1) Men...
      (2) Women...
   (b) 4-H Club work:
      (3) Older club boys...
      (4) Older club girls...

6. Number of clubs or other groups organized to carry on adult home demonstration work: 13

7. Members in above clubs or groups: 347

8. Number of 4-H Clubs: 45

9. Number of different 4-H Club members enrolled:
   (a) Boys: 288
   (b) Girls: 288

10. Number of different 4-H Club members completing:
   (a) Boys: 186
   (b) Girls: 186

11. Number of members enrolled in 4-H Club work for:
    
    | 1st Year | 2d Year | 3d Year | 4th Year | 5th Year | 6th Year and Over |
    |----------|---------|---------|----------|----------|------------------|
    | Boys:    | 155     | 79      | 22       | 18       | 8                |
    | Girls:   | 15      | 52      | 32       | 13       | 12               |

12. Number of 4-H Club members according to age:

<table>
<thead>
<tr>
<th>Age</th>
<th>10</th>
<th>11</th>
<th>12</th>
<th>13</th>
<th>14</th>
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<th>16</th>
<th>17</th>
<th>18</th>
<th>19</th>
<th>20</th>
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</thead>
<tbody>
<tr>
<td>Boys</td>
<td>80</td>
<td>45</td>
<td>37</td>
<td>52</td>
<td>32</td>
<td>13</td>
<td>12</td>
<td>12</td>
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<tr>
<td>Girls</td>
<td>80</td>
<td>45</td>
<td>37</td>
<td>52</td>
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</tbody>
</table>

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1 Report the total number of different boys or girls enrolled in club work. This total should equal the sum of the project enrollments reported on pages 8 to 24, less any duplications due to the same boy or girl carrying on two or more subject-matter lines of work.

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8—3146
### General Activities—Continued

Report Only This Year's Extension Activities and Results that can be Verified


14. Number of 4-H Club teams trained: 20
   (a) Judging: 14
   (b) Demonstration: 20

15. Number of groups organized for extension work with rural young people above the 4-H Club age: 15

16. Members in above groups:
   (a) Young men: 16
   (b) Young women: 26

17. Total number of farm visits made in conducting extension work: 17

18. Number of different farms visited: 18

19. Total number of home visits made in conducting extension work: 19

20. Number of different homes visited:
   (a) Office: 2.88
   (b) Telephone: 270

21. Number of calls relating to extension work:

22. Number of days agent spent in office: 22

23. Number of days agent spent in field: 23

24. Number of news articles or stories published: 2.4

25. Number of individual letters written: 25

26. Number of different circular letters prepared (not total copies mailed): 26

27. Number of bulletins distributed: 12.2

28. Number of radio talks made: 28

29. Number of events at which extension exhibits were shown: 29

30. Training meetings held for local leaders or committeemen:
   (a) Adult work:
   (1) Number: 2
   (2) Total men leaders attending: 161
   (3) Total women leaders attending: 141

   (b) 4-H Club:
   (1) Number: 1
   (2) Total leaders attending: 32

31. Method demonstration meetings held (do not include meetings reported under No. 30):
   (a) Number: 161
   (b) Total attendance: 2.3.32

32. Meetings held at result demonstrations:
   (a) Number: 1
   (b) Total attendance: 1.05

33. Tours conducted:
   (a) Number:
   (b) Total attendance:

34. Achievement days held:
   (a) Adult work:
   (1) Number: 1
   (2) Total attendance: 1.05

   (b) 4-H Club:
   (1) Number: 3
   (2) Total attendance: 148

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1 List as farm or home visit according to principal purpose of visit.

2 Include county and State press, agricultural journals, and home magazines. Do not count items relating to notices of meetings only.
### General Activities—Continued

**Report Only This Year's Extension Activities and Results that can be Verified**

<table>
<thead>
<tr>
<th></th>
<th>1. Number</th>
<th>2. Total members attending</th>
<th>3. Total others attending</th>
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<tbody>
<tr>
<td>(a) Farm women</td>
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<td>(b) 4-H Club</td>
<td>(38)</td>
<td>(32)</td>
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<tr>
<th>35. Encampments held</th>
<th>(1) Number</th>
<th>(2) Total boys attending</th>
<th>(3) Total girls attending</th>
<th>(4) Total others attending</th>
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<tr>
<th>36. Other meetings of an extension nature participated in and not previously reported</th>
<th>(a) Number</th>
<th>(b) Total attendance</th>
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<td>(84)</td>
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<tr>
<th>37. Meetings held by local leaders or committeemen not participated in by agent and not reported elsewhere</th>
<th>(a) Adult work</th>
<th>(b) 4-H Club</th>
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<td>(1) Number</td>
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<td>(2) Total attendance</td>
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### PROGRAM SUMMARY

List below information on each subdivision of the program of work. Include under each heading all of the work done with men, women, boys, and girls. If an assistant agent has been employed include his or her time with that of the agent. This page should not be filled out until the questions on the following pages have been answered. Estimate where records are not available.

<table>
<thead>
<tr>
<th>Line of work</th>
<th>Number of communities or other units participating</th>
<th>Number of leaders or committeemen assisting</th>
<th>Days specialists helped with line of work</th>
<th>Days agent devoted to line of work</th>
<th>Number of meetings held in relation to line of work</th>
<th>Number of news stories published</th>
<th>Number of different circular letters issued</th>
<th>Number of farm or home visits made</th>
<th>Number of office calls received</th>
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<td>38. Cereals (page 8)</td>
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<td>39. Legumes and forage crops (pages 9, 10)</td>
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<td>40. Potatoes, Irish (page 11)</td>
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<td>41. Cotton (page 11)</td>
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<td>42. Tobacco and other special crops (page 11)</td>
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<td>43. Home gardens and home beautification (page 12)</td>
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<td>44. Market garden and truck crops (page 12)</td>
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<td>45. Fruits (page 12)</td>
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<td>46. Forestry (page 13)</td>
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<td>47. Rodents and miscellaneous insects (page 13)</td>
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<td>48. Agricultural engineering (page 14)</td>
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<td>49. Poultry (page 15)</td>
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<td>50. Dairy (page 15)</td>
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<td>51. Other livestock (page 15)</td>
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<td>52. Farm management (page 16)</td>
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<td>53. Marketing—farm and home (page 17)</td>
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<td>54. Foods and nutrition (page 18)</td>
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<td>55. Child training and care (page 19)</td>
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<td>56. Clothing (page 20)</td>
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<td>57. Home management (page 21)</td>
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<td>58. House furnishings (page 22)</td>
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<td>59. Home health and sanitation (page 23)</td>
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<td>60. Community activities (page 24)</td>
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<td>61. Miscellaneous (page 24)</td>
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<td>62. Building extension program of work ¹</td>
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<td>63. Organization—extension association and committee ²</td>
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(The totals for these columns do not necessarily check with the information given on pages 4, 5, and 6, since one meeting, farm visit, circular letter, etc., may relate to two or more lines of subject matter.)

¹ Under "building the extension program" include all work incident to the collection of economic and social data as a basis for determining programs, the conducting of program surveys, and the outlining of county, district, and community programs. Do not include work related to the execution of programs as this should be reported under the projects above.

² Under "organization" include all work incident to maintaining extension associations, agricultural councils, home demonstration councils, advisory committees, project committees, community committees, and the like not reported under building the extension program.

8—5146
<table>
<thead>
<tr>
<th>Item</th>
<th>(a)</th>
<th>(b)</th>
<th>(c)</th>
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<tr>
<td></td>
<td>Corn</td>
<td>Wheat</td>
<td>Oats</td>
<td>Rye</td>
<td>Barley</td>
<td>Other 1</td>
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<tr>
<td>64. Number of method demonstration meetings held.</td>
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<tr>
<td>65. Number of adult result demonstrations completed or carried into the next year</td>
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<td>66. Total number of acres included in adult result demonstrations.</td>
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<tr>
<td>67. Average increased yield per acre on adult result demonstrations due to recommended practices</td>
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<tr>
<td>68. Number of 4-H Club members enrolled</td>
<td>(1) Boys</td>
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<td>(2) Girls</td>
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<tr>
<td>69. Number of 4-H Club members completing</td>
<td>(1) Boys</td>
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<td>(2) Girls</td>
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<td>70. Number of acres grown by club members completing.</td>
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<tr>
<td>71. Total yields of cereals grown by club members completing.</td>
<td>bu.</td>
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<td>bu.</td>
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</tbody>
</table>

Notes:—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

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1 Report fall-sown crops the year they are harvested.
2 Indicate crop by name.
**LEGUMES AND FORAGE CROPS**

*Report Only This Year's Extension Activities that are Supported by Records*

<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Alfalfa</th>
<th>(b) Sweet clover</th>
<th>(c) Clover (red, althek. white)</th>
<th>(d) Vetch</th>
<th>(e) Lespedeza</th>
<th>(f) Pastures</th>
</tr>
</thead>
<tbody>
<tr>
<td>72.</td>
<td>Number of method demonstration meetings held...</td>
<td></td>
<td></td>
<td></td>
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</tr>
<tr>
<td>73.</td>
<td>Number of adult result demonstrations completed or carried into the next year...</td>
<td></td>
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</tr>
<tr>
<td>74.</td>
<td>Total number of acres included in adult result demonstrations...</td>
<td></td>
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</tr>
<tr>
<td>75.</td>
<td>Average increased yield per acre on adult result demonstrations due to recommended practices...</td>
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<tr>
<td></td>
<td>(1) Boys</td>
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<td>(2) Girls</td>
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</tr>
<tr>
<td>76.</td>
<td>Number of 4-H Club members enrolled...</td>
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<tr>
<td></td>
<td>(1) Boys</td>
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<td>(2) Girls</td>
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</tr>
<tr>
<td>77.</td>
<td>Number of 4-H Club members completing...</td>
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<tr>
<td></td>
<td>(1) Boys</td>
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<td>(2) Girls</td>
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<tr>
<td>78.</td>
<td>Number of acres grown by club members completing...</td>
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</tr>
<tr>
<td>79.</td>
<td>Total yield of crops grown by club members completing...</td>
<td></td>
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</tr>
</tbody>
</table>

**Notes:**
- Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.
- (Use space below for State questions not listed above)

---

*Indicate whether yield is bushels of seed or tons of cured forage.*
## LEGUMES AND FORAGE CROPS—Continued

*Report Only This Year’s Extension Activities that are Supported by Records*

<table>
<thead>
<tr>
<th>Item</th>
<th>(g) Soy beans</th>
<th>(h) Cowpeas</th>
<th>(i) Velvet-beans</th>
<th>(j) Field beans</th>
<th>(k) Peanuts</th>
<th>(m) Other 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>72. Number of method demonstration meetings held</td>
<td></td>
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<tr>
<td>73. Number of adult result demonstrations completed or carried into the next year</td>
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<tr>
<td>74. Total number of acres included in adult result demonstrations</td>
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</tr>
<tr>
<td>75. Average increased yield per acre on adult result demonstrations due to recommended practices</td>
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<tr>
<td>(1) Boys.</td>
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<tr>
<td>(2) Girls.</td>
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<tr>
<td>76. Number of 4-H Club members enrolled</td>
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<tr>
<td>(1) Boys.</td>
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<tr>
<td>(2) Girls.</td>
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<tr>
<td>77. Number of 4-H Club members completing</td>
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<tr>
<td>(1) Boys.</td>
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<tr>
<td>(2) Girls.</td>
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<tr>
<td>78. Number of acres grown by club members completing</td>
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<tr>
<td>79. Total yield of crops grown by club members completing</td>
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</tr>
</tbody>
</table>

**Note:** Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)

---

1 Indicate crop by name.

2 Indicate whether yield is bushels of seed or tons of cured forage.
<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Irish potatoes</th>
<th>(b) Sweet potatoes</th>
<th>(c) Cotton</th>
<th>(d) Tobacco</th>
<th>(e) Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>80. Number of method demonstration meetings held.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>81. Number of adult result demonstrations completed or carried</td>
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<tr>
<td>into the next year.</td>
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<tr>
<td>82. Total number of acres included in adult result demonstrations</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>83. Average increased yield per acre on adult result demonstrations</td>
<td>bu.</td>
<td>bu.</td>
<td>lbs.²</td>
<td>lbs.</td>
<td></td>
</tr>
<tr>
<td>due to recommended practices.</td>
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<tr>
<td>84. Number of 4-H Club members enrolled</td>
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<tr>
<td>(1) Boys</td>
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<tr>
<td>(2) Girls</td>
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<tr>
<td>85. Number of 4-H Club members completing</td>
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<td>(1) Boys</td>
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<td>(2) Girls</td>
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<tr>
<td>86. Number of acres grown by club members completing</td>
<td></td>
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</tr>
<tr>
<td>87. Total yield of crops grown by club members completing</td>
<td>bu.</td>
<td>bu.</td>
<td>lbs.²</td>
<td>lbs.</td>
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<tr>
<td>Note.—Work relating to soils and fertilizers, insects, and plant</td>
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<tr>
<td>diseases should be reported in connection with the crops concerned.</td>
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<tr>
<td>(Use space below for State questions not listed above)</td>
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</tr>
</tbody>
</table>

1 Indicate crop by name.

2 Report yield of cotton in pounds of seed cotton.
<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Home gardens</th>
<th>(b) Market gardening, truck, and canning crops</th>
<th>(c) Beautification of home grounds</th>
<th>(d) Tree fruits</th>
<th>(e) Bush and small fruits</th>
<th>(f) Grapes</th>
</tr>
</thead>
<tbody>
<tr>
<td>88. Number of method demonstration meetings held</td>
<td></td>
<td></td>
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<tr>
<td>89. Number of adult result demonstrations completed or carried into the next year</td>
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<tr>
<td>90. Total number of acres included in adult result demonstrations</td>
<td>x x x x x</td>
<td>x x x x</td>
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</tr>
<tr>
<td>91. Average increased yield per acre on adult result demonstrations due to recommended practices</td>
<td>x x x x</td>
<td>bu. x x x x.x bu.</td>
<td>qts. lbs.</td>
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<tr>
<td>92. Number of 4-H Club members enrolled</td>
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<tr>
<td>(1) Boys</td>
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<tr>
<td>(2) Girls</td>
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<td>93. Number of 4-H Club members completing</td>
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<tr>
<td>(1) Boys</td>
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<tr>
<td>(2) Girls</td>
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<tr>
<td>94. Number of acres grown by club members completing</td>
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</tbody>
</table>

Note.—Work relating to soils and fertilizers, insects, and plant diseases should be reported in connection with the crops concerned.

(Use space below for State questions not listed above)
FORESTRY
Report Only This Year’s Extension Activities that are Supported by Records

95. Number of method demonstration meetings held........................................... 95

96. Number of adult result demonstrations completed or carried into the next year........ 96

97. Number of 4-H Club members enrolled..................................................... 97
    (a) Boys......................................................................................
    (b) Girls.................................................................................

98. Number of 4-H Club members completing.................................................. 98
    (a) Boys......................................................................................
    (b) Girls.................................................................................

99. Number of transplant beds cared for by club members completing................. 99

100. Number of acres farm wood lot managed by club members completing............ 100

101. Number of new forest or farm woodland areas planted according to recommendations 101

102. Acres involved in preceding question...................................................... 102

103. Number of farms assisted in forest or wood-lot management....................... 103

104. Acres involved in preceding question...................................................... 104

105. Number of farms planting windbreaks according to recommendations........... 105

106. Number of farms following recommendations as to control of white-pine blister rust 106

107. Number of farms assisted in other ways relative to forestry (specify below)........ 107
    (Use space below for State questions not listed above)

RODENTS, OTHER ANIMAL PESTS, AND MISCELLANEOUS INSECTS
Report Only This Year’s Extension Activities that are Supported by Records
(Do not include work reported under “Crop” and “Livestock” headings)

<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Rodents</th>
<th>(b) Other animal pests</th>
<th>(c) Insects</th>
</tr>
</thead>
<tbody>
<tr>
<td>108. Number of method demonstration meetings held........................................... 108</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>109. Number of result demonstrations completed or carried into the next year............ 109</td>
<td></td>
<td></td>
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<tr>
<td>110. Pounds of poison used.............................................................................. 110</td>
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<td></td>
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</tbody>
</table>
AGRICULTURAL ENGINEERING
(Farm and Home)

Report Only This Year's Extension Activities that are Supported by Records

111. Number of method demonstration meetings held .................................................. 111
112. Number of adult result demonstrations completed or carried into the next year .... 112
113. Number of 4-H Club members enrolled
   (a) Boys................................................. 113
   (b) Girls................................................
114. Number of 4-H Club members completing
   (a) Boys................................................. 114
   (b) Girls................................................
115. Number of farms following recommendations in installing drainage systems ....... 115
116. Acres drained by such systems ................................................................. 116
117. Number of farms following recommendations in installing irrigation systems .... 117
118. Acres irrigated by such systems ................................................................. 118
119. Number of farms building terraces and soil-saving dams to control erosion according to recommendations 119
120. Acres on which soil erosion was so prevented .............................................. 120
121. Number of farms clearing land of stumps or boulders according to recommended methods ................................................................. 121
122. Number of families assisted with house-planning problems ......................... 122
123. Number of dwellings constructed according to plans furnished .................... 123
124. Number of dwellings remodeled according to plans furnished ....................... 124
125. Number of sewage-disposal systems installed according to recommendations .... 125
126. Number of water systems installed according to recommendations ................. 126
127. Number of heating systems installed according to recommendations ............... 127
128. Number of lighting systems installed according to recommendations ............... 128
129. Number of farms on which buildings other than dwellings were constructed or remodeled this year according to plans furnished ........................................ 129
   (a) Dairy barns............................... 
   (b) Hog houses..............................
   (c) Poultry houses........................... 130
   (d) Silos...........................................
   (e) Other........................................
130. Number of buildings involved in preceding question .................................... 130
130\frac{1}{4}. Number of farms or homes following recommendations on maintenance and repair of machinery ................. 130\frac{1}{4}
   (a) Tractors....................................... 
   (b) Tillage implements...................... 130\frac{1}{4}
   (c) Harvesters and threshers..............
   (d) Other........................................
130\frac{3}{4}. Number of farms employing better types of machinery or equipment recommended by extension agent ................. 130\frac{3}{4}
<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Poultry</th>
<th>(b) Dairy cattle</th>
<th>(c) Beef cattle</th>
<th>(d) Sheep</th>
<th>(e) Swine</th>
<th>(f) Horses and mules</th>
</tr>
</thead>
<tbody>
<tr>
<td>131. Number of method demonstration meetings held.</td>
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<td></td>
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<td>131</td>
</tr>
<tr>
<td>132. Number of adult result demonstrations completed or carried into the next year.</td>
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<td>132</td>
</tr>
<tr>
<td>133. Number of animals involved in these completed adult result demonstrations.</td>
<td></td>
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<td></td>
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<td>133</td>
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<tr>
<td>134. Total profit or saving on adult result demonstrations completed.</td>
<td></td>
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<tr>
<td>135. Number of 4-H Club members enrolled.</td>
<td>(1) Boys</td>
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<tr>
<td></td>
<td>(2) Girls</td>
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<tr>
<td>136. Number of 4-H Club members completing.</td>
<td>(1) Boys</td>
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<td>136</td>
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<td></td>
<td>(2) Girls</td>
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<tr>
<td>137. Number of animals involved in 4-H Club work completed.</td>
<td></td>
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<tr>
<td>138. Number of farms assisted in obtaining purebred sires.</td>
<td></td>
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<td>138</td>
</tr>
<tr>
<td>139. Number of farms assisted in obtaining high-grade or purebred females.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>139</td>
</tr>
<tr>
<td>140. Number of bull, boar, ram, or stallion circles or clubs organized.</td>
<td></td>
<td></td>
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<td>140</td>
</tr>
<tr>
<td>141. Number of members in preceding circles or clubs.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>141</td>
</tr>
<tr>
<td>142. Number of herd or flock improvement associations organized or reorganized.</td>
<td></td>
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<td>142</td>
</tr>
<tr>
<td>143. Number of members in these associations.</td>
<td></td>
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<td></td>
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<td></td>
<td>143</td>
</tr>
<tr>
<td>144. Number of farms not in associations keeping performance records of animals.</td>
<td></td>
<td></td>
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<td>144</td>
</tr>
</tbody>
</table>

(Use space below for State questions not listed above)
FARM MANAGEMENT, CREDIT, INSURANCE, AND TAXATION

Report Only This Year's Extension Activities that are Supported by Records

145. Number of method demonstration meetings held.  ............................................. 145
146. Number of adult result demonstrations completed or carried into the next year.  .... 146
147. Number of 4-H Club members enrolled in account work  .................................. 147
    (a) Boys. ......................................................................................... 147
    (b) Girls. ....................................................................................... 147
148. Number of 4-H Club members completing ......................................................... 148
    (a) Boys. ......................................................................................... 148
    (b) Girls. ....................................................................................... 148
149. Number of farms keeping farm accounts throughout the year under supervision of agent. 149
150. Number of farms keeping cost-of-production records under supervision of agent. 150
151. Number of farms assisted in summarizing and interpreting their accounts. ......... 151
152. Number of farms assisted in making inventory or credit statements. ................. 152
153. Number of farm business or enterprise survey records taken during year. ........... 153
154. Number of farms making recommended changes in their business as result of keeping accounts or survey records. ................................................................. 154
155. Number of other farms adopting cropping, livestock, or complete farming systems according to recommendations. ................................................................. 155
156. Number of farms advised relative to leases. ....................................................... 156
157. Number of farms assisted in obtaining credit. ..................................................... 157
158. Number of different farms assisted in using outlook or other timely economic information as a basis for readjusting farm operations. ................................. 158
159. Number of farms in preceding question making readjustments in— 159
    (a) Wheat. ...................................................................................... 159
    (b) Corn. ......................................................................................... 159
    (c) Cotton. ...................................................................................... 159
    (d) Potatoes. .................................................................................... 159
    (e) Tobacco. ................................................................................... 159
    (f) Truck crops. ................................................................................ 159
    (g) Dairy cattle. ............................................................................... 159
    (h) Beef cattle. ............................................................................... 159
    (i) Hogs. ......................................................................................... 159
    (j) Sheep. ....................................................................................... 159
    (k) Poultry. .................................................................................... 159
    (l) ................................................................................................. 159
    (m) ............................................................................................... 159
    (n) ............................................................................................... 159
    (o) ............................................................................................... 159
    (p) ............................................................................................... 159
    (q) ............................................................................................... 159
    (r) ............................................................................................... 159

(Use space below for State questions not listed above)
<table>
<thead>
<tr>
<th>Item</th>
<th>(a) Grain and feed</th>
<th>(b) Cotton</th>
<th>(c) Dairy products</th>
<th>(d) Livestock</th>
<th>(e) Fruits and vegetables</th>
<th>(f) Poultry and eggs</th>
<th>(g) Home products</th>
<th>(h) Other</th>
</tr>
</thead>
<tbody>
<tr>
<td>160. Number of cooperative-marketing associations or groups organized during the year</td>
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<tr>
<td>161. Number of cooperative-marketing associations or groups previously organized assisted by extension agent this year</td>
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<tr>
<td>162. Membership in associations organized and assisted (161 and 162)</td>
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<td></td>
<td></td>
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<td>163. Value of products marketed by all associations worked with</td>
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<td>164. Value of supplies purchased by all associations worked with</td>
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<td>180. Merging into larger units</td>
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<td>Number of farms or homes not in cooperative associations or groups assisted with problems of</td>
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<td>182. Packaging and grading</td>
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<td>183. Use of current market information</td>
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</table>

(Use space below for State questions not listed above)
FOODS AND NUTRITION

Report Only This Year’s Extension Activities that are Supported by Records

184. Number of method demonstration meetings held.............................................. 70

185. Number of adult result demonstrations completed or carried into the next year........... 185

<table>
<thead>
<tr>
<th>Food selection and preparation</th>
<th>Food preservation</th>
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<tbody>
<tr>
<td>(a)</td>
<td>(b)</td>
</tr>
<tr>
<td>(1) Girls.</td>
<td>96</td>
</tr>
<tr>
<td>(2) Boys.</td>
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</table>

186. Number of 4-H Club members enrolled...................................................... 186

<table>
<thead>
<tr>
<th>(1) Girls.</th>
<th>(2) Boys.</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>16</td>
</tr>
</tbody>
</table>

187. Number of 4-H Club members completing.................................................... 187

<table>
<thead>
<tr>
<th>(1) Girls.</th>
<th>(2) Boys.</th>
</tr>
</thead>
<tbody>
<tr>
<td>56</td>
<td>16</td>
</tr>
</tbody>
</table>

188. Number of homes assisted in planning family food budget for a year...................... 188

189. Number of homes budgeting food expenditures for a year.................................. 189

190. Number of homes balancing family meals for a year....................................... 190

191. Number of homes improving home-packed lunches according to recommendations......... 191

192. Number of schools following recommendations for a hot dish or school lunch........ 192

193. Number of children involved in preceding question......................................... 193

194. Number of homes using improved methods in child feeding.................................. 194

195. Number of individuals adopting recommendations for corrective feeding (such as weight control, anemia, pellagra, and constipation)......................................................... 195

196. Number of jars of canned products preserved by 4-H Club members....................... 196

(Use space below for State questions not listed above)
197. Number of method demonstration meetings held .................................................. 3
198. Number of adult result demonstrations completed or carried into the next year .......... 198
199. Number of groups devoting major part of program to child training and care ............ 199
200. Membership in these groups ................................................................................. 200
201. Number of 4-H Club members enrolled ................................................................. 201
     (a) Girls .................................................................................................................. (a) Girls
     (b) Boys ............................................................................................................... (b) Boys
202. Number of 4-H Club members completing ............................................................ 202
     (a) Girls .................................................................................................................. (a) Girls
     (b) Boys ............................................................................................................... (b) Boys
203. Number of homes improving habits of school children (other than reported under “Foods and Nutrition” and “Home Health and Sanitation”) ................................................................. 203
204. Number of homes substituting positive methods of discipline for negative ones .......... 204
205. Number of homes providing recommended play equipment .................................. 205
206. Number of homes making recommended physical adjustments to better meet children’s needs ................................................................. 206
207. Number of homes adopting better adult habits with respect to development of children ................. 207
    (Use space below for State questions not listed above)
CLOTHING

Report Only This Year's Extension Activities that are Supported by Records

208. Number of method demonstration meetings held. .............................................. 61 208

209. Number of adult result demonstrations completed or carried into the next year. .. 209

210. Number of 4-H Club members enrolled

(a) Girls. 165 210
(b) Boys. ....

211. Number of 4-H Club members completing

(a) Girls. 112 211
(b) Boys. ...

212. Number of individuals following recommendations in improving construction of

clothing.

(a) Women. .......................... 212
(b) Girls. ..........................

213. Number of individuals using a clothing budget

(a) Women. .......................... 213
(b) Girls. ..........................
(c) Boys. ..........................

214. Number of individuals making garments for themselves

(a) Women. .......................... 214
(b) Girls. ..........................

215. Number of individuals improving children's clothing according to recommenda-
tions.

(a) Women. .......................... 215
(b) Girls. ..........................

216. Number of individuals following recommendations in improving care, renovation, and remodeling of clothing

(a) Women. .......................... 216
(b) Girls. ..........................

(Use space below for State questions not listed above)
HOME MANAGEMENT
Report Only This Year's Extension Activities that are Supported by Records

217. Number of method demonstration meetings held

218. Number of adult result demonstrations completed or carried into the next year

219. Number of 4-H Club members enrolled
   (a) Girls
   (b) Boys

220. Number of 4-H Club members completing
   (a) Girls
   (b) Boys

221. Number of homes keeping home accounts according to a recommended plan

222. Number of homes budgeting expenditures in relation to income according to a recommended plan

223. Number of homes following recommended methods in buying for the home

224. Number of women following a recommended schedule for home activities

225. Number of kitchens rearranged for convenience according to recommendations

226. Number of homes following recommendations in obtaining labor-saving equipment

227. Number of homes adopting recommended laundering methods

228. Number of homes adopting recommended methods in care of house

229. Number of homes assisted in an analysis of their home conditions with reference to a standard of living

230. Number of homes assisted in making adjustments in home making to gain a more satisfactory standard of living

(Use space below for State questions not listed above)
HOME FURNISHINGS
Report Only This Year’s Extension Activities that are Supported by Records

231. Number of method demonstration meetings held. ................................................................. 1 231

232. Number of adult result demonstrations completed or carried into the next year. .................. 232

233. Number of 4-H Club members enrolled
   (a) Girls. ......................................................... 233
   (b) Boys. ........................................................

234. Number of 4-H Club members completing
   (a) Girls. ......................................................... 234
   (b) Boys. ........................................................

235. Number of individuals improving the selection of household furnishings
   (a) Women ....................................................... 235
   (b) Girls. ........................................................

236. Number of individuals following recommendations in improving methods of repairing, remodeling, or refinishing of furniture
   (a) Women ....................................................... 236
   (b) Girls. ........................................................

237. Number of individuals following recommendations in improving treatment of windows (shades, curtains, draperies)
   (a) Women ....................................................... 237
   (b) Girls. ........................................................

238. Number of individuals following recommendations in improving arrangement of rooms (other than kitchens)
   (a) Women ....................................................... 238
   (b) Girls. ........................................................

239. Number of individuals improving treatment of walls, woodwork, and floors
   (a) Women ....................................................... 239
   (b) Girls. ........................................................

(Use space below for State questions not listed above)
<p>| | | | |</p>
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<tr>
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<tbody>
<tr>
<td>240. Number of method demonstration meetings held</td>
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<tr>
<td>241. Number of adult result demonstrations completed or carried into the next year</td>
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<tr>
<td>242. Number of 4-H Club members enrolled</td>
<td>(a) Girls 288</td>
<td>(b) Boys</td>
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<tr>
<td>243. Number of 4-H Club members completing</td>
<td>(a) Girls 232</td>
<td>(b) Boys</td>
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<td></td>
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<tr>
<td>244. Number of 4-H Club members not in special health clubs who participated in definite health-improvement work</td>
<td>(a) Girls</td>
<td>(b) Boys</td>
<td></td>
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<tr>
<td>245. Number of individuals following recommendations as to complete health examination</td>
<td>232</td>
<td>245</td>
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<td>246. Number of individuals improving health habits according to recommendations</td>
<td>232</td>
<td>246</td>
<td></td>
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<tr>
<td>247. Number of individuals improving posture according to recommendations</td>
<td>225</td>
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<tr>
<td>248. Number of individuals adopting recommended positive preventive measures to improve health (immunization for typhoid, diphtheria, smallpox, etc.)</td>
<td>3</td>
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<td></td>
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<tr>
<td>249. Number of homes adopting better home-nursing procedure according to recommendations</td>
<td></td>
<td>249</td>
<td></td>
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<tr>
<td>250. Number of homes installing sanitary closets or outhouses according to recommended plans</td>
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<td>251. Number of homes screened according to recommendations</td>
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<tr>
<td>252. Number of homes following other recommended methods of controlling flies, mosquitoes, and other insects</td>
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(Use space below for State questions not listed above.)
COMMUNITY OR COUNTRY-LIFE ACTIVITIES
Report Only This Year's Extension Activities that are Supported by Records

253. Number of communities assisted in making social or country-life surveys, or in scoring themselves or their community organizations. .................................................. 253

254. Number of country-life conferences or training meetings conducted for community leaders. .... 5 254

255. Number of community groups assisted with organizational problems, programs of activities, or meeting programs. 22 255

256. Number of communities developing recreation according to recommendations. .... 15 256

257. Number of community or county-wide pageants or plays presented. .......................... 257

258. Number of community houses, clubhouses, or community rest rooms established. ........ 258

259. Number of communities assisted in improving hygienic or public-welfare practices. ........ 259

260. Number of school or other community grounds improved in accordance with plans furnished. .... 260

261. Number of 4-H Clubs engaging in community activities, such as improving school grounds, conducting local fairs, etc. ................................................................. 20 261

261½. Total number of different communities assisted in connection with the community or country-life work reported on this page. .......................................................... 22 261½

(Use space below for State questions not listed above)

---

BEES, WEEDS, HANDICRAFT, RABBITS, AND MISCELLANEOUS
Under This Heading Report Other Lines of Work not Included in the Preceding Pages, Such as Bees, Weeds, Handicraft, and Similar Work, i.e., any Other Information that can be Reported Statistically and that Will Help to Give a Complete Account of the Year's Work

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<th>(b) Weeds</th>
<th>(c) Handicraft</th>
<th>(d) Rabbits</th>
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<td>263. Number of adult result demonstrations completed or carried into next year.</td>
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<td>264. Number of 4-H Club members enrolled.</td>
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<tr>
<td>(1) Boys.</td>
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<td>(2) Girls.</td>
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<td>265. Number of 4-H Club members completing</td>
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<td>265</td>
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<tr>
<td>(1) Boys.</td>
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<tr>
<td>(2) Girls.</td>
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1 Indicate project by name.
ANNUAL NARRATIVE REPORT
EXTENSION WORK
LAKE MUR COUNTY
For
1932       1933
Compiled by Delphine Dawson
Home Demonstration Agent
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<tr>
<td>Organization and Planning Programs</td>
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<td>Selection of Leaders and Organization of Clubs</td>
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<td>Leaders Meeting</td>
<td>18-20</td>
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<td>Ornamental Planting</td>
<td>22-23</td>
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<td>Nutrition - Home Project</td>
<td>24-33</td>
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<tr>
<td>Budgeting Food Supply, Gardening, Canning, Drying and Storing</td>
<td>24-30</td>
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<td>Cheese Making</td>
<td>31-32</td>
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<tr>
<td>Nutrition - 4-H Clubs</td>
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<td>Health Project in Junior 4-H Clubs</td>
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<td>Clothing - Home Project</td>
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<td>Buying Clothing for Men and Boys</td>
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<td>Achievement Day - 4-H Club</td>
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<td>Annual 4-H Banquet</td>
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<td>Outlook and Recommendations for 1933</td>
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Status of County Extension Organization

There has been a well organized Women's Extension Organization in Larimer County since 1922 when under the leadership of Eva Floy Smith the work was begun. The various local clubs were organized into a county group with a constitution and by-laws. Regular meetings were held and home economics subjects were studied. In 1931 an advisory council was organized and has proven helpful in planning the extension program. This council, made up of the presidents and secretaries of local clubs, meets twice a year. After the program is planned booklets are made out containing the unified programs of the county organization and local clubs.

There are 230 leaders and committee men assisting in sponsoring extension work. Of these 36 are 4-H club leaders who volunteer their services for the youth of their community. Fifty-two are women who act as leaders in local clubs.

In furthering extension work it has been the desire of the County Extension Agent to cooperate with such organized groups as the County Health Organization, the School Nurse, the County Superintendent of Schools, rural school teachers and Parent-Teacher Associations, local stores in studying buying foods and clothing, the City Council of Loveland in sponsoring the Junior Fair, the County Commissioners in aiding the poor in gardening, the Social Service in teaching the poor canning and drying and the Red Cross in sponsoring sewing for the poor and R.P.C. funds in planning minimum diets.

Many communities over the County asked for evening programs on extension work. The County Agent, Home Demonstration Agent and Naval Recruiting Officer, showed moving pictures and talked on extension work. Because of this combined program of entertainment and instruction in the plan of extension work, many communities became interested in 4-H club work and the extension program.
## PROGRAM ANALYSIS

### 1933

#### XI. NUTRITION

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<tr>
<th>Project</th>
<th>Goal</th>
<th>Work Done to Sept. 23, 1933</th>
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<tbody>
<tr>
<td>A. Food selection</td>
<td></td>
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<tr>
<td>4-H clubs Meal preparation</td>
<td>11 lbs. members</td>
<td>11 clubs 66 members 37 members completing</td>
</tr>
<tr>
<td>B. Food supply</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Budgeting food supply, gardening, canning, drying, storing</td>
<td>35 dem. budgets 3 stor. dems.</td>
<td>67 budget cards completed 1 leaders training meeting, 30 pres'ns 1 Co. meet'g on drying, 125 &quot; 6 local meet'gs on drying, 914 lbs veg. dried 6 storage meetings, 120 attended</td>
</tr>
<tr>
<td>2. Wise buying of food</td>
<td>3 ldrs. mtgs. on buying</td>
<td>Not held. 2 canning and drying leaders meetings held instead, attendance 45</td>
</tr>
<tr>
<td>3. Food preservation</td>
<td>3 mems.</td>
<td>13 local meet'gs held, attendance 234</td>
</tr>
<tr>
<td>4. Meat canning</td>
<td>3 dem.</td>
<td>2 dems on chicken canning, 15 attend</td>
</tr>
<tr>
<td>5. 4-H clubs Baking Canning Food preservation</td>
<td>7-30 mem. 6-34 mem. 1-3 mem.</td>
<td>30 members enrolled, 18 completed 24 members enrolled, 14 completed 3 members enrolled, 3 completed</td>
</tr>
<tr>
<td>6. Cheese making</td>
<td>5 mems.</td>
<td>12 demonstration mtgs. 321 att'd</td>
</tr>
<tr>
<td>7. Child health</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Build and protect strong teeth</td>
<td>30 dem.</td>
<td>12 enrolled Publicity articles and pamphlets from dentists on dentistry and diet</td>
</tr>
<tr>
<td>2. Health &amp; nutrition of pre-school child</td>
<td>50 homes</td>
<td>12 enrolled Publicity articles and pamphlets from dentists on dentistry &amp; diet</td>
</tr>
<tr>
<td>4. Cooperation with state agencies on child health (a) Co. nurse (b) Tuberculosis Assn. nurse</td>
<td>350 clbrs. members examined in clinic</td>
<td>6 blue ribbon health certificates awarded 232 members examined</td>
</tr>
<tr>
<td>5. Health project in 4-H clubs</td>
<td>350 mem.</td>
<td>131 health records completed</td>
</tr>
</tbody>
</table>

#### XII. CLOTHING

<table>
<thead>
<tr>
<th>Project</th>
<th>Goal</th>
<th>Work Done to Sept. 23, 1933</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Construction and selection</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Childrens clothing (a) Boys' Clothes</td>
<td>1 leader training meeting held on buying 7 local clubs held meetings on buying boys clothes, 135 Att'g</td>
<td>1 leader training meet'g held on buying, 20 leaders present 7 local clubs held meetings on buying boys clothes, 135 Att'g</td>
</tr>
</tbody>
</table>

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Delphine Dawson
Home Demonstration Agent

Larimer County
6. Remodeled garments
   1 ldr. mtgl leaders meeting held
   20 ldr s. 20 leaders attended
   present 8 local meetings. 151 mem. attg.
   1 contest. Contest held, 50 remodeled
   exhibited garments. 70 attended.

7. 4-H Clubs
   (a) First year
   30 clubs 30 clubs with leaders
   145 mem. 166 mem. enrolled, 114 completed
   103 enrolled, 75 completed
   (b) Second year
   43 enrolled, 28 completed
   (c) Third year
   15 enrolled, 6 completed
   (d) Fourth year
   3 enrolled, 2 completed
   (e) Fifth year
   3 enrolled, 3 completed

B. Personal health, hygiene
   and good looks
2. Grooming and care of
   clothing
   1 ldr. 1 leader training held, 30
   tr. mtg. leaders attended representing
   10 local 13 clubs.
   meetings 12 local clubs held mtgs. 201 attd.

5. 4-H Clubs
   20 clubs 20 clubs
   154 mem. 166 enrolled, 109 completing.

C. Clothing Management
1. The most for your
   money in clothing
   for the family
   1 leader Held 1 leader training meeting
   tr. mtg. 15 leaders present
   8 local 10 local meetings held with
   meetings total attendance of 205

3. 4-H clubs
   20-154 43 clubs, 165 enrolled, 113 completed

XIII. HOME MANAGEMENT
A. Kitchen improvement
   1 co. mtg 1 leader tr. meeting, 1 local
   8 local meeting, Virginia Dale, 70
   meetings 7 other local meetings with
   total attendance 132

B. Money management
   1. Home Accounts
   44 women books have been distributed
   keeping 45 enrolled
   notes.

XIV. COMMUNITY ACTIVITIES
A. Publicity
   1. Weekly Column
      6 papers Carried
   2. Monthly circular to
      home demonstration
      club members
   3. 4-H club items
      6 papers Carried

B. Social service
   1. Subsistence gardens
      100 fami. 154 families registered
   2. Demonstrate canning,
      drying and storage
      to dependent families.
      5 dems. 5 meetings at which women canned
      & dried vegetables. 100 lbs.
   3. Made menu for County
      Commissary
      Made menu and figured cost

C. Camps
   1. 4-H club camp
      Pingree Park
      38 boys and girls, 11 leaders
   2. Women's district camp
      Estes Park
      Not held
3. State Fair 4-H Club camp

7 boys and 6 girls, 2 chaperones

D. Fairs
1. Larimer County Junior Fair
   181 girls exhibited
2. Wellington Community Fair
   Not held
3. State Fair
   4-H club exhibits only

E. Picnics
1. 4-H club picnic
   Loveland, April 22, 25 attended
   Ft. Collins, May 21, 100 attended
2. Women's club annual picnic
   Estes Park, 40 attended
   Jas. Andrew's place, 150 attended
   Timnath, 125 attended

F. Achievement day
1. 4-H Club
   4-H clubs, 300 attended, 20 items demonstrated
2. Women's
   Women, 100 attended - 8 clubs represented

XV. ORGANIZATION
A. Advisory Council
   Reorganized 1932. Meeting in February to plan program
B. Home demonstration Council
   Meeting in October
C. Advisory Council 4-H clubs
   Organized 1931

D. Extension Organization
1. Co. Workers Clubs
   12 clubs
   12 old clubs, 1 new club

E. Older boys' and girls' work
   Nothing done
I. NAME OF PROJECT: ORGANIZATION
   SUB-PROJECT: WOMEN'S CLUB
   PHASE: ORGANIZATION AND PLANNING PROGRAMS IN HOME MAKERS CLUBS

II. LOCATION: LARIMER COUNTY

III. DATE EFFECTIVE: February 1, 1933

IV. ECONOMIC BACKGROUND:

Home Economics subjects taught to rural women are most satisfactorily presented thru the medium of clubs which are organized for a social as well as a study purpose. The first step in planning a uniform program is to organize an advisory council which is made up of presidents and secretaries of rural clubs. The Council plans the county program. The local clubs include subjects studied in the county program. When extension clubs are organized it is necessary that they adopt a constitution and by-laws and they have the need and value of reports explained to them.

V. HISTORY:

Women's Organization

Women's extension clubs were first organized in 1933 under the direction of Eva Floy Smith who was Assistant County Agent. In 1923 Miss Lydia Warren was instrumental in organizing 11 women's extension clubs. In 1924 the number of clubs carrying an extension program had been increased to 15. In 1925 there were 15 clubs doing extension work while in 1926 there were 14 clubs. In 1928 there were 15 women's clubs organized. There were no additions in 1929 but in 1930 two new clubs were organized. They did not continue, however, thru the year. In 1931 these two clubs discontinued the work leaving 15 active clubs. In 1932 the South Side and Lincoln Clubs discontinued work leaving thirteen active clubs.
Status of Women's Extension Work in 11 years.
V. History (continued)

Co-workers Organization

The Larimer County Co-workers is an organization of rural women which meets once a month for the purpose of promoting extension work in Larimer County. This organization was formed in October 1923 under the direction of Eva Floy Smith who was Assistant County Extension Agent at that time. Interest in this organization has steadily increased.

Monthly attendance at Co-workers 1932
Chart showing average attendance of Co-workers over a period of ten years.
Leaders Training Meeting:

In 1939 three meetings were held for representatives of local clubs at which cake making, preparation of potatoes and ways to cook pinto beans were studied.

Planning Programs:

Before a County Organization was formed each individual club planned their own program. After 1933 when the County organization was functioning, an attempt was made to carry a unified program over the county. It was difficult, however, to put the plan in working order. In 1939-1940 the program for the County Co-workers was planned by a committee and submitted to the Co-workers for approval. The delegates at the County meeting in turn planned the local club meetings to include subjects studied in Co-workers.

VI. OBJECT:

The object of the organization project is to organize Home Makers Clubs for the purpose of learning and practicing better methods of home making — to maintain the organization of Co-workers — to plan leaders training meetings for the purpose of training local women, to plan the county program and the local club programs so that they correspond in subject matter.

VII. GOAL:

The goal for the organization project is to organize Home Makers clubs in all districts interested in carrying an extension program.

VIII. GOAL FOR 1939:

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. To organize 1 new club</td>
<td>1. One new club was organized Rocky Ridge</td>
</tr>
<tr>
<td>2. To have a unified County program</td>
<td>2. Had unified County program</td>
</tr>
<tr>
<td>3. To have each club hold 3 monthly meetings</td>
<td>3. Each club held monthly meeting.</td>
</tr>
<tr>
<td>4. To have delegates from local clubs attend the County meeting</td>
<td>4. 83% attendance from 13 clubs at 9 County meetings.</td>
</tr>
<tr>
<td>5. To hold 8 leaders training meetings</td>
<td>5. Six meetings held</td>
</tr>
</tbody>
</table>
6. To have 2 leaders from each club attend the leaders training meeting.

7. To elect a chairman of each leaders organization.

8. To hold two advisory council meetings - one in October and one in February.

IX. PROCEDURE:

Women's Club Organization

Spring Canyon Club
The Spring Canyon club sent representatives to some of the extension meetings but did not adopt an extension program.

Fidelis Club of Loysland
The Fidelis Club expressed a desire to become an extension club. The Home Demonstration Agent explained extension work but the club decided not to take up the work.

Rocky Ridge Club
June 31st the Home Demonstration Agent met with the Rocky Ridge Club to explain extension work. The club adopted an extension program and has been holding meetings regularly.

Advisory Council

The advisory council met March 31st to plan an extension program. On the same day Miss Ella Gardner conducted a meeting on recreation with 35 present.

The advisory council met October 8th to plan on achievement day and check reports. Twenty eight members were present representing eight clubs.
Dear Leader:

The Larimer County Council which is made up of the Presidents and Secretaries of all extension clubs will meet Wednesday, October 5th, at 3 o'clock in Ammons Hall. We will make plans for our Co-workers Achievement day and so I would like very much to have the clothing and foods leaders to be present also in order to plan their exhibits.

The Achievement day will be held at our regular Co-workers meeting, October 19th.

Each club will exhibit samples of the members' work for the year, such as soap, wool carded articles, re-modeled garments, dyed articles, dried fruit and vegetables and home made cheese. In addition to the general exhibit the leaders with the assistance of the club may make up an educational exhibit on one particular subject, such as the money saved in buying home milled flour in preference to package flour. This exhibit could be arranged on a card table with the cost on a package of flour and cost on a sack of home milled flour. Two cakes made from the different flours could also be exhibited with posters explaining the saving. The clothing leaders could work out an exhibit on points to consider in buying a dress. Display a dress with posters explaining the different points and connect to the dress with ribbons. You all will have better ideas than these but I am just suggesting these to give you some idea of what to work on.

We will have a program in the afternoon and the leaders will give their reports. I will explain to the leaders next Wednesday the 5th, what I mean by reports. These are in the secretaries' books so be sure the secretary brings her book to the meeting.

I am anxious to have our first Achievement day a successful one so be sure to come Wednesday the 5th and help plan it.

Truly yours,

Delphine Dawson,
Home Demonstration Agent.
The 1932 program booklets were printed by the B and H Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.
Programs

The 1933 program booklets were printed by the B and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 13 club programs and leaders training meetings.

LARIMER COUNTY CO-WORKERS

Ammons Hall

Third Wednesday of each month

Co-Workers colors: Olive Green and White

Motto: "By our knowledge others shall light their candles"

Emblem: Mountain Laurel

Officers

President.................Mrs. E. L. Pitcher, Timnath Club
Vice-President...........Mrs. John Peak, Gateway Club
Secretary..............Mrs. Claude Tinker, South Side Club
Home Demonstration Agent........Delphine Dawson
Post Office Building, Fort Collins, Colo.
Programs

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OUR CLUBS

Hark! to the murmur of voices
Coming from far and near.
"Tis the chatter of happy housewives
Whose homes have been filled with cheer,
Who have gotten away from the daily rub
By being congenial and joining a club.

They have learned to do so many things,
In a more economical way
They have saved so many pennies
For their "budgets" every day.
Their families are fed on better "grub"
Because of the lessons learned at the club.

How much they enjoy each meeting
When Delegates and leaders meet again
The things they have learned at Fort Collins
At beautiful Ammons Hall,
Where Miss Dawson greets each one with a smile
That helps us to think, Clubs are well worthwhile.

We have done Swedish weaving and Hardanger,
Pine Needle Baskets of these quite a few too.
Reed work and Head work.
Busy hands, how they flew.
We already knew, how to wash and scrub.
But the finer work, we learned in our Club.

No day is so cloudy, no weather too rough
But what there are always members enough
to make every meeting of interest to all.
Be they fat or thin, short, long or tall,
All are willing to help, there's never a rub
Or friction, between the ones in our Club.

The Clubs in our State, extend far and wide,
Each member is willing to toil side by side.
Their work may not always gain every prize
In this work, they have learned to economize.
Washday is forgotten with its rub-dub-dub,
When the day rolls round
And we go to the Club.

Let us hope when on earth
Each one's work is all done
And we pass over there
At setting of Sun
We'll all be together
Without "snips or snubs"
And still keep enjoying
The work in our Clubs.

Mrs. Kate Herman,
Gateway Extension Club.
The 1932 program booklets were printed by the B and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

CO-WORKERS PROGRAM 1932

January 29—Morning — Hardanger; Swedish Weaving
Afternoon — Care of the Skin
Making Home Made Soap
Hostesses — Terry Lake

February 17 — Annual Party for Husbands
Hostesses — Cache la Poudre, Estes Park

March 16 — Morning — Preparing Wool for Comforts and Blankets
Afternoon — Remodeling Contest
Hostesses — Wellington

April 20 — Morning — Exchange of Seeds and Bulbs
Afternoon — Gardening Lecture
Hostesses — Old St. Louis

May 18 — Morning — Making Paper Purse
Afternoon — Fashion Show
Hostesses — Lincoln, Loveland

June 15 — Morning — Etiquette
Afternoon — Canned Food Study
Hostesses — Gateway

July 20 — Meeting at Livermore at home of Lydia Warren Andrews
Hostesses — Virginia Dale, Livermore

August 17 — Nature Study
Posture and Health
Hostesses — Timnath

September 21 — Fairs — (No meeting)

October 19 — Morning — Hand Work
Afternoon — Party Menus, Table Decorations
Hostesses — South Side

November 18 — Christmas Gift Contest
Hostesses — Summit

December 16 — Christmas Program
Hostesses — Red Rock

LEADERS MEETINGS 1932

February 8 — Planning Wardrobe for Season
Clothing Accounts
Use of Cast-off Clothing
Reconditioning Clothing Thru Altering, Mending and Making Over

March 14 — Reconditioning Clothing Thru Cleaning and Pressing

April 11 — Selecting Ready-to-wear
Advantages of Semi-made Dress
"Dyeing" to Keep in Style

May 9 — Selection of Clothing for Men and Boys

June 13 — Canned Foods Buying

July 11 — Fresh Fruits and Vegetable Buying

October 10 — Buying Fancy Groceries — Flavoring Extracts, Cocosnaut, Olives, Pickles, Figs.

November 14 — Back to the Farm
Make Bread
Make Cheese
Make Butter
Put Down Eggs
Store Vegetables
Can
Programs

The 1932 program booklets were printed by the B and N Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

Cache La Poudre Extension Club

Officers

President: Mrs. Neva Morgenstern, Laporte
Vice-President: Mrs. Homer Lucas, Laporte
Secretary: Mrs. Freestone Farrell, Laporte

Leaders:
Food—Mrs. Albert Bittner, Laporte; Mrs. Roland Morgensen, Laporte
Clothing—Mrs. Blaine Coats, Laporte; Mrs. John Cordua, Laporte

Meeting—Last Thursday of each month

January 29—Subject: Book Review, Mrs. Rowi Herring
Roll Call: Entertaining on February Holidays
Hostess: Mrs. Albert Bittner, Laporte

February 25—Subject: Planning Wardrobe for Season
Clothing Accounts
Use of Cast-off Clothing
Reconditioning Clothing Thru Altering,
Mending and Making-over
Roll Call: Quotations and Stories of Washington and Lincoln
Hostess: Mrs. Charles Graves, Bellvue

March 31—Subject: Reconditioning Clothing Thru Cleaning and Pressing
Irish Songs
Roll Call: Irish Jokes
Hostess: Mrs. Cordua, Laporte

April 23—Subject: Selecting Ready-to-wear
Advantages of Semi-made Dress
“Dyeing” to Keep in Style
Roll Call: Birds and Habits
Hostess: Mrs. Rowi Herring, Laporte

May 26—Subject: Selection of Clothing for Men and Boys
Roll Call: House-cleaning Hints
Hostess: Mrs. Blaine Coats, Laporte

June 30—Subject: Canned Foods Buying
Roll Call: Wild Flowers
Hostess: Mrs. Seaworth, Laporte

July 28—Subject: Fresh Fruits and Vegetable Buying
Roll Call: Tame Flowers
Hostess: Mrs. Roy Campbell, Laporte

August 25—Subject: Book Report, Mrs. Ray Maxwell
Community Singing
Roll Call: Jokes
Hostess: Mrs. Sidney Drager, Laporte

September 29—Subject: Citizenship Program
Roll Call: Favorite Hobby
Hostess: Mrs. Holsey Roberts, Laporte

October 27—Subject: Buying Fancy Groceries—Flavoring
Coconut, Olives, Pickles, Figs
Roll Call: Health Hints
Hostess: Mrs. Ben Townsend, Laporte

November 17—Subject: Back to the Farm. Make Bread, Make Cheese, Make Butter, Pack Eggs, Store
Vegetables, Can
Roll Call: Christmas Suggestions
Hostess: Mrs. Duayne Canfield

December 15—Christmas Program
Hostess: Mrs. John Scott, Bellvue Star Route
Programs

The 1932 program booklets were printed by the B and K Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

ESTES PARK EXTENSION CLUB

President: Mrs. John Craig, Estes Park
Vice-President: Mrs. Lee Tallant, Estes Park
Secretary-Treasurer: Mrs. A. Fred Anderson, Estes Park, P.O. Box 122

Leaders:
- Foods—Mrs. King, Mrs. Watson
- Clothing—Mrs. Fulton, Mrs. Hall
- Meetings—Second and Fourth Tuesdays of each month

January 11—Quilt Block Exchange  All Day
January 25—Open
February 9—Quilting  All Day
February 23—Social Meeting
March 8—Lamp Shades  All Day
Water Coloring
April 12—Exchange of House-cleaning Hints and Favorite Recipes
April 26—Reconditioning Clothing Thru Cleaning and Pressing
May 10—Selecting Ready-to-wear Advantages of Semi-made Dresses
“Dyeing” to Keep in Style
May 24—Club Picnic
September 27—Open, Book and Magazine Review
October 11—Christmas Suggestions
October 25—Candy Making
November 8—Election of Officers
November 22—Exchange of Thanksgiving Menus and Recipes
December 13—Hot Dish Mats
December 27—No Meeting

GATEWAY EXTENSION CLUB

Officers
President: Mrs. Phay Roadoe, 243 Harrison, Loveland
Vice-President: Mrs. Albert Lawton, 203 Grant, Loveland
Secretary: Mrs. G. G. Burr, 509 W. 1st St., Loveland
Treasurer: Mrs. Nell Ormsbee, 485 W. 2nd St., Loveland

Food and Clothing Leaders: Mrs. John Peak, Mrs. Fred Nowells, Mrs. Nell Ormsbee

Meetings held on the 2nd and 4th Thursday of each month

January 14—Open for Suggestions of Year
Hostesses: Mesdames Lyle Peak and Nell Peak. 423 Garfield Avenue
January 28—Nordic and Swedish Weaving
Hostesses: Mesdames Rumley and Roadoe. 243 Harrison Avenue
February 11—Valentine Exchange and Cardboard Weaving
Hostesses: Mesdames Nell Davis and John Peak. 793 Harrison Avenue
February 25—Parliamentary Law
Hostesses: Mesdames Burr and Ormsbee, 509 West 1st Street
March 10—Ebony Art
Hostesses: Mesdames Laura Bassett and Alta Bassett. 143 West 2nd Street
March 24—Preparing Wool for Comforts and Blankets
Hostesses: Mesdames Nowells and Pickering. 740 Lincoln Avenue
April 14—Remodeling and Dyeing
Hostesses: Mesdames Lewis Thompson and H. Thompson, 540 East 6th Street
April 28—Exchange of May Baskets, Rock Garden and Exchange of Bulbs
Hostesses: Mesdames Townsend and Pettigrew
May 12—Bead Mats
Hostesses: Mesdames Herman and Shannon
May 26—Paper Purse and Fashion Show
Hostesses: Mesdames DeGroat and H. Thompson, 608 E. 7th Street
Program

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Included in the program booklet were 12 club programs and leaders training meetings.

June 9—Discussion for Entertaining at Fort Collins
    Hostesses: Mesdames Ben Berner and O. Berner, 845 East 4th Street

June 23—Canned Foods
    Hostesses: Mesdames Miller and Chelburg, 1339 Arthur Avenue

July 14—Buying Fresh Foods and Vegetables
    Hostesses: Mesdames Lawton and Wilson, 626 2nd Street

July 28—Clay Pottery
    Hostesses: Mesdames Ben Berner and Otto Berner, 848 Harrison Avenue

August 11—Picnic: Nature Study, West Side Park
    Hostesses: Mesdames Smith and Smith

August 25—Hike to DeGroat’s Cabin
    Hostesses: Everyone

September 8—Care and Grooming of Skin
    Hostesses: Mesdames Burr and Ormsbee, 488 2nd Street

September 22—Cake Demonstration—Ice Cream by the Club
    Hostesses: Mesdames Roades and Rumley, 141 6th Street

October 13—Buying Fancy Groceries
    Hostesses: Mesdames Davis and Nell Peak, 647 Harrison Avenue

October 27—Etiquette and Party Suggestions
    Hostesses: Mesdames Garrison and Overturf

November 3—Christmas Suggestions
    Hostesses: Mesdames Lawson and Wilson

November 17—Christmas Gift Contest and Thanksgiving Party
    Hostesses: Mesdames Herman and Shannon

December 8—Candy Demonstration, Miss Dawson
    Hostesses: Mesdames Nowells and Pickering, 740 Lincoln Avenue

December 22—Christmas Party
    Hostesses: Mesdames DeGroat and Thompson, 543 E. 6th Street

Highland Club

Officers

President: Mrs. Joy Stouffer, Livermore
Vice-President: Mrs. Ola Nelson, Livermore
Secretary: Mrs. Olive Tibbets, Livermore
Treasurer: Mrs. John McNey, Livermore
Leaders: Foods—Mrs. Geo. Weaver, Log Cabin
         Clothing—Mrs. B. H. Bush, Livermore

Meetings: First Saturday of each month
Each member is assigned a topic for roll call

January Hostess: Mrs. John McNey
February: Subject: Fancy Work
          Mrs. Putney, Mrs. Swan
          Report on Co-Workers

Hostess: Mrs. Wolf

March 5—Subject: Reconditioning Clothing Thru Altering and Making Over, Clothing Leaders

Hostess:

April 2—Benefit Party for the Club
Hostess: Mrs. Van Sickie

May 7—Subject: Cleaning and Pressing, Mrs. Clammer
Leaders: Report on Alterations
Hostess: Mrs. S. McNey

June 4—Subject: Report on Fashion Show and Paper
          Purves—Semi-made Dresses, Mrs. Swan
          Hostess: Mrs. Bush

July 2—Subject: Etiquette, Mrs. Nelson
          Report on Co-Workers

Hostess: Mrs. Swan

August 6—Subject: Nature Study, Mrs. Weaver
          Report on Leaders Meeting
          Hostess: Mrs. Sid Tibbets

September 3—Subject: Posture and Health, Mrs. Wolf
Hostess: Mrs. Peterson

October 1—Subject: Handwork, Mrs. Boyle
Hostess: Mrs. Nelson

November 5—Subject: Party Menus—Table Decorations
          Kathryn McNey and Mrs. Joy Ellene Benson

Elect of Officers
Hostess: Mrs. Geo. Weaver

December 3—Subject: Christmas Gift Suggestions, Mrs. S. McNey
Hostess: Mrs. Stouffer
Program

The 1932 program booklets were printed by the E and E Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

LOVELAND EXTENSION CLUB

Officers

President—Minnie Myers, 428 Lincoln, Loveland
Vice-President—Mrs. Alice Burns, Mas. Rt., Loveland
Secretary-Treasurer—Mrs. Ruby Grimes, Rt. 3, Loveland

Leaders:

Foods—Mrs. Ruby Grimes, Mrs. Edna Jones
Clothing—Mrs. Ida Drorbaugh, Mrs. Rozetta Sealock

Meetings held on the fourth Wednesday of each month at 10 o'clock

January 27—Subject: Reed Work and Pine Needle Work by Mrs. Grimes and Mrs. Miner
Talk on Parliamentary Law by Mrs. Sealock
Hostesses: Mrs. Jessie Wilson, Mrs. Minnie Myers, Mrs. Cora Wilson

February 24—Subject: Use of Cast-off Clothing
Reconditioning Clothing Thru Altering, Mending and Pressing, by Clothing Leaders
Hostesses: Mrs. Florence Weidmann, Mrs. Alice Burns, Mrs. Edna Hendreschke

March 23—Subject: Reconditioning Clothing Thru Cleaning and Pressing by Clothing Leaders
Hostesses: Mrs. Lillias Hallbrick, Mrs. Estella Hanks, Mrs. Effie Hagler

April 27—Subject: Ready-made Clothing and the Advantages of Semi-made Clothing, by Clothing Leaders
Machine Attachments, by Mrs. Sealock
Hostesses: Mrs. Ida Drorbaugh, Mrs. Lulu DuBois, Mrs. Blanche Heckart

May 25—Subject: Men's and Boys' Clothing, by Clothing Leaders
Art, by Mrs. George Cope
Hostesses: Mrs. Ella McKinley, Mrs. Eva Pruitt, Mrs. Jessie Keller

June 30—Subject: Canned Foods, by Foods Leaders
Garden Hints, by Mrs. Hallbrick
Hostesses: Mrs. Elizabeth Spotts, Mrs. Georgia McComb, Mrs. Ella Hagler

July—No meeting

August—No Meeting

September 28—Subject: Fresh Fruit and Vegetables, by Foods Leaders
Hostesses: Mrs. Mary Shaffer, Mrs. Etta Crawford, Mrs. Maude Sauer

October 26—Subject: Buying Fancy Groceries, by Foods Leaders
Hostesses: Mrs. Creta Miner, Mrs. Martha Ramsey, Mrs. LaVerne Pomrenka

November 30—Subject: Back to the Farm, by Foods Leaders
Christmas Suggestions by All
Hostesses: Mrs. Ruby Grimes, Mrs. Blanche Crow, Mrs. Edna Jones

December 23—Christmas Party, Christmas Tree, Gift Exchange
Hostesses: Mrs. Ida Castor, Mrs. Rozetta Sealock, Mrs. Lucia Littrell
The 1932 program booklets were printed by the B and N Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

OLD ST. LOUIS CLUB

Officers

President: Mrs. Cora Cope, Grant Ave., Loveland
Vice-President: Mrs. Emma Kuns, 468 W. 5th, Loveland
Secretary: Mrs. Clara Sherman, 207 Harrison, Loveland
Treasurer: Mrs. Blanche Wimmer, 717 E. 8th, Loveland

Leaders:
Foods—Mrs. Hilton, Miss Sherman
Clothing—Mrs. Pulliam, Miss Slaughter

Meetings: Third Friday of each month

January 15—Subject: Quilts and Quilting
Hostesses: Mrs. Clara Sherman, Miss Sophia Sherman, Mrs. Della Winchester

February 19—Subject: Hardanger and Swedish Weaving
Miss Slaughter
Planning the Wardrobe
Hostesses: Mrs. Nellie Rollin, Mrs. Gladys Baker, Mrs. Maud Wells

March 18—Subject: Housecleaning Suggestions, Mrs. Irwin and Mrs. Wimmer
Reconditioning Clothing thru Altering,
Mending and Making Over
Hostesses: Mrs. Grace McGeorge, Mrs. Kate Moon, Mrs. Grace Anderson

April 15—Subject: Better Homes and Gardens
Exchange of Seeds and Bulbs
Selecting Ready-to-wear, Advantages of Semi-steady Dresses
Hostesses: Miss Mollie Slaughter, Mrs. Lydia Monroe, Mrs. Margaret Renshaw

May 20—Subject: Reed Work
Selection of Clothing for Men and Boys
Hostesses: Mrs. Louie Pulliam, Mrs. Richardson, Mrs. Edna Kunsman

June 17—Subject: Art Work, by Grace McGeorge and Ada Fletcher
Canned Foods Buying
Hostesses: Mrs. Anna Sutton, Mrs. Margaret Hayes, Mrs. Ollie Wynn

July 15—Subject: Canning
Buying Fresh Fruits and Vegetables
Hostesses: Mrs. Cora Cope, Mrs. Maude Truesdell, Mrs. Edith Williamson

August 19—Subject: Posture and Health
Roll Call: Pickles and Recipes
Hostesses: Mrs. Louise Irwin, Mrs. Fern Colwell

September 16—Subject: Nature Study
Picnic in Mountains
Hostesses: Mrs. Emma Kuns, Miss Mable Elben, Mrs. Emma Lyons

October 21—Subject: Christmas Suggestions and Crepe Paper Demonstration by Mrs. Cope
Buying Fancy Groceries
Hostesses: Mrs. Elizabeth Johnson, Mrs. Minnie Johnson, Mrs. Delilah Beery

November 18—Subject: Election of Officers
Back to the Farm
Hostesses: Mrs. Blanche Wimmer, Mrs. Geneva Hodges, Mrs. Nellie Jenkins

December 16—Subject: Christmas Party
Hostesses: Mrs. Anna Minks, Mrs. Mary Hilton, Mrs. Jessie Luncke
Programs

The 1932 program booklets were printed by the B and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

RED ROCK HOME MAKERS' CLUB

Officers
President.......................Mrs. Quincy Williamson, Berthoud
Secretary.........................Mrs. W. C. Gillet, Berthoud

Leaders:
Foods—Mrs. W. C. Gillet, Mrs. Wm. Huppe
Clothing—Mrs. Oliver Lee, Mrs. Harvey Lee

Meetings, second and fourth Thursday of each month
January 1—Community Day at the School House
January 14—Subject:
Hostess: Mrs. Julius Carlson
January 28—Subject:
Hostess: Mrs. Louis Meining

February 11—Subject: Use of Cast-off Clothing
Reconditioning Clothing Thru Altering and
Making Over
Hostess: Mrs. W. C. Gillet

February 25—Subject: Husbands Invited
Hostess: Mrs. Arthur Griffee

March 11—Subject:
Hostess: Mrs. William Huppe
March 25—Subject: Reconditioning Clothing Thru Cleaning
and Pressing
Hostess: Mrs. D. J. Lucas

April 14—Subject: Gardening, Seeds and Bulb Exchange
Hostess: Mrs. Loren Beeler

April 28—Subject: Selecting Ready-to-wear
Advantages of Semi-made Dress
"Dyeing" to Keep in Style
Hostess: Mrs. Lou Hertha

May 12—Subject: Selection of Clothing for Men and Boys
Hostess: Mrs. Ernest Kesler

May 26—Subject:
Hostess: Mrs. Oliver Lee

June 9—Subject:
Hostess: Mrs. Harvey Lee
June 23—Subject: Canned Foods Buying
Hostess: Mrs. Waldo McNell

July 4—Community Picnic

July 14—Subject: Health Talk by Dr. Hardesty
Hostess: Mrs. C. R. Graves

July 28—Subject: Buying Fresh Fruits and Vegetables
Hostess: Mrs. James Dewitt

August 12—Subject:
Hostess: Mrs. Robert Mundt

August 25—Subject:
Hostess: Mrs. Harry Reisbeck

September 8—Subject: Christmas Planning
Hostess: Mrs. August Solomonson

September 22—Subject:
Hostess: Mrs. Walter Strand

October 13—Subject: Buying Fancy Groceries
Hostess: Mrs. Sherman Washam

October 27—Subject:
Hostess: Mrs. Williamson

November 3—Election of Officers and Year Book Program
Hostess: Mrs. Henry Harris

November 17—Subject: Back to the Farm
Hostess: Mrs. Albert Beeler

December 1—Subject: Christmas Suggestions
Hostess: Mrs. Carl Beeler

December 15—Christmas Tree
Hostess: Mrs. Warner Hall

Subjects proposed for open meetings as desired:
Helping the Hostess with Tedious Work
Mission or Charity Work
Shadow Quilting
Marbling Decorative Objects
Educational: Art, Science, Biography
Paper Purses
Programs

The 1933 program booklets were printed by the B and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 13 club programs and leaders training meetings.

SUMMIT EXTENSION CLUB

Officers
President: Mrs. Clint Murphy, Berthoud
Vice-President: Mrs. Ralph Foster, Rt. 3, Loveland
Secretary-Treasurer: Mrs. Ernest Kesler, Rt. 3, Loveland

Leaders:
Foods—Mrs. Clint Murphy, Mrs. Ernest Kesler
Clothing: Mrs. Joy Proctor, Mrs. Gay Bransom

January 15—Subject: Hardanger
Hostess: Mrs. Herbert Smith
All Day

February 5—Subject: Care of the Skin
Hostess: Mrs. A. V. Adcock
All Day

February 19—Subject: Clothing, in Charge of Clothing Leaders
Hostess: Mrs. Winfield Ballard
All Day

March 4—Subject: Remodel
Hostess: Mrs. Henry Bauer
Half Day

March 18—Subject: Preparing Wool for Comforts
Hostess: Mrs. Ross Buckle
All Day

April 8—Subject: Social Time and Program
Hostess: Mrs. Gay Bransom
Half Day

April 22—Subject: Exchange of Bulbs
Hostess: Mrs. Leonard Drage
Half Day

May 6—Subject: Social Time and Program
Hostess: Mrs. Vivian Drage
Half Day

May 20—Subject: Report on Clothing Meetings
Hostess: Mrs. Ralph Foster
Half Day

June 3—Subject: Spring and Summer Fashions
Hostess: Mrs. Harry Green
Half Day

June 17—Subject: Etiquette and Report of Foods Leaders
Hostess: Mrs. Charles Hayes
Half Day

July 1—Subject: Musical Program
Hostess: Mrs. A. D. Hankins
Half Day

July 15—Subject: Fresh Fruits and Vegetables, in Charge of Foods Leaders
Hostess: Mrs. Otto Heinrich
Half Day

August 19—Subject: Health Meeting
Hostess: Mrs. S. H. Hull
Half Day

September 16—Subject: Cold Lunces and Sandwiches
Hostess: Mrs. S. M. James
All Day

October 21—Subject: Report of Food Leaders and Plans for Hallowe'en Party and Party Menus
Hostess: Mrs. Ernest Kesler
All Day

November 4—Subject: Buying Fancy Groceries by Foods Leaders
Hostess: Mrs. Will Kesler
All Day

November 18—Subject: Back to the Farm, in Charge of Foods Leaders
Hostess: Mrs. Clint Murphy
All Day

December 2—Subject: Christmas Gift Display and Plans for Annual Christmas Party
Hostess: Mrs. U. S. Porter
All Day

December 16—Annual Christmas Party
TERRY LAKE CLUB

Officers
President: Mrs. Hattie Cakebread
Vice-President: Mrs. D. M. Carley
Secretary-Treasurer: Miss Ruth Setzler
Reporter: Mrs. Leonard Smith

Leaders:
Foods—Mrs. W. E. Schlect, Mrs. E. F. Dingman
Clothing—Mrs. D. M. Carley, Mrs. Spiker

Meetings held on the third Monday of every month

January 18—Subject: School Lunches
Cream Cheese
Hostess: Mrs. Dingman

February 15—Subject: Use of Cast-off Clothing
Reconditioning Clothing Thru Altering,
Mending and Making Over
Hostess: Mrs. Schlect

March 21—Subject: Reconditioning Clothing Thru Cleaning
and Pressing
Hostess: Mrs. Smith

April 18—Subject: Selecting Ready-to-wear
Advantages of Semi-made Dress
"Dyeing" to Keep in Style
Hostess: Mrs. Wicman

May 22—Subject: Selection of Clothing for Men and Boys
Hostess: Mrs. Setzler

June 20—Subject: Canned Food Buying
Hostess: Mrs. Dixon

July 18—Subject: Buying Fresh Fruits and Vegetables
Hostess: Mrs. Keeler

August 22—Subject: Care of the Sick
Hostess: Mrs. Burke

September 17—Subject: Open Meeting
Hostess: Mrs. Harvey

October 17—Subject: Buying Fancy Groceries
Hostess: Mrs. Carley

November 21—Subject: Back to the Farm
Hostess: Mrs. Spiker

December 19—Subject: Fruit Cakes and Fancy Cookies
Hostess: Mrs. Cakebread, Miss Duncan

TIMNATH HOME AND GARDEN CLUB

Officers
President: Mrs. Walter A. Scott, Rt. 4, Fort Collins
Vice-President: Mrs. J. H. Smiley, Timnath
Secretary: Mrs. E. A. Russell, Timnath
Delegate: Mrs. E. L. Pitcher, Rt. 4, Fort Collins

Leaders:
Foods—Mrs. Howard Sykes, Rt. 2, Fort Collins; Mrs.
G. G. Stewart, Rt. 2, Fort Collins
Clothing—Mrs. C. O. Fisher, Rt. 1, Windsor; Mrs.
Pamela Peasley, Rt. 4, Fort Collins

Meetings, First Thursday of each month

January 7—Subject: Our Favorite Hobby
Hostess: Mrs. William Jarvis

February 4—Subject:
Hostess: Mrs. Alex Baker

March 4—Subject: Clothing—Use of Cast-off Clothing
Reconditioning Clothing Thru Making Over
and Altering, by Leaders
Hostess: Mrs. E. A. Russell

April 7—Subject: Clothing, Leaders
Reconditioning Clothing Thru Cleaning
and Pressing
Exchange of Seeds, Roots, Bulbs and Shrubs
Hostess: Mrs. Gilbert Akin

May 5—Subject: Identification of Pine Trees, Mr. Wm. R.
Kreutzer, Supervisor of Colorado National Forest
Hostess: Mrs. C. O. Fisher

June 2—Subject: Selecting Ready-to-wear
Advantages of Semi-made Dresses
"Dyeing" to Keep in Style
Hostess: Mrs. W. A. Scott
All Day Meeting
Programs

The 1932 program booklets were printed by the B and H Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

VIRGINIA DALE EXTENSION CLUB

Officers
President----------------Mrs. Scott Edmonds, Virginia Dale
Vice-President------------Mrs. Edgar Hilton, Livermore
Secretary-Treasurer--------Mrs. John Mason, Mascaville
Press Agent---------------Mrs. Fred Maxwell

Leaders:
Foods—
Clothing—Mrs. Alfred Von Vihl, Livermore; Mrs. Ira Day, Livermore

January 9—Subject: Meats, Mrs. Logan
Entertainment, Mrs. Hilton
Hostess: Mrs. Edwards

February 13—Subject: Care of Skin, Mrs. Edmonds
Swedish Weaving, Mrs. Mason
Entertainment, Mrs. Bishopp
Hostess: Mrs. Hilton

March 12—Subject: Reconditioning Clothing Thru Pressing, Cleaning, Altering, Mending and Making Over
Mrs. Day and Mrs. Von Vihl
Entertainment: Mrs. Dunn
Hostess: Mrs. Edmonds

April 9—Subject: Preparing Wool for Comforts
Fashion Show, Club
Entertainment, Evelyn Von Vihl
Hostess: Mrs. Day
Club Anniversary Day

May 14—Subject: Exchange of Bulbs and Seeds
Gardening Lecture, Mrs. Wagner
Entertainment, Mrs. Pearson
Hostess: Mrs. Lilley

June 11—Subject: Making Paper Purses and Baskets
Bess Logan
Entertainment, Naomi Darras
Hostess: Mrs. George Logan
The 1932 program booklets were printed by the B and W Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leader training meetings.

July 9—Subject: Etiquette, Mrs. Bishopp
Entertainment, Ethel Logan
Hostess: Mrs. Will Logan

August 13—Subject: Nature Study, Mrs. Hilton
Entertainment, Parquerette Darras
Hostess: Mrs. Mason

September 10—Subject: Dyeing, Mrs. Von Vihl
Advantages of Semi-made Dresses
Mrs. Edwards
Entertainment, Mrs. Royce Boyd
Hostess: Mrs. Maxwell

October 8—Subject: Travelers Guide, Mrs. Lilley
Entertainment, Mrs. Oscar Boyd
Hostess: Mrs. Pearson

November 12—Subject: Handwork, Club
Party Menus, Table Decorations, Mrs. Darras
Entertainment, Mrs. Maxwell
Hostess: Mrs. Russell

December 10—Community Dinner
Election of Officers

WELLINGTON EXTENSION CLUB

Officers
President-------------------Mrs. H. Morgan, Wellington
Vice-President--------------Mrs. C. O'Laughlin, Wellington
Secretary-Treasurer---------Mrs. W. Wood, Jr., Wellington
Representatives----------------Mrs. R. Taylor, Wellington; Mrs. R. L. Johnson

Leaders:
Foods—Mrs. R. Taylor, Mrs. R. L. Johnson
Clothing: Mrs. C. O'Laughlin, Mrs. E. Meyer

Meetings—Every fourth Wednesday of each month

January 27—Subjects: Hardanger and Swedish Weaving
Care of the Skin
Hostesses: Mrs. E. S. Thomas, Mrs. Ed. Meyer

February 24—Subjects: Planning the Wardrobe
Reconditioning Clothing
Garden Planning
Hostess: Mrs. G. Thimmig
Mrs. R. Moore

March 23—Subject: Cleaning and Pressing Clothing
Food Demonstration
Hostesses: Mrs. R. Taylor, Mrs. H. Morgan

April 27—Subject: Exchange of Seeds and Bulbs
Selecting Ready-to-wear
"Dyeing" to Keep in Style
Hostesses: Mrs. E. Hay, Mrs. M. Cowgill

May 25—Subject: Making Paper Purses
Selection of Clothing for Men and Boys
Hostesses: Mrs. C. O'Laughlin, Mrs. C. Q. Wilson

June 22—Subjects: Etiquette
Canned Foods Study
Hostesses: Mrs. C. Renner, Mrs. J. Gruver, Mrs. R. L. Johnson
Program

The 1933 program booklets were printed by the B and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 12 club programs and leaders training meetings.

July 27—Picnic

August 24—Subject: Fresh Fruits and Vegetable Buying
              Salad Demonstration
              Hostesses: Mrs. L. Demmel, Mrs. Robertson

September 28—Subjects: Posture and Health
              Talk on Pioneer Life, Food, Clothing, etc.
              Hostesses: Mrs. P. Alcorn, Mrs. J. Eddings

October 26—Subjects: Handwork
              Party Menus and Table Decorations
              Buying Fancy Groceries
              All Day Meeting—Covered Dish Lunch

November 30—Subject: Back to the Farm Program
              Making Bread, Cheese and Butter
              Storing Eggs and Vegetables
              Canning
              Hostesses: Mrs. Hatfield, Mrs. F. Miller

December 21—Subject: Christmas Party
              Election of Officers
              Hostesses: Mrs. W. Wood, Jr., Mrs. C. Naylor

NOTES
Programs

The 1933 program booklets were printed by the E and M Printing Company and sold to the club members for ten cents a piece. The Home Demonstration Agent made up the deficit from expense funds.

Included in the program booklet were 18 club programs and leaders training meetings.

NOTES
Larimer County Co-Workers Map Out Programs for Year 1932 and Valuable Features Are Included

Larimer County Co-Workers have planned an interesting year for 1932 under the leadership of their president, Mrs. E. L. Pitcher of Fort Collins, and home demonstration agent, Miss Delphine Dawson.

The first meeting will be held Jan. 20. During the morning, the women will spend their time at Hardanger embroidery and Swedish weaving. In the afternoon they will study care of the skin. The Terry Lake Extension club women will be hostesses for the day.

On Feb. 17, they will have their annual party for their husbands and the women of the Cache as Poudre and the Estes Park clubs will be hostesses. During the morning of March 16, they will prepare wool for comforters and blankets and in the afternoon they will have a remodeling contest. The Wellington women will be in charge.

An exchange of seeds and bulbs has been arranged for the fourth meeting of the year which will be held April 20. The women will also hear a gardening lecture, arranged by the Virginia Dale and Highland clubs. Making paper purses and a fashion show will comprise both the morning and afternoon program for May 15 when the Lincoln and Loveland Extension club groups will be in charge. The meeting on June 20 will be a nature study lesson at Timnath.

A picnic at which emphasis on posture and health will be placed has been scheduled for Aug. 17 under the auspices of the Old St. Louis club. The week of Sept. 21 is fair week in the county and no meeting has been planned for that week. South Side club women will be hostesses for the Oct. 19 session when the women will study hand work in the morning and party menus and table decorations in the afternoon.

The annual Christmas gift contest will be held on Nov. 19 with the Summit Extension club women serving as hostesses. The concluding meeting be Dec. 16 with the Red Rock women planning their Christmas program.

Eight leaders meetings have also been scheduled for the year. The first will be on Feb. 8 when the leaders will plan wardrobes for the season, discuss clothing accounts, the use of cast-off clothing and methods of reconditioning clothing.

thru altering, mending and making over.
Reconditioning clothing thru cleaning and pressing will be the study topic for March 14. Selecting ready-to-wear, the advantages of the semi-made dress and dyeing to keep in style are the subjects for the session April 9.

On May 9, the women will discuss the selection of men's and boys' clothing. June 15, they will study canned foods buying. The buying of fresh fruits and vegetables will be the topic for the July 11 meeting.

Buying fancy groceries such as flavoring extracts, coconut, olives, pickles and figs will be discussed on Oct. 10 and on Nov. 14, they will observe back to the farm day by studying methods of making cheese, bread and butter, putting down eggs, storing vegetables and canning.
4-H CLUB WORK

I. NAME OF PROJECT: ORGANIZATION
   SUB-PROJECT: GIRLS' CLUB WORK
   PHASE: SELECTION OF LEADERS AND ORGANIZATION OF CLUBS.

II. LOCATION: LARIMER COUNTY

III. DATE EFFECTIVE: February 1, 1933

IV. ECONOMIC BACKGROUND:

4-H Clubs play a part in the life of rural boys and girls that can not be replaced by any other organization. Club work offers an opportunity for the rural boys and girls to receive instruction in farming and home making under the direct supervision of trained workers who received aid and assistance from the State Agricultural College.

In order to carry out an efficient club program it is necessary that club work be organized in the rural communities, among boys and girls who are interested in farm and home projects. Local leaders are important to the success and well being of 4-H clubs.

When 4-H Club work operates efficiently in a community the entire community feels the beneficial effects of the organization. Mothers listen to their sons give reasons for scientific feeding of purebred livestock. Mothers listen to their daughters talk of balancing diets, short cuts in sewing, clothing budgets and refinishing furniture. As a result adults are taught extension methods thru the activities of the 4-H Clubs.

V. HISTORY:

4-H Club work began in Larimer County in 1919 under the direction of W. S. Hill. Mr. Hill was in charge of both boys and girls club work and as a result of his efforts club work was carried on in a very well organized method. The success of Mr. Hill's work was due to a large extent on the fine type of local leaders he secured. In 1922 under the supervision of Eva Floy Smith, 34 girls were enrolled in 4-H Club work. Club work gradually grew until in 1925
under the supervision of Miss Lydia Warren 312 girls were enrolled in club work.

In 1936 the enrollment dropped to 164 and in 1937 83 were enrolled. Club work gradually increased in 1938 to 118, in 1939 there were 135 enrolled, in 1930 there were 189 and in 1931 - 228 while in 1932 there were 288 enrolled.

VI. OBJECT:

The object of 4-H Club work is to teach rural boys and girls thru 4-H clubs lead by local leaders better methods of home making and farming, health, sportsmanship and cooperation in work.

VII. GOAL:

The goal of 4-H Club work is to improve the farming and home making methods employed by boys and girls.

VIII. GOAL FOR 1932:

1. To enroll 230 girls in club work.
2. To have 75% completions for 1932.

IX. PROCEDURE:

4-H Club enrollment began in December 1931 with the enrollment of Mrs. Moise West's Club in Big Thompson. Enrollment cards began to come in in February. In March 29 girls were enrolled in club work. The Home Demonstration Agent visited 9 schools in April and met with clubs to assist with their organization in May and June.

Thirty five leaders were secured to lead girls in 4-H Club work. There were 15 foods clubs with an enrollment of 123 and 30 clothing clubs with an enrollment of 165 organized. There was a 65% completion this year.

The first leaders meeting was held on May the 13th with 8 leaders in attendance. Miss Nora Hott and the Home Demonstration Agent conducted the training school. The leaders made samples of a napery hem and bound pockets. Miss Hott gave the subject matter.

The second leaders meeting was held June 23rd in Fort Collins with 8 leaders attending. Sample stitches
were made for 3rd, 4th and 5th years work.

X. CALENDAR: for 1932:

<table>
<thead>
<tr>
<th>When</th>
<th>What</th>
<th>Who</th>
<th>Completed</th>
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<tr>
<td>March</td>
<td>Visit former club leaders</td>
<td>H. D. A.</td>
<td>March</td>
</tr>
<tr>
<td>April</td>
<td>Visit schools enroll members</td>
<td>H. D. A.</td>
<td>April</td>
</tr>
<tr>
<td>May</td>
<td>Organize clubs - plan programs</td>
<td>H. D. A. &amp;</td>
<td>May</td>
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<tr>
<td>June</td>
<td>Visit clubs</td>
<td>H. D. A.</td>
<td>June</td>
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<td>July</td>
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<td>H. D. A.</td>
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<tr>
<td>Sept.</td>
<td>Junior Fair</td>
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<tr>
<td>Nov.</td>
<td>Make reports</td>
<td>H. D. A.</td>
<td>Nov.</td>
</tr>
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</table>
Enrollment and completion chart for 4-H Club girls in Larimer County.

- **Number of girls enrolled**
- **Number of girls completing**
I. NAME OF PROJECT: "ORGANIZATION

SUB-PROJECT: "SUBJECT MATTER: INSTRUCTION

PHASE: "LEADERS' MEETING

II. LOCATION: "LARIMER COUNTY

III. DATE EFFECTIVE: "February 1, 1932

IV. ECONOMIC BACKGROUND:

4-H Club work is a definite study of some Agricultural or Home Economics subject under the supervision of leaders. If the work is to be taught correctly the leaders in turn must obtain instruction.

V. HISTORY:

No 4-H Club leaders meeting had been held in Larimer County.

VI. OBJECT:

The object of a leaders meeting is to instruct clothing club leaders in the correct method of making 4-H club garments, keeping records, making reports and meeting the requirements of 4-H Clubs.

VII. GOAL:

To hold leaders meetings for 4-H Clothing leaders.

VIII. GOAL FOR 1932:

1. To hold 4 leaders meetings during the year.
2. To have 75% of leaders attend

IX. PROCEDURE:

After 18 clothing club leaders were secured a meeting was planned for May.

Miss Norra Hott the Clothing Specialist and the Home Demonstration Agent met with eight clothing club leaders May 12 in the Community Center in Fort Collins. The leaders made samples of a napery hem and bound pockets under the direction of Miss Hott. The Home Demonstration Agent reviewed the requirements for club work and the necessary reports.

Eight clothing club leaders met again June 23rd
in the community center to study Club work. Sample stitches were made and questions were answered. The Achievement day, demonstrations, priceless fair, true-false tests and health examinations were discussed.

Home Agent's Column

(By Delphine Dawson)

4-H Clothing Leaders Meeting

The 4-H Club Clothing leaders of Larimer county are Mrs. Lee Wilkes of Bellvue; Mrs. Edna West, Loveland; Mrs. G. G. Stewart of Boxelder; Mrs. Mada Van, No. 10; Mrs. J. T. Wood of No. 10; Miss Louise Barkley, District 5; Mrs. J. E. Amen of Harmony; Mrs. R. C. Hale, Lakeview; Mrs. E. Smith, Masonville; Miss Esther Elliott, LaPorte; Miss Emily Upchurch, Berthoud; Mrs. C. J. Wagner, Virginia Dale; Mrs. J. A. Straight, Rocky Ridge; Miss Alice Olin, Spring Canyon; Mrs. Thomas McPherson of Berthoud; Mrs. A. Erickson, Twin Mounds; Mrs. J. W. Autrey of Wavely; Mrs. W. C. Blanchard of Wellington.

These leaders will meet June 23rd at 10 o'clock in the Community Center at 630 South College Avenue, Ft. Collins.

All leaders should bring their record books, program outlines, some material for samples, sewing equipment and pencils.

The day will be spent making samples of 4-H Clothing work, going over record books and answering questions pertaining to 4-H Club work.

All leaders should bring a covered dish, sandwiches and dessert for lunch.

Canning Demonstration—

"Can All You Can"

Eight women's extension clubs of Larimer county will conduct demonstrations on canning non-acid vegetables and acid fruits during the month of June.

We are going at this canning business as if it were a matter of life and death. In some instances it actually is. In many others, having plenty of canned foods on hand makes all the difference between an abundant table and a skimpy one, between a well-balanced and health giving diet, and one that is alarmingly deficient.

The pressure cooker is the only safe way of putting up non-acid vegetables, meats and fish.

Canning in tin is another modern method which was demonstrated at the women's extension club meetings. Certain of its advantages are obvious, such as the fact that tin will not break and that, since the cans are sealed, juices cannot be drawn out. But there is another important advantage with tin. Immediately after the processing period is up, the cans may be plunged into cold water which not only prevents over cooking, but the shock of the change from extreme heat to cold tends further to destroy bacteria.
Dear 4-H Club Leader:

The 4-H Clothing Leaders meeting will be held in the Community Center, 630 South College, Fort Collins at 10 o'clock, Thursday, May 12th. Please bring your scissors, thread, needles, pins, thimble, tape line and Indian head or some material for samples.

Please bring your 4-H Club bulletins and a pencil. Bring your lunch also.

The meeting will not last all afternoon and many of you may have as soon as we have finished samples of the years work which you are to lead.

 Truly yours,
 Delphine Dawson,
 Home Demonstration Agent.
I. PROJECT: ORGANIZATION

Sub-Project: 4-H Club Work

Phase: - County 4-H Club Organization.

An election of County 4-H Club officers was held April 16th in the County Court house in Fort Collins. One hundred and five 4-H Club members were present. Elmer Spence was elected president, Floyd Hale, Vice President, Earl Brown Loveland Reporter and Ada Brenina Fort Collins Reporter.

Mr. Glen Kinghorn spoke to the group on the "Purpose of 4-H Club work. 4-H Club members were enrolled."
IX. PROJECT: HORTICULTURE

SUB-PROJECT V: Home Beautification

PHASE 4: Ornamental Planting

Eighty five women came to Armona Hall April 20th for a seed and bulb exchange.

The Home Demonstration Agent met with the Fort Collins Garden Club at their regular evening meeting to invite them to join in the Co-workers bulb exchange. The Garden Club planned on holding their exchange on the same day the Coworkers held theirs, but not at the same place.

There were many plants, seeds, bulbs and shoots exchanged at this meeting.

Mrs. Glen Kinghorn spoke to the Wellington Extension Club on ornamental plants April 27th. Mrs. Kinghorn had a list of perennials which would grow easily from seed. This is the list she gave.

- Veronica Spicata, tall blue spikes.
- Pyrethrum, Painted Daisy. Get the double seed.
- Dianthus, Hardy Garden Pinks.
- Helianthus, Hardy Perennial Sunflower.
- Tanica Saxifraga, Good border plant.
- Gerastisb Tomentosum, Snow in Summer. Where grass won't grow.

Mrs. Kinghorn gave each woman a small plant.

On May the 5th Mrs. Kinghorn spoke to the Red Rock Club on planting shrubs.

Mrs. Kinghorn is very practical in her suggestions on planting shrubs and has had much experience in gardening.
Dear Co-worker:

Wednesday, April 20th will be a big Co-worker day.

The exchange of seeds and bulbs will be held at 11 o'clock in Ammons Hall. The Fort Collins Garden Club will hold their exchange on the same day and have invited you to exchange bulbs with them. Be sure to bring something for exchange.

Mr. Bill Case of the Horticulture Department of the College will give a talk on gardening. If you have questions on gardening, Mr. Case will be glad to answer your questions.

The remodeling contest will be held in the afternoon. Some entries have been made in my office but if you have made over any garments and still wish to enter the contest bring your garments to the meeting Wednesday. Ribbons will be given in various classes and a grand prize of $5.00 will go to the woman who wins the most ribbons.

The Old St. Louis Club are in charge of the program, so be sure to come and bring your friends. Every woman in Larimer County is invited to attend our Co-workers meetings.

Truly yours,

Dolphine Dawson
Home Demonstration Agent.
XI. NAME OF PROJECT: NUTRITION
   SUB-PROJECT B: FOOD SUPPLY PROJECT
   PHASE 1: BUDGETING FOOD SUPPLY, GARDENING,
             CANNING, DRYING, STORING.

II. LOCATION: LARIMER COUNTY

III. DATE EFFECTIVE: February 1, 1932

IV. ECONOMIC BACKGROUND:

   The farm woman, this year, was faced with the need of
   providing an adequate winter food supply for her family even the farm products were marketing
   for practically no profit and therefore there was little cash to purchase supplies. Through the
   extension clubs, women were encouraged to budget their winter food supply, plan their gardens to
   include vegetables for summer use and winter storage, to can all available foods in the most
   approved methods, dry vegetables suitable for drying and store an adequate amount in the approved
   methods for winter use.

V. HISTORY:

   Meetings on gardening, canning, drying and storing
   have been sponsored since extension work began but at no time has such an intensive program been car-
   ried out.

VI. OBJECT:

   The object of the food supply project is to en-
   courage farm women to budget their food supply, plant
   better gardens, can, dry and store vegetables and live off of the produce of the farm
   as far as possible.

VII. GOAL for 1932:

   Goal                        Accomplishments
   1. 12 clubs adopting project. 1. 12 clubs functioning
   2. 120 women enrolled.      2. 64 women enrolled.
   3. 75% making out budgets.  3. 100 % making budgets.
Goal for 1932 (cont'd)

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>4. 75% fulfilling major requirements</td>
<td>4.</td>
</tr>
<tr>
<td>5. Carry on drying, canning, and storage demonstrations</td>
<td>5. Demonstrations held</td>
</tr>
<tr>
<td>6. Develop definite system of reports from leaders and members</td>
<td>6. Not developed</td>
</tr>
</tbody>
</table>

VIII. PROCEED:

Foods Leaders Meetings

The first meeting on food budgets and canning was held June 13th in Fort Collins. This was a leaders meeting where food budgets and canning were studied under the direction of Miss Miriam Williams. The clubs represented were Estes Park, Gateway, Summit, Terry Lake, Timnath, Wellington, Cache la Poudre, Red Rock, Old St. Louis and Loveland Extension Club. There were 22 women present. The morning was spent in making out food budgets and filling out a chart on wise buying of food. A covered dish lunch was served at noon and a canning demonstration of asparagus and rhubarb was given in the afternoon by Miss Williams.

The second leaders meeting was held July 11 in the Community Center in Fort Collins. Thirty women were present representing Estes Park, Gateway, Summit, Terry Lake, Timnath, Wellington, Red Rock, Old St. Louis and Loveland Extension clubs. Miss Miriam Williams conducting a meeting on drying vegetables when beet tops and spinach were dried. A covered dish lunch was served at noon.

There was a 75% attendance at leaders training meetings on foods.
Budgeting Food Supply

Foods budgets were made out at the leaders training meetings. The leaders in turn helped the club members to make out budgets. Six clubs reported 67 budgets made which was 100% of women enrolled in the foods project.

Gardening

In March the County Agent, Mr. Wm. Case of the Horticulture Department and the Home Demonstration Agent conducted vegetable garden schools in Berthoud, Waverly, Timnath, Wellington, and Big Thompson with a total attendance of 96.

At the schools Mr. Case discussed seed varieties, soil conditions and insect control. Many questions were asked on the types of fertilizer and insect control.

Canning

After the leaders meeting on canning seven local clubs conducted canning meetings with a total attendance of 133. Nine local clubs reported 10,791 quarts of vegetables and 21,904 quarts of fruit canned this year.

Method demonstrations on chicken canning were given by the Home Demonstration Agent at Waverly at the home of Mrs. J. T. Autrey's, making 9 quarts glass jars, 2 No. 3 cans, 3 No. 2 cans and 5 No. 2 cans of soup. Ten women were present at the demonstration. At Mrs. Amen's home 6 pints of chicken, 1 No. 3 can of stew and 3 No. 5 cans of soup were canned. The Home Demonstration Agent supplied 3 pressure cookers, a tin can sealer and tin cans.

Method demonstrations on canning tomatoes was given at the Second Presbyterian Church. There were ten women present. The Home Demonstration Agent demonstrated canning in tin. Twelve bushels of tomatoes were canned.

Method demonstrations on canning vegetables, fruits and pickles were given at the Rockwood School before a group of Mexicans and at the Catholic school before a group of Mexicans. Fifty women attended the demonstrations.
COOPERATIVE EXTENSION WORK
in
AGRICULTURE AND HOME ECONOMICS
STATE OF COLORADO
FORT COLLINS

United States Department of Agriculture,
Colorado Agricultural College and
Larimer County, cooperating.

Dear Friend:

GROW A VEGETABLE GARDEN

Let's raise enough vegetables so that we will have a good supply to use this summer and enough to store in a root cellar or pit for winter use.

Garden Schools will be held at the following places at 7:30 sharp:

Berthoud High School - Monday, March 14
Waverly School - Tuesday, March 15
Timmath Agricultural Bldg. - Wednesday, March 16
Wellington High School - Thursday, March 17
Big Thompson School - Friday, March 18

Mr. Bill Case of the Agricultural College is cooperating with the County Extension Agents in holding these schools.

Let's go to a garden school and get the garden spirit.

Very truly yours,

[D. C. Bascomb,]
County Extension Agent.

Delphine Dawson
Home Demonstration Agent.
COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
STATE OF COLORADO
FORT COLLINS

United States Department of Agriculture,
Colorado Agricultural College and
Larimer County, cooperating.

Extension Service

August 12, 1932

Dear Co-workers:

The Larimer County Co-workers will be the guests of the Timnath Home and Garden Club, at the home of Mr. and Mrs. W. A. Scott, on Wednesday, August 17th at noon. Mr. and Mrs. Scott live 1½ miles north of Timnath and ½ mile east of the road, back in the field.

Please bring a picnic lunch. The Timnath Home and Garden Club will furnish the drink.

In the afternoon, demonstrations will be given on "Drying Vegetables" and "Making Hominy."

This is family day, please bring your husbands and children.

Truly yours,

Delphine Dawson,
Home Demonstration Agent.

DD: RK
Drying

A leaders training meeting on drying was conducted where 30 women attended.

The Home Demonstration Agent demonstrated the drying of corn, beans, chard and soup mixture at the County Co-worker's meeting August 17th at Timnath. There were 155 members present at the meeting. A stove drier and sun drier were used in the demonstration.

The method of drying vegetables was taught at the Rockwood school before a group of Mexican women and at the Catholic Church before Mexicans and white women.

Eight sun driers 3 feet by 3 feet made on standards were used in drying vegetables. These driers were loaned to Mexicans and other families near Fort Collins.

The Home Demonstration Agent supervised the drying of 25 bushels of corn at the County Commissary. Eight driers were used in drying the corn.

The women's Extension Club of LaPorte borrowed three driers and dried and canned 8 bushels of apples.

Eight women's extension clubs have reported 914 pounds of vegetables dried and 24 driers made this year.

Storage of Vegetables

Five vegetable storage meetings were held where strip films were shown on storage. The meetings were held in Fort Collins at the County Commissary with 50 present, Rockwood with 34 present, Wellington with 18 present, Big Thompson with 15 present, Loveland with 40 present and Berthoud with 18 present. At the comissary and Rockwood meetings many Mexicans were present who had raised gardens on the Sugar Company land. The strip films used at these meetings were prepared by Mr. Wm. Case.
Mr. J. A. Smith demonstrated cheese making before the County Extension Organization at their regular monthly meeting. Many women became interested in making cheese.

The Home Demonstration Agent demonstrated cheese making before the LaForce Club, Terry Lake Club and Wellington Club. There was a total attendance of 55 members at these three meetings.

Mrs. Ruby Grimes who learned to make cheese at a County Extension meeting has since then made and sold 30 pounds of cheese.

Mrs. S. A. Wathen demonstrated cheese making by the quick process at a County meeting of 150 people.

Eight local clubs reported meetings on cheese making with a total attendance of 134. 761 pounds of cheese were made by the women's extension club members.
This is the recipe for the cheese which was demonstrated by Mrs. S.A. Wathen.

QUICK PROCESS CHEESE

(Makes 1½ Pounds)

Place 1½ gallons of thick clabber on the stove where it should become very hot. Stir the clabber frequently to separate the curd from the whey and continue cooking and stirring for one-half hour, when the curd will become very though. Drain off the whey and press the curd under a heavy weight until the whey is all pressed out and the curd is very dry. Failure in this means a poor finished product. Next place the dry curd with 4 tablespoons of fresh sweet butter (old butter will spoil the flavor) and three-quarters teaspoon of soda. Chop the curd until it is quite fine and the ingredients are thoroughly mixed. Press the mixture down in the bowl, then allow it to stand in a warm place for two and one-half hours. Now put the cheese in a double boiler with two-thirds cup of very thick rich sour cream (sweet cream will spoil the cheese), 1½ teaspoons of salt and ½ teaspoon of butter coloring. The coloring may be omitted. As it begins to heat stir until all the ingredients melt into a mass which looks like melted cheese, which is exactly what it is. Then pour it into a well-buttered bowl and set it away to cool. It is ready to eat as soon as it is cold.

To cure this cheese allow it to cool, remove cheese from bowl and cover the whole surface with a good coat of melted paraffin, then store in a cool place.

This amount of milk makes about 1½ pounds of the cheese.
XI. PROJECT: NUTRITION

II. Sub-Project A: Food Selection

III. Phase 5: Junior 4-H Clubs

IV. ECONOMIC BACKGROUND:

Good Nutrition is imperative in insuring good health. In order to plan well balanced meals it is necessary to know the requisites of good nutrition. In meal preparation clubs the requirements of a well-balanced meal, the methods of preparation and serving are studied and demonstrated. In order to bake bread efficiently one must know the principles of preparing the sponge, making bread and baking. Canning is an important phase of food preservation and scientific principles of canning must be understood in order to insure safe preservation.

V. HISTORY:

Foods club work began in 1933 with one bread club. In 1934 there were three clubs: one canning, one hot lunch club and one bread club. In 1935 there were 8 foods clubs while in 1936 the number dropped to three. In 1937 and 1938 there were four clubs. The number of clubs increased in 1939 to 8, in 1940 to 8 and in 1941 to 15.

VI. OBJECT:

The object of the foods clubs is to teach 4-H club girls how to plan and prepare a well balanced meal, how to prepare and bake whole wheat bread, white bread, quick breads and cake and how to can fruit, vegetables and meat.

VII. GOAL:

To instruct 4-H foods club girls in better methods of food preservation and preparation.

VIII. GOAL FOR 1939:

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 36 girls complete meal preparation.</td>
<td>1. 37 completing.</td>
</tr>
<tr>
<td>2. 30 girls complete baking</td>
<td>2. 19 completing.</td>
</tr>
<tr>
<td>3. 24 girls complete canning</td>
<td>3. 14 completing.</td>
</tr>
</tbody>
</table>

Larimer County
Delphine Dawson
Year 1939
Goals  
4. 3 girls complete food preservation  

Accomplishments  
4. 3 completing.

IX. PROCEDURE:

The first club organized in Larimer County this year was a foods club in the Big Thompson Community under the leadership of Mrs. Eloise West. By May there were 36 girls enrolled in meal preparation, 37 completed; 30 in baking, 15 completed; 24 in canning, 14 completed; and 3 in food preservation, 3 completed. This was 58% completion.

Fifteen leaders were secured to lead foods clubs. Clubs were organized in Big Thompson, District 10 north, District 10 south, District 35, Harmony, Lake View, Fauquier, Red Rock, Spring Canyon, 2 in Timnath, Wellington, Culver, District 16, and Love-land.

The Home Demonstration Agent met 17 times with 4-H Foods Clubs to assist with the meetings.

X. CALENDAR FOR 1933:

<table>
<thead>
<tr>
<th>When</th>
<th>What</th>
<th>Who</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>Visit schools and enroll club members.</td>
<td>H.D.A.</td>
<td>March</td>
</tr>
<tr>
<td>April</td>
<td></td>
<td>H.D.A.</td>
<td>April</td>
</tr>
<tr>
<td>May</td>
<td></td>
<td>H.D.A.</td>
<td>May</td>
</tr>
<tr>
<td>June</td>
<td>Organize clubs and plan programs.</td>
<td></td>
<td>(June</td>
</tr>
<tr>
<td>July</td>
<td>Visit clubs and assist with club training.</td>
<td>H.D.A.</td>
<td>(July</td>
</tr>
<tr>
<td>Nov.</td>
<td>Check results</td>
<td>H.D.A.</td>
<td>Nov.</td>
</tr>
</tbody>
</table>
FOODS CLUB CHART

Chart showing the number of 4-H Foods Clubs in Larimer County over a period of ten years.
NAME OF PROJECT: NUTRITION

SUB-PROJECT C: CHILD HEALTH

Phase I: Build and Protect Strong Teeth

Several farm women; Mrs. Sidney Drager, Mrs. H. J. Dekker, Mrs. Lydia Warren Andrews and Mrs. E. L. Pitcher attended meetings on Child Care which was conducted primarily for extension workers under the leadership of Miss Flora Thurston, National Secretary of the Parental Association of New York.

In December 1931 subject matter on Building and Protecting Strong Teeth was collected and a circulating library of magazine articles, mimeographed articles and pamphlets was assembled. Records of teeth demonstrators were checked and a list of prospective demonstrators was made out. Four new demonstrators Gwendolyn Lucas, James Lucas, Kent Lucas and Marilyn Maxwell were enrolled.

Because there was no well outlined plan of continuing the work on better teeth no definite accomplishments have been attained. Records are being kept on the enrolled demonstrators.
XI. PROJECT: NUTRITION

Sub-Project C: Child Health

Phase 5: Health Project in Junior 4-H Clubs

BLUE RIBBON HEALTH EXAMINATION

Three days were spent July 21, 22, and 23 examining 4-H boys and girls for the Blue Ribbon Health Certificate.

The Larimer County Medical Association president was interviewed by the Home Demonstration Agent and the assistance of doctors in Wellington, Colorado; Fort Collins, Big Thompson and Summit was assured. Examinations were made at the Wellington High School with Dr. Betts and Dr. Humphrey assisting. Dr. Flatz and Dr. Garrison assisted in Armona Hall at Fort Collins. Dr. Josly examined in the Summit School while Dr. Stewart examined in the Big Thompson School. Mrs. Foy, the County nurse assisted all three days.

233 boys and girls were examined. 6 were eligible for the Blue Ribbon Certificate: George Haederle, Wilma Frazier, Helen Brandenberg and Arthur Dean. 31 were eligible for the red ribbon certificate or in other words lacked small pox and T.A.T. vaccination.
COOPERATIVE EXTENSION WORK
in
AGRICULTURE AND HOME ECONOMICS
STATE OF COLORADO
FORT COLLINS

Colorado Agricultural College,
United States Department of Agriculture,
Larimer County Cooperating. Extension Service.

July 15, 1932

Dear 4-H Club Member:

The Blue Ribbon Health Examination that all 4-H club members are required to have will be given in ____________ July ______ in the ____________ building.

Your Club will be examined at __________ o'clock, so be sure to be on time. Bring your 4-H club health record book with your name plainly written on the outside.

This examination will be given by a doctor and a nurse without cost to you. As this is a part of your 4-H club work, be on time, be sure you are examined and be sure a record is made in your Health Record book.

 Truly yours,

D.C. Bascom Delphine Dawson
County Extension Agent Home Demonstration Agent
XII CLOTHING

NAME OF PROJECT: CLOTHING

SUB-PROJECT: CLOTHING MANAGEMENT

PHASE I: THE MOST FOR YOUR MONEY IN CLOTHING FOR THE FAMILY.

LOCATION: LARIMER COUNTY

DATE EFFECTIVE: February 1, 1933

ECONOMIC BACKGROUND:

To know how to tell quality in materials, know textiles and workmanship one will get the most for his money in buying clothing. Because of the need for getting the most for your money in clothing a special study was made of buying dresses, boys and men clothing, care of clothing and remodeling.

HISTORY:

In 1931 a study of buying foundation garments, shoes and hosiery and underwear was made.

OBJECT:

The object of the "most for your money project" is to study quality in comparison with price and get the most for your money.

GOAL:

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. 12 clubs adopting project.</td>
<td>1. 12 clubs functioning</td>
</tr>
<tr>
<td>2. 120 women enrolled</td>
<td>2. 105 enrolled.</td>
</tr>
<tr>
<td>3. Project chairman and necessary organization functioning.</td>
<td>3. Leaders organised. Chairman not functioning.</td>
</tr>
<tr>
<td>4. 75% fulfilling major requirements</td>
<td>4. 90% reporting completion.</td>
</tr>
</tbody>
</table>
5. Regular progress report from leaders.

6. Held Achievement day. 5. Held.

VIII. PROCEDURE:

1. Clothing Records and Remodeling Clothing.

Twenty clothing leaders representing 11 clubs Cache la Poudre, Highland, Loveland, Old St. Louis, Red Rock, Summit, Terry Lake, Timnath, Virginia Dale, Wellington and Spring Canyon, met for a leaders meeting on clothing records and remodeling clothing in the Y.M.C.A. in Fort Collins. Miss Nora Holt led the meeting and demonstrated Home Care and Repair of Shoes. Each leader made a clothing inventory and took a clothing account book. The use of old stockings was demonstrated in mitten making. Patterns for mittens, underwear, hats, scarfs, and handbags were copied. The leaders were supplied with material for their meeting.

Eight local clubs conducted meetings on remodeling with a total attendance of 151.

A remodeling contest was begun in February. A committee on rules for the contest consisting of Mrs. Blaine Coats, Mrs. J. H. Setzler, Mrs. E. L. Pitcher, Mrs. Fred Howell and Miss Ruth Setzler met in the Home Demonstration Agent's office. Entry cards and rules for the contest were sent out. The garments must have been made since January 1, 1932 and were judged on workmanship, economical remodeling general appearance and cost and time in remodeling. The contest closed April 20th.
Remodeling Contest

Stretching the Clothing Dollar

The remodeling contest began January, 1932 and will end at the Co-workers meeting April 20th. Garments entered in this contest must have been remodeled during this time.

Be economical and remodel some garment. Take a picture of the old garment then remodel it and bring the picture and your something for nothing to the contest April 20th. First, second and third prize ribbons will be awarded for remodeling women's dresses, women's coats, women's suits, women's underwear, boys' suits, boys' shirts, boys' underwear, boys' overcoats, girls' dresses, girls' coats, girls' suits, girls' underwear, hats and berets, and accessories such as scarfs, purses and gloves. A sweep stake prize of five dollars will be given.

The Score Card used in judging will be:

Workmanship ........................................... 20
Economical remodeling ............................ 35
This will include the picture or drawing before the garment was remodeled and a consideration of whether the garment was worth remodeling.
General Appearance ............................... 35
This will include the suitability of materials which are combined together and the suitability of materials to each other.
Cost and Time in remodeling ........................ 10

100
Remodeling Contest. Blue ribbon dresses in the Remodeling Contest.
Eighty remodeled garments were exhibited at the remodeling contest. Mrs. Elaine Coats of LaPorte won the sweepstakes prize of $5.00 with the highest score. Mrs. G. J. O'Laughlin of Wellington won second place and Mrs. Gay Branson of Loveland won third place. Blue ribbon winners were Mrs. G. W. Trueblood of Loveland, Mrs. Edna Jones, Loveland, Mrs. Lydia Wathen, Fort Collins, Miss Mary Slaughter, Loveland, Mrs. Esther Farrell, LaPorte, Mrs. Paul Feasley, Timnath, Mrs. Ed. Meyer, Wellington, Mrs. G. J. O'Laughlin, Wellington and Mrs. Gay Branson of Loveland.

Made over garments exhibited were: boys suits, women's coats, straw and felt hats, scarfs, purses and underwear, women's and girls dresses.

Eight clubs reported 417 garments remodeled.

Many clubs exhibited remodeled garments at the achievement day. Old St. Louis displayed a remodeled suit made from a coat. This remodeling project proved very popular.
3. **Cleaning, Pressing and Dyeing to keep in Style.**

Thirty leaders representing twelve clubs met March 14 in the Y. M. C. A. in Fort Collins. The clubs represented were Cache la Poudre, Estes Park, Gateway, Highland, Loveland, Old St. Louis, Red Rock, Terry Lake, Timnath, Virginia Dale, Wellington and Spring Canyon.

Miss Hott led the demonstration on Cleaning clothes. Spots such as gum, grease, ink and paint were removed from clothing. Linen, wool, rayon and cotton materials were washed. Laces were cleaned and silks were dry cleaned. Two garments were bleached and dyed.

Each leader was given three samples of cleaning fluid to be used as demonstration material at the local club meetings.

Twelve local clubs conducted meetings on Cleaning and Dyeing with a total attendance of 201.

The Cache la Poudre club and Gateway club took particular interest in the tie and dye work. The Cache la Poudre club displayed many attractive dyed articles at achievement.

3. **Buying Dresses, Coats and Suits**

Fifteen leaders representing the Cache la Poudre, Estes Park, Loveland, Old St. Louis, Red Rock, Terry Lake, Timnath and Wellington Clubs attended the leaders meeting on Buying Ready-to-Wear.

Miss Nora Hott conducted the meeting and displayed garments from the cotton textiles industry together with some ready-to-wear from local stores. Each leader scored a ready-to-wear garment and judged samples of textiles.

Ten local clubs conducted meetings on Buying Ready-to-wear with a total attendance of 205.

Many local clubs obtained from stores garments which they used in studying buying.
Publicity on Cleaning, Pressing and Dyeing

HOME AGENT’S COLUMN

By Delphine Dawson.

Cleaning, pressing and dyeing materials were the subjects studied at the clothing leaders’ meeting which was held in the Y. M. C. A. in Fort Collins. Two leaders from each of the women's extension clubs attended this meeting. Those leaders present were Mrs. Blaine Coats and Mrs. John Cordsen from the Cache In Poudre club, Mrs. Fred Nowell from the Gateway club, Mrs. Ida Drorbough and Mrs. Rosetta Sealock from the Loveland Extension club, Mrs. Ray Pulliam and Mrs. Mollie Slaughter from the Old St. Louis club of Loveland, Mrs. Oliver Lee from the Red Rock club of Berthoud, Mrs. Frances McElhister and Mrs. W. E. Schlecht from Terry Lake club, Mrs. Erle Nelson and Mrs. Paul Peasley from the Timnath club, Mrs. Ira Day from the Virginia Dale club, Mrs. C. J. O’Laughlin and Mrs. Ed Meyer from the Wellington club, Mrs. F. C. Goodell and Mrs. Helen Chestwood from the Spring Canyon club, Mrs. Mary E. Goodell and Mildred Overton from the Highland club.

Miss Nora Holt in cooperation with the Larimer County Extension Office demonstrated stain removal.

Javelle water, an excellent bleach for uncolored cotton or linen is made by dissolving 1/2 pound of washing soda in 1 quart of cold water, then to this solution add 1 1/2 pound of ordinary bleaching powder (commonly called chloride of lime.) Filter this liquid thru a piece of muslin. Keep the clear liquid in a tightly stoppered bottle.
Dear Clothing Leader:

"Stretching the Clothing Dollar"

The second clothing leaders meeting on "Cleaning, Pressing, Dyeing and Care of Clothing" will be held Friday, March 16th at 10 o'clock in the Y. M. C. A. in Fort Collins. It was necessary to postpone this meeting from March 14th to March 16th as Miss Hott could not be with us on the 14th.

Bring to this meeting scraps of cotton, linen, silk and wool to prepare for stain removal. Bring silk scarf, inexpensive blouse, dress or slip to be washed in water. Bring hat or other article which you wish to clean. Bring material which you wish dyed and package of dye.

The leaders decided at our last meeting to bring their lunches. We can make coffee in the kitchen so if each woman will bring her own lunch and cream if you want coffee, we will eat together. I will furnish the coffee and sugar.

Remember, Friday 16th, at 10 o'clock in the Y. M. C. A., Fort Collins.

Very truly yours,

Delphine Dawson,
Ass't County Extension Agent.
4. Buying Clothing for Men and Boys

Twenty leaders including representatives from Cache la Poudre, Highland, Loveland, Old St. Louis, Red Rock, Summit, Terry Lake, Timnath and Wellington clubs met in the community center in Fort Collins to study the Selection of Clothing for Men and Boys.

Miss Nora Hott conducted the demonstration where the manufacture of hats was studied. Mr. Phillips from the J. C. Penny Company explained the points of quality in men's work clothes. Men's suits were studied, little boys suits were displayed and woolen textiles were tested.

Seven local clubs held meetings on Buying boys and men's clothing with a total attendance of 135
XII. PROJECT: CLOTHING

II. Sub-Project: A - Construction and Selection

III. Phase 7: - 4-H Club

IV. ECONOMIC BACKGROUND:

Many women feel as though it is unnecessary to know how to sew. Apparently there is little need for knowledge of sewing with commercial dresses and garments in such profusion. However, the home maker who is skillful with her needle is the one who will economize wisely in the provision of family garments, will remodel garments successfully and attractively and will provide her home with interesting and original novelties.

V. HISTORY:

4-H sewing clubs were first organized in 1923 with 13 clubs. In 1924 the number grew to 13, and in 1925 there were 16 clubs. A decline came in 1926 to 13 clubs and in 1927 there were 7 clothing clubs. In 1928 an increase to 12 clubs was very encouraging as was the increase to 13 in 1929. In 1930 there were 13 4-H clothing clubs, while in 1931 the number of clubs jumped to 21.

VI. OBJECT:

The object of 4-H Clothing Clubs is to increase the interest in home sewing and create a desire in rural girls to learn how to sew easily, quickly, efficiently and economically.

VII. GOAL:

To interest rural girls in sewing.

VIII. GOAL FOR 1932:

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Enroll 100 girls 1st year.</td>
<td>1. 102 enrolled; 76 completed</td>
</tr>
<tr>
<td>2. Enroll 75 girls in 2nd year.</td>
<td>2. 43 enrolled; 28 completed</td>
</tr>
<tr>
<td>3. Enroll 30 girls in 3rd year.</td>
<td>3. 15 enrolled; 6 completed</td>
</tr>
</tbody>
</table>
Goals

4. Enroll 20 girls in 4th year.

5. Enroll 10 girls in 5th year.

6. Teach health principles.

Accomplishments

4. 2 Enrolled; 2 completing.

5. 3 enrolled; 3 completing.


IX. PROCEDURE:

Clothing Club enrollments began in January. By May there were 165 girls enrolled in 4-H Clothing Clubs. There were 103 enrolled in first year and 72 completed. 43 enrolled in second year, 27 completing; 15 enrolled in third year and 6 completed; 3 enrolled in 4th year and 2 completed; 3 enrolled in 5th year and 3 completed.

There were 18 clothing leaders in the Bellvue, Big Thompson, Boxelder, District 10 - 2 clubs, District 35, District 59, Harmony, Lake View, LaPorte, Masonville, Old Berthoud, Red Mountain, Red Rock, Rocky Ridge, Spring Canyon, Sunny Side, Twin Buttes, Waverly and Wellington.

The Home Demonstration Agent met 15 times with Clothing Clubs.

X. CALENDAR for 1938:

<table>
<thead>
<tr>
<th>Week</th>
<th>What</th>
<th>Who</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>March</td>
<td>Visit Schools</td>
<td>H.D.A. March</td>
<td></td>
</tr>
<tr>
<td>April</td>
<td>Annual 4-H Club meeting</td>
<td>H.D.A. April</td>
<td></td>
</tr>
<tr>
<td>May</td>
<td>General 4-H Club Picnic</td>
<td>H.D.A. May</td>
<td></td>
</tr>
<tr>
<td>May</td>
<td>Organize Clubs and plan program</td>
<td>Co.Agt. May</td>
<td></td>
</tr>
<tr>
<td>June</td>
<td></td>
<td>H.D.A. June</td>
<td></td>
</tr>
<tr>
<td>July</td>
<td></td>
<td>H.D.A. July</td>
<td></td>
</tr>
<tr>
<td></td>
<td>4-H Club Camp - Achievement day</td>
<td>H.D.A.</td>
<td></td>
</tr>
<tr>
<td>Nov.</td>
<td>Write report</td>
<td>H.D.A. Nov.</td>
<td></td>
</tr>
</tbody>
</table>
Enrollment Chart for Clothing Clubs

Chart showing the number of Clothing Clubs in Larimer County over a period of eleven years.
XII. PROJECT: Clothing

SUB-PROJECT: B: Personal Health, Hygiene and Good Looks

PHASE 4: Fashion Show

The annual spring fashion show was held in Ammons Hall May 18th. Six models from the women's extension clubs including Mrs. Ida Drorbaugh, Mrs. Dewey Anderson, Mrs. Ernest Kesler, Mrs. George Williams and Mrs. Anderson's little girl were selected.

Miss Nabel Jenaway of Edmonds Dry Goods Store cooperated in making this fashion show a success. Edmonds furnished house dresses, afternoon dresses, sport outfits, dinner and evening dresses.

Seventy people attended the fashion show.
Dear Co-worker:

Our Annual Spring Fashion Show will be held in Ammons Hall, Wednesday, May the 13th at one o'clock. Edmond's Dry Goods Store is cooperating with us in putting on this show.

Those of you who want to make paper purses, bring some crepe paper, a piece of cardboard about a foot and a half square, pins and scissors. These paper purses are nice to carry with summer dresses. The morning meeting will begin at 11 o'clock.

The Loveland Extension Club will act as hostesses.

This is one of our best meetings of the year so be sure to come.

Truly yours,

Delphine Dawson

Delphine Dawson,
Home Demonstration Agent.
XII. PROJECT: CLOTHING

Sub-Project: G

Phase 5. Preparing Wool for Comforts

In June 1931, Mrs. Sarah Christopher, a farm woman in Larimer County demonstrated washing and carding raw wool. Many women took up the practice so in 1932 the demonstration was repeated.

A demonstration on washing wool and carding was given by Mrs. Sarah Christopher, March 16, 1932 at a regular Co-workers meeting. There were 55 members attending this meeting. When sheep pelts sell for $25 and wool bales sell for $1.98 it pays to wash and card raw wool for comforts.

Six local clubs conducted demonstrations on Washing and Carding Wool with a total attendance of 100.

Mrs. Christopher displayed some wool comforts wool lined bath robes and baby quilts at the Achievement Day. Women in other clubs had wool articles on display.

Mrs. Walter Scott of Timnath exhibited at Achievement Day an educational display of wool. This included dirty wool, the soap powder used to wash wool, washed wool, carded wool and wool comfort.
XIII. PROJECT: HOME MANAGEMENT

Sub-Project A - Kitchen Improvement

Phase 4. Soap Making

Soap making proved to be a popular project in Larimer County during 1939.

Miss Mary Sutherland demonstrated making soap by the cold process at a 4-H workers meeting January 20th before 75 women. Toilet soaps including prune, oatmeal, pine scented soap and rose scented soaps were made. Recipes were given out on this subject.

Seven local clubs conducted soap demonstrations with a total attendance of 136. There were 1,339 pounds of soap reported made by extension club members.

The Home Demonstration Agent collected samples of homemade soap for display in her office. Of these samples there were some of butter soap, mutton tallow, lard, beef fat, olive oil and deer tallow. Many of the samples were nice colored and scented. They made attractive exhibits. The cost of the soap was tabulated on each sample.

Mrs. Ed Meyer of the Wellington Club made 60 bars of homemade soap from beef tallow. Mrs. Meyer estimated the soap cost 1/2 cent a bar. Some of the soap was shaved and used as a washing powder.
XIII. PROJECT: HOME MANAGEMENT

Sub-Project B - Money Management

Phase I. Home Accounts

A Home Account meeting was held in Wellington February 29th. Ten women attended the meeting in Wellington where sample home accounts were filled out. Mrs. Walter Wood, Jr. who had completed a year's home account keeping gave a report and summary. Five home account books were given out.

Thirty seven home account books were given to demonstrators. Each woman receiving a home account book agreed to make a report at the end of the year.

Twenty nine women belonging to women's extension clubs reported that they were keeping home accounts.
The School of Home and Farm Accounts about which I told you at the last meeting of the Wellington Extension Club will be held Monday evening, February 29th in the Wellington High School at 7:00 o'clock. The time has been advanced to 7:00 o'clock because of a taxpayers meeting which will be held the same night. Classes will dismiss in time for the taxpayers meeting.

These classes will be held in two class rooms on the same floor as the auditorium and across the hall. The class for Home Accounts will meet in the southeast room. The Farm Account class will meet in the large room directly opposite the auditorium.

Farm and Home Accounts are more necessary now than ever before. Use good business methods and start keeping accounts. The account books are free.

Do up your chores a little earlier than usual and be sure and be on time, 7 P. M. Sharp.

Truly yours,

Delphin Dawson,
Home Demonstration Agent.
XI. COMMUNITY ACTIVITIES

Sub-Project A: Publicity

Phase I. Weekly Column

A weekly column on Women's extension work and related subjects was written by the Home Demonstration Agent for five county newspapers.

Notice of meetings, reports of work accomplished and the general promotion of extension work were made in the local papers. Twenty-one new stories were published.

Newspaper publicity is one of the best means of selling extension work.

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**Home Agent's Column**

*(By Delphine Dawson)*

**Fancy Cakes Baked in Farm Home**

Many housewives make delicious cakes but there are few housewives who would undertake to make a three-tiered wedding cake, beautifully decorated in pink and white. Mrs. Walter Scott of Tannish, a leader in women's extension club work, a leader of a 4-H foods club and a progressive home maker, is experienced in making fancy wedding cakes.

Last Tuesday, Mrs. Scott made a three-tiered wedding cake fit for a queen. It was necessary to increase the cake 4 times. Mrs. Scott used an ordinary white cake recipe but baked the cake in three sizes. The largest layer was baked in a milk pan.

The cake was iced with a seven minute frosting and decorated with pink confec tioner's frosting.

**Seven Minute Frosting**

1 cup sugar (1 cup less 1 level tablespoon)
3 tablespoons water
white of one egg
flavor to taste
Put sugar, egg white and water into double boiler—have the water in bottom part boiling. Beat frosting seven minutes, spread on cake.

**Confec tioner's Frosting**

Make a butter frosting by creaming 1 tablespoon butter with 2 tablespoons confec tioner's sugar. Color this a delicate pink with color paste. Fill your pastry bag or paper cone with the frosting and make decorations around the edge of each layer of the cake.

**Farms Cheeses Making**

When whole milk is selling for eight cents a gallon it pays the farm woman to make cheese and use it as possible in the diet. Cheese making, was demonstrated at one county meeting in Parr Collins, by C. A. Saini, state dairy specialist, and in several of the local women's extension clubs by women who act as leaders. Many pounds of cottage cheese have been made in farm homes in Larrimer county to allow the cheese making demonstration.

The recipe used by the women's extension clubs is as follows:

Use 30 pounds clean, sweet milk (4 gallons)

a. Heat milk to 80 degrees F. using a thermometer and immediately add 3 weighs of salt dissolved in 1/2 glass cold water and one color tablet. Stir thoroughly. Add 1 lb. of starter which in farm milk allowed to sour naturally at 70 degrees.

b. Keep at 80 degrees F. for ten to twenty minutes until the milk is firmly thickened.

c. Cut curd with a long-bladed knife, back and forth making a checkerboard pattern with half inch squares.

d. Cut the curd crossways using a bent piece of tin or wire frame such as is used for toasting bread.

e. Stir the curd gently by hand for about ten minutes being careful to keep it in even sizes.

f. Heat to 100 degrees F. Do this gradually taking about five minutes to reach 100 degrees, stir frequently and do not allow curd to mat or stick to the bottom of vat.

g. When curd is firm pour it on a cloth to drain.

h. After it is thoroughly drained, pile the curd up and allow to mat and drain. Cut into small pieces and add about three ounces of salt. Let set about fifteen minutes.

i. Put in hoop and press twenty-four hours.

j. Place in a cool cellar and leave for two or three days.

k. Cover with paraffin and let cure in cool place four or five weeks.
4-H Club News

Eleven members of the T. N. T. club of Waverly were present for the club meeting last week. Four of the girls of the club were unable to attend. Joye McNally, a new member of the club, was also present. The first year girls gave a demonstration on making different seams and stitches. The third and fourth year girls are making their dresses. Pete Hildred, Fred Gibbons and his cousin, Allen Gibbons of Denver were visitors at the meeting during which the group learned to play "Echo."

At the next meeting, the club leader will demonstrate the making of bound button holes and each of the older girls will make a sample.

One of the club members, Virginia Roberts, is visiting relatives. Thelma Oliver is working in Fort Collins. Nannie Mae Lankford visited relatives on Thursday.

MARJORIE AUTREY.

The Harmony 4-H Livestock club group met at the home of Pauline Peasley Tuesday. Because both the president and vice-president were absent, Junor Mefford was in charge of the meeting, which was opened by the singing of pep songs. After a discussion of the different projects which the club will carry out, plans for selecting a demonstration team were made.

A report that the members of the club had destroyed 6,073 mapples was given.

The club will meet at the home of Richard and Chester Griffith, 426 Edwards street, to go to City park for their meeting Aug 2—

CHESTER GRIFFITH.
XIV. COMMUNITY ACTIVITIES

Sub-project A. Publicity

Phase 3. Monthly Circular

Twenty one circular letters were written and sent to a mailing list of about 450 people.

These circulars were notices of the Women's Extension monthly meetings and 4-H Club meetings.

Last year some follow-up letters were sent out after the meetings were held describing the activities of the meeting. This year these letters were discontinued because it meant two letters a month to all extension women.
Dear Co-worker:

Last Wednesday, January 20th, seventy-five women, members of Extension Clubs met in Ammons Hall to learn how to do hardanger and make home made soap.

Mrs. Iris Wright of District No. 16 instructed those who were interested in learning hardanger. The Home Demonstration Agent supplied some hardanger material which was secured in Denver. It is very hard to find hardanger material. Daniels and Fishers in Denver is the only place carrying it. Some very beautiful pieces of hardanger were displayed by Mrs. Wright, Mrs. Gilbert Akin and Mrs. John Swartz of Loveland.

After luncheon at the College Cafeteria, the business meeting was opened by Mrs. E. L. Pitcher, the County president. The following clubs had representatives: Highland, Loveland Extension, Old St. Louis, No. 16, Summit, Virginia Dale, Wellington, Gateway, Timnath, Terry Lake and Southside.

Mrs. E. L. Pitcher spoke of the State Organization of Extension Clubs which was organized in Denver during Stock Show week. Mrs. Walter Scott of Timnath was elected State Secretary.

Miss Mary Sutherland, Home Management Specialist, demonstrated the cold process in making toilet soap. Miss Sutherland used the following recipe:

1 can Lewis lye, dissolved in 1 1/2 qt. water, cooled to Luke warm. 5 lbs. lard, melted and cooled to the consistency of honey. Before mixing, add 4 tbsp. to 1/2 cup of borax, 1/2 cup ammonia, 1/2 cup kerosene or water may be used. If a clearer soap is desired, add 1/2 cup of sugar. Add the lye to the fat rather slowly and stir slowly, do not heat. Stir until the mixture becomes the consistency of porridge. Pour quickly into shallow pasteboard boxes or dripping pans which have been lined with dampened strips of cloth.

Either sassafras, oil or lavender, oil of pine, or oil of roses may be added to this soap. Extra cleansing material may be added during the saponifying before the molding consistency is reached. A sand stone or scouring soap may be made by adding 2 pounds of powdered pumice to the above
recipe or very good "hand sapolia" may be made by adding to the same recipe, eight ounces of either cornmeal or ground oatmeal.

Old butter may be used in soap making as well as mutton tallow, bacon drippings, etc.

The Terry Lake Club acted as hostesses. The program was given by Mr. and Mrs. John Cochran. Mr. Cochran gave some readings and solos. He was accompanied by Mrs. Cochran.

Some of the year books were given out at the meeting. A charge of 10¢ per book will be made. Each club has requested a certain number of books which may be had at the County Extension Office.

Remember our next meeting is the Party for Husbands. Be sure to plan to attend this all day meeting, February 17th in Ammons Hall.

Truly yours,

Delphine Dawson,
Assistant County Extension Agent

DD: RK
XIV. COMMUNITY ACTIVITIES

Sub-Project B: Social Service

Phase 2. Relief Work

Vegetable Gardens, Canning, Drying Vegetables

The County Extension Office was called on to assist with a county-wide garden campaign this year. The County furnished seed to needy families who were unable to obtain seed otherwise.

Social agencies combined efforts in organizing the garden campaign. Those offering their services were Mrs. Lowell of the Social Service, Mr. James Mason of the Sugar Company, Mr. D. C. Bascom, County Agent, Mr. Clarence Jones in charge of the County poor fund and the Home Demonstration Agent.

All families wishing garden seed were first registered at the Social Service. Mrs. Lowell and the Home Demonstration Agent registered 153 families two days in April. After registration the garden plots were inspected by the County Agent and orders for seeds issued. The seeds were purchased at the Agricultural College, some were donated. The seeds were issued by the County Commissary. Garden plots were again inspected by the County Agent after planting.

Seventy-eight families in Fort Collins received seed and plants from the County. Twenty-five families in Loveland received seed. Some of the garden plots were donated by farmers while some were town lots. The Sugar Company gave a plot of ground for 15 families gardens. The vegetables were planted length-wise of the plot then divided cross-wise for each family.

In August, canning and drying schools were held. Two days were spent assisting Mexicans in canning and drying vegetables at the Rockwood School. Fifteen women canned 103 cans of vegetables, 29 quarts of vegetables, and 45 pints of pickles.
The Home Demonstration Agent was assisted by Miss Letitia Kilamoir, a summer school student in Aggies, who has had three years experience teaching Home Economics and Mrs. H. J. Decker who taught Home Economics at Rockwood school.

The Social Service requested a donation of jars which were used in canning the food. Tin cans at a cost of 3¢ a piece were supplied by the Larimer County poor fund. Five stoves were used. A tin can sealer, pressure cooker, pans and equipment were supplied by the County Extension Office. Five additional pressure cookers were donated for use.

The Mexicans brought the vegetables to the school where they were weighed. Instructions were given in their preparation. The Home Demonstration Agent demonstrated canning beans, corn, beets and pickles using tin cans and jars. The Mexican women then proceeded under supervision. Each jar was labeled with adhesive tape and records were made of the amount canned.

Eight women canned 22 cans of vegetables, 71 quarts and 10 pints at the Catholic School, August 16th. The same procedure was followed as at the Rockwood School.

Five families were represented at a meeting on canning at the Second Presbyterian Church. Two vegetable dryers were loaned in this district and corn, beet tops, chard, pumpkins and beans were dried.

Eight vegetable dryers were loaned to poor families in and around Fort Collins in order to encourage vegetable drying. Many pounds of vegetables were dried in a sanitary way in these dryers. Other dryers were made similar to these.

Eight bushels of apples were dried in 3 of these dryers by the LaForte Extension Club for social service work.

An attempt was made to teach the dependent women how to help themselves instead of doing the work for them and relieving them of all responsibility.
Mexican drying vegetables in a county dryer
<table>
<thead>
<tr>
<th>Vegetable</th>
<th>Amount required</th>
<th>Feet of Row</th>
<th>Seed required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cabbage</td>
<td>100 lbs.</td>
<td>75</td>
<td>50 plants</td>
</tr>
<tr>
<td>Corn</td>
<td>110 ears</td>
<td>110</td>
<td>1/2 pint</td>
</tr>
<tr>
<td>Carrots</td>
<td>100 lbs.</td>
<td>80</td>
<td>1/2 oz.</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>110 lbs.</td>
<td>40</td>
<td>18 plants</td>
</tr>
<tr>
<td>Beets</td>
<td>80 lbs.</td>
<td>100</td>
<td>1 1/2 oz.</td>
</tr>
<tr>
<td>Squash</td>
<td>50 lbs.</td>
<td>20</td>
<td>1/4 oz.</td>
</tr>
<tr>
<td>Turnips</td>
<td>60 lbs.</td>
<td>60</td>
<td>1/2 oz.</td>
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<tr>
<td>Onions</td>
<td>70 lbs.</td>
<td>80</td>
<td>1 1/2 qts. sets</td>
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<tr>
<td>Greens</td>
<td>68 lbs.</td>
<td>60</td>
<td>1/2 oz.</td>
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<table>
<thead>
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<th>Amount required</th>
<th>Feet of Row</th>
<th>Seed required</th>
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</thead>
<tbody>
<tr>
<td>Cabbage</td>
<td>250 lbs.</td>
<td>200</td>
<td>125 plants</td>
</tr>
<tr>
<td>Corn</td>
<td>275 ears</td>
<td>275</td>
<td>1 1/2 pts.</td>
</tr>
<tr>
<td>Carrots</td>
<td>250 lbs.</td>
<td>300</td>
<td>1 1/2 oz.</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>275 lbs.</td>
<td>100</td>
<td>36 plants</td>
</tr>
<tr>
<td>Beets</td>
<td>200 lbs.</td>
<td>250</td>
<td>4 oz.</td>
</tr>
<tr>
<td>Squash</td>
<td>150 lbs.</td>
<td>150</td>
<td>1/2 oz.</td>
</tr>
<tr>
<td>Turnips</td>
<td>150 lbs.</td>
<td>150</td>
<td>1 oz.</td>
</tr>
<tr>
<td>Onions</td>
<td>175 lbs.</td>
<td>150</td>
<td>3 qts. sets</td>
</tr>
<tr>
<td>Greens</td>
<td>170 lbs.</td>
<td>150</td>
<td>1/2 oz.</td>
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<table>
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<th>Amount required</th>
<th>Feet of Row</th>
<th>Seed required</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cabbage</td>
<td>375 lbs.</td>
<td>300</td>
<td>200 plants</td>
</tr>
<tr>
<td>Corn</td>
<td>410 ears</td>
<td>410</td>
<td>1 qt.</td>
</tr>
<tr>
<td>Carrots</td>
<td>375 lbs.</td>
<td>300</td>
<td>1 1/2 oz.</td>
</tr>
<tr>
<td>Tomatoes</td>
<td>415 lbs.</td>
<td>150</td>
<td>55 plants</td>
</tr>
<tr>
<td>Beets</td>
<td>300 lbs.</td>
<td>325</td>
<td>6 oz.</td>
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<tr>
<td>Squash</td>
<td>100 lbs.</td>
<td>75</td>
<td>1/2 oz.</td>
</tr>
<tr>
<td>Turnips</td>
<td>225 lbs.</td>
<td>225</td>
<td>1 1/2 oz.</td>
</tr>
<tr>
<td>Onions</td>
<td>230 lbs.</td>
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<td>4 1/2 qts. sets</td>
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<tr>
<td>Greens</td>
<td>240 lbs.</td>
<td>225</td>
<td>2 1/2 oz.</td>
</tr>
</tbody>
</table>
A TODOS LOS BETABELEROS:

EL HOMBRE PREVENIDO ES NUNCA JAMAS VENCIDO

Desde que esta industria empezó, éstos han sido los "peores tiempos" tanto para los trabajadores de betabel, como para muchos otros. Estos "tiempos malos" exigen una necesaria y especial atención de su parte, así como de muchos otros, para proveer alimento y otras necesidades para su familia, especialmente para el próximo invierno.

En esta carta explicamos algunos métodos prácticos para la conservación de frutas y legumbres, para uso durante el invierno. Las legumbres para dicha conservación, pueden obtenerse del exceso que hay ahora de algunos de estos productos y que habrá de otros más tarde, y estos productos tanto de jardín, como de labor podrán ser obtenidos con facilidad, podemos decir, por todos los betabeleros. La oportunidad es de usted, Aprovéchese de ella.

Es muy posible que usted ya sepa preparar todo de lo que aquí hablamos. Si esto es así, creemos que ningún mal hemos hecho a usted con mandarle esta carta. Si usted no sabe muy bien de ésto, esperamos que esta carta le sea beneficiosa, pues es la única razón por la que se ha escrito.

El dinero que cuesta la conservación de legumbres por medio de estos métodos, es muy poco o casi nada, pero sí requieren algunas horas de trabajo de su parte. Por este trabajo, usted recibirá mucho beneficio.

Si usted no tiene en su jardín exceso de verduras haga por conseguirlas, con el consentimiento del dueño, del jardín o labor de cualquier otro. Puede ofrecerle sus servicios cosechando frutas, verduras, o haciéndole otra clase de trabajo, a cambio de frutas o verduras en pago de sus servicios. Muchos de los rancheros tienen o tendrán en sus jardines más productos de lo que ellos pueden usar. En algunas labores de varios de los distritos, hay ahora mucho ejote, repollo y otras verduras que se están desperdiciando por la razón del bajo precio que hay en el mercado para ellas y no conviene a los rancheros cosecharlas. Es muy posible que pase lo mismo con otras verduras que se maduran más tarde en la estación.

TRES METODOS

El primer método es por medio de embotar, o lo que en Inglés se llama "canning." Muy poco escribiremos aquí sobre este sujeto. Si sus experimentos personales en años anteriores sobre este método no le han dado buen resultado, entonces consulte a otra persona que tenga práctica y siga sus instrucciones muy cuidadosamente. Por medio de este procedimiento pueden embotarse toda clase de frutas, tomates, esotes, ejotes y chicharo verde, si se sabe como preparar cada artículo.

ALMACENAJE EN PILA O SOTANO

El segundo método consiste en conservar las legumbres por medio de almacén las ya sea en sótanos o pequeñas pilas. El sistema de almacenar en sótano o subterráneo es muy bien conocido por todos. Si usted no tiene sótano en su casa, puede hacer con facilidad unas pilas para almacenar bastantes verduras. Si usted no ha tenido experiencia con este método, su ranchero le aconsejará, si usted le pregunta. En esta clase de pila, mucha gente almacena año por año Papas, Zanahorias, Betabel Colorado, Nabo, etc. Las legumbres que se han de almacenar deben estar bien maduras y sin que se hayan pasado, libres de toda seña de putrefacción. A los Nabo, Zanahorias y Betahels deben cortarse las hojas antes de almacenarse, dejándole los rabos de dos pulgadas de largo. El almacenaje debe hacerse en los últimos días del Otono, cuando las verduras han dejado de crecer.
El lugar para almacenar las verduras debe estar bien seco. Póngase una capa de paja, u hojas secas, en la superficie de la tierra y aplíense las verduras sobre la paja como lo enseña la fotografía que sigue.

Cúbranse las verduras con una capa de paja de doce pulgadas de grueso. Sobre la paja pónganse de dos a tres pulgadas de tierra mientras el frío no sea fuerte, pero tan pronto como el Invierno llegue, póngase tanta tierra cuanta sea necesaria para evitar que las verduras se hielenc. La cantidad de tierra necesaria para evitar la congelación, varía en diferentes estados pero en la mayoría de las localidades, una capa de tierra de tres pies de grueso es suficiente. Si el invierno fuese muy frío, no habrá necesidad de poner más tierra, si arriba de los tres pies ya puestos, se pone más paja, estiérdela o sacáte. Pilas que contengan no más de tres bushels de verduras, tendrán bastante ventilación, si la paja que cubre las verduras se deja que salga hasta fuera de la tierra por la parte superior de la pila. Estas puntas de la paja se cubrirán con una tabla o alguna otra cosa que prohíba la entrada del agua.

Cuando la pila está perfectamente bien hecha, las verduras se conservan bien mientras permanezcan tapadas, pero una vez abierta la pila, todas las verduras tienen que ser sacadas. Por lo mismo, es preferible almacenar las verduras en dos o tres pilas pequeñas y a la vez, en lugar de hacer una pila de una pura clase de verdura, es mejor almacenar pequeñas cantidades de diferentes verduras en cada sola pila. En caso de poner varias clases de verdura en una sola pila es conveniente separar las verduras con paja.

El repollo puede ser almacenado en pilas iguales a la mencionada. El método consiste en arrancar las cabezas de repollo con todo y raíz. Estas se colocan en la pila en tres hileras y con la raíz para arriba y de esta manera pueden sañarse durante el invierno de dos o más cabezas a la vez sin perjudicar las demás.

Pequeñas heladas no perjudican al repollo, por lo mismo no hay necesidad de cubrir las pilas con tanta tierra como se hace con las otras verduras.

Las verduras frescas durante el invierno son saludables tanto para los niños como para los adultos. Los métodos arriba mencionados us otros similares le dan la oportunidad de proporcionárseles a su familia.

**METODO DE SECAR**

Este es el tercer método de los arriba mencionados. El Departamento de Agricultura de Los Estados Unidos dice: "*El sistema de secar es una manera muy importante para conservar alimento.*" En estos estados en donde se cosecha el betabel, es más fácil secar verduras, por la razón de el mucho sol y aire seco que tenemos, cosa que muchos otros estados no tienen. El proceso prácticamente no cuesta mucho dinero. El producto después de seco es más liviano y por lo mismo puede ser transportado con facilidad y almacenado en grandes cantidades. Casi todas aquellas verduras que no muy bien pueden ser almacenadas en pilas o subterráneos pueden ser conservadas sacándose. Algunas legumbres son de mejor calidad cuando son secadas que cuando son embotadas.

Cualquier verdura o fruta que puede echarse a perder rápidamente, debe ser secada inmediatamente después de cortarse. No conserve verduras que no están buenas para comer el día en que las va a secar.
ELOTE

El elote de cualquier clase de maíz de jardín o de campo, es bueno siempre que esté en condiciones de comerse. El Departamento de Agricultura de Los Estados Unidos escribe: "El elote seco es un delicioso alimento, y es tan o más superior al elote embutido." El maíz que se va a secar, no debe retenese en sacos o cajas ni medio día después de cortado sino que debe trabajarse inmediatamente después de ser cortado.

Límpiese el elote de hojas y demás. Póngase en agua hirviendo y déjese hervir de cinco a ocho minutos, o sáquese tan pronto como la leche del grano se haya cuajado. Córtense el grano del elote y póngase a secar en bandejas u otros utensilios extendiéndolo no más de una pulgada de grueso. Para que se seque igual, muevase o menésese con mucha frecuencia hasta que se seque. El maíz puede decirse que está seco cuando el grano se ha endurecido.

Otra manera muy conocida de secar elotes es, hirviéndolos y poniéndolos a secar en el olate, esto es sin desgranar o cortar los granos. Como es natural, de esta manera no puede ser almacenado en grandes cantidades en un pequeño espacio después de haberse secado.

Cualquiera que sea el método que se use, no veo la razón para que cada familia trabajadora de betabel no seque de cincuenta a cien libras de maíz este otoño.

TOMATES

Los tomates que se van a secar deben estar bien maduros pero a la vez sólidos. Córtense en rebanadas de media pulgada de grueso, pónganse a secar extendiéndolos en bandejas u otros utensilios siempre que no sean de metal y si lo son, póngase arriba de las bandejas lienzos de manta blanca o papel. Cuando se usen bandejas de madera, éstas pueden ser protegidas dándoles una capa de parafina con una brocha.

Voltéense las rebanadas de tomate con mucha frecuencia para que se sequen por ambos lados a la vez. Cuando el tomate está seco no despede humedad y se quiebra con facilidad al apretarlo entre los dedos.

CALABAZA

Cualquier clase de calabaza puede ser secada, tanto las tiernas como las maduras. Córtense en rebanadas. Pónganse en agua hirviendo de cinco a seis minutos. El tiempo que debe permanecer hirviendo, depende de la clase de calabaza. Las rebanadas deben ser sacadas del agua tan pronto como se pongan semi-transparentes. La calabaza no debe secarse hasta que esté quebradiza, sino que debe guardarse cuando está poco elástica o como si fueran las rebanadas de cuero pero sin humedad.

Por supuesto que todos lo saben que las calabazas pueden ser conservadas enteras si se almacenan en cuartos de una temperatura moderada.

Otras verduras, como frijol verde, chícharo verde, betabeles, y zanahorias pueden ser secadas.

El chícharo y el frijol deben ser pizazados cuando han dejado de crecer. Esto se conoce cuando las vainas se empiezan a poner amarillas. Pónganse a hervir. El chícharo de uno a dos minutos y el frijol cinco minutos. El agua en que se hiervan los chícharos debe contener dos encharadas (grandes) de sal por cada galón. No se ponga sal en el agua en que se hierva el frijol. Pónganse a secar en bandejas, extendiéndolos de media pulgada de grueso. Muévanse con frecuencia hasta secarse.

Tanto el frijol como el chícharo, se puede decir, que están secos, cuando no enseñan humedad al partirse por la mitad.

MANZANAS

Las manzanas que se han de secar deben estar bien maduras pero no pasadas. Las manzanas que enseñan raspaduras o golpes, estas partes de la manzana deben ser cortadas.

Córtense en rebanadas de un cuarto de pulgada de grueso y pónganse a secar en hileras sensillas sin ser empalmasadas.

Se conoce que la manzana está lista para almacenarse, cuando después de haber apretado con fuerza entre la mano un puñado de rebanadas, éstas se separan con facilidad al soltarse y sin dejar humedad en la mano.

Prácticamente todos los métodos para secar frutas y legumbres, que hemos mencionado aquí han sido tomados de un folleto escrito por el Departamento de Agricultura de Los Estados Unidos. El Gobierno Federal y otras organizaciones en varios estados están haciendo todo lo que pueden para lograr que la
gente que vive en los ranchos conserve este verano alimento para el próximo invierno. Por lo mismo, muestra recomendación a usted, es en conexión con los planes recomendados por dichas agencias. Todos lo saben que este año es un período de crisis, durante el cual, cada uno debe hacer un esfuerzo para protegerse él y su familia, secando todos los alimentos que puedan ser secados y almacenar legumbres en subterráneos o pilas este Otoño.

Ya sea que usted intente invernar en el rancho o moverse a la ciudad, estos métodos son prácticos. Casi en cada sección hay ahora un exceso de verduras de una clase y habrá de otra clase más tarde.

Esta es su oportunidad para conservar alimento para el próximo invierno.

Todos esperamos que los negocios y condiciones de empleo para 1933 sean mejores que este año.

Su S. S.

C. V. MADDUX,
Labor Commissioner.
COUNTY COMMISSARY AND R.F.C. FUNDS

Larimer County dependent families were given cooked meals instead of groceries after June 21st. The meals averaged .047 cents per capita. This method of feeding the poor has been a saving of $1000.00 a month over the method of giving groceries.

The Home Demonstration Agent planned a weeks menu.

The equipment in the kitchen includes a large stove, sink, utensils, steam table and dining room.

The people are served cafeteria style by help in the kitchen which is made up of dependents entirely, wearing white uniforms. A dining room in connection is divided in two parts, one for whites and one for Mexicans.

The children attending the commissary were weighed twice, once in June and once in July.

The Central Committee in charge of Red Cross funds called on the Home Demonstration Agent to plan a weeks grocery list for a family of 5 and an individual. Bulletins from the College and a price list of groceries from a local store necessary for a minimum diet were given the Committee.

The Home Demonstration Agent has spoken before three clubs on minimum diets. The total attendance was 90.
XIV. NAME OF PROJECT: COMMUNITY ACTIVITIES

SUB-PROJECT: ENCAPHERENTS

PHASE: 4-H CLUB CAMP

II. LOCATION: LARIMER COUNTY

III. DATE EFFECTIVE: February 1, 1933

IV. ECONOMIC BACKGROUND:

Boys and Girls of the rural districts in Larimer County very often work on the farm all thru the summer without an opportunity of visiting the mountains. Because of this fact a 4-H club camp was planned for 4-H club boys and girls who had completed a year's work. The trip to 4-H club camps is a reward to be looked forward to for an entire year.

V. HISTORY:

The first club camp of Larimer County was held in 1923 at the County Fair in Loveland, Colorado. The camp lasted for two days and was a reward to all club members who had satisfactorily completed a year's work. 50 attended the first camp. The Fair Board paid the expenses of those attending camp. In 1924 there were 200 boys and girls who attended camp. In 1925 126 attended club camp at Loveland. Because club camp at the County Fair had grown to such an extent the County Fair had difficulty in accommodating the boys and girls in 1927, the camp was held on the Big Thompson River at cliff Gleft. 60 members attended this lovely camp. In 1928 there were 75 boys and girls who attended club camp at Pingree Park. In 1929 there were 88 boys and girls who attended club camp at Pingree Park while in 1930 there were 119 who attended camp. In 1931 50 attended club camp and one hundred and nine 4-H club boys and girls attended club camp for 1932.

VI. OBJECT:

The object of club camp is to provide some reward and recreation for the boys and girls who have satisfactorily completed club work.
VII. GOAL:

To make club camp a place where the 4-H club boys and girls of Larimer County are made better boys and girls for having spent four days in the mountains of Colorado.

VIII. GOAL FOR 1932:

1. To have only 100 boys and girls attend.
2. To have a trained nurse in camp.
3. To have some forestry instruction.
4. To have a camp newspaper.

IX. PROCEDURE:

The Forestry lodge at Pingree Park was secured as a 4-H club camp site early in the year. The dates for 4-H camp were set; August 7, 8, 9 and 10. This is an ideal location for 4-H club camp.

There are two large buildings, one for the girls dormitory and one in which there is a kitchen and dining hall which is used for recreational purposes.

The lodge is located in a small mountain valley, 9,037 feet above sea level and 54 miles from Fort Collins.

There is an area of ground in front of the lodge which is used for ball games and other recreational activities.

Financial statement of camp:

Income

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>94 people @ $1.00</td>
<td>$94.00</td>
</tr>
<tr>
<td>Vegetables sold to Mrs. Derby</td>
<td>3.76</td>
</tr>
<tr>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$97.76</td>
</tr>
</tbody>
</table>

Expenditures

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bungalow Grocery store $66.67</td>
<td></td>
</tr>
<tr>
<td>Refund on returned groceries</td>
<td>$5.94</td>
</tr>
<tr>
<td></td>
<td>59.83</td>
</tr>
<tr>
<td>Cook</td>
<td>20.00</td>
</tr>
<tr>
<td>Assistant Cook</td>
<td>2.00</td>
</tr>
<tr>
<td>Banquets for cream</td>
<td>2.15</td>
</tr>
<tr>
<td>Groceries at Derbys</td>
<td>2.72</td>
</tr>
<tr>
<td>Laundry</td>
<td>6.10</td>
</tr>
<tr>
<td>Straw</td>
<td>3.00</td>
</tr>
<tr>
<td></td>
<td>93.50</td>
</tr>
</tbody>
</table>

Menu

**Sunday Supper**
- Steak Potatoes Gravy
- Cabbage salad
- Bread and Butter
- Apricot cobbler

**Monday Lunch**
- Macaroni Cheese Tomatoes
- Green Beans
- Corn bread butter
- Fruit Cookies

**Tuesday Breakfast**
- Prunes
- Oatmeal
- Baked eggs on toast
- Coffee Cocoa

**Tuesday Supper**
- Stew
- Corn
- Biscuits Butter
- Cherry Cobbler

**Wednesday Lunch**
- Cheese Sandwiches
- Apple butter sandwiches
- Tomatoes
- Sweet pickles - Cookies

**Monday Breakfast**
- Dried Figs
- Oatmeal Cream
- Scrambled eggs
- Toast Coffee
- Cocoa

**Monday Supper**
- Meat Loaf
- Boiled Potatoes
- Beets
- Bread Butter
- Apple Betty

**Tuesday Lunch**
- Ham & Pickle sandwiches
- Apple Butter sandwiches
- Ripe Tomato
- Cookies

**Wednesday Breakfast**
- Apple sauce
- Creamed beef on toast
- Coffee Cocoa
Camp Schedule

6:00 A.M. Rise
7:00 A.M. Breakfast
8:15 A.M. Morning Program
12:00 Noon Dinner
1:00 P.M. Quiet
2:00 P.M. Recreation
6:00 P.M. Supper
7:30 P.M. Evening program

Camp Committee

Committees were appointed on setting the tables, pouring water at the table, clearing the tables, washing dishes, assisting with dishing food, and getting wood. Two boys and two girls were placed on each committee.

Group Sponsors

The entire camp was divided into groups with a 4-H Club leader or older boy in charge of each group. The members of each group accounted for their activities to their sponsors. The sponsors inspected the sleeping quarters and head their group in games.

Club Newspaper

A club newspaper called "The Roosevelt Herald" was edited daily. The editorial staff was composed of Floyd Hale - Editor; Audrey Nesscott and Roy Erge - Sports Editors; Jane Mitchell - Poets' Corner; Jerry Brossia - Wantads; Naomi Crane - Feature; Jack Beardsley - Feature; Ruth Bartels - Society Editor; Kenneth Elliott - Humor.

Recreation

Miss Ella Gardner of Washington D. C. was in charge of the recreation. A sponsor and one member from each group received special instruction in conducting games. These leaders lead games during recreation hours. Miss Gardner trained groups for stunt night which was the last night.

Trained Nurse

Mrs. Helen Greensmyer a trained nurse was in camp at all times. Few children needed her care, only fainting spells and nose bleed were treated.
Forest Ranger

Mr. Wm. R. Kreutzer, Forest Supervisor and Ranger Fayson attended camp and told of forest fire control.

Games at 4-H Club Camp.

Games under group leadership.
Dear Club Member:

Our Annual County 4-H Club Camp will be held in Pin-
gree Park, August 7 to 10. The College owns the buildings and
grounds where we will be located. There is a large dormitory
for the girls, and the boys will sleep in a big tent.

Adult leaders and trained nurse will be along to as-
sist in management of the camp. Miss Ella Gardner, a National
recreation specialist from Washington D.C. will have charge of
the recreation in camp.

We expect Forest Supervisor Wm. R. Kreutzer, Ranger
"Hank" Payson and Mr. H. V. Kelton, Navy Recruiting Officer in
Fort Collins to be with us part or all of the time.

START From Fort Collins Postoffice at 9 o'clock Sunday morning
August 7th. Those from south part of County should go by Mason-
ville and up the Buckhorn.

LUNCH - Take a sack lunch from home to eat before we reach camp.

WHAT TO TAKE
1. Towel, wash cloth, soap, comb, toothbrush.
2. Three blankets, two sheets, pillow slip.
3. Comfortable shoes (girls don't wear high heels).
4. Girls wear hiking clothing or overalls. Bring an
   extra pair of hose and a dress to wear evenings.
5. Boys bring extra shirt and pair of socks.

TRANSPORTATION - Each club must be responsible for transportation
of its members. Get in touch with your leader at once to plan for
transportation. The County Commissioners will furnish trucks to
haul bedding and food supplies.

REGISTRATION - If you plan to go to camp fill out the blank at
the bottom of page and be sure it is in this office NOT later
than Wednesday, August 3rd.

FOOD CONTRIBUTION - Each boy is asked to bring one dozen eggs;
each girl one dozen cookies. Check on the blank, vegetables
you can bring.

STUNT NIGHT - Will be Tuesday night. Each club should put on
a stunt.
COST OF CAMP — The charge this year for camp will be $1.00 each.

CAMP CLOSES — With breakfast Wednesday, August 10th. Lunch will be furnished to eat on the way home. Bedding and baggage un-called for will be left at County Garage in Fort Collins.

Very truly yours,

Delphine Dawson  
Home Demonstration Agent.

Dr. W. Bascom  
County Extension Agent.

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COUNTY EXTENSION OFFICE, Fort Collins, Colorado.

Please enroll me for 4-H Camp at Pingree Park, August 7th to 10th. I enclose $1.00 as my camp fee.

I can bring vegetables as follows:

<table>
<thead>
<tr>
<th>Vegetable</th>
<th>Pounds</th>
<th>Pounds</th>
</tr>
</thead>
<tbody>
<tr>
<td>Onions</td>
<td></td>
<td>Peas</td>
</tr>
<tr>
<td>Carrots</td>
<td></td>
<td>Sweet corn</td>
</tr>
<tr>
<td>Beets</td>
<td></td>
<td>Cherries</td>
</tr>
<tr>
<td>Turnips</td>
<td></td>
<td>Raspberries</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Apples</td>
</tr>
</tbody>
</table>

Paid by:
Check ______
Cash ______
Money order ______

Signed ____________________________

Address ___________________________
Community ___________________________
Leaders Name _______________________

K
XIV. NAME OF PROJECT: COMMUNITY ACTIVITIES

    SUB-PROJECT: FAIRS
    PHASE: JUNIOR FAIR

II. LOCATION: LARIMER COUNTY

III. DATE EFFECTIVE: February 1, 1933

IV. ECONOMIC BACKGROUND:

    The County Commissioners have been sponsoring the
    Larimer County Fair at Loveland for many years at
    a great financial loss. In the summer of 1930 it
    was decided that there would be no County Fair.
    It is quite necessary for 4-H Club boys and girls
    have some place to exhibit their years work and
    so plans were made to substitute a Junior Fair for
    the County Fair.

V. HISTORY:

    A Junior Fair never had been held in Larimer County
    before 1930. In 1930 a very successful Junior Fair
    was held.

VI. OBJECT:

    The object of the Junior Fair was to provide some
    place for an exhibit of 4-H club work, school work
    and to arrange for entertainment and Recreation for
    the boys and girls of Larimer County.

VII. GOAL:

    To hold a two day fair in Loveland, Colorado some
    time in September.

VIII. GOAL FOR 1932:

    1. To have exhibits of boys and girls 4-H club
       work.
    2. To give ribbons and no cash prizes.
    3. To have the championship demonstration teams
       demonstrate.

IX. PROCEDURE:

    The County Agent and Home Demonstration Agent met
with the Loveland Chamber of Commerce in August to make final plans for the Laramie County Junior Fair.

The Fair dates set were September 9th and 10th.

The girls clothing work was sent to the County Extension Office September 5th to be judged. Mrs. Roy Forman of Fort Collins judged the Clothing. Each article was properly labeled and entered in the Extension Office. The articles of work were judged as A, B and C.

After the general classification was made each article was graded A-90 to 100; B-80 to 89; C-70 to 79. A record of each girl's grades was made and an average determined. 1st, 2nd, 3rd, 4th and 5th prize ribbons were given in each years work.

Mrs. Clyde Brown of Fort Collins was judge in Foods work.

In clothing the following grades were given:

<table>
<thead>
<tr>
<th>Year</th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>18</td>
<td>28</td>
<td>28</td>
</tr>
<tr>
<td>2nd</td>
<td>3</td>
<td>19</td>
<td>5</td>
</tr>
<tr>
<td>3rd</td>
<td>3</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>4th</td>
<td>2</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5th</td>
<td>5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Total  | 29| 50| 31|

In foods the following grades were given

<table>
<thead>
<tr>
<th>Year</th>
<th>A</th>
<th>B</th>
<th>C</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st</td>
<td>7</td>
<td>21</td>
<td>15</td>
</tr>
<tr>
<td>2nd</td>
<td>5</td>
<td>7</td>
<td>6</td>
</tr>
<tr>
<td>3rd</td>
<td>6</td>
<td>8</td>
<td>1</td>
</tr>
<tr>
<td>4th</td>
<td>3</td>
<td>1</td>
<td></td>
</tr>
</tbody>
</table>

| Total  | 15| 37| 23|

In summarizing the grades it is evident they fall in the law of averages, that is 1/4 are A, 1/2 are B and 1/4 are C.

The girl receiving the highest grade in each years work was the champion of that year. The girl with the highest foods grade was foods champion, the girl with the highest clothing grade was Clothing Champion.
1st yr. Clothing
1st - Mary Franz, Ft. Collins 95.9
2nd - Shirley Garrett, Ft. Collins 95.5
3rd - Ruby Chance, Loveland 94.7
4th - Josephine Straight, Ft. C. 94.
5th - Jewel Hendreschke, Loveland 93.4

2nd yr. Clothing
1st - Bertha West, Loveland 93
2nd - Elline McQuain, Wellington 91.4
3rd - Bernice Huppe, Berthoud 90.6
4th - Elvina McCullough, Wellington 89.2
5th - Barbara Stockley, Ft. Collins 88.8

3rd yr. Clothing
1st - Marjorie Autrey, Waverly 92.2
2nd - Rosalie David, Big. Thompson 91.6
3rd - Stella Yockey, Big Thompson 91
4th - Genevieve Peterson, Berthoud 87.9
5th - Hazel Brown, Big Thompson 86.

4th yr. Clothing
1st - Lucile Amen, Harmony 95.5
2nd - Doris McQuain, Waverly 90.2

5th yr. Clothing
1st - Ruby Amen, Harmony 96
2nd - Helen Hale, Loveland 93
3rd - Edith Carlson, Loveland 90

Foods Clubs
1st yr. Foods
1st - Lucile Amen, Ft. Collins 93.
2nd - Ann Garrett, Ft. Collins 90.3
3rd - Inez Worth, Ft. Collins 89.3
4th - Ida Mae McFarlane Ft. Collins 86.5
5th - Ruth Eaton, Berthoud 86.3

2nd yr. Foods
1st - Ann Garrett, Ft. Collins 95.2
2nd - Ruby Amen, Harmony 95
3rd - Lucile Amen, Harmony 92
4th - June Wright, Ft. Collins 90.4
5th - Agnes Rigden, Ft. Collins 90.2
3rd yr. Foods

1st - Rebecca Akin, Timnath 92.7
2nd - Rosalie David, Big Thompson 92
3rd - Vivian Akin, Ft. Collins 91.7
4th - Josephine Westerdeg, Timnath 91.4
5th - Ruth Bartels, Ft. Collins 91

4th yr. Foods

1st - Ruby Chance, Loveland 91
2nd - Frances Yockey, Loveland 91
3rd - Jewel Hendrmaschke, Loveland 88.8

Champions

Foods Champion - Ann Garrett
Clothing Champion - Ruby Amen

Exhibit Hall

The clothing and foods exhibits were displayed in the girls building which was decorated with pine boughs and green burlap.

The clothing was exhibited according to each year's work. Each girls exhibit was displayed as a unit.

The foods exhibit was displayed in glass cases and on shelves.

Program

A program of games and races was held Saturday, the second day. There was no charge for either entrance to the grounds or the program. A merry-go-round and Ferris wheel were operated on the grounds both days.

Cost of Fair

The County Commissioners gave $300.00 for the Junior Fair. This covered the expenses of the school exhibits as well as the 4-H Club exhibit.

The Clothing judge, Mrs. Roy Porter was paid $6.00. A helper in the girls hall, Miss Lura Webster was paid $6.00. The cost of the ribbons was $40.00 for the whole fair.
**CALENDAR for 1933:**

<table>
<thead>
<tr>
<th>When</th>
<th>What</th>
<th>Who</th>
<th>Completed</th>
</tr>
</thead>
<tbody>
<tr>
<td>June</td>
<td>Set dates for Junior Fair</td>
<td>Co. Agent H.D.A.</td>
<td>June</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Sept. of Schools &amp; A H.D.A.</td>
<td></td>
</tr>
</tbody>
</table>
COOPERATIVE EXTENSION WORK
in
AGRICULTURE AND HOME ECONOMICS
STATE OF COLORADO
FORT COLLINS

Colorado Agricultural College,
United States Department of Agriculture,
Larimer County, cooperating. Extension Service
August 30, 1932

Dear 4-H Club Girl:

The Larimer County Junior Fair will be held September 9th and 10th in Loveland, Colorado. In order to complete your 4-H Club work and receive a grade for your work it is necessary for you to exhibit at the Fair.

Send all clothing exhibits to the County Extension Office on Tuesday, September 6th. Bring foods exhibits to the Fair grounds, Friday, September 9th and have them in by 9 o'clock.

Because of the economic situation this year only ribbons will be given. In discussing this plan with the boys and girls over the County they agreed to receive only ribbons and thus help to cut down expenses. I think this is a splendid attitude for the boys and girls to take, but then, you can always depend on 4-h boys and girls to do the right thing.

There will be a champion 4-H Foods girl and champion 4-H Clothing girl selected at the Junior Fair who with the two championship Foods and Clothing Demonstration Teams will go to the State Fair at Pueblo.

All 4-H Club Clothing and Foods exhibits will be judged and placed in a class of A, B, and C. A is a grade of 90-100, B a grade of 80-89 and C a grade of 79 or below to 70. An average of each girl's grades will be made which will determine her rating of either an A, B, or C girl. 1st, 2nd, 3rd, 4th and 5th prize ribbons will be given to the girls in each years' work receiving the five highest grades. The Champion Clothing and Foods Girls will be the girls receiving the highest grades in Foods and Clothing work.

Class 1 - Clothing

Rules applying to all clothing entries:
1. The exhibitor must belong to the year of club work in which they are exhibiting.
2. Club members must exhibit all garments required in the projects in which they are enrolled.
3. The garments may be worn before exhibiting but should be clean when exhibited.
4. All exhibits must have the name, address and county of the owner attached. This should be written on cloth and sewed inside at the top of the garment, and on the back of such articles as pant holders.
5. The following information should be copied from the record book onto a slip of paper and attached to the garment:
   - Class (as listed on this list).
   - Time used in making.
   - Kind of material.
   - Number of yards used.
   - Price per yard.
   - Cost of trimmings and findings, bindings, etc.
   - Total cost.
6. Exhibits must be accompanied by record books and health record book.
7. The Champion Clothing Club member will be decided on the exhibit and modeling of dresses.
Modeling will take into consideration the wearing of the
dress, the accessories, shoes, hose, posture and general
appearance.
Exhibit ........................60
Modeling ........................40
Total .........................100 points.

The following score card will be used in judging the
modeling:
General appearance ..........40
Design of costume ..........20
Materials in costume .........15
Economic factors .............15
Modesty and social influence 10
Total .........................100 points

8. Each year's Champion will be selected and required to com-
peete for county Champion in the same manner.

First Year Clothing

Prom. No.
1. Collection of: Kitchen ensemble consisting of: hand towel,
holder, club apron and cap. Record sheet, Health Record,
Story. ...........................
       1st, 2nd, 3rd, 4th, 5th place ribbon

Second Year Clothing

2. Collection of: Laundry bag, undergarment, sleeping garment,
tailored dress, clothing account sheet, clothing account
record. Health record, Story -
       1st, 2nd, 3rd, 4th, 5th place ribbon

Third Year Clothing

3. Collection of: Summer dress, darn and patch on garment or
stocking. Shoe pocket. Clothing record, Health record,
Story -
       1st, 2nd, 3rd, 4th, 5th place ribbon

Fourth Year Clothing

4. Collection of: Dress, silk, wool or rayon. Slip, Collar
and Cuffs or scarf. Dress bag. Record sheets, Health
record -
       1st, 2nd, 3rd, 4th, 5th place ribbon

Fifth Year Clothing

5. Collection of: Child's dress, boy's suit, or infant dress,
Coat or suit. Outwork luncheon set. Clothing record sheets,
Health record -
       1st, 2nd, 3rd, 4th, 5th place ribbon

6. Champion - Ribbon

Class 2 - Foods

1. Exhibitors must belong to the year of club work in which
they are exhibiting.

2. Foods exhibited shall be made by recipes given in club
bulletins.

3. The record book complete to date is required as part of
the exhibit and shall accompany exhibit.

4. Health Record books are required to be exhibited with all
Foods Club exhibits.

First Year Foods, Meal Preparation

Prom. No.
7. Collection consisting of: Gingerbread (uncooked), six oatmeal
cookies or cake showing use and value of milk, fruit or
vegetables. Health record. Meal Preparation Club record,
       1st, 2nd, 3rd, 4th, 5th place ribbon.
Second Year Foods, Baking

8. Collection consisting of: 1 loaf white bread or whole wheat yeast bread. Six whole wheat muffins, 1 2-layer cake (3 or 3 eggs) with icing. Baking Club record. Health record 1st, 2nd, 3rd, 4th, 5th place ribbon

Third Year, Canning

Rules applying to all canning entries:
1. All products exhibited must have been canned since October 1, 1931, by the club member under whose name they are entered.
2. Separate jars must be shown for each class entered.
3. Products judged in all canning, except pickles, relishes, jellies, and jams, must be canned by hot or cold pack method.
4. Any canning exhibit which is considered by the judge to be a "fancy pack" will be barred from competition. Consult Leaders Manual.
5. Paste label giving exhibitors initials, address and county on bottom of jars. Label jars on the outside with the name of the product only. Paste the label one inch from the bottom of the jar.

Fourth Year Foods or Food Preservation

10. Collection consisting of: 10 jars, to include at least 2 varieties each of canned vegetables, fruit and meat. Canning record. Health record 1st, 2nd, 3rd, 4th, 5th place ribbon

11. Champion - Ribbon

We are sending you an enrollment card for 4-H Club work next year. You members who have completed this year's 4-H Club work are given an opportunity to join a club now. The new 4-H Club members must wait until spring to enroll. If you want to continue 4-H Club work, sign the enclosed card and mail immediately.

Truly yours,

Dolphine Dawson,
Home Demonstration Agent.

P. S. School exhibits which will be in charge of Mrs. Williams, should be in place by 5 P. M. on September 8th. Full information about school exhibits may be had from the County Superintendent's office.

Races and contests of all sorts for girls and boys will be on the program, so come prepared.

DD

DD:RK
PLANS COMPLETE FOR JUNIOR FAIR HERE NEXT WEEK

Entertainment for Two-Day Show, Flower Exhibit, Planned by Local Committees.

Plans for the third annual County Junior Fair to be held here next Friday and Saturday, Sept. 9 and 10, were nearing completion today as local committees were lining out plans for entertainment, concessions, exhibits and a flower show during the two-day event.

The big entertainment feature of the show will be a track meet held under the direction of Coach H. E. Reed of Loveland High school. Elmer Hicks will have charge of concessions which will be put up at the fairgrounds during the fair, and Louis Weisberg is in charge of plans for a county-wide open-to-all flower show which will be held in connection with the fair. Charles Webb heads the committee to tend to cleaning up the fairgrounds and getting exhibition booths in order for the fair.

Meanwhile some three thousand exhibits were being lined up by boys and girls of the county who are exhibiting their prize-winning goods this year without hope of monetary award. Ribbons will be given the winners but the young people have offered to donate the money usually given for prizes to the county's poor relief fund this year.

Entry lists have been sent out to both boy and girl exhibitors and a county school exhibit is also being prepared. Entries in the 4-H and Smith-Hughes club work are being made through the county extension agent's office. Teachers will obtain entry lists from the county superintendent's office and will then care for their own exhibits. Individual boys and girls who are not club members but may wish to exhibit are urged to do so and may obtain entry lists from the county agent's office.

All school exhibits must be in the art building by 5 p.m., Thursday, Sept. 18, Mrs. Ura Williams has notified teachers. Other exhibits must be entered Friday morning in time for judging to start Friday afternoon.

There will be no admission charges nor entry fees for the fair.
XIV. PROJECT: COMMUNITY ACTIVITIES

Sub-Project D - Fairs

Phase I. State Fair - 4-H Clubs

Members attending and Prizes Won

Six 4-H Club girls and two leaders attended State Fair as representatives of Larimer County. The Larimer County group went to Pueblo on the Colorado and Southern train. The County Commissioners supplied $4.00 per person which was the cost of food at camp. Transportation was furnished by the State Fair Commission.

Those attending were Ruby Amen, Clothing Champion; Ann Garrett, Foods Champion; Frances Yokley, Ruby Chance as food demonstration team; Helen Tilton and Elaine McQuain on the clothing demonstration team and Mrs. Eloise West and Mrs. J. W. Autrey, as chaperons.

The prizes won at State Fair were Meal Preparation Championship by Lucille Amen, Baking Champion by Ann Garrett and Fall Stock Show trip by Frances Yokley. All three of the girls won a trip to the National Western Stock Show at Denver. Lucille Amen won the second prize in 4th year clothing while Ruby Amen won third prize in 5th year clothing.

Supervision of Kitchen

The Home Demonstration Agent was in charge of the kitchen and dining room at Camp Tobin during the State Fair. 417 4-H Club boys and girls and their chaperons ate at the camp grounds. 7600 people were served during 19 meals. There were 15 negroes who assisted in the kitchen, two night cooks and one supervisor during the day, vegetable girls, dining room girls and dish washers.

The Home Demonstration Agent planned the meals, purchased the food, and supervised the serving.

The meals were served family style instead of cafeteria style as last year. This method of serving called for help from the 4-H Club girls but was very satisfactory. All the food was placed on the tables. The total expense of camp was $924.08 which included $398.40 for help. The food cost was $631.68.
STATE FAIR MENU

Sunday Breakfast
Stewed prunes
Corn flakes  Fried eggs
Toast  Coffee  Cocoa

Sunday Noon
Frankfurters
Mashed potatoes
Rolls and butter
Fruit cup
Graham crackers

Sunday Supper
Meat Loaf
Boiled potatoes
Cabbage salad
Rolls and butter
Ice cream  wafers

Monday Breakfast
Melon
Rolled oats
Baked eggs
Toast  Coffee  Cocoa

Monday Noon
Boiled beef
Potatoes with jackets
Stewed tomatoes
Lettuce salad
Whole wheat bread
Butter
Gingerbread  sauce

Monday Supper
Macaroni and cheese
Green beans  salt side
Waldorf salad
Whole wheat bread  butter
Fruit cup  cookies
Milk

Tuesday Breakfast
Stewed figs
Oatmeal
Scrambled eggs
Toast  Coffee  Cocoa

Tuesday Noon
Baked ham
Boiled potatoes
Boiled creamed cabbage
Sliced tomatoes
Rolls  Butter
Pudding & chocolate sauce

Tuesday Supper
Creamed beef on toast
Buttered beets  carrots
Boiled potatoes
Peaches  cookies

Wednesday Breakfast
Stewed prunes
Cracked wheat
Bacon
Cinnamon Rolls
Coffee  Cocoa

Wednesday Noon
Beef Stew
Lettuce salad
Rolls  butter
Cherry & Melon  pineapple

Wednesday Supper
Stuffed peppers
Potatoes
Cabbage slaw  cooked dressing
Whole wheat bread  butter
Orange sherbet
400 drink
Thursday Breakfast
Prunes and figs
Oatmeal
Coddled eggs
Cinnamon rolls
Cocoa  Coffee

Thursday Noon
Beef loaf
Boiled Potatoes
Peas & carrots
Rolls and butter
Pineapple-apple salad

Thursday Supper
Lima beans
Tomatoes
Whole wheat bread
Butter
Cherry cobbler
Milk

Friday Breakfast
Apple sauce
Oatmeal
Scrambled eggs
Toast  Coffee  Cocoa

Friday Noon
Salmon loaf
Creamed potatoes
Harvard beets
Bread  Butter
Apple Betty
Milk

Friday Supper
Creamed eggs on toast
String beans  Tomatoes
Turnips
Melon

Saturday Breakfast
Corn Flakes
Melon
Toast  Fried eggs
Coffee  Cocoa

Saturday Lunches
XIV. COMMUNITY ACTIVITIES

Sub-Project E: Picnics

Estes Park

The Larimer County Co-workers met at the Riverdale camp in Estes Park for their annual picnic. Forty members were present. Dean Arthur Johnson spoke on "Fishing and Kinds of Trout". A study of etiquette was conducted by the President, Mrs. E. L. Pitcher and a questionnaire was filled out by all those present.

Livermore

One hundred and fifty persons met at the home of Mrs. Lydia Warren Andrews for a picnic. After lunch at which the Highland and Virginia Dale clubs were hostesses. Mrs. Lydia Wathen demonstrated making cheese the quick method. Mr. Roy Langdon spoke on Mountain Birds.

Timmath

One hundred and twenty five women met at the home of Mrs. Walter Scott for a picnic and demonstration of drying vegetables. The Timmath Club acted as hostesses. Mrs. Fish of the State Federation of Garden Clubs spoke.

Mr. Langdon talking on Mountain Birds.
Dear Co-Worker:

The June Co-Workers meeting will be held in Estes Park at the Riverdale Camp on the Moraine Road June 15th at noon.

Please bring a picnic lunch and come prepared to have a good time.

In the afternoon Mrs. C. L. Lowell will tell us of some of her trips and will also speak on "Etiquette." The rest of the time will be spent enjoying the mountain scenery and fresh air.

Bring your husband, children and friends.

Truly yours,

Delphine Dawson
Home Demonstration Agent.

DD: RK
XIV. PROJECT: COMMUNITY ACTIVITIES

Sub-Project: E - Picnics

Phase: - 4-H Club Annual Picnic

The Annual 4-H Club Picnic was held May 31st at the Fort Collins City Park. Each person brought a picnic lunch. There were 75 members, leaders and parents present. Games and swimming were enjoyed in the afternoon.
XIV. COMMUNITY ACTIVITIES

Sub-Project F: Achievement Day

One hundred and five women attended the first Women's Achievement day to be held in Larimer County, October 19th in Ammon Hall.

Fourteen large tables were arranged for club displays. Wellington, Rocky Ridge, Gateway, Cache la Poudre, Timnath, Loveland, Red Rock and Old St. Louis exhibited. The exhibits were arranged in the morning on tables. Samples of cheese, soap, wool carded articles, pottery, pine needle work remodeled garments, dyed articles and vegetable driers were displayed.

Educational displays on the steps in preparing raw wool for comforts, making pottery were made by the Timnath Club, Beware of Botulism by Cache la Poudre Club, Drying Vegetables by Rocky Ridge, Comparison of Prices of flour with Cakes made from various flour and Comparison of the price of commercial tomato juice and home canned tomato juice by the Wellington Club and Made Over Garments by Old St. Louis.

Reports were given by thirteen extension clubs giving a total enrollment of 515.

Eighty five women had lunch at the College Cafeteria. A program of stunts by the Gateway, Loveland, Rocky Ridge, Wellington, Cache la Poudre, was given in the afternoon.
ACHIEVEMENT DAY

Larimer County Co-workers
Ammons Hall, Ft. Collins
October 19, 1932
Women's Extension Clubs

Cache la Poudre Co-workers Club
Mrs. Neva Morgenstern — President

Estes Park Extension Club
Mrs. John Craig — President

Gateway Extension Club
Mrs. Phay Rhoads — President

Highland Extension Club
Mrs. Joy Stouffer — President

Old Stl Louis Club
Mrs. Cora Cope — President

Loveland Extension Club
Mrs. Luther Hagler — President

Red Rock Home Makers Club
Mrs. Quincy Williamson — President

Rocky Ridge Extension Club
Mrs. R. L. Johnson — President

Terr Lake Extension Club
Mrs. Hattie Keache — President

Summit Extension Club
Mrs. Clint Murphy — President

Timnath Home and Garden Club
Mrs. Walter Scott — President

Virginia Dale Extension Club
Mrs. Scott Edmonds — President

Wellington Extension Club
Mrs. H. Morgan — President

Program

Morning:
Putting up exhibits — 9 to 11:30 a.m.
Business meeting
President presiding

Lunch:
20 cent lunch College Cafeteria

Afternoon:
Presiding — Mrs. Walter Scott
Group singing
Roll Call by Clubs
Stunts
Summary of reports:
Home Demonstration Agent
Project analysis and checking goals
Group singing
Stunts

Committees

Program:
Mrs. Ida Drorbaugh
Mrs. Rosetta Seabrook
Mrs. Duayne Canfield

Luncheon:
Mrs. John Cordeen
Mrs. Claude Tinker
Mrs. Howard Sykes

Exhibit:
Mrs. Phay Rhoads
Mrs. Ruby Grimes
Mrs. Fred Nowells
<table>
<thead>
<tr>
<th>Larimer County Co-workers Achievement Day</th>
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<tbody>
<tr>
<td>October 19, 1933</td>
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<table>
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<td>No. complet'g</td>
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<td>Homes adoptig</td>
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<td>MEETINGS</td>
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<td>Remodel, Local</td>
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<td>Local meets</td>
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<td>No. FOODS LEADERS</td>
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<td>Jugg's cheese &amp;</td>
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<td>butter-dryg</td>
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<td>Local meetings</td>
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<td>Gsembling wool</td>
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<td>Soap dam.</td>
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<td>Attendance</td>
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<td>No. pounds</td>
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<td>Soap made</td>
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<td>No. qts. fruit</td>
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<td>No. lbs. veg.</td>
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Publicity on Achievement Day.
COOPERATIVE EXTENSION WORK

in

AGRICULTURE AND HOME ECONOMICS
STATE OF COLORADO
FORT COLLINS

Colorado Agricultural College,
United States Department of Agriculture,
Larimer County, cooperating.

Extension Service

October 13, 1932

ACHIEVEMENT DAY

Dear Co-worker:

Achievement day will be held Wednesday, October 19th in Ammons Hall. You are invited to come and bring two friends who are not members of an extension club.

The meeting will start at 9 o'clock in the morning with an arrangement of exhibits. Each Extension Club will exhibit samples of their years work which will include samples of home made soap, cheese, wool garments, remodeled garments, canned and dried food and other articles made by the club members.

There will be a twenty cent plate lunch served at the College Cafeteria to all those attending the meeting. I think it would be nice for us all to eat together.

A program is planned for the afternoon, including reports from each club and stunts.

We are anxious to have women who are not members of Extension Clubs attend this meeting so be sure to invite at least two friends to come and see what the Co-workers do.

 Truly yours,

Delpbine Dawson

Delphine Dawson, 
Home Demonstration Agent.
XIV. PROJECT: COMMUNITY ACTIVITIES

II. Sub-Project F: Achievement Day

III. Phase: 4-H Club

IV. ECONOMIC BACKGROUND:

4-H Club members are enthusiastic about their club work at the first of the year but unless they know their work is to be checked and their achievement judged, will they continue their enthusiasm to the end of the year. It would be a wasteful policy to begin club work with the purchase of clothing and food materials and never carry the project thru to completion. For this necessary purpose of checking results an achievement day is held each year.

V. HISTORY:

Achievement days have been held for four years either as fashion shows or exhibits. In 1931, 300 boys and girls attended the achievement day at Armona Hall. Seventeen teams demonstrated in the morning. In the afternoon a fashion show was held.

VI. OBJECT:

The object of Achievement day is to plan a time when the club boys and girls can demonstrate, the boys can judge stock and the girls hold a fashion show.

VII. GOAL:

To hold one Achievement day each year.

VIII. GOAL FOR 1932:

<table>
<thead>
<tr>
<th>Goal</th>
<th>Accomplishments</th>
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<tbody>
<tr>
<td>1. Have 15 teams demonstrate.</td>
<td>1. 30 teams demonstrated.</td>
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<tr>
<td>2. Have 200 attend.</td>
<td>2. 500 attended.</td>
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<tr>
<td>3. Select Champion foods and clothing teams.</td>
<td>3. Championship teams selected.</td>
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<tr>
<td>4. Have 3 judges.</td>
<td>4. Three judges.</td>
</tr>
<tr>
<td>5. Hold fashion show.</td>
<td>5. Fashion show held.</td>
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</table>
IX. Procedure:

Throughout the summer the 4-H Club girls were told of achievement day and encouraged to participate. The date was set for August 18th at 9 o'clock in Ammons Hall.

Twenty clubs demonstrated for the championship at the morning session. Miss Nora Hott, Mrs. Clyde Brown and Mr. Hubert Kelton were judges.

The champion teams selected were the Future Home Makers Club with a demonstration on "Methods of Drying Fruits and Vegetables" and the F. H. T. Club with a demonstration on Sewing Equipment. Frances Yockey and Ruby Chance were on the Foods team and Eline McQuain and Helen Tilton were on the Clothing team.

Eighteen clothing clubs with approximately 150 members and their leaders took part in the fashion show in the afternoon.

X. CALENDAR for 1933

<table>
<thead>
<tr>
<th>When</th>
<th>What</th>
<th>Who</th>
<th>Completed</th>
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<tr>
<td>June</td>
<td>Plan Achievement day</td>
<td>H.D.A.</td>
<td>July</td>
</tr>
<tr>
<td>July</td>
<td></td>
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<td></td>
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<tr>
<td>Aug.</td>
<td>Hold Achievement day</td>
<td></td>
<td>Aug.</td>
</tr>
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</table>
4-H Clubs of Larimer County
Achievement Day
August 18, 1953
Ammona Hall, Fort Collins, Colorado
9:00 A.M. — Team Demonstrations

1. Dyeing and Remodeling  S.S.S. 4-H Clothing Club
   Team — Genevieve Peterson
          Helen Jardine
   Leader — Mrs. Harold Hale

2. Making Cocoa          Mothers' Best Helpers
   Team — Lecta Graham
          Imez B. Worth
   Leader — Mrs. Roy Rice

3. Bias Tape and Some of Its Uses, Handy-Handed Hustlers
   Clothing Division
   Team — Mary Franz
          Shirley Garrett
   Leader — Mrs. John E. Amen

4. The Canning and Use of Vegetables in Salads
   A. B. C. Club
   Team — Macky Akin
          Josephine Westerdoll
   Leader — Mrs. Kenneth Thayer

5. The 4-H Club Girl and Her School Wardrobe
   Sunny Side 4-H Sewing Club
   Leader — Mrs. Thomas McClean

6. Birthday Cakes        Fort Collins 4-H Foods Club
   Team — Ada Brezina
          Lila Mae Macfarlane
   Leader — Mrs. Jerry Brezina

7. Color                Happy Hour 4-H Club
   Leader — Miss Emily Felix

8. Fruit Salad           Plummer 4-H Foods Club
   Team — Beverly Lindenmeier
          Lucille Jageler
   Leader — Mrs. S. W. Lindenmeier

9. A Pin is not a Substitute for a Button
   Future Home Makers Club
   Team — Jewel Hendreschke
          Nellie Rogers
   Leader — Mrs. Eloise West

10. Quick Mayonnaise      Mothers' Helpers
    Team —
    Leader — Stella Yockey
11. Napery Hem  Dawson's Best Club
   Team - Miriam Spoon
   x - Rovoie Anderson
   Leader - Mrs. Meda Voss

12. Canning Peaches  Sunny Seven 4-H Club
   Team - Ruth Bartels
   Barbara Chandler
   Leader - Miss Louise Bartels

13. Health  Bellvue Clothing Club
   Josephine Lamb

14. Pressing a Finished Garment  Bellvue Clothing Club
   Hazel Hampel

15. Packing a Suitcase  Future Home Makers Club
   Team - Hazel Brown
   Rosalie David
   Leader - Miss Eloise West

16. Some Cotton Fabrics and Uses  Girls Better Sewing Club
   Team - Jane Mitchell
   Betty Jo Mitchell
   Leader - Mrs. J. T. Mitchell

17. Suitable School Dresses  Masonville Clothing Club
   Team - Virginia Kitchen
   Maryann Wiley
   Leader - Mrs. E. D. Smith

18. Methods of Drying Fruits and Vegetables at Home  Future Home Makers Club
   Team - Frances Yockey
   Ruby Chance
   Leader - Mrs. Eloise West

19. Sewing Equipment  T. N. T. 4-H Club
   Team - Eline McQuain
   Helen Tilton
   Leader - Mrs. J. W. Aitrey

20. Flaky Pie Crust  Handy Handed Hustlers
                   Foods Division
   Team - Ann Garrett
   Ruby Amen
   Leader - Mrs. Roy Garrett
1:00 o'clock -- Picnic Lunch

1:00 o'clock -- 4-H Clothing Club Fashion Show

1. Bellvue 4-H Clothing Club -- Mrs. Lee Willis, leader
2. Future Home Makers Club -- Mrs. Eloise West, leader
3. Boxelder Clothing Club -- Mrs. G. G. Stewart, leader
4. Dawson's Best Clothing Club -- Mrs. Meda Voss, leader
5. Busy Bee Sewing Club -- Mrs. J. T. Wood, leader

Ruby Amen -- Piano Solo

7. Handy Handed Hustlers -- Mrs. J. E. Amen, leader
8. S. S. S. 4-H Clothing Club -- Mrs. Harold Hale, leader
9. Best in the West Clothing Club -- Miss Bertha Asmus, leader

Edna Heinricy -- Reading

10. Masonville Clothing Club -- Mrs. E. D. Smith, leader
11. Happy Hour 4-H Club -- Miss Emily Felix, leader
12. Red Mountain Sewing Club -- Mrs. C. J. Wagner, leader

Edith Carlson -- Reading

13. Junior Terry Lake Club -- Mrs. J. A. Straight, leader
14. Spring Canyon Highlanders -- Miss Alice Olin, leader
15. Sunny Side 4-H Sewing Club -- Mrs. Thos. McClean, leader

Jewel Hendreschke -- Piano Solo

16. T. N. T. Clothing Club -- Mrs. J. W. Autrey, leader
17. Wellington Clothing Club -- Mrs. W. C. Blanchard, leader
18. Twin Mounds Clothing Club -- Mrs. A. Erickson, leader

Leighnora Craig -- Piano Solo.
SOME SUGGESTIONS FOR CLUB DEMONSTRATIONS

1. After your demonstration is announced look your audience in the face and SMILE!

2. Have your demonstration timely, with a practical, clear-cut purpose.

3. Be sure of yourself, your appearance and your voice.

4. Face your audience throughout the demonstration; let them see what you are doing at all times.

5. Work skillfully, deftly and neatly, explaining carefully as you proceed.

6. Make the demonstration "brisk."

7. Be careful to avoid possible grammatical errors.

8. Be careful to avoid recommending any particular brand of jars, rubber, etc.

9. Speak of material sent out from the state college.

10. Summarize at the end.

11. Inspire your audience with the desire to put your suggestion into practice.

12. Show a lively interest in what you are demonstrating, and your audience will be interested.

13. Be honest. Never bluff. If you do not know, say so. Refer question to proper authority or look it up later and send answer to questioner.

14. State clearly the purpose or object of your demonstration.

15. State briefly either in opening or closing your demonstration what your club has achieved and tie up your demonstration with your club work and its importance in the home, community and county.

16. It is well to have clothing of demonstrators similar— as nearly alike as possible. A Four-H emblem may be in evidence in the demonstration.

HAVE A GOOD TIME DEMONSTRATING.
Score Card for Demonstrations

Kind of Club ________________________________

Name of Club _____________________________________

Demonstration Team ________________________________

Name of Demonstration ________________________________

<table>
<thead>
<tr>
<th>Score</th>
<th>Possible Score</th>
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<tbody>
<tr>
<td>Skill</td>
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<td>Subject matter</td>
<td>25%</td>
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<tr>
<td>Results</td>
<td>25%</td>
</tr>
<tr>
<td>Team Work</td>
<td>25%</td>
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______________________________
Judge
XIV. PROJECT: COMMUNITY ACTIVITIES

Sub-Project J: Husbands Party

One hundred and twenty co-workers and their husbands met in Armona Hall February 17th to enjoy their Annual Party. The Cache la Poudre and Estes Park Clubs acted as hostesses. A covered dish lunch was served at noon.

Two students, Miss Waldo and Miss Sumners, from the Colorado Teachers College conducted games in the gymnasium. This was enjoyed by the farm women and their husbands.

The women's clubs gave stunts which also added to the entertainment.
Husbands' Party

Ammons Hall, Fort Collins
Wednesday, Feb., 17th, 1932
11 o'clock
Menu

Meat Loaf
Creamed Peas and Carrots
Escalloped Potatoes
Raw Vegetable Salad
Jelly
Pickles
Hot Rolls
Butter
Apple Pie and Whipped Cream
Coffee

February 10, 1932

Dear Mr. and Mrs. Co-worker:

You are cordially invited to attend the annual party for husbands at Ammons Hall, February 17th at eleven o'clock.

There will be games in the gymnasium and stunts by each women's extension club.

The Cache la Poudre and Estes Park Clubs are hostesses and will assist in serving.

Come prepared to have a good time. All husbands are especially urged to attend this Annual Party.

Truly yours,

D. C. Bascom
County Extension Agent.

Delphine Dawson
Home Demonstration Agent.

Please bring enough of the entire menu except whipped cream and coffee for your own group.

February 10, 1932
XIV. PROJECT: COMMUNITY ACTIVITIES

Sub-Project K: Christmas Gift Display

The Annual Christmas Gift display was held November 16, 1933 in Anamosa Hall. The gifts were arranged in the morning at 11 o'clock. Eight clubs including Cache la Poudre, Rocky Ridge, Wellington, Gatway, Estes Park, Loveland Extension, Terry Lake and Timnath had displays.

One hundred and twenty five attended the display.

A business meeting was conducted in the afternoon and fourteen clubs answered to roll call.

Demonstrations of making Christmas wreathes, pine cone table decorations, pine needle baskets, hot dish mats and wood block Christmas cards were conducted in the afternoon. There was also a display of Christmas candies, cookies and aprons.
CHRISTMAS GIFT EXHIBIT

AMMONS HALL
November 16, 1932
Dear Co-worker:

The Christmas Gift Exhibit will be held Wednesday, November 16th at eleven o'clock in the morning in Ammons Hall. Each club will have a table on which to arrange their exhibit.

Besides the gift exhibit there will be many demonstrations so if you want to learn how to make some Christmas gifts bring some of the material I have listed here. The demonstrations will be held all day but if you want to get something done you better come in the morning.

Demonstrations:

Christmas Wreaths
Mrs. E. O. Banks, Mrs. E. R. Rivers and Mrs. John Craig of Estes Park will demonstrate making Christmas wreaths.
Bring boughs if you can get them if not come and see how it is done.

Wood block Christmas cards
Mrs. Glen Hunt will demonstrate making Christmas cards. These are very attractive and popular.
Things to bring:
1. A piece of plain colored heavy
   linoleum 4 in. by 6 in.
2. Sharp pocket knife
3. Plain smooth finished writing paper.
4. A design you would like to have on a card.

Pine Needle Baskets
Mrs. Grimes of Loveland will demonstrate.

Things to bring:
1. Piece of comp-o-board or heavy card board for base. 2. Large eyed needle. 3. Thimble.

Pine Cone Table Decorations
Mrs. Lydia Wathen will demonstrate pine cone table decorations.
Things to bring:
1. Brown drawing paper. 2. Pine Cones
3. Glue 4. Scissors
5. Red Crayon.

Hot Dish Mats
Mrs. James Ross and Mrs. Lydia Wathen will demonstrate.
Things to bring:
1. White cotton yarn. 2 Scissors

Christmas Candies
Mrs. Walter Scott will have a display of Christmas candies and recipes. We would like everyone to bring good candy recipes with a small sample of the candy for our candy display.
Bring some good cookie recipes and a small sample of your best cookies so we can all get some ideas for Christmas cookies.

One other thing -- Be sure to bring an apron pattern. We will all like to learn of new apron patterns. There will be one table for aprons only. They make inexpensive Christmas gifts.

Lunch will be served at the College Cafeteria at noon. Be sure to come to the Christmas gift display, Wednesday, November 16th at 11 o'clock.

Delphine Foster
Home Demonstration Agent.
Dear Co-Worker:

Christmas and the holiday season will soon be here. Co-workers will meet December 16th at 11 o'clock in Ammons Hall. At this time we will join in the Christmas spirit by bringing a small gift not to exceed 15¢ in cost to be passed to one of our Co-workers members. Please have a little Christmas verse on your gift either an original one or one from some other source.

The program will begin at 11 o'clock in the morning with a display of soft toys. Miss Mary Sutherland, the Home Management Specialist will be with us and will give some excellent Christmas suggestions.

Luncheon will be served at the College Cafeteria to those who wish to eat there.

The business meeting and program will be held in the afternoon. The Fort Collins Academy of Fine Arts will entertain us with an afternoon of music. We will carry out the campaign against colds by having a talk on "Cold Prevention." This campaign is nation-wide and some very worthwhile material has been prepared on Cold Prevention.

Some of you are probably wondering what is to become of Extension Work in Larimer County? Extension work will continue as long as you want it. We have a contract to carry on Extension Work until January 1933 and after that if the work continues it will be because you want it. It costs the taxpayers of Larimer County 11¢ per $1000 valuation to maintain...
The County Extension Office. If the County Extension Office were discontinued there would be no 4-H Club Work, no Women's Extension Work, no Farm Women's Vacation Camp, No boys' and girls' camp, no Junior Fair, and no scholarships offered to 4-H Club boys and girls.

We have appreciated your cooperation and interest in Extension Work and hope you feel it has been worthwhile. We would appreciate an expression of your attitude toward Extension Work.

Let's forget our cares and worries during the holiday season and wish everyone a happy Christmas.

I hope to see you Wednesday, December 16th at Ammons Hall.

Truly yours,

Delphine Dawson,
Home Demonstration Agent.
CHRISTMAS MEETING
LARIMER COUNTY CO-WORKERS
December 16, 1931

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Soft Toys Christmas Gifts -- -- Miss Mary Sutherland Home Management Specialist
Luncheon
Business Meeting
Group Singing -- -- Lead by Mrs. A.B. Hamilton
Violin solos -- -- Marian Bull
Vocal Solos -- -- Mrs. Frank Cowan
Violin Duets -- -- Dean Douglass Marian Bull
Accompanist -- -- Ruth Bradley

Christmas Tree
Christmas seals
Cold Prevention -- -- Mrs. Buoy
Program -- -- Lincoln Club
Violin Solos -- -- Nellie Mae Hall
Piano Solos -- -- Jennie Sue Miller
Violin Solos -- -- Margaret Evans
Accompanist -- -- Nellie Mae Hall

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XI. PROJECT: NUTRITION

SUB-PROJECT: CHILD HEALTH

PHASE 3: Health and Nutrition of the School Child

The children who obtained food from the County Commissary were weighed two times in the summer during June and July by graduate nurses. Their weights were obtained from the school teachers during September, October, and November. Three hundred and fourteen were weighed at one time or another.

There were 91 children who obtained food from the commissary and were weighed over a period of two to five months. Of the 91 weighed, 65 children had made a normal gain while 26 children had either gained some but not enough, or held their same weight or lost weight.

The gain in weight was reckoned according to the standard gain in weight a boy or girl should make each month which ranges from 5 to 18 ounces varying with the age.

The children who obtain food from the commissary have a balanced diet which includes plenty of milk. Their records of weight show good gains.
XIV. PROJECT: COMMUNITY ACTIVITIES

SUBPROJECT A: PUBLICITY

Larimer County
Delphine Dawson
Year 1933

PHASE 3: Cherry Campaign

The cherry crop in Larimer County during July and August 1933 was abundant and of affine quality of cherries. The crop moved very slowly and the county extension office was called on to help move it.

Cherry Pie Day
As part of the campaign cherry pie day was planned and sponsored by the Loveland Chamber of Commerce. The Home Demonstration Agent secured three pie judges: Mrs. Clyde Brown, Mrs. Beemser and Mrs. Ernest Keeler who judged over 400 pies. Three pies were selected and $10, $5 and $3 were given as prizes. Winners were 1st, Mrs. A. L. Soderberg; 2nd, Mrs. Joe Ferris; 3rd Mrs. Joe Helman. Over 2000 people attended cherry pie day when the 400 cherry pies were served.

Bulletin on Colorado Cherries
As part of the campaign on marketing cherries the Home Demonstration Agent assembled cherry recipes for a short bulletin called Colorful Colorado Cherries. Many requests for this bulletin came to the County Extension Office and Agricultural College.

Talk over K Q A.
The County Agent and Home Demonstration Agent were asked to speak over K Q A on Colorado cherries. The purpose of this advertising plan was to help move the crop of Colorado cherries.
COLORFUL COLORADO CHERRIES

By DELPHINE DAWSON

Ripe, red Colorado cherries are a delicious food. They may be had the year around, when preserved, canned and pickled as pie cherries, cherry conserve, cherry punch, cherry jam, cherry olives, and cherry jelly.

The Early Richmond cherries are excellent pie cherries when used fresh. Many housewives prefer other cherries for canning.

The Montmorencies are excellent cherries for canning, preserving, conserves, juice, jam and jelly.

The Morellos are large and dark in color. They are used in canning, preserving and pickling. They are excellent when pickled as cherry olives.

Canned Cherries (Open-kettle)

Cherries may be canned whole or pitted. Wash and seed the cherries, place them in a preserving kettle, adding 1 cup of sugar to each quart of cherries. To every 6 quarts of cherries add 2 quarts of water. Boil 5 minutes. Fill hot, sterilized jars to overflowing with cherries. Seal immediately. Fill other jars with remaining juice and use in fruit punch.

Canned Cherries (Jar-cooked)

Wash, remove stems and seeds from cherries. Pack cold into hot jars. Drain off the juice and place in another jar. Fill the jars of cherries with a hot syrup, using 2 parts sugar to 1 part water for sour cherries and 1 part sugar to 1 part water for sweet cherries. Partly seal and process in a hot water bath for 28 minutes at 4,000 feet elevation, 30 minutes at 5,000 feet elevation, 34 minutes at 7,000 feet elevation and 40 minutes at 10,000 feet elevation. Remove from canner and seal at once.

Cherry Jelly

Juice from cherries lacks pectin and must be combined with other juices to make good jelly. The proportions for cherry jelly are one-half apple juice and one-half cherry juice. To each cup
of the combined juices add \( \frac{3}{4} \) cup of sugar. Bring juice to vigorous boil, skim the juice and add sugar. Stir until sugar is dissolved. Cook rapidly for 10 to 15 minutes or until test shows jelly is done.

To test the jelly, dip a spoon into the juice, cool slightly and allow to drop from the side of the spoon. If it sheets and tears off from the spoon in a distinct piece the jelly is done and should be removed from the fire immediately.

**Preserved Cherries**

Wash, remove stems and pits from cherries. Save the juice. Place cherries in a shallow pan and cover with a medium thick syrup made with 3 parts sugar to 2 parts cherry juice or water. Boil gently for 10 minutes; remove from heat and let stand in a covered kettle from 6 to 12 hours. Draw off the juice from cherries and pack cherries into clean, hot jars. Heat the remaining syrup and fill the jars with the boiling syrup. Seal at once.

**Maraschino Cherries**

Wash, remove stems and pits from cherries. Save juice, pits and cherries. Place cherries in a shallow pan and cover with a medium thick syrup made with 3 parts sugar to 2 parts cherry juice or water. Boil gently for 10 minutes; remove from heat and let stand from 6 to 12 hours in a covered kettle. Drain off juice from cherries and pack cherries into clean, hot jars. Crush the cherry pits (using one-half cup crushed pits to 1 quart syrup), tie in cheesecloth and place in kettle containing syrup and bring quickly to boiling point. Remove cherry pits and fill jars with boiling syrup. Seal at once.

Note.—Maraschino is a cordial distilled from fermented cherries and flavored with bruised pits. Large and small sized bottles of maraschino can be purchased in stores carrying “fancy groceries.”

When using the commercial maraschino use 1 part syrup to 1 part maraschino. Bring quickly to boiling point in covered kettle to prevent evaporation of the volatile liquor. Fill jars and seal immediately.

**Cherry Conserve**

To 8 cups of seeded red cherries add 1 cup diced rhubarb, 1 cup diced pineapple, one-half teaspoon salt, 3 tablespoons lemon juice, 1 cup raisins, and 9 cups sugar. Mix ingredients. Boil gently and stir frequently until mixture thickens. Pour into sterilized glasses. When cool, seal with melted paraffin.

**Preserved Cherries With Currants**

| 2 quarts seeded cherries | 5 pounds sugar |
| 1 pint stemmed currants  | 1 quart water  |

Make a thick syrup using 5 pounds sugar to 1 quart water. Add 2 quarts seeded cherries and 1 pint stemmed currants to boiling syrup. Cook mixture slowly for 30 minutes. Pack hot into clean, hot jars. Seal immediately.

**Cherry Olives**

Wash and pit large, sour, red cherries. To the cherries add \( \frac{3}{4} \) of their weight of sugar. Sprinkle the sugar over the fruit in layers, and let stand overnight. In the morning stir until the sugar is dissolved and then press the juice from the cherries. Tie a small quantity of whole spices in a loose cheesecloth bag, drop this into the juice, and boil it down until it is about \( \frac{3}{4} \) of the original quantity. Pour the hot syrup over the drained cherries, and add 2 tablespoons of vinegar to each pint. Seal and let stand for about 2 weeks to blend before using.

**Cherry Relish**

Remove pits from cherries. Drain cherries and cover with vinegar solution made in proportion of \( \frac{3}{4} \) cup vinegar to 1 quart water. Let stand for 6 hours, drain cherries, measure them and add an equal measure of sugar. Let cherries stand overnight. Seal in clean, hot jars. The vinegar solution which has been drained off may be used in making various kinds of sweet pickles.

**Cherry-Pineapple Marmalade**

Wash, drain, seed the cherries and run them thru a meat grinder. Peel and grind or shred the pineapple. Mix pineapple with cherries using \( \frac{1}{4} \) as much pineapple as cherries. To the mixture add two-thirds as much sugar as there is fruit and juice. Cook this mixture until it is clear and thick, stirring to prevent burning. Pour into hot, clean jars and seal immediately.

**Cherry Pie**

| 4 cups pitted cherries  | 2 tablespoons butter |
| 1 cup sugar or more    | \( \frac{3}{4} \) teaspoon salt |
| 1 tablespoon flour     | 1 tablespoon flour |

The cherries, sugar, flour, butter and salt are mixed thoroly; do not have too much juice. Pour the fruit mixture into a pastry shell, add the top sheet of dough and bake in a moderately hot oven (375 to 400 degrees F.)

**Cherry Pudding**

| 1 cup sugar          | 4 tablespoons of butter |
| 1 cup sweet milk     | 2 tablespoons baking-powder |

Add flour to make real stiff batter, little stiffer than for cake. Put in pan and mix the following dressing:
COOPERATIVE EXTENSION WORK
IN
AGRICULTURE AND HOME ECONOMICS
State of Colorado

Colorado Agricultural College
and United States Department
of Agriculture Cooperating

Extension Service

RADIO SERVICE

FOR RELEASE, July 18, 1932

COLORADO CHERRIES AS PART OF THE WINTER FOOD
SUPPLY

By

Delphine Dawson
Home Demonstration Agent, Larimer, County

Do you like cherry pie?

Of course you do and you would like to have it the year around—
wouldn't you? You can have it the year around if you take advantage
of the wonderful cherry crop and preserve and can all you can.

The sour or pie cherries are being picked now and you should
purchase your supply while sugar, containers, and cherries are at
a reasonable price. If you live far from the producing centers,
why not plan a short vacation now. Come to the mountains where you
can rent a small cottage camp in the cherry district. Pick your
cherries at a reasonable rate then can and preserve them in a modern
cottage camp. Combine your vacation with an economical method of
securing part of your winter's food supply.

Some farm women in Larimer County with families of five have
planned their canning budgets to include 90 quarts of canned cherries.
Many of our farm women are now canning greater quantities of cherries
in order to meet the present economic situation by making and selling
home made cherry pies.

A farm woman, who lives west of Loveland on the Estes Park
road, sold over 2500 home made cherry pies last year from her road
side stand. In the four seasons she has operated her stand she
has sold over 8000 pies. Her customers come back each year from
all parts of the United States to vacation in the mountains and
incidentally enjoy Colorado cherry pies.

Of course there is a reason why her cherry pies are popular.
As we all know there are cherry pies and cherry pies. In order to
make a good cherry pie the best of ingredients must be used. The
cherries should be ripe and in prime condition. Do not have too
much juice or it boils over, but have enough. Do not use tapioca
or corn starch to thicken the cherries, this detracts from the
delicious cherry flavor. Bake your pie in a quick oven.
The cherries for your winter pies must be canned now. Cherries may be canned whole or pitted. You may either can them by the open-kettle method or jar-cooked method. In the open-kettle method add to the cherries enough sugar to sweeten them. Fill hot jars to overflowing and seal. In canning sour cherries by the jar-cooked method, make a syrup, using two parts sugar to one part water. Wash, stem, and pack cold in a hot jar; fill with hot syrup, partly seal and process in a hot water bath for 30 minutes. Remove from the canner and seal at once.

Cherries are delicious in Upside Down pudding, Conserve, cobbler, tarts, cherry whip, cherry cake, cherry punch, cherry sherbet, cherry pickles, but most of all—in cherry pies.

I know a very good cherry conserve made of 8 cups of seeded red cherries, 1 cup diced rhubarb, 1 cup diced pineapple, ½ teaspoon salt, 3 tablespoons lemon juice, 1 cup raisins, and 9 cups of sugar. Mix ingredients. Boil gently and stir frequently until mixture thickens. Pour into sterilized glasses. When cool, seal with melted paraffin.

Cherry tarts are a very dainty dessert. Roll out plain paste to one-eighth inch in thickness. Line shallow pastry pans with dough, prick the bottom in several places with a fork. Bake in a hot oven. When cool, partly fill with cherry preserves. Top with whipped cream.

I can not over-emphasize the need of taking advantage of this year's Colorado cherry crop by canning and preserving your winter's supply of cherries now. Be ready for what may come next winter and on a cold snowy evening just say, "Let's have another cup of coffee, and let's have a piece of cherry pie."

Recipes for all these cherry dishes may be secured through the Extension Service of the Colorado Agricultural College in Fort Collins.
CHAMPION PIE BAKER WILL BE CROWNED AT FEST

Best Lady Pie Bakers to Receive Awards at City's First Annual Cherry Pie Day Next Wednesday.

Champion cherry pie bakers will be crowned and given awards next Wednesday at Loveland's first annual Cherry Pie Day. The champion and runners-up will be chosen from among those donating pies for the festival and will be given prizes of $10 for first place, $5 for second, and $2.50 for third. The pies will be judged by representatives of the County Extension bureau who will be here specifically for that purpose and the winners will be announced as soon as they are judged.

Only five days remain until the festival takes place! Only five days to bake pies for the big supper and to send in your entries for the Kiddies' parade! Many entries have already been brought to the Chamber of Commerce offices and more are coming in each day, indicating that the parade will be one of the largest Kiddies' parades the city has ever witnessed.

The Kiddies may enter dolls, ponies, cats, dogs or anything they want for the prizes and special costumes will also receive awards.

The program later in the afternoon will take place at Loveland Lake, where there will be speedboat races, surf board riding and other stunts with chances for everyone to have a boat ride or to go swimming at the beach. Then, after these events have finished, there will be the community open-air basket supper when 60 gallons of cherry cider will be given away and where all the pies that have been donated will be divided to the crowd and the champion pie baker will be crowned.

The committees are working hard for these events and are hoping to make the first Loveland Cherry Pie Day so successful that it will be looked forward to each year as one of the big community festivals. They have even arranged to have special ball games and a free street dance Wednesday evening to make the day last as long and with as much fun as possible with everything absolutely free.
PROJECT: Community Activities Delphine Dawson

SUB-PROJECT F: Achievement Day Larimer County

PHASE 1: Annual 4-H Banquet Year 1932

One hundred and eighty nine 4-H Club boys and girls their leaders and parents attended the Annual 4-H Club banquet held November 23rd in the College Cafeteria. A 25 cent dinner was served.

The tables were decorated with imitation corn shocks and ears of corn, yellow candles in pine cone holders and yellow programs.

Mr. J. E. Morrison and Mr. O. W. Ferguson spoke on 4-H Club work. A musical program and presentation of awards completed the program. 98 girls were eligible for pins. Sixteen leaders were eligible for pins. 155 girls were eligible for certificates.

Ann Garrett - Baking Champion received a gold pin, a Universal Bread Mixer, given by Northwestern Yeast Company of Chicago and a trip to the National Western Stock Show given by Landers Frary and Clark Co. of New Britton, Connecticut.

Lucille Amen, Champion in Meal Preparation received a gold pin. She also received 1st prize in 4th year clothing, $3.00, and a trip to Stock Show given by the Northwestern Yeast Co.

Ruby Amen, 3rd prize in 5th yr. Clothing $3.00.

Frances Yockey, Third premium on Canning, $3.00 Ball Brothers Stock Show trip, and 1st prize on foods demonstration team, pen and pencil.

Mary Franz - 5th prize on 1st yr. clothing, $1.00.

64 girls were present to receive certificates of achievement. 165 girls in the county are eligible for certificates and 180 boys, making a total of 345 boys and girls eligible in the county to receive certificates of achievement. 66 boys received their certificates at the dinner.
Annual 4-H Club Banquet

College Cafeteria
November 23, 1932
Program
Toastmaster  Floyd Hale
Accordian Selections  Hugh Irwin
Group Singing
Musical Selection
Spanish Dance  Elsie McDougal
4-H Club Work  Mr. J.E. Morrison
State 4-H Club Leader  Mr. C.W. Ferguson
Vocal Solo  Donald Nash
Reading  Jeanette Webster
Tap Dance  Dawn Snouffer
Mona Jobe
Presentation of pins
Presentation of certificates
Presentation of State Fair Awards

Menu
Spanish Meat  Washed potatoes
Buttered carrots
Moulded Fruit  Salad
Rolls  Ice cream
Coffee  Milk
189 Attend 4-H Club Banquet at Which Awards Presented, Including Fair Winnings; Fine Program Given

Speaking of all this was done in the manner which the 4-H Clubs have learned to follow in these years over their own county. C. W. Farnaum, 4-H Club leader, and supervisor of the agricultural section, introduced the morning's program, which was followed by the opening of the program by the president of the college, Dr. H. J. C. Pottenger. In her address the president emphasized the importance of the work of the 4-H Clubs and the need for continued effort in the future. She praised the efficiency of the officers and members of the club, and the good work they have done. The meeting concluded with the distribution of prizes and awards to the outstanding members of the club.

The afternoon session was devoted to various entertainments, including a dramatic presentation, a musical performance, and a discussion on agricultural topics. The program was well received by the students and visitors present.

The meeting was concluded with the announcement of the winners of the annual essay contest, which was held in conjunction with the banquet. The winners were presented with certificates and prizes.

The entire program was attended by a large number of students, faculty members, and visitors, who were all thoroughly enjoyed the day's events.
Outlook and Recommendations, including suggested Program of Work for next year.

Extension work has grown steadily since it was first organized. The methods of conducting extension work have changed from demonstrations at a county meeting to leaders training meetings and from a conglomerate program to a unified one.

The Advisory Council plans the County program to include subjects of interest to all clubs. Each club adopts the subjects studied at the leaders meetings.

A program for 1932-33 might include:

**Projects in Nutrition**

1. Budgeting food supply, gardening, canning, drying and storing.
2. Wise buying of foods.
3. Standardization of food products.

**Projects in Home Management**

1. Refinishing furniture
2. Re-upholstering furniture
3. Home accounts
4. Home made cold cream.