

Swimming & Diving



2011-2012 Schedule

| Date | Day | Opponent | Site | Time |
|---------------|------------|-------------------------------------|-------------------------|--------------|
| FALL | | | | |
| Oct. 7 | Fri. | Intermountain Shootout - Mesa State | Grand Junction, Colo. | 6:30 p.m. MT |
| Oct. 8 | Sat. | Intermountain Shootout - Mesa State | Grand Junction, Colo. | 10 a.m. MT |
| Oct. 22 | Sat. | Denver | Fort Collins, Colo. | 1 p.m. MT |
| Nov. 5 | Sat. | at San Diego State & UC Davis | San Diego, Calif. | 1:30 p.m. MT |
| Nov. 10 | Thur. | Northern Arizona | Fort Collins, Colo. | 5 p.m. MT |
| Nov. 17-19 | Thur.-Sat. | Cougar Classic Invite - Houston | Houston, Texas | All Day |
| SPRING | | | | |
| Jan. 20 | Fri. | at Northern Colorado | Greeley, Colo. | 5 p.m. MT |
| Jan. 21 | Sat. | New Mexico | Fort Collins, Colo. | 12 p.m. MT |
| Jan. 28 | Sat. | at Boise State | Boise, Idaho | 12 p.m. MT |
| Feb. 3 | Fri. | at Wyoming | Laramie, Wyo. | 5 p.m. MT |
| Feb. 4 | Sat. | Air Force | Fort Collins, Colo. | 1 p.m. MT |
| Feb. 22 | Wed. | MW championships | Oklahoma City, Okla. | 5 p.m. Mt |
| Feb. 23 | Thur. | MW championships | Oklahoma City, Okla. | All Day |
| Feb. 24 | Fri. | MW championships | Oklahoma City, Okla. | All Day |
| Feb. 25 | Sat. | MW championships | Oklahoma City, Okla. | All Day |
| March 9 | Fri. | NCAA diving zones | Colorado Springs, Colo. | All Day |
| March 10 | Sat. | NCAA diving zones | Colorado Springs, Colo. | All Day |
| March 15 | Thur. | NCAA championships | Auburn, Ala. | All Day |
| March 16 | Fri. | NCAA championships | Auburn, Ala. | All Day |
| March 17 | Sat. | NCAA championships | Auburn, Ala. | All Day |

Contents

- 1 Table of Contents
- 2 Quick Facts
- 3 Colorado State University
- 4 Message from the President
- 5 CSU System
- 6-7 This is Colorado State
- 8-9 Fort Collins and The Mile High City
- 10 CSU Facilities
- 12-13 2010-11 Season Review
- 14 Head Coach Chris Woodard
- 15 Diving Coach Kevin Witt
- 16 Assistant Coaches
- 17 CSU Support Staff
- 19-24 Seniors
- 25-30 Juniors
- 30-33 Sophomores
- 34-37 Freshmen
- 38 All-Americans
- 39 All-Time Top Times
- 40 Record Book
- 41-42 All-Time Conference Championship Results
- 43 All-Time All-Conference Performers
- 44 Letterwinners
- 45-46 Season-by-Season Results



Credits

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Program Quick Facts

The University

| | |
|-----------------------------|---------------------------|
| Name | Colorado State University |
| Location | Fort Collins, Colo. |
| Enrollment | 26,735 |
| Nickname | Rams |
| Colors | Green and Gold |
| Natatorium | Moby Pool |
| Conference | Mountain West |
| President..... | Dr. Anthony Frank |
| Director of Athletics | Paul Kowalczyk |

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| Fax | 970/491-1348 |
| Web Site | CSURams.com |

Swimming Information

| | |
|---------------------------------|------------------------------|
| Head Coach..... | Chris Woodard (Hartwick '95) |
| Year at Colorado State | First |
| Career Record, Dual Meets | 0-0 (.000) |
| Office Phone | 970/491-6026 |
| Diving Coach..... | Kevin Witt (CSU '93) |
| Assistant Coach | Kelley McCallum |
| Volunteer Assistant | MacKenzie Lindstrom |
| Student Assistant..... | Nicole Lynch |

| | |
|---|-------------------------------------|
| 2010-11 Dual Meet Record | 3-9 |
| 2010-11 Conference Dual Meet Record | 2-6 |
| Returning Letterwinners | 16 |
| Swimmers | 12 |
| Divers | 4 |
| Letterwinners Lost | 9 |
| First Season of Swimming | 1974-75 |
| Conference Championships | 9 |
| Last..... | 1995-96 Western Athletic Conference |
| All-Americans..... | 12 |



Colorado
State
University
Founded 1870



This is Colorado State

- 4 Message from
Dr. Anthony A. Frank
- 5 CSU System/
Board of Governors
- 6 The University at a Glance
- 7 World-Class Academics
- 8 This is Fort Collins
& Colorado
- 9 Denver, The Mile High City
- 10 Academic & Training Center



Welcome to Colorado State University!

Colorado State University is committed to student success. From their first Preview orientation to graduation and beyond, we want all our students to be well-prepared academically and personally for whatever challenges and opportunities the future holds.

We can't run a successful, winning athletics program without a strong commitment to the success of our student-athletes. Earning a CSU degree is our ultimate goal for each student-athlete at CSU, and Ram fans can be proud that our players continue to graduate and succeed at a higher rate even than the general student body. In fact, our Ram athletes have gone on to become doctors, lawyers, educators, business professionals, public servants, parents, community leaders, and yes, even professional athletes. Their energy and experience, combined with a solid education, positions them to be champions no matter where the future leads.

But all students can encounter obstacles on the road to earning a diploma—obstacles often related to finances, indecision, desire for a greater sense of community, need for academic support, and sometimes lack of personal motivation. While student-athletes encounter many of these same obstacles, they also serve as highly visible role models and strive for winning records. As with all our students, CSU is dedicated to providing the resources and programs they need to achieve their full potential, with state-of-the-art training facilities, academic support, service-learning opportunities, and focused study environments.

The life of a student-athlete is formed around hard work, self-discipline, teamwork, and a passion for achievement. That spirit—matched with strong academic support systems and high expectations—is a winning formula for Colorado State. We're proud to celebrate another great year in Rams sports and to recognize the students and fans who make it all possible. Go Rams!

Dr. Anthony A. Frank
President





Board of Governors



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Chancellor
Colorado State
University System



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Flying Diamond Ranch



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Voting Member
Vice President for Colorado,
Gill Foundation

The Board of Governors of the Colorado State University System represents the people of Colorado, assuring effective management, accountability, and responsible leadership of all the CSU System campuses – Fort Collins, Pueblo and the new online Global Campus.

Board members come from across the state and from many fields — business, public service, agriculture — and share a strong commitment to excellence, innovation, and student success.

The Board of Governors sets a standard of excellence for all the campuses that carry the Colorado State

name, through the establishment of a bold vision, mission, and values coupled with ambitious stretch goals for each campus, and strongly supports Colorado State athletics programs as a source of pride for students, alumni, and the State of Colorado.

The Board of Governors and the CSU System work to further the roles of its three universities to be integral contributors to the economic development of the state. Work force education, research funding and new business and product development are some of the areas where the institutions are excelling.





Colorado State University is transforming lives, solving problems, supporting economic vitality, and targeting our world's greatest challenges. Committed to the land-grant heritage of education, research, and outreach, Colorado State sets the standard as a 21st-century research university characterized by a global reach, scholarly excellence, and an immediate impact on the world. And as a land-grant university, we're particularly committed to creating access and opportunity for people in Colorado and around the world who can benefit from our special brand of hands-on, engaged learning.

As a Carnegie Community Engagement University, Colorado State University leads the world in disciplines such as human and animal health, clean energy and the environment, global and sustainable business, engineering, and climate research.

Challenging academic programs and world-changing research are hallmarks of Colorado State, and it is our special commitment to service, outreach, and transforming our world through innovation that sets this university apart from other institutions. That commitment is reflected in our classrooms, in the work of our faculty around the world, and in our groundbreaking commitment to move research breakthroughs rapidly from the laboratory to the marketplace. Even more important, it is reflected in

the quality of our students and graduates, who embody the university's mission and go on from CSU to make a significant impact on our world.

With more than 150 programs of study and 78 undergraduate degree programs offered in eight colleges and the graduate school, and a faculty-to-student ratio of 17:1, students have access to a wealth of educational possibilities at Colorado State. Along with outstanding programs in the liberal and performing arts, humanities and social sciences, Colorado State offers some of the top professional programs in the country in construction management, occupational therapy, psychology, communications and agriculture.

Colorado State is also making investments in new facilities — \$27 million has been committed for building a new indoor practice facility and a new academic and training center dedicated to student-athletes. New residence halls, a parking garage, and both new and renovated academic buildings are just a few of the projects under construction across campus.

We invite you to learn more about Colorado State, a university with vision, character, and a commitment to excellence.





Colorado State University takes very seriously its role in educating student-athletes. Excellence is expected on the field and in the classroom.

The most recent NCAA academic statistics reveal that Colorado State leads the Mountain West Conference in graduation rate for student-athletes at 66 percent – well ahead of the conference’s overall student-athlete graduation rate of 57 percent. In football, Colorado State is second in the MWC, graduating 68 percent of its student-athletes – again, well ahead of the conference average of 49 percent.

Colorado State, however, is not resting on its reputation for graduating its student-athletes. The state-of-the-art Anderson Academic Center, which will greatly enhance

the academic facilities available for student-athletes, opens in August 2009.

While the athletic department takes its role in the educational process very seriously, Colorado State’s mission to provide a world-class education is at the core of academic success. U.S. News and World Report ranked Colorado State in its top tier in its annual “America’s Best Colleges” report. The university offers 79 majors and 27 minors, and many of its programs are ranked among the best in the country.

Colorado State continues to push forward in its mission to provide the best possible education. Construction recently was completed on the state-of-the-art University Center for the Arts and Computer Science buildings, and the Indoor Practice Facility, Academic and Training Center, and the College of Business’ Rockwell Hall expansion soon will be completed.

- CSU’s Veterinary Medicine program ranks second in the country and is the national leader in federal research dollars.
- *BusinessWeek* ranked CSU’s undergraduate College of Business program 67th (up from 73rd in 2008). The program ranks 30th among all public schools and 14th among all colleges and universities in the West and Southwest. The marketing and business law programs were ranked in the nation’s Top 10 by the magazine.
- In December 2008, CSU conferred its 150,000th bachelor’s degree and 200,000th overall degree.
- According to NCAA statistics, CSU’s graduation rate for student-athletes is higher than the graduation rate for the overall student body.





Old Town Fort Collins, the inspiration for Disneyland's Mainstreet USA.

Fort Collins Facts

- No. 1 place to live in the United States (*Money* magazine, August 2006).
- No. 1 Best Place to Live and Work for Young Professionals (pop. 100,000-200,000), Next Generation Consulting, March 2009.
- No. 2 in *Forbes* magazine's best United States cities for business and careers (March 2009); Denver ranked 14th and Boulder was 20th among five Colorado locations in the publication's top 40.



One of Colorado's most vibrant cities, Fort Collins is the best place in the country to live, work and play. Located on the northern Front Range of the majestic Rocky Mountains, the city is within an hour's drive of Denver, the nation's 25th-largest metro area.

This city of 137,200 residents basks in 300 days of sunshine per year — more than San Diego and Florida — and includes the historic Old Town district with its restaurants, shops, and entertainment, all within walking distance of Colorado State University's campus.

Since its founding as a military fort in 1864, Fort Collins has anchored northern Colorado's rich heritage of academic, business and recreational pursuits. Hiking, mountain biking, kayaking, river rafting and rock climbing are just a few popular outdoor pursuits for students and residents.

The city maintains more than 600 acres of parks, 5,000 acres of natural areas, 20 miles of off-street trails for hiking and biking, and three golf courses. The Lincoln Center and the University Center for the Arts, anchored in Fort Collins, are northern Colorado's cultural arts centers.

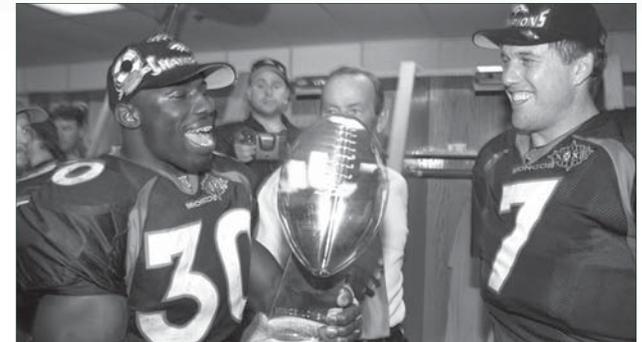




The Denver Metro Area, with a population of 2.4 million, is less than an hour's drive from Fort Collins. A major-league metropolis, named by the *Sporting News* the best sports city in the United States, Denver is home to three teams that have competed for their respective world championships in the past 11 years — the Super Bowl XXXII and XXXIII champion Denver Broncos, the 1996 and 2001 Stanley Cup champion Colorado Avalanche, and the 2007 National League champion Colorado Rockies, who lost the World Series that season to the Boston Red Sox. The Denver Nuggets, meanwhile, just finished their most successful season in 24 years, going all the way to the NBA's Western Conference Finals before bowing out to the eventual world champion Lakers.

Sports fans in Colorado are among the most passionate in the nation, and for good reason — their teams are winners.

Denver has all the features of any big city, including great shopping and nightlife on the 16th Street Mall (Denver Pavilions, below left), a one-of-a-kind concert venue in Red Rocks Amphitheatre (below, second from right), an adrenaline-inducing amusement park in Elitch Gardens, and the world's 10th-busiest airport, Denver International. Nicknamed the Mile High City because it is one mile above sea level, downtown Denver is home to the Colorado state capitol building, the 13th step of which is exactly one mile in elevation.





Cost: \$7 million
Size: 16,000 square feet,
Location: Southeast of the McGraw Athletic Center

Features:

- Training portion includes a state-of-the-art weight room, strength and conditioning offices, a nutrition center and restrooms.
- Academic center features five private tutorial rooms and large study areas
- Includes a computer lab with 30 workstations, more workspace and offices for CSU's academic staff.

In 1998, Colorado State enhanced its weight room and built an academic center as part of the McGraw Athletic Center project, but these facilities no longer meet the needs of its expanded student-athlete base, nor do they allow the Rams to compete for top-quality recruits.

Because of the heavy time constraints placed on CSU student-athletes through practice, travel, strength and conditioning, and community service, a quality learning environment is essential for the university's student-athletes to achieve the high standards of academic success expected of them.

The Academic and Training Center is the latest centerpiece for CSU's athletic program and support its mission to recruit, educate, develop, and graduate Rams student-athletes within an environment that proues excellence, values integrity and ethical conduct, promotes respect for all individuals, teaches sportsmanship, entertains our constituents and emphasizes championship performance.

The McGraw Athletic Center (right), which was built in 1998 and houses the CSU athletic department, is now accompanied by a pair of new, state-of-the-art facilities: the Academic & Training Center (top) and the Indoor Practice Facility (opposite). Both facilities were shown off at the grand opening celebration on Sept. 18, 2009.



Senior, Breann Fuller

“CSU swimming & diving begins a new chapter this year. We are focusing on the fundamentals that will bring us success in the future. This year’s group promises to make big strides under solid leadership from our senior class and some up-and-comers among our underclassmen. They will be eager to compete and measure themselves against the best. With some seasoning and some good recruiting, CSU will return to the national scene very soon.”

-Head Coach Chris Woodard

2011-12 Swimming and Diving



2010-11 in Review

Through victories, losses, Rams never stopped progressing as teammates, competitors, athletes

- Five relay performances were good enough to place them in the top five all-time in the CSU record books.
- In individual events, nine athletes found their way into the top five all-time performances of CSU swimming.
- Five ladies made all-conference in the Mountain West for their performances in the championship. Three of the athletes earned honors in multiple events.
- The season saw three school records go up on the boards.
- The Rams continued to improve individually, as evidenced by the 43 personal-best performances that were achieved by 19 athletes throughout the year.
- The Rams finished their season with a win-loss record of 3-9, placing them seventh in Mountain West dual meet standings.
- In the MW championship standings, CSU took seventh place with points totaling 322.
- Out of the pool, seven athletes earned the Mountain West Scholar-Athlete Award and 21 earned the academic all-conference award.
- Twenty-five of the athletes received letters for the year.
- CSU now has an all-time win-loss record of 257-101, bringing its total percentage to .719.
- John Mattos, entered his 31st and final year at the reins of the CSU swimming and diving program.



The pool was loud with the splashes of eager athletes. The team was ready for victory. The Rams were prepared for the 2010-11 swimming and diving season.

The swimming and diving teams are about more than their sport. The

swimmers and divers are about more than their athletics. They were a community.

John Mattos was not only the swimming and diving head coach, but he was also a figurehead of the entire athletic department. Mattos retired after 31 years as head coach of the swimming and diving program and six years as the head coach of CSU's water polo program.

"Words cannot describe the emotions I'm dealing with right now," Mattos said. "To leave a position that has been your passion for the past 31 years is beyond difficult. Eight generations of coaching young college students have left an indelible mark on me. Preparing them for competition and life has been an honor and an experience that I'll cherish forever."

Mattos' last year will be remembered in the record books with five relay performances and nine individual performances in the top five of all-time. Five athletes made all-conference in the Mountain West and three new school records went on the boards.

The year saw the last performances of seniors: Sam Dole, Kim Freeman, Maddie Gamble, Nicole Lynch, Emily Molzahn, Kelly O'Brien, Michelle Price, Cori Swango and Charlie Swearingen.

Together they earned two all-conference recognitions, four school records, 10 top-five all-time performances, nine personal bests, two Mountain West Scholar-Athlete Awards, seven Mountain West academic all-conference honors.

Lynch finished her final year as a Ram on a strong note. Lynch set a school record at the Mountain West championships with her third-place finish in the 100 breaststroke with a time of 1 minute, 1.85 seconds. This



Yana Garvey

performance earned her NCAA consideration and all-conference recognition.

The junior class stepped up throughout the year and shined in the pool at the MW championships. Together, the juniors earned more points than all the other classes combined, with only five athletes performing in the championships.

Jennifer Lamb, a junior, established a school record at the MW championships with her 1,000 split in the 1,650 freestyle, with a time of 10:00.19. Lamb received all-conference honors for this performance, as well as her 4:53.82 performance in the 500 freestyle.

Breann Fuller was one of the athletes to watch in the 2010-11 season. Fuller won the 200 backstroke at the MW championships with a time of 1:56.01, setting a school record. Her participation in five relay events helped earn those teams a spot in the history books. She was also named all-conference for her performances in both the 100 and 200 backstroke events.

On boards, junior Shayna Solomon dominated. At the first meet of the season she set an NCAA-qualifying score of 276.75 in the 1-meter diving competition. Once again, Solomon qualified for NCAA zones on both 1- and 3-meter diving events, but opted not to attend to allow a nagging back injury to heal completely. Solomon was the only CSU student to receive the Mountain West's Diver of the Week honor.

It was a season unlike any other in CSU history. Through victories and losses the Rams never stopped progressing as teammates, competitors and athletes.



Christopher Woodard

Head Coach - First Year - Hartwick '95

Contact Information: Woody.Woodard@Colostate.edu; 970/491-6026

Colorado State Director of Athletics Paul Kowalczyk announced the hiring of Christopher 'Woody' Woodard as the Rams' head coach of the women's swimming and diving team. Woodard takes over for John Mattos, who retired after 31 years at CSU.

Woodard, a former assistant coach for swimming and water polo at Colorado State from

2000-05, begins his second stint with the Rams after six years at North Carolina State, where he was the associate head men's swim coach and the assistant women's swim coach for the past six seasons.

Woodard becomes the fifth individual to head the women's swimming and diving program at Colorado State, following Mattos (1980-2011), Gary Ilman (1978-80), Cyd Mechem (1977-78) and Nancy O'Connor (1964-77).

In Woodard's 15 years of experience, he has assisted in coaching swimmers such as Colorado State's Olympic gold medalist Amy Van Dyken (2000), Olympic gold medalist Cullen Jones (2008) and Puerto Rican national record holder Dan Velez, and he was the primary coach for seven-time Paralympic gold medalist Erin Popovich (2004), also a former Ram.

During his tenure with N.C. State, Woodard's swimmers compiled 58 school records and the women's team placed 29th in the NCAA championships in 2009. Both the men's and women's swim squads were named scholastic All-America teams in 2010. Jones, before winning the

gold medal in 2008, was the NCAA champion in the 50-meter freestyle in 2006.

While at CSU Woodard helped coach the Rams to a 37-13 dual-meet record from 2000-05 and produced five Mountain West champions with 14 school records. Colorado State finished in the top three in the MW each year from 2001-04, including a 10-0 record and a regular-season championship in 2004, the same season the team was an NCAA qualifier. Woodard served as a volunteer assistant with Colorado State from 1998-2000 while obtaining his master's degree.

Before his time at the university level, Woodard served as the head coach for the Shawmut Aquatic Club from 1996-98. A native of Buffalo, N.Y., he attended Hartwick College in Oneonta, N.Y., graduating in 1995. He earned his first coaching job after graduation as an assistant swim coach with Hartwick, where he recruited three future All-Americans from 1995-96.

Woodard is married to wife Holly and together they have one son, Gabriel.



Woodard was an assistant coach at CSU from 2000-05



Kevin Witt

Head Diving Coach - Seventh Year - Colorado State '93

Contact Information: kevin.witt@colostate.edu; 970/491-7242

The Rams diving program again will be under the direction of seventh-year head coach Kevin Witt. Over his six seasons at Colorado State, Witt has tutored divers who have made the finals in every event of the Mountain West championships.

What's more, his CSU divers have qualified for and finaled at the NCAA Zone E competitions, and have been very competitive at dual meets since the 2005-

06 campaign.

Witt is no stranger to coaching, serving 10 years as the head diving coach for the Poudre School District. In that role, Witt was in charge of managing the training and competitions for 20-25 athletes from Fort Collins, Rocky Mountain, Poudre and Fossil Ridge high schools each season. He coached both the men's and women's seasons, as well as handling the supervision and training throughout the year.

In addition to his responsibilities as CSU's head diving coach, Witt continues to manage the Fort Collins Diving Club. He is the owner and operator of a private, United States Diving Member Club age-group team. His responsibilities as head diving coach and owner include all coaching duties involving weight training, conditioning and year-round training and competitions.

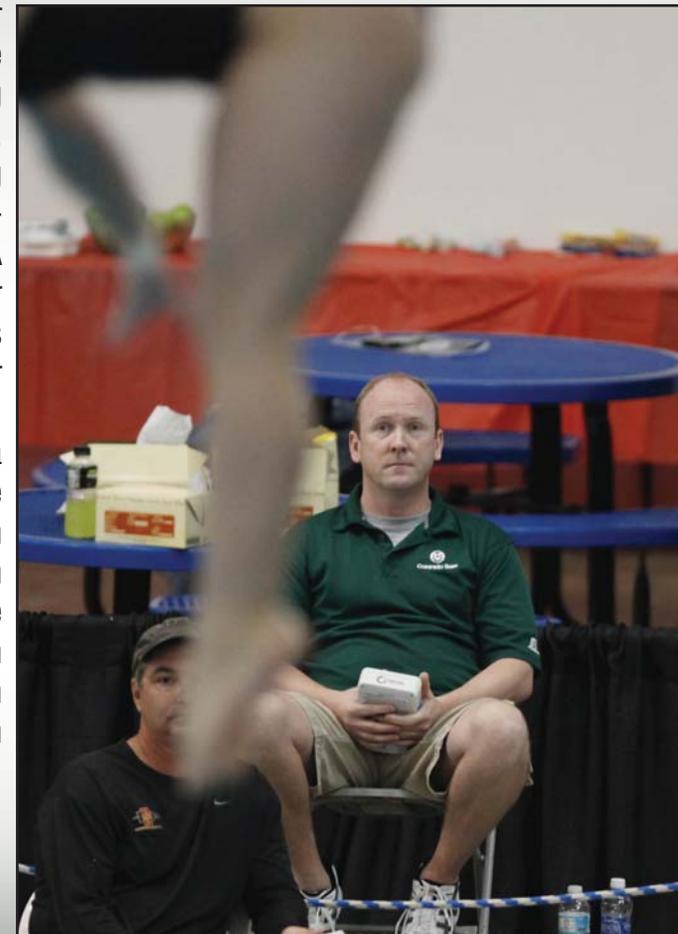
Witt has already shown his value as a head coach and leader. Under his supervision the Poudre School District and the Fort Collins Diving Club have produced over 50 high school state finalists, 17 Colorado High School State Champions, 14 National Interscholastic high school All-Americans, one National Interscholastic High School national champion, and multiple zone and national Junior Olympic qualifiers, as well as one Junior Olympic national 1-meter champion and two AAU National Champion on both the 1

and 3-meter springboards.

Over 26 of the athletes that have participated with the Poudre School District or with the Fort Collins Diving Club have gone on to dive at NCAA Division I or Division II programs across the country. Several of those athletes have earned varying degrees of athletic scholarships as well.

The Colorado High School Swim Coaches Association named Witt its Coach of the Year four times. He's also earned the Colorado Girls 4A Diving Coach of the Year (2000), the Colorado Girls 5A Diving Coach of the Year (2001-02), the Colorado Boys 5A Diving Coach of the Year (2002), and Colorado Girls 5A Diving Coach of the Year (2004-05).

Witt graduated with a bachelor of science degree in business administration from Colorado State in 1993. He went on to receive his master of arts degree in elementary education from the University of Northern Colorado in 2000.





Kelley McCallum

Assistant Coach - First Year - Georgia '07

Contact Information: kelley.mccallum@colostate.edu

Head swim coach Chris Woodard announced the addition of Kelley McCallum as an assistant swim coach.

McCallum, a native of Atlanta, Ga., was the master's swim coach at the University of Georgia during the 2007-08 season. She then went on to be the Riverwood High School head swim coach from 2009-10.

With a B.S. in child and family development from Georgia, McCallum coached children ages 5-14 as the Atlanta Athletic Club assistant swim coach in 2008. She focused on different

stroke techniques, sportsmanship and fostering a good work ethic. McCallum also organized stroke clinics, teaching proficiency and details of swim technique to advance the athletes to the next level.

McCallum is no stranger to the pool. She swam for the University of Georgia from 2003-07, helping the Bulldogs earn both the 2005 national championship and the 2006 Southeastern Conference title. In high school, McCallum earned both All-America and Scholastic All-America honors.

McCallum expects to make more history with the Rams this season.



MacKenzie Lindstrom

Volunteer Assistant Coach
USA Swimming coach with Fort Collins Area Swim Team
Doc Councilman Award recipient
Swam with the Rams from 2004-07



Nicole Lynch

Student-Assistant Coach
School record holder in three events
Two-time MW all-conference swimmer



Director of Athletics Paul Kowalczyk has placed Colorado State's program on an ambitious path toward national prominence with his insightful and visionary leadership.

Kowalczyk is in his sixth year leading CSU's program, demonstrating an unmistakable commitment to the university after signing in 2010 a five-year contract extension, through 2015. From the moment he arrived on campus in 2006, he has shown a leadership style that is steady and consistent with ambitious goals clearly established. Under his watchful eye, a foundation has been built to cultivate long-term success throughout the program. With the foundation firmly in place, Colorado State's program stands on the threshold of taking a bold step forward nationally to reach "stretch goals" established by the Board of Governors when Kowalczyk arrived.

Perhaps nothing better illustrates the progress toward prominence that CSU's program has made during Kowalczyk's tenure than the altered skyline surrounding Moby Arena and the McGraw Athletic Center, both of which serve as centerpieces of the athletics department.

During the summer of 2009, CSU opened two state-of-the-art athletics facilities that are visually prominent to any avid Rams fan upon arriving on campus.

A training facility includes an indoor football practice field plus basketball and volleyball practice courts, adjacent to Moby Arena. Also, a new academic and strength and conditioning center is next to the McGraw Athletic Center.

Over the last year-plus, Kowalczyk also has stewarded significant upgrades to Sonny Lubick Field at Hughes Stadium, including a \$2.5 million landscaping initiative following the 2010 season that will make the venue's grounds at the base of the Rocky Mountain foothills even more attractive. Additionally in recent years, Kowalczyk oversaw improvements to several CSU team locker rooms, and in fall 2010 spearheaded a \$1 million project that furnished Moby Arena with new state-of-the-art video boards. Also in the fall of 2010, the Rams opened a \$2 million tennis facility.

The two new buildings, along with upgrades to CSU's stadium, arena and McGraw Athletic Center offices, make CSU's resources among the finest in the nation. Those additions and improvements also have made CSU competitive nationally while enhancing the institution's image across a broad spectrum. The facilities represent one of Kowalczyk's primary goals when he was appointed to his position at CSU. Almost immediately upon his arrival, he worked closely with campus leaders to develop the facilities initiative.

"These buildings show that Colorado State is unmistakably serious about achieving its stretch goals," Kowalczyk said. "Combined with the recent renovations at our football stadium, this puts us where we need to be in terms of offering quality, state-of-the-art facilities for our coaches and student-athletes, those who are here now and those who are thinking about coming here."

The facilities, along with recent contracts he negotiated with Russell Athletic (apparel and uniforms), Under Armour (footwear), and a deal with the University of Colorado to keep the Rocky Mountain Showdown at Invesco Field for the long-term future, also reflect Kowalczyk's commitment to excellence throughout the program.

"Average is simply not good enough," he said. "We must continually find ways to improve every aspect of our program while meeting the needs of our student-athletes and providing resources for our coaches -- not just to compete, but to win, and do it while serving the university, the community and the region."

Soon after Kowalczyk's arrival in Fort Collins, he worked closely with the Board of Governors of the Colorado State University System and the university leadership to set in place a set of "stretch goals." "The support of the board and campus administration, which was there every step of the way, was critical," Kowalczyk said. "We have leadership on this campus

that not only recognizes the importance of investing in athletics, but also what a successful athletics department can do for the university."

Colorado State's stretch goals include:

- Achieve a No. 1 ranking in the Director's Cup, a ranking system that reflects overall program success;
- Annual Bowl Championship Series inclusion;
- NCAA men's and women's basketball tournament participation.

While the entire program under Kowalczyk's guidance has moved forward with the completion of the facilities, he readily admits there are more challenges that lie ahead.

"We will never stand still. We will continue to move forward. As a program, we will strive for excellence in every area, just as we challenge our student-athletes in competition and in the classroom.

"Our efforts will always include continually and diligently working to expand our ticket and Ram Club donor base as a means to generate additional revenue and scholarship fund support."

Colorado State's expected emergence nationally has provided followers of the program optimism and excitement. Kowalczyk brought a wealth of experience and knowledge to Fort Collins when he was named the school's 16th Director of Athletics on April 11, 2006, after having served for six successful years in the same capacity at Southern Illinois University.

In the spring of 2008, he was named to the prestigious NCAA Division I Leadership Council, an advisory body to the Division I Board of Directors. The council identifies issues important to the future of Division I and offers its expertise in defining appropriate action items. Reappointed in June 2010, his current term expires in 2014.

Kowalczyk also remains involved in NCAA, NACDA and MW activities.

During his tenure at SIU, he led the Salukis' emergence into a successful, nationally renowned athletics program, including 15 conference championships in seven sport programs.

Before his tenures at CSU and SIU, he was senior administrator at Northwestern University during a time in which the Wildcats program enjoyed national success. He also served as assistant athletics director for business operations at Kansas State, business manager for athletics at Portland State, and assistant to the associate athletics director at Kent State.

Kowalczyk holds a master's degree in sports administration and a bachelor's of business administration in accounting from Kent State University.

A native of Warren Ohio, Kowalczyk was inducted into the Warren High School Distinguished Hall of Fame. The award recognizes and honors individuals for their achievements and performance. In 2004, he received the National Football Foundation's Gen. Robert R. Neyland Outstanding A.D. Award, and in 2006 was named the Athletic Director of the Year for the Division I-AA Central Division. Kowalczyk in 2010 concluded a four-year term on the NACDA Executive Council, representing District 7. He now sits on the NACDA committee that determines the annual Learfield Director's Cup for overall athletic department excellence.

He is married to Peg Lynch Kowalczyk.

Paul Kowalczyk at a glance...

Education:

- Bachelor of Business Administration, Accounting; Kent State University; 1980
- Master of Arts, Sports Administration; Kent State University; 1986

Athletics Administrative Experience:

- 2000-06: Southern Illinois University; Director of Athletics
- 1995-2000: Northwestern University; Associate Athletics Director for External Affairs
- 1991-95: Northwestern University; Assistant Athletics Director/Business Manager-Finance and Personnel
- 1988-91: Kansas State University; Assistant Athletics Director for Business Operations
- 1987-88: Portland State University; Athletics Business Manager
- 1986-87: Youngstown State University; Assistant to the Athletics Director, Marketing
- 1985-86: Kent State University; Assistant to the Associate Athletics Director, Fundraising

Personal:

- Born: Feb. 17, 1958
- Birthplace: Warren, Ohio
- Family: Married to Peg Lynch Kowalczyk
- Last name is pronounced kuh-WALL-check



Erin Hammersley
Academics



Mackenzie McDonald
Athletic Trainer



Chris Anderson
Strength & Conditioning



Kyle Kotrous
Equipment



Sarah Thomsen
Athletic Media Relations



2011-12 Athletes



Breann Fuller

2010-11

At the 2011 Mountain West championships, won the 200 Backstroke event with a time of 1:56.01, retaining her MW title and setting a school record...At the MW championships led off the 200 Medley Relay that set a school record at a time of 1:41.25...In the 400 Medley Relay helped to break a school record with a time of 3:42.51...In the 200 Freestyle Relay took the third-fastest time in CSU history with a time of 1:32.69...Continued to break records with great performance in the 400 Freestyle Relay for a third-place spot in CSU history with a time of 3:22.98, and in the 800 Freestyle Relay at the MW championships led off the relay team that set the fourth-fastest time in the CSU history books with a time of 7:27.10...Each of these relay performances were fast enough to break NCAA B standards...Was also named all-conference athlete for third-straight year for performance in both the 100 and 200 Backstroke events, with a time of 53.49 in the 100 Backstroke and 1:56.01 in the 200 Backstroke...Both of these times also earned NCAA B...At the MW championships also jumped into the CSU record books for the fourth-fastest time in the 200 Freestyle with a time of 1:50.79, and the third-fastest time in the 100 Freestyle with a time of 50.33...Was honored as MW scholar and academic all-conference athlete for her academic performance throughout the year with a 3.62 GPA.

2009-10

A perennial all-conference athlete, at the 2010 Mountain West championships, won the league's two backstroke events...Placed first in the 100 Backstroke with a time of 54.11 seconds, and first in the 200 Back with a time of 1:56.27, a CSU record and her personal best...Also at the MW championships, placed fifth in the 200 Medley Relay, fifth in the 200 Free Relay, fifth in the 400 Medley Relay and seventh in the 400 Freestyle Relay...Scored 312.75 points on the season...Her GPA of 3.568 also gave her academic all-conference honors.

2008-09

At the U.S. Open LC Swimming Championships in Seattle, Wash., recorded a then- personal best in the 200 Backstroke (2:18.75), placing 41st out of 84 competitors, and placed 35th of 97 in the 100 Backstroke (1:03.89)...The fourth leg in the 200 Freestyle Relay team, helped to break the school record with a time of 1:32.09...Swam backstroke in the record-breaking 200 Medley Relay team (1:41.85)...Clocked personal best in the 100 Freestyle (50.33) and 50 Freestyle (23.00) at the Mountain West championships...Broke a school record and personal-best time in the 100 Backstroke at the Mountain West championships (52.95), which placed her on top of the podium with a gold medal... Her 100 Backstroke time logged was Mountain West meet and conference record...earned all-conference honors in 200 Medley Relay, 100 and 200 Backstroke...Scored 508.5 points on the season and was team leader in points at Mountain West championships with 76...Placed 48th in both the 100 and 200 backstroke preliminary events at the NCAA championships... Elected Mountain West Swimmer of the Week in October...Most Valuable Swimmer at UNLV/SDSU duals and TCU/North. Texas duals...Awarded academic all-conference with a 3.769 GPA.

Brighton High School

Earned four varsity letters in swimming and three varsity letters in volleyball...Earned all-conference recognition from 2004-08, and all-state accolades in both 2007 and '08...The 2008 Fox Prep MVP, she also received Athlete of the Week honors from the Denver Post...Was an All-American in both 2007 and '08 in the 100 Backstroke...Won the 5A state championship in the 100 Backstroke in both 2007 and '08... Currently holds nine BHS school records...Team captain in 2008...Swam for North Jeffco Swim Team.

Personal

Born May 26, 1990...Daughter of Ed and Jane Fuller...Has two older brothers, Chad and Nathan...Majoring in business administration...Full name: Breann Kathleen Fuller.

Basics:

| | |
|------------------------|---|
| Hometown: | Brighton, Colo. |
| High School: | Brighton |
| Events: | Backstroke, Freestyle |
| Experience: | 3L |
| Personal Bests: | 50 Free – 23.00 100 Free – 50.33 200 Free – 1:50.79 100 Back – 52.95 200 Back – 1:56.01 |



Kristen Gropp



2010-11

Participated in the 200 and 500 Freestyle and the 200 and 400 Freestyle Relay. Earned academic all-conference honors with a 3.52 GPA.

2009-10

Her GPA of 3.571 earned her the MW Scholar-Athlete Award.

2008-09

Recorded personal bests in the 50 Freestyle (24.59) and 200 Freestyle (1:54.95) at the Mountain West championships in Oklahoma City, Okla. ...At San Diego State, clocked a personal best in the 500 Freestyle (5:10.49)...Was named Most Improved at the UNLV/SDSU duals...Awarded academic all-conference with a 3.571 GPA.

Montgomery High School

Lettered four years in swimming at Montgomery (Texas) High School...Earned all-state honors all four years...Contributed to a pair of All-America relay teams, the 200 and 400 Freestyle Relays... Voted team MVP all four years, and team captain her final two seasons...Captured the 2007 state championship in the 100 Free, and in 2008 contributed to a pair of state titles in the 200 and 400 Freestyle Relay events...Also achieved academic All-America and academic all-district accolades... Swam for the Woodlands swim team along side Mary Foster.

Personal

Born May 19, 1990...Daughter of Ron and Mary Lynn Gropp...Has two younger sisters, Amy and Ashley...Majoring in construction management with a minor in business management...Full name is Kristen Lynn Gropp.

Basics:

| | |
|------------------------|--|
| Hometown: | Montgomery, Texas |
| High School: | Montgomery |
| Event: | Mid. Distance Freestyle |
| Experience: | 2L |
| Personal Bests: | 200 Free – 1:54.95 500 Free – 5:10.49 100 Free – 52.69 |





Jennifer Lamb

2010-11

At the 2011 Mountain West championships, had an incredible performance on the 1,000 split on way to a sixth-place finish in the 1,650 Freestyle, with a time of 10:00.19 to set a school record... In the 500 Freestyle took seventh with a time of 4:53.82, the second fastest in the CSU history books... For both of these performances received all-conference honors... Set another record in the 400 Freestyle Relay at the MW championships with a time of 3:22.98, which was fast enough to achieve NCAA B consideration and the third-fastest time in CSU history... Honored with the academic all-conference award.

2009-10

At the 2010 Mountain West championships, earned all-conference recognition with a second-place finish in the 1,650 Freestyle with a time of 16:42.21, setting a school record... Additionally posted a school record with her 1,000 split in that 1,650 effort, 10:03.18... Also placed sixth in the 800 Free Relay, eighth in the 500 Freestyle, and 20th in the 200 Freestyle at the championships... Scored 179.75 points on the season... Her GPA of 3.625 earned her academic all-conference honors.

2008-09

Scored individually at Pac-10 conference championships for UCLA with a 23rd-place finish in the 1,650 Free... Part of Bruin Athletic Council... Athletic Director's Honor Roll student.

Cy Fair High School

Collected 14 All-America honors (200 Free, 500 Free, 200 Free Relay, 500 Free Relay) for the Bobcats... Garnered 16 Texas all-state honors (50 Free, 100 Free, 200 Free, 500 Free, 200 Free Relay, 400 Free Relay)... Sectional champion in 200 Freestyle... Named two-time district Swimmer of the Year, regional Swimmer of the Year, Rookie of the Year and two-time team MVP... Placed second in 200 Free Relay, third in 200 Free and 500 Free at 2007 state championships, along with seven individual top-eight finishes... Holds multiple school records (200 Free, 500 Free, 200 Free Relay, 400 Free Relay)... Selected as team captain in 2007 and 2008... Also competed in cross country and water polo... Earned four varsity letters in swimming and one in cross country... Honored as academic All-American twice... Graduated as a distinguished honor roll student along with Summa Cum Laude... Swam for Coach Clayton Cagle at Cypress Fairbanks Swim Club.

Personal

Born Jan. 9, 1990... Daughter of Judy and Ricky Lamb... Has one brother, Matt, who played football at the University of New Mexico... Majoring in mechanical engineering.

Basics:

| | |
|------------------------|---|
| Hometown: | Cypress, Texas |
| Last College: | UCLA |
| Events: | Mid. Distance, Distance Freestyle |
| Experience: | 2L |
| Personal Bests: | 200 Free - 1:50.03 500 Free - 4:53.30 1000 Free - 10:00.19 1650 Free - 16:42.21 200 Fly - 2:13.74 |



Fran Mathias



2010-11

Held the fastest team time in the 100 Butterfly with a time of 55.61 which is her lifetime best, placing 14th at the MW championships... Cut almost 10 seconds off of her previous personal best in the 200 Butterfly with a new best of 2:05.54 which won her 22nd at the Mountain West championships and the

fastest time of the season for the team.

2009-10

Scored 13.00 points on the season.

2008-09

Recorded personal bests in the 100 Fly (58.15) and 200 Fly (2:14.91) in her home pool at Colorado State University.

Our Lady of Victory High School

Placed in the top five in the Continental League in the 100 Fly (second) and the 200 IM (fourth)...Finished fifth in the state in the 100 Fly...Team Captain in 2008...Swam for Swim TLC Phenomena.

Personal

Born Aug. 21, 1990...Daughter of Matthew and Deborah Mathias...Has six older siblings, Matthew, Sarah, Zach, Vince and Ceci, and a younger brother, Phil...Majoring in family and consumer science.

Basics:

| | |
|------------------------|--|
| Hometown: | Franktown, Colo. |
| High School: | Our Lady of Victory |
| Event: | Fly, IM |
| Experience: | 2L |
| Personal Bests: | 100 Fly – 55.61 200 Fly – 2:05.54 200 IM – 2:08.25 |



Jordan Quick



2010-11

Participated in the 200 Freestyle, 100 Freestyle, 100 Backstroke, 200 Backstroke, 200 Medley Relay and the 400 Freestyle relay throughout the season.

2009-10

Had a personal best of 2:09.31 in the 200 Back...Scored 6.00 points on the season.

2008-09

Added 35 points to the team's season total.

Ralston Valley High School

Lettered all four years in swimming...Led the Mustangs to a league crown all four years, as well as back-to-back state championships in 2007 and `08...Earned all-state in the 200 Medley Relay and 400 Freestyle Relay in 2007...Was an All-American in the 400 Freestyle Relay and 200 Medley Relay...Garnered all-conference in 2005, 2006 and 2007...Academic all-state honorable mention 2005, 2006, 2007 and 2008...Team captain in 2007 and 2008...Voted MVP in 2008...Currently holds four records at Ralston Valley...Swam with North Jeffco Swim Team.

Personal

Born May 3, 1990...Daughter of Martin and Heather Quick...Has two older brothers, Michael and Gregory... Majoring in journalism and technical communication with a minor in business...Full name is Jordan Margaret Quick.

Basics:

| | |
|------------------------|--|
| Hometown: | Arvada, Colo. |
| High School: | Ralston Valley |
| Events: | Backstroke, IM, Freestyle |
| Experience: | 2L |
| Personal Bests: | 100 Back – 59.70 200 Back – 2:09.31 200 Free – 1:57.95 |



Kim Schemahorn



2010-11

At the 2011 Mountain West championships swam in the 200 Medley Relay that set a school record at a time of 1:41.25...In the 400 Medley Relay helped to break another school record with a time of 3:42.51 and in the 200 Freestyle Relay took the third-fastest time in CSU history with a time of 1:32.69... continued to break records with great performance in the 400 Freestyle Relay for a third-place spot in CSU history with a time of 3:22.98...Each of these relay performances were fast enough to break NCAA B standards...Achieved her lifetime best in the 100 Freestyle race at the MW championships, with a time of 51.19, placing 18th in the competition.

2009-10

Scored 13.25 points on the season...GPA of 3.103 earned her Mountain West academic all-conference honors.

2008-09

Clocked personal bests in the 100 Freestyle (54.43), 100 Fly (1:00.89) and 200 IM (2:12.36)...Named by teammates as Most Improved Swimmer at Early Bird Invite...Scored 53.5 points throughout the season.

Lamar High School

Lettered all four years in swimming and one year in track...Swam for La Junta High School Tigers because Lamar did not have a team...Guided the Tigers to three consecutive league championships (2005-07)...Earned All-America consideration in 2005 for her team's efforts in the 200 and 400 Freestyle Relay... Currently holds the 50 Freestyle record at La Junta High School...Swam for Lamarlins Swim Team.

Personal

Born April 1, 1990...Daughter of Jeff and Lana Schemahorn...Has one younger brother, Josh...Majoring in health and exercise science...Full name is Kimberly Anne Schemahorn.

Basics:

| | |
|------------------------|--|
| Hometown: | Lamar, Colo. |
| High School: | Lamar |
| Events: | Sprint Freestyle, Fly, Breaststroke |
| Experience: | 2L |
| Personal Bests: | 50 Free - 23.41 100 Free - 51.19 100 Fly - 56.13 |





Shayna Solomon

Basics:

| | |
|------------------------|--------------------------------------|
| Hometown: | Huntington Beach, Calif. |
| High School: | Marina |
| Event: | Diver |
| Experience: | 3L |
| Personal Bests: | 1-meter - 288.08 3-meter - 277.12 |

2010-11

At the first meet of the season, set an NCAA-qualifying score of 276.75 in the 1-meter diving competition...At the Mountain West championships finished 13th in 3-meter diving with a score of 256.80...In 1-meter diving earned a sixth-place finish with a score of 250.40, a performance strong enough to earn her an all-conference honor.

2009-10

At the 2010 Mountain West championships, placed 20th in the 3-meter event...At the 2010 NCAA Zone E regional, placed 18th on the 1-meter board and 35th in the 3-meter competition.

2008-09

Set personal bests with 270.44 points on the 1-meter, and 252.45 points on the 3-meter...Scored 167 points in the season.

Marina High School

Lettered four years in diving at Marina High School in Huntington Beach, Calif. ...Helped the Vikings to a Sunset League swimming and diving championship...Was her team's diving captain as both a junior and senior...Also competed for the Pacific Diving Academy club team.

Personal

Born March 15, 1990...Daughter of Gemma Gishi and Nick Solomon...Has four siblings, Nicole, Whitney, Haylee and Kyle...A communications studies major.





Roya Asin

2010-11

At a home meet against UNC placed second in the 3-meter event with a total score of 263.85, a lifetime best...Less than two months later, set another lifetime best in 1-meter diving with a score of 259.20, all this was while suffering from an ankle injury.

2009-10

Scored 5.00 points on the season...Her 3.642 GPA earned her Mountain West academic all-conference recognition.

Chaparral High School

Contributed to her team's Class 4A state championship her senior year...Honored as all-state and all-city...Named team Most Valuable Player...Also competed in cheer-leading...Earned three diving varsity letters and one cheer varsity letter...Dove for Arizona Marlins Swim Club.

Personal

Born on Aug. 8, 1991...Daughter of Jodi and Jerry Asin...Has one sister, Cheyenne...Majoring in health and exercise at CSU.

Basics:

| | |
|------------------------|--------------------------------------|
| Hometown: | Phoenix, Ariz. |
| High School: | Chaparral |
| Event: | Diver |
| Experience: | 1L |
| Personal Bests: | 1-meter - 259.20 3-meter - 263.85 |



Tara DeMuth

2010-11

Throughout the season, participated in the 100 Butterfly, 200 and 100 Breaststroke, and the 200 and 400 Medley Relay...Held the fourth-fastest time on the team in the 200 Breaststroke with a time of 2:34.87.

2009-10

Had a personal superlative in the 100 Breast with a time of 1:08.40, and in 200 Breast with a time of 2:29.11...Scored 4.00 points on the season...Her GPA of 4.00 earned her Mountain West academic all-conference honors.

Fairview High School

Honored as an All-American (200 Medley Relay)...Elected Team Sweetheart along with Team Rising Star...Graduated as an academic All-American and merit-roll student...Swam for Rally Sport Aquatic.

Personal

Born April 21, 1991...Daughter of Sue and Trip DeMuth...Has twin sister, Tasia, who also competes for the CSU swimming and diving team...Major is journalism and technical communication.

Basics:

| | |
|------------------------|---|
| Hometown: | Louisville, Colo. |
| High School: | Fairview |
| Events: | Butterfly, Breaststroke |
| Experience: | VR |
| Personal Bests: | 100 Fly - 58.68 100 Breast - 1:06.99 200 Breast - 2:29.11 |



Tasia DeMuth

2010-11

Participated in the 200, 100 and 50 Freestyle, 400 Freestyle Relay, and the 200 Medley Relay during the season.

2009-10

Scored 4.00 points on the season...Her GPA of 4.00 earned her Mountain West academic all-conference honors.

Fairview High School

Garnered All-America honors (200 Free Relay and 400 Free Relay)...Part of Colorado 5A state championship team in 200 Free Relay...Voted Team Rising Star and Team Sweetheart...Academic All-American...Merit-roll graduate...Swam for Rally Sport Aquatic Club.

Personal

Born April 21, 1991...Daughter of Sue and Trip DeMuth...Has twin sister, Tara, who swims alongside her in Moby Pool...Major is journalism and technical communication with a minor in business.

Basics:

| | |
|------------------------|---|
| Hometown: | Louisville, Colo. |
| High School: | Fairview |
| Event: | Sprint Freestyle |
| Experience: | VR |
| Personal Bests: | 50 Free – 24.89 100 Free – 53.70 200 Free – 1:56.01 |



Mary Foster

2010-11

Held the third-fastest time on the team in the 200 Freestyle at 1:54.97, and the second-fastest time in the 500 Freestyle with a time of 4:58.55...At the Mountain West championships placed 16th in the 500 Freestyle with a time of 5:00.17, and placed 15th in the 1,650 Freestyle with a time of 17:12.11.

2009-10

At the 2010 Mountain West championships, placed 12th in the 500 Freestyle and 28th in the 200 Freestyle...Scored 85.50 points on the season...Her GPA of 3.076 earned her Mountain

West academic all-conference honors.

The Woodlands High School

A team captain on the 2009 state championship team...Contributor on district and regional champion teams as a sophomore, junior and senior...Selected 2009 first-team all-state...Holds 200 Freestyle Relay state record, along with 400 Freestyle Relay and 200 Medley Relay records...Swam for The Woodlands swim team next to Kristen Gropp and Genevieve Swartz...Also swam with Swartz as a Woodlands Highlander.

Personal

Born Jan. 18, 1991...Daughter of Lori and Brian Foster...Has one younger sister, Erin...Majoring in communications at CSU.

Basics:

| | |
|------------------------|---|
| Hometown: | The Woodlands, Texas |
| High School: | The Woodlands |
| Events: | Mid. Distance Freestyle, Fly |
| Experience: | 2L |
| Personal Bests: | 200 Free – 1:50.95 500 Free – 4:54.42 200 Fly – 2:06.81 |



Chelea Kelly

2010-11

Participated in the 1- and 3-meter diving events throughout the season.

2009-10

Scored 8.00 points on the season...Her GPA of 3.357 earned her the Mountain West academic all-conference award.

Arcadia High School

Named 2008 team diving captain...Contributor to 2008-09 Arizona 4A state championship team...Part of Arizona Marlins Swim Club with Roya Asin.

Personal

Born Jan. 17, 1991...Daughter of Debbie and Rick Kelly...Has one older sister, Courtnee...Major is human development and family studies.

Basics:

| | |
|------------------------|--------------------------------------|
| Hometown: | Phoenix, Ariz. |
| High School: | Arcadia |
| Event: | Diver |
| Experience: | VR |
| Personal Bests: | 1-meter - 241.34 3-meter - 248.05 |



Arianne Lujan

2010-11

Rose to the top at the Mountain West championships with a school record in the 400 Medley Relay with a time of 3:42.51, time fast enough to qualify for NCAA consideration...Finished 13th in the 200 IM with a time of 2:04.46...Placed 15th in the 400 IM and earned the fastest time on the team (4:28.66)...Performance in the 100 Breaststroke earned 11th at the MW championships and the third-fastest time in school history.

2009-10

An all-conference selection at the 2010 Mountain West championships, placed seventh in the 200 Individual Medley, fifth in the 200 Medley Relay, and seventh in the 400 Individual Medley...Scored the team's third-highest points on the season with 206.25.

Ralston Valley High School

A 2007, 2008 and 2009 Colorado 5A state championship team contributor...Garnered All-America honors (200 IM and 100 Fly) in 2006, 2007, 2008 and 2009...All-state honoree in 2007 (200 IM)...First-team all-state in 2007 and 2008...Selected all-city in 2007, 2008 and 2009 (200 IM and 100 Fly)...Named four-time team MVP...Owns five school records (100 Fly, 200 Medley Relay, 100 Breast, 400 Free Relay and overall point record)...Team captain as a senior...National Honor Society graduate along with honors...Swam for North Jeffco Swim Team.

Personal

Born Oct. 5, 1990...Daughter of Catherine and Robert Lujan...Has one older sister, Annsley...Majoring in construction management with a minor in Spanish.

Basics:

| | |
|------------------------|--|
| Hometown: | Arvada, Colo. |
| High School: | Ralston Valley |
| Events: | IM, Fly |
| Experience: | 2L |
| Personal Bests: | 200 IM - 2:03.68 400 IM - 4:24.43 100 Fly - 55.71 200 Fly - 2:08.32 200 Back - 2:02.64 100 Breast - 1:03.61 |



Kelly Mathews

2010-11

At the Mountain West championships earned the second-fastest time in CSU history with performance in 100 Breaststroke, placing 10th at the competition with a personal-best time of 1:03.40...Continued to break lifetime bests in the 200 Breaststroke, placing seventh with a time of 2:21.44...In the 200 IM took 37th place with a lifetime best (2:10.83).

2009-10

Registered her top effort in 100 Breast with a time of 1:04.73, and in 200 Breast with a time of 2:22.59...Scored 48.75 points on the season...Her GPA of 3.357 earned her the Mountain West academic all-conference honors.

Denver East High School

Contributor to 2007-08 and 2008-09 league championship teams...A four-time all-city honoree in the 100 Breast, and two-time all-city performer in the 200 IM...Elected Newcomer of the Year in 2005-06 season...Named MVP every season...Owns 100 Breaststroke record...Swimming captain for 2007-08 season and head captain for 2008-09 season...National Honor Society graduate...Swam for Mac S Swim Team.

Personal

Born Aug. 23, 1991...Daughter of Mary O'Leary-Mathews and Tom Mathews...Has two brothers: Reed and Owen...Majoring in apparel and merchandising.

Basics:

| | |
|------------------------|--|
| Hometown: | Denver, Colo. |
| High School: | Denver East |
| Event: | Breaststroke |
| Experience: | 2L |
| Personal Bests: | 100 Breast – 1:03.40 200 Breast – 2:21.44 200 IM – 2:10.83 |



Madeline Mitchell

2010-11

Had an impressive display of skill in all three diving events at the Mountain West championships...In the platform-diving competition, took 11th place with a score of 208.50, the highest of the team at the championships and a lifetime best...In 3-meter diving registered a 15th-place finish with a score of 242.40...In the 1-meter competition, took 24th place with a score of 198.15.

2009-10

At the 2010 Mountain West championships, placed 20th in the 1-meter event...Placed 18th in the 3-meter competition, and 17th in platform diving...Scored 54.00 points on the season...Her GPA of 3.40 earned her the Mountain West academic all-conference honors.

Seattle Preparatory High School

Founder of Panthers' dive team in 2005...Garnered All-America honors on the platform (2008)...Holds title as highest placer at state competition since 1996 with a second-place finish in 2008, fourth-place in 2007 and sixth-place in 2006 for Panthers' dive team...Broke highest diving-score school record (2005-06)...Was summer league all-city champion eight years in a row...Selected as team captain all four years of high school career...Also competed in pole vaulting for two years...Honored with Academic Excellence: Community Ministry Service Award...Was part of Pacific Northwest Diving in Federal Way, Wash.

Personal

Born March 16, 1991...Daughter of Anita and Mike Mitchell...Has two younger siblings: Emily and Alex...Majoring in health and exercise science at CSU.

Basics:

| | |
|------------------------|---|
| Hometown: | Seattle, Wash. |
| High School: | Seattle Prep |
| Event: | Diver |
| Experience: | 2L |
| Personal Bests: | 1-meter - 253.10 3-meter - 258.83 Platform - 208.50 |



Shelley Perkins

San Diego State

During the 2010-11 season, team won the Mountain West Championships...Was honored with Mountain West and SDSU Scholar-Athlete awards.

Chatfield Senior High School

Lettered all four years in swimming...In 2009 earned all-league and all-state honors as well as Swimmer of the Year...Earned All-America honors in the 50 Freestyle in 2008 and 2009, the 100 Freestyle in 2009, the 200 Freestyle Relay in 2008, and the

400 Freestyle Relay in 2008...Awarded Most Valuable Player all four years...As a Charger, won the league championships in 2007, 2008 and 2009...Held school records in the 50 and 100 Freestyle and in the 200 and 400 Freestyle Relays...Performed well in the classroom, earning academic All-America awards...Swam with Arianne Lujan, Breann Fuller and Yana Garvey in high school...Also swam with Highlands Ranch Aquatics Club Team.

Personal

Born June 29, 1991...Daughter of John and Lee Perkins...Has one older brother, Matt, and one younger sister, Allison...Majoring in communication studies.

Basics:

| | |
|------------------------|---|
| Hometown: | Littleton, Colo. |
| High School: | Chatfield |
| Events: | Sprint Freestyle |
| Experience: | TR |
| Personal Bests: | 50 Free - 23.74 50 Back - 32.29 50 Butterfly - 29.28 50 Breast 35.51 100 Free - 51.39 200 Free - 1:55.80 |



Lydia Templin

2010-11

Participated in the 100 Backstroke, 200 and 400 Medley Relay, 200 and 400 Freestyle Relay, and the 50 Freestyle throughout the season...Awarded a letter for the season.

2009-10

Earned then personal bests in the 50 Free with a time of 24.77, in the 100 Free with a time of 54.38, and in the 200 Free with a time of 1:57.55...Scored 3.5 points on the season.

Regis Jesuit High School

Part of Raiders' 2006 Colorado 5A state championship team...Received 2008 All-America consideration in Medley Relay...Honored as all-city...Elected 2008-09 swim team captain...Named Most Valuable Freshman...Garnered academic All-America honors in 2008-09...National Honor Society graduate...Swam for Denver Swim Academy.

Personal

Born on Dec. 31, 1990...Daughter of Molly and Glen Templin...Has three siblings: Forrest, Bergen and Hadley...Majoring in journalism and technical communication at CSU.

Basics:

| | |
|------------------------|---|
| Hometown: | Castle Rock, Colo. |
| High School: | Regis Jesuit |
| Events: | Backstroke, Freestyle |
| Experience: | 1L |
| Personal Bests: | 50 Free - 24.21 100 Free - 53.35 200 Free - 1:56.84 100 Back - 58.65 |



Carissa Burke

2010-11

Throughout the season, participated in the 100, 200 and 500 Freestyle events, and the 400 Free Relay.

Sunset High School:

Earned three varsity letters in swimming...Received the 2008 Scholastic All-America honor...Earned MVP recognition on her high-school team...

Won the 2010 state championship in the 200 Free...Was a part of Spanish Honor Society...Also swam for the Multnomah Athletic Club.

Basics:

| | |
|------------------------|--|
| Hometown: | Portland, Ore. |
| High School: | Sunset |
| Events: | Freestyle, Backstroke |
| Experience: | VR |
| Personal Bests: | 100 Free - 53.00 200 Free - 1:53.67 500 Free - 5:02.30 |

Personal

Born Jan. 23, 1992...Daughter of Tom and Michele Burke...Has one sister, Danell...Undeclared major.



Yana Garvey

2010-11

At the Mountain West championships, earned a 14th-place finish in the 200 Backstroke, with a time of 2:02.63...Continued to perform well in the 100 Backstroke with a time of 57.26 and a 21st-place finish.

Mountain Vista High School

Lettered four years in swimming...Placed first in 100 Fly and first in 100 Backstroke... Won all-state honors in 2010 by finishing third in the 100 Backstroke and fifth in the 100 Fly...Received All-America honors as a sophomore, junior and senior, and received consideration as a freshman...Was team MVP all four years of high school...Holds school records in 100 Back, 100 Fly, 50 Free, 200 IM, and 100 Free...Was team captain her junior year...Also swam with Highlands Ranch Aquatics.

Basics:

| | |
|------------------------|---|
| Hometown: | Highlands Ranch, Colo. |
| High School: | Mountain Vista |
| Events: | Backstroke, Fly |
| Experience: | 1L |
| Personal Bests: | 100 Back - 56.48 200 Back - 2:01.33 100 Fly - 57.70 |

Personal

Born Nov. 25, 1991, in China...Daughter of Jeff and Patricia Garvey...Has two sisters, Sara and Jenelle...Major is undeclared.



Maddie Mastrup

2010-11

Stood out in the distance-freestyle events...At the Mountain West championships took 31st place in the 500 Freestyle with a time of 5:06.07, the third-fastest time on the team for the season...In the 1,650 Freestyle, earned 12th place with a time of 17:06.08, the second-fastest time on the team for the season.

Saint Joseph High School

Helped SJHS to a Los Padres League championship...Earned four varsity letters in swimming...Was MVP of her team...Held the record for the 500 Free at her high school with a time

of 5:01...Was on the Dean's honors list and was a principal's honor-roll student...Also swam with the Santa Maria Swim Club...In 2009, was a national qualifier in the 1,650 Free and a junior national qualifier in the 1,000 and 1,650 freestyle events...Selected as part of the USA Swimming Scholastic All-America Team in 2008-09.

Personal

Born Dec. 7, 1991, in Houston, Texas...Daughter of Teresa and Niels Mastrup...Has one sister, Hailey...Majoring in apparel and merchandising...Full name: Madeline Kate Mastrup.

Basics:

| | |
|------------------------|---|
| Hometown: | Santa Maria, Calif. |
| High School: | Saint Joseph |
| Event: | Distance Freestyle |
| Experience: | 1L |
| Personal Bests: | 500 Free – 5:01.41 1000 Free – 10:13.65 1650 Free -16:54.48 |



Maggie McShane

2010-11

Did not compete for the swim team...Received academic all-conference honors from the Western Water Polo Association.

Mother McAuley HS

Earned four varsity letters in both water polo and swimming... Won team MVP senior year... Was Defensive Player of the Year during her

junior season... Was water polo team captain her senior season.

Personal

Full name is Maggie McShane... Born Nov. 8, 1990... Daughter of Terry and Marilyn McShane... Has two brothers, Brian, and Kevin, and one sister, Colleen, all of whom have played water polo collegiately. Majoring in human development and family studies.

Basics:

| | |
|---------------------|------------------|
| Hometown: | Chicago, Ill. |
| High School: | Mother McAuley |
| Event: | Sprint Freestyle |
| Experience: | HS |



Ameer Peña

University of Arkansas

Attended the University of Arkansas for one academic year.

Bishop McGuinness High School

Attended the 5A school for her last two years of high school...Participated in swimming both years and earned letters for her efforts...Took conference championships in 2009 and 2010...Received all-state honors in swimming for the Fighting Irish.

Mt. St. Mary Academy

Attended the school for two years...Swam during both years of attendance...Took conference championship in 2008...Also swam with Chesapeake Swim Club.

Personal

Born Jan. 10, 1992...Daughter of David and Kaye Peña...One of five siblings...Has two older brothers, Nathan and Matthew, and two sisters Jennifer and Danielle...Majoring in civil engineering at CSU.

Basics:

| | |
|------------------------|--|
| Hometown: | Edmond, Okla. |
| Last College: | Arkansas |
| Event: | Backstroke/Mid-Distance Freestyle |
| Experience: | TR |
| Personal Bests: | 50 Back - 29.81 100 Back - 1:01.00 200 Back - 2:07.74 500 Free - 5:06.77 100 Fly - 1:00.28 |



Ailey Ruger

2010-11

Participated in the 200 and 400 Medley Relay, 100 Backstroke, 50 and 100 Freestyle and the 200 Freestyle Relay.

Boulder High School

A four-year letterwinner, holds her school record in the 200 Free Relay with a time of 1:37.78...A team captain in both 2009 and '10, also received academic All-America honors...Swam with the Rally Sport Aquatic Club...Her 200 Freestyle

Relay team placed 93rd with a time of 1:37.78 at the 2008-09 NISCA/Speedo Girls High School Swimming All-America competition.

Personal

Born Sept. 3, 1992, in Boulder, Colo. ...Daughter of John Ruger and Rita Mahoney...Has one sister...Major is Spanish with an education licensure.

Basics:

| | |
|------------------------|---|
| Hometown: | Boulder, Colo. |
| High School: | Boulder |
| Events: | Backstroke, Sprint Freestyle |
| Experience: | VR |
| Personal Bests: | 50 Free - 24.89 100 Free - 52.78 100 Back - 58.24 200 Back - 2:05.93 |



Maxelise Thorn

2010-11

At the Mountain West championships, had an outstanding performance in platform diving, with a score of 189.10 to place seventh and earn all-conference honors... In the 3-meter diving event, placed 21st with a score of 214.50, and in 1-meter diving placed 18th with a score of 220.85.

Loveland High School

Participated in diving, golf, gymnastics and cheerleading...Earned four letters in diving, two in cheerleading and one each in golf and gymnastics...Was all-conference her junior and senior years...A two-time team captain (2009-10), received team MVP honors as a freshman, sophomore and junior...Helped Loveland to a 2009 conference championship...Was on the Dean's list as a freshman and sophomore...Also a member of the Fort Collins Dive Club.

Personal

Born Nov. 8, 1991, in Ft. Thomas, Ky. ...Daughter of Michaelle and Charles Thorn...Has three siblings, Charlie, Michalah and Hailey...Major is biological science.

Basics:

| | |
|------------------------|---|
| Hometown: | Loveland, Colo. |
| High School: | Loveland |
| Event: | Diver |
| Experience: | 1L |
| Personal Bests: | 1 meter - 257.63 3 meter - 259.95 Platform - 196.00 |



Mary Kate Hardy

Parkway West High School

Dove as a longhorn in high school and received letters for her efforts all four years...Her junior and senior year saw victories at the state level with state championship wins... Also dove with the St. Louis Diving Club.

Personal

Born Feb. 16, 1993...Daughter of Earl and Karen Hardy...Has three brothers: Nick, Eric and Scott...Majoring in business administration at CSU.

Basics:

| | |
|---------------------|----------------|
| Hometown: | St. Louis, Mo. |
| High School: | Parkway West |
| Event: | Diver |
| Experience: | HS |



Michelle Hawkins

A.J. Dimond High School

Earned letters all four years of high school...Achieved Most Valuable and Most Inspirational awards in the 2009-10 season...Held 2009-10 record in the 200 Medley Relay with a time of 1 minute, 48.97 seconds...Led the Lynx as captain during the 2010-11 season...Also participated in the Northern Lights Swim Club team.

Personal

Born July 14, 1993...Daughter of Mike and Karen Hawkins...Has two younger sisters, Megan and Makenzie...Majoring in biological science at CSU.

Basics:

| | |
|--------------|-------------------|
| Hometown: | Anchorage, Alaska |
| High School: | A.J. Dimond |
| Event: | Freestyle |
| Experience: | HS |



Allison Morales

Canyon High School

Set three high-school records in 2008 with performance in the 500 Freestyle with a time of 5 minutes, 10.21 seconds, the 200 Freestyle Relay at 1:41.40 and the 400 Freestyle Relay with a record of 3:51.21... Also swam with a club team, Class Aquatics.

Personal

Born Oct. 4, 1993...Daughter of Gerardo and Kelly Morales...Has five siblings: Nathan, Ryan, Michelle, Angel and Adria...Is a health and exercise science major at CSU.

Basics:

| | |
|--------------|------------------------|
| Hometown: | Canyon Country, Calif. |
| High School: | Canyon |
| Event: | Freestyle |
| Experience: | HS |



Katie Polich

Northwood High School

As a Timberwolf, lettered all four years of high school...Received All-America honors in the 100 Butterfly with a time of 57.72 seconds and in the 200 Medley Relay in 2008... As a freshman, was league champion in the 50 Freestyle with a record of 24.24...Was awarded Most Inspirational her freshman year...During her sophomore, junior and senior years earned the High Point Award...League and CIF finalist every year,

qualifying for Masters...Holds high-school records in the 50 Freestyle for her performance of 24.10 seconds, and in the 100 Butterfly with a time of 57.42...Was one of only four athletes to receive the Irvine Scholar Athlete Award in 2011...Also took Charter Oak Award and the Distinguished Timberwolf Award...Swam with a club team, the Irvine Novaquatics.

Personal

Born May 23, 1993...Daughter of Gary and Ann Polich...Has one younger sister, Kelly...Majoring in health and exercise science at CSU.

Basics:

| | |
|---------------------|---------------------------|
| Hometown: | Irvine, Calif. |
| High School: | Northwood |
| Events: | Freestyle, Butterfly, Fly |
| Experience: | HS |



Tess Simpson

Centennial High School

As a Coyote, earned four letters in swimming...Earned all-region honors and regional championships in 2007 and 2008...In 2009 was state champion in the 50 Freestyle...Earned Most Valuable award in 2007, 2008 and 2009...Held record in the 200 Individual Medley, 100 and 150 Freestyle, and in the 100 Backstroke...

Team captain in 2010...On the honor roll, earned the Academic Scholar Award... Also swam with a club team, the Westside Silver Fins.

Personal

Born Nov. 20, 1992...Daughter of William and Katherine Simpson...Has one older sister, Maggie, and one younger sister, Celia...Major is undeclared.

Basics:

| | |
|---------------------|-------------------------|
| Hometown: | Peoria, Ariz. |
| High School: | Centennial |
| Event: | Freestyle, Breaststroke |
| Experience: | HS |



Gabby Smith

Rocky Mountain High School

Participated in swimming and track in high school, earning letters in both sports all four years... Was second-team all-conference in swimming and track... Held high-school records in the 50 Freestyle and the 200 Freestyle Relay in 2011... Excelled in academics as well, earning Honor Athlete and admittance into the National Technical Honor Society.

Basics:

| | |
|---------------------|---------------------|
| Hometown: | Fort Collins, Colo. |
| High School: | Rocky Mountain |
| Events: | Freestyle |
| Experience: | HS |

Personal

Born Feb. 24, 1993, in Fort Collins... Daughter of Brian and Leslie Smith... Is the youngest of five... Has three brothers, DJ, Marcus and Nick, and one sister, Danette... Majoring in human development and family studies with an emphasis in early childhood education.



2011-12 Seniors

From left to right:
Breann Fuller,
Fran Mathias,
Kristen Gropp,
Jordan Quick,
Shayna Solomon,
Jennifer Lamb,
Kim Schemahorn

AMY VAN DYKEN

*Six-Time Olympic Gold Medalist
19-Time All-American*

Amy Van Dyken's impact on Colorado State's swimming program is immeasurable. After two years at the University of Arizona, she transferred to Colorado State, and as a junior, she made an immediate impact for the Rams. Her unheralded success earned her an invitation to join the Resident National Team in Colorado Springs, Colo., where she trained for the 1996 Olympics in Atlanta, which is where she won four gold medals, setting a new record.

She set an American record in the 50 Free at the NAAs, becoming only the second woman to break the 22-second mark with a time of 21.77. She was the first Colorado State swimming national champion and earned national Swimmer of the Year honors. She set seven different school and conference records.

The native of Englewood, Colo. and Cherry Creek High School graduate was named both CSU and WAC Female Athlete of the Year in 1994. Since then she has been inducted into the Colorado State University Hall of Fame, the Colorado Hall of Fame and the Colorado Sports Hall of Fame.



NANCY O'CONNOR

Five national Top 10 finishes

Colorado State's coach from 1964 through 1977, Dr. Nancy O'Connor guided Colorado State to seven top 20 and five top 10 finishes nationally.

She won seven regional titles in 14 years, and never had a team finish lower than third place in regional competition.

Five of her top swimmers set national records, as O'Connor posted an impressive 118-4 dual/triangular meet record during her career, including a five-year undefeated stretch.

She served on the U.S. Collegiate Sports Council and as president of the AIAW Swimming and Diving Committee while also acting as the Colorado State Women's Athletic Director from 1975-86.



JEANNETTE BEITZ
1991
Honorable Mention



AMY BROOKOVER
1988-90
*All-American (1989-90)
Honorable Mention (1988)*



KRISTIN ELLIOT
1994
All-American



MARA FORMOSA
1997
Honorable Mention



HEIDI GRIFFITH
1994
All-American



MARSHA LANDOWSKI
1994
All-American



VAL LANG
1996
All-American



CAROL MCDANIEL
1994
All-American



LESLIE PAULL
1988
All-American



MARIJKE WULLINK
1988
All-American

50 Freestyle

| | | |
|-------------------------|--------------|-------------|
| 1. Amy Van Dyken | 21.77 | 1994 |
| 2. Amy Brookover | 22.83 | 1990 |
| 3. Samantha Dole | 22.90 | 2009 |
| 4. Breann Fuller | 23.00 | 2009 |
| 5. Jeannette Beitz | 23.17 | 1991 |

100 Freestyle

| | | |
|-------------------------|--------------|-------------|
| 1. Amy Van Dyken | 48.29 | 1994 |
| 2. Amy Brookover | 49.80 | 1990 |
| 3. Breann Fuller | 50.33 | 2011 |
| 4. Lyndsey Carlaw | 50.67 | 2002 |
| 5. Elizabeth Jones | 50.85 | 2003 |

1000 Freestyle

| | | |
|-------------------------|-----------------|-------------|
| 1. Jennifer Lamb | 10:00.19 | 2011 |
| 1. Jennifer Lamb | 10:03.18 | 2010 |
| 2. Jennie Ebuna | 10:06.15 | 1992 |
| 3. Nora Kennedy | 10:14.83 | 2010 |
| 4. Meg Rich | 10:16.83 | 1994 |

1650 Freestyle

| | | |
|-------------------------|-----------------|-------------|
| 1. Jennifer Lamb | 16:42.21 | 2010 |
| 2. Jennifer Lamb | 16:43.53 | 2011 |
| 2. Maddie Gamble | 16:47.70 | 2009 |
| 3. Nora Kennedy | 16:51.22 | 2010 |
| 4. Jennie Ebuna | 16:54.25 | 1992 |

100 Backstroke

| | | |
|-------------------------|--------------|-------------|
| 1. Breann Fuller | 52.95 | 2009 |
| 2. Breann Fuller | 54.11 | 2010 |
| 3. Kristen Schneider | 54.50 | 2004 |
| 4. Kristin Elliot | 55.45 | 1994 |
| 5. Alyssa Resch | 55.57 | 1998 |

200 Backstroke

| | | |
|-------------------------|----------------|-------------|
| 1. Breann Fuller | 1:56.01 | 2011 |
| 2. Breann Fuller | 1:56.27 | 2010 |
| 3. Breann Fuller | 1:56.74 | 2009 |
| 4. Kristen Schneider | 1:58.65 | 2003 |
| 5. Kristin Elliot | 1:59.07 | 1994 |

100 Butterfly

| | | |
|---------------------|-------|------|
| 1. Amy Van Dyken | 52.07 | 1994 |
| 2. Rachelle Kula | 54.97 | 2005 |
| 3. Patty Nash | 55.00 | 2000 |
| 4. Nora Kennedy | 55.43 | 2008 |
| 5. Elizabeth Knorre | 55.57 | 1999 |

200 Butterfly

| | | |
|-----------------------|---------|------|
| 1. Kerry Gillespie | 2:01.53 | 1986 |
| 2. Colleen Quinn | 2:03.46 | 1996 |
| 3. Corinne Hofstetter | 2:03.52 | 2004 |
| 4. Elizabeth Knorre | 2:03.75 | 1999 |
| 5. Jen Muniz | 2:04.46 | 2010 |

100 Breaststroke

| | | |
|-------------------------|----------------|-------------|
| 1. Nicole Lynch | 1:01.85 | 2011 |
| 2. Nicole Lynch | 1:03.35 | 2009 |
| 3. Kelly Mathews | 1:03.40 | 2011 |
| 4. Nicole Lynch | 1:03.42 | 2010 |
| 5. Arianne Lujan | 1:03.61 | 2011 |

200 Breaststroke

| | | |
|-----------------------|---------|------|
| 1. Nicole Ryan | 2:15.75 | 2000 |
| 2. Nicole Lynch | 2:15.88 | 2011 |
| 3. Nicole Lynch | 2:17.16 | 2010 |
| 4. Mari Anna Loftness | 2:17.66 | 2010 |
| 5. Jamie Robinson | 2:18.30 | 2003 |

200 Individual Medley

| | | |
|-------------------------|----------------|-------------|
| 1. Kristen Schneider | 2:01.11 | 2004 |
| 2. Nicole Lynch | 2:03.35 | 2011 |
| 3. Lyndsey Carlaw | 2:03.64 | 2002 |
| 4. Colleen Quinn | 2:03.84 | 1997 |
| 5. Arianne Lujan | 2:04.09 | 2010 |

400 Individual Medley

| | | |
|-------------------|---------|------|
| 1. Jen Muniz | 4:21.91 | 2009 |
| 2. Abigail Iler | 4:22.44 | 2005 |
| 3. Colleen Quinn | 4:22.45 | 1997 |
| 4. Erin O'Mara | 4:22.70 | 1995 |
| 5. Michelle Price | 4:24.06 | 2009 |

200 Medley Relay

| | | |
|---|----------------|-------------|
| 1. B. Fuller, N. Lynch, K. Schemahorn, S. Dole | 1:41.25 | 2011 |
| 1. B. Fuller, N. Lynch, J. Muniz, S. Dole | 1:41.85 | 2009 |
| 2. B. Fuller, N. Lynch, A. Lujan, S. Dole | 1:42.55 | 2010 |
| 3. K.Elliott, M.Landowski, A.Van Dyken, C.McDaniel | 1:42.76 | 1994 |
| 4. K.Schneider, L.McCaslin, R.Kula, K.Knudson | 1:42.81 | 2003 |

400 Medley Relay

| | | |
|---|----------------|-------------|
| 1. B. Fuller, N. Lynch, K. Schemahorn, S. Dole | 3:42.51 | 2011 |
| 2. K.Elliott, M.Landowski, A.Van Dyken, C.McDaniel | 3:43.44 | 1994 |

| | | |
|---|----------------|-------------|
| 3. B.Fuller, N.Lynch, J.Muniz, S.Dole | 3:43.83 | 2009 |
| 4. K.Schneider, L.McCaslin, K.Larka, L.Carlaw | 3:45.61 | 2002 |
| 5. A.Resch, N.Ryan, P.Nash, E.Knorre | 3:46.29 | 1999 |

200 Freestyle Relay

| | | |
|--|----------------|-------------|
| 1. S.Dole, E.Molzahn, C.Swearingen, B.Fuller | 1:32.09 | 2009 |
| 2. C.McDaniel, K.Elliott, H.Griffith, A.Van Dyken | 1:32.34 | 1994 |
| 3. S. Dole, B. Fuller, K. Shemahorn, N. Lynch | 1:32.69 | 2011 |
| 4.. K.Knudson, E.Jones, K.Peck, P.Langner | 1:33.15 | 2003 |
| 5. S.Dole, B.Fuller, C.Swearingen, E.Molzahn | 1:33.41 | 2010 |

400 Freestyle Relay

| | | |
|--|----------------|-------------|
| 1. K.Elliott, C.McDaniel, H.Griffith, A.Van Dyken | 3:22.15 | 1994 |
| 2. B.Fuller, G.Cianci, S.Dole, J.Muniz | 3:22.96 | 2009 |
| 3. J. Lamb, S. Dole, K. Schemahorn, B. Fuller | 3:22.98 | 2011 |
| 4. K.Schneider, E.Jones, K.Peck, K.Knudson | 3:23.30 | 2003 |
| 5. K.Schneider, E.Jones, K.Peck, P.Langner | 3:24.55 | 2004 |

800 Freestyle Relay

| | | |
|--|----------------|-------------|
| 1. J.Muniz, C.Swearingen, M.Price, G.Cianci | 7:22.73 | 2009 |
| 2. K.Schneider, E.Jones, K.Peck, P.Langner | 7:22.80 | 2004 |
| 3. K.Schneider, K.Peck, C.Hofstetter, R.Kula | 7:26.20 | 2003 |
| 4. J.Lamb, J.Muniz, C.Swearingen, G.Cianci | 7:26.95 | 2010 |
| 5. B. Fuller, J. Lamb, C. Swearingen, M. Price. | 7:27.10 | 2011 |



Amy Van Dyken, owner of four school records



Kristen Schneider, owner of two school records

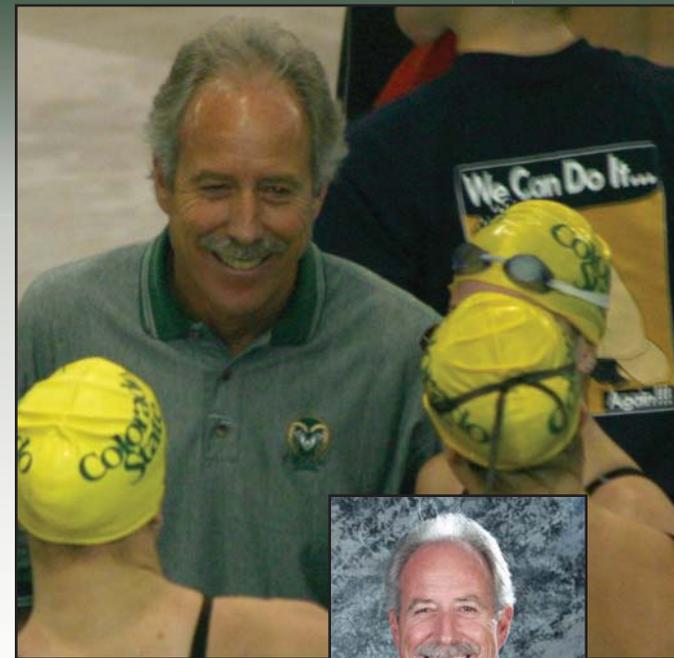
All-Time School Records

| | | | |
|---------------------|----------|---|----------------------|
| 50 Freestyle | 21.77 | Amy Van Dyken | 3/17/94 |
| | | | Indianapolis, Ind. |
| 100 Freestyle | 48.29 | Amy Van Dyken | 3/19/94 |
| | | | Indianapolis, Ind. |
| 200 Freestyle | 1:47.46 | Kristen Schneider | 2/18/04 |
| | | | Oklahoma City, Okla. |
| 500 Freestyle | 4:53.23 | Maddie Gamble | 2/26/09 |
| | | | Oklahoma City, Okla. |
| 1000 Freestyle | 10:00.19 | Jennifer Lamb | 2/26/11 |
| | | | Oklahoma City, Okla. |
| 1650 Freestyle | 16:42.21 | Jennifer Lamb | 2/27/10 |
| | | | Oklahoma City, Okla. |
| 100 Backstroke | 52.95 | Breann Fuller | 2/27/09 |
| | | | Oklahoma City, Okla. |
| 200 Backstroke | 1:56.01 | Breann Fuller | 2/26/11 |
| | | | Oklahoma City, Okla. |
| 100 Breaststroke | 1:03.08 | Nicole Lynch | 2/25/11 |
| | | | Oklahoma City, Okla. |
| 200 Breaststroke | 2:15.75 | Nicole Ryan | 12/4/99 |
| | | | Federal Way, Wash. |
| 100 Butterfly | 52.07 | Amy Van Dyken | 3/18/94 |
| | | | Indianapolis, Ind. |
| 200 Butterfly | 2:01.53 | Kerry Gillespie | 12/8/85 |
| | | | Lincoln, Neb. |
| 200 Ind. Medley | 2:01.11 | Kristen Schneider | 2/19/04 |
| | | | Oklahoma City, Okla. |
| 400 Ind. Medley | 4:21.91 | Jen Muniz | 2/27/09 |
| | | | Oklahoma City, Okla. |
| 200 Free Relay | 1:32.09 | Sam Dole Emily Molzahn Charlie Swearingen Breann Fuller | 2/26/09 |
| | | | Oklahoma City, Okla. |
| 400 Free Relay | 3:22.15 | Carol McDaniel Kristin Elliot Heidi Griffith Amy Van Dyken | 3/19/94 |
| | | | Indianapolis, Ind. |
| 800 Free Relay | 7:22.73 | Jen Muniz Charlie Swearingen Michelle Price Gisella Cianci | 2/25/09 |
| | | | Oklahoma City, Okla. |
| 200 Med. Relay | 1:41.25 | Breann Fuller Nicole Lynch Kim Schemahorn Sam Dole | 2/23/11 |
| | | | Oklahoma City, Okla. |
| 400 Med. Relay | 3:42.51 | Breann Fuller Nicole Lynch Arianne Lujan Kim Schemahorn | 2/24/11 |
| | | | Oklahoma City, Okla. |
| 1-meter Diving (6) | 290.4 | Jennifer Noonan | 3/1/95 |
| | | | Las Vegas, Nev. |
| 1-meter Diving (11) | 470.6 | Ann Grob | 10/27/89 |
| | | | Fort Collins, Colo. |
| 3-meter Diving (6) | 406.1 | Elyse Hall | 11/4/05 |
| | | | Fort Collins, Colo. |
| 3-meter Diving (11) | 481.4 | Ann Grob | 2/23/90 |
| | | | Las Vegas, Nev. |

Series Records

| Opponent | W | L | Pct |
|-----------------------|------------|------------|-------------|
| Air Force | 18 | 2 | .900 |
| Arizona Desert Foxes | 0 | 1 | .000 |
| Arizona State | 0 | 3 | .000 |
| Arkansas | 1 | 1 | .500 |
| Boise State | 1 | 0 | 1.000 |
| Boston University | 1 | 0 | 1.000 |
| Brigham Young | 9 | 18 | .333 |
| California | 2 | 2 | .500 |
| UC San Diego | 2 | 0 | 1.000 |
| UC Santa Barbara | 1 | 0 | 1.000 |
| Cal State-Los Angeles | 1 | 0 | 1.000 |
| Colorado | 16 | 1 | .941 |
| Colorado College | 1 | 0 | 1.000 |
| Denver | 6 | 3 | .667 |
| Florida State | 0 | 1 | .000 |
| Fresno State | 4 | 0 | 1.000 |
| Hawaii | 3 | 0 | 1.000 |
| Kansas | 1 | 7 | .125 |
| Long Beach State | 1 | 0 | 1.000 |
| Louisiana State | 1 | 0 | 1.000 |
| Metro State | 1 | 0 | 1.000 |
| Minnesota | 1 | 2 | .333 |
| Nebraska | 6 | 14 | .300 |
| Nevada | 2 | 0 | 1.000 |
| Nevada-Las Vegas | 5 | 5 | .500 |
| New Mexico | 29 | 1 | .967 |
| New Mexico State | 13 | 1 | .929 |
| North Carolina | 0 | 1 | .000 |
| North Carolina State | 0 | 1 | .000 |
| North Texas | 1 | 0 | 1.000 |
| Northern Arizona | 5 | 0 | 1.000 |
| Northern Colorado | 27 | 2 | .931 |
| Notre Dame | 0 | 2 | .000 |
| Pacific | 1 | 0 | 1.000 |
| Penn State | 1 | 0 | 1.000 |
| Princeton | 1 | 0 | 1.000 |
| Rice | 1 | 1 | .500 |
| San Diego | 1 | 0 | 1.000 |
| San Diego State | 10 | 2 | .833 |
| Simon Fraser | 1 | 0 | 1.000 |
| Southern Cal | 0 | 6 | .000 |
| Southern Methodist | 0 | 2 | .000 |
| Texas | 0 | 1 | .000 |
| Texas Christian | 4 | 3 | .571 |
| Texas Tech | 1 | 0 | 1.000 |
| UCLA | 0 | 7 | .000 |
| Utah | 25 | 5 | .833 |
| Villanova | 1 | 0 | 1.000 |
| Washington | 5 | 1 | .833 |
| Washington State | 2 | 0 | 1.000 |
| Western State | 3 | 0 | 1.000 |
| Wyoming | 41 | 5 | .891 |
| Totals | 257 | 101 | .718 |

NOTE - Total dual-meet records do not include 1964-74



John Mattos, the longest tenured coach in the CSU Department of Athletics, retired after 31 seasons as the head coach of the Rams' swimming and diving program. Mattos also spent the last six years as the head coach of CSU's water polo program since its inception in 2005.

Composite Coaching Records

| Coach | Years | W | L | Pct |
|----------------|-----------|------------|------------|-------------|
| Nancy O'Connor | 14 | 118 | 4 | .967 |
| Cyd Mechem | 1 | 7 | 2 | .778 |
| Gary Ilman | 2 | 16 | 0 | 1.000 |
| John Mattos | 31 | 221 | 113 | .662 |
| Chris Woodard | 0 | 0 | 0 | .000 |
| Totals | 48 | 362 | 119 | .753 |

2011 MW MEET

| | |
|-----------------|-----|
| San Diego State | 646 |
| BYU | 562 |
| Wyoming | 524 |
| UNLV | 448 |
| Utah | 443 |
| TCU | 381 |
| Colorado State | 322 |
| New Mexico | 247 |
| Air Force | 141 |

2011 MW CHAMPIONS

| | |
|---------------|----------|
| Breann Fuller | 200 Back |
|---------------|----------|

2010 MW MEET

| | |
|-----------------|-----|
| Brigham Young | 703 |
| Wyoming | 674 |
| San Diego State | 586 |
| UNLV | 386 |
| Utah | 377 |
| Colorado State | 366 |
| TCU | 233 |
| New Mexico | 214 |
| Air Force | 150 |

2010 MW CHAMPIONS

| | |
|---------------|----------|
| Breann Fuller | 100 Back |
| Breann Fuller | 200 Back |

2009 MW MEET

| | |
|-----------------|-----|
| Brigham Young | 643 |
| UNLV | 586 |
| Wyoming | 483 |
| Utah | 469 |
| Colorado State | 453 |
| San Diego State | 375 |
| TCU | 355 |
| New Mexico | 211 |
| Air Force | 128 |

2009 MW CHAMPIONS

| | |
|---------------|----------|
| Breann Fuller | 100 Back |
|---------------|----------|

2008 MW MEET

| | |
|-----------------|-------|
| Brigham Young | 763 |
| UNLV | 622 |
| Utah | 579 |
| Wyoming | 574.5 |
| Colorado State | 359 |
| TCU | 276.5 |
| New Mexico | 262 |
| San Diego State | 161 |
| Air Force | 151 |

2007 MW MEET

| | |
|----------------|--------|
| Brigham Young | 763 |
| UNLV | 622 |
| Utah | 579 |
| Wyoming | 574.50 |
| Colorado State | 359 |
| TCU | 276.5 |

| | |
|-----------------|-----|
| New Mexico | 262 |
| San Diego State | 161 |
| Air Force | 151 |

2006 MW MEET

| | |
|-----------------|-------|
| Utah | 679.5 |
| Brigham Young | 608.5 |
| UNLV | 587 |
| TCU | 414 |
| Wyoming | 404.5 |
| Colorado State | 371.5 |
| New Mexico | 285 |
| Air Force | 206 |
| San Diego State | 176 |

2005 MW MEET

| | |
|-----------------|-------|
| UNLV | 701.5 |
| Brigham Young | 670 |
| Utah | 607 |
| Colorado State | 489 |
| Wyoming | 431 |
| New Mexico | 387 |
| Air Force | 221.5 |
| San Diego State | 153 |

2005 MW CHAMPIONS

| | |
|-----------------------|-------------|
| Abigail Iler | 400 IM |
| Elizabeth Jones | 50 Free |
| Rachelle Kula | 100 Fly |
| A.Abrams, L.McCaslin, | |
| R.Kula, E.Jones | 200 Med Rel |

2004 MW MEET

| | |
|-----------------|-------|
| Brigham Young | 725 |
| Colorado State | 607.5 |
| UNLV | 578 |
| Utah | 499 |
| New Mexico | 376 |
| Wyoming | 326 |
| Air Force | 295 |
| San Diego State | 231.5 |

2004 MW CHAMPIONS

| | |
|--------------------------|--------------|
| Kristen Schneider | 100 Back |
| Kristen Schneider | 200 IM |
| Corinne Hofstetter | 200 Fly |
| Elizabeth Jones | 50 Free |
| K.Schneider, L.McCaslin, | |
| R.Kula, E.Jones | 200 Med Rel |
| K.Schneider, K.Peck, | |
| E.Jones, P.Langner | 800 Free Rel |

2003 MW MEET

| | |
|-----------------|-------|
| Brigham Young | 662 |
| Colorado State | 617.5 |
| UNLV | 574 |
| Utah | 496 |
| New Mexico | 379 |
| Air Force | 329.5 |
| Wyoming | 295 |
| San Diego State | 263 |

2003 MW CHAMPIONS

| | |
|----------------------------|--------------|
| Kristen Schneider | 200 IM |
| Corinne Hofstetter | 200 Fly |
| K. Schneider, L. McCaslin, | |
| R. Kula, K. Knudson | 200 Med Rel |
| K. Knudson, E. Jones, | |
| K. Peck, P. Langner | 200 Free Rel |
| K. Schneider, E. Jones, | |
| K. Peck, K. Knudson | 400 Free Rel |

2002 MW MEET

| | |
|-----------------|-----|
| Brigham Young | 601 |
| UNLV | 575 |
| Colorado State | 565 |
| Utah | 462 |
| Air Force | 444 |
| New Mexico | 400 |
| San Diego State | 362 |
| Wyoming | 229 |

2002 MW CHAMPIONS

| | |
|-------------------|----------|
| Lyndsey Carlaw | 100 Fly |
| Kristen Schneider | 100 Back |

2001 MW MEET

| | |
|-----------------|-------|
| Brigham Young | 815 |
| Colorado State | 536 |
| UNLV | 480.5 |
| Wyoming | 425 |
| Utah | 420 |
| San Diego State | 357.5 |
| Air Force | 341 |
| New Mexico | 239 |

2001 MW CHAMPIONS

| | |
|------------------------|--------------|
| Kristen Schneider | 100 Back |
| Kristen Schneider | 200 Back |
| L. Carlaw, K. Knudson, | |
| P.Langner, K.Sullivan | 200 Free Rel |

2000 MW MEET

| | |
|-----------------|-------|
| Brigham Young | 715.5 |
| UNLV | 667.5 |
| Colorado State | 531.5 |
| Wyoming | 476 |
| Utah | 432 |
| San Diego State | 316 |
| New Mexico | 250.5 |
| Air Force | 246 |

2000 MW CHAMPIONS

| | |
|------------------------|-------------|
| S. Leaycraft, P. Nash, | |
| N. Ryan, K. Sullivan | 200 Med Rel |

1999 WAC MEET

| | |
|----------------|-------|
| SMU | 907.5 |
| Brigham Young | 490.5 |
| Rice | 401 |
| Colorado State | 397 |
| UNLV | 304 |

| | |
|-----------------|-------|
| Utah | 290 |
| Fresno State | 261.5 |
| Hawaii | 238.5 |
| TCU | 205 |
| San Jose State | 168 |
| Wyoming | 108 |
| San Diego State | 78 |
| New Mexico | 78 |
| Air Force | 67 |

1998 WAC MEET

| | |
|-----------------|-----|
| SMU | 912 |
| Brigham Young | 593 |
| Colorado State | 475 |
| Fresno State | 355 |
| Rice | 275 |
| UNLV | 269 |
| TCU | 227 |
| Air Force | 219 |
| Utah | 144 |
| San Jose State | 123 |
| Hawaii | 119 |
| New Mexico | 98 |
| San Diego State | 92 |
| Wyoming | 50 |

1997 WAC MEET

| | |
|-----------------|-----|
| SMU | 867 |
| Brigham Young | 455 |
| UNLV | 411 |
| Colorado State | 396 |
| Rice | 381 |
| Fresno State | 282 |
| Air Force | 186 |
| TCU | 180 |
| Hawaii | 168 |
| New Mexico | 158 |
| Wyoming | 119 |
| Utah | 85 |
| San Diego State | 82 |
| San Jose State | 69 |

1997 WAC CHAMPIONS

| | |
|---------------|--------|
| Colleen Quinn | 400 IM |
|---------------|--------|

1996 WAC MEET

| | |
|-----------------|-----|
| Colorado State | 573 |
| Brigham Young | 556 |
| Fresno State | 413 |
| Utah | 212 |
| Wyoming | 176 |
| New Mexico | 164 |
| San Diego State | 67 |

1996 WAC CHAMPIONS

| | |
|----------------|----------|
| Kristin Elliot | 100 Back |
| Kristin Elliot | 100 Free |
| Mara Formosa | 200 Free |
| Colleen Quinn | 200 IM |
| Colleen Quinn | 400 IM |
| Alyssa Resch | 200 Back |

ACADEMIC ALL-AMERICAN

| | |
|------|-------------------|
| 1998 | Alyssa Resch |
| 1997 | Mara Formosa |
| 1994 | Marsha Landowski |
| | Carol McDaniel |
| 1991 | Jeannette Beitz |
| 1987 | Kris Rapp |
| | Cynthia Gillespie |
| | Collette Howard |

Must have a 3.5 cumulative GPA and be receiving All-America honors.

ACADEMIC ALL-MW

2011 - Roya Asin, Carissa Burke, Tara Demuth, Tasia Demuth, Sam Dole, Kim Freeman, Breann Fuller, Maddie Gamble, Kristen Gropp, Jennifer Lamb, Kelly Mathews, Madeline Mitchell, Emily Molzahn, Kelly O'Brien, Michelle Price, Ailey Ruger, Kim Schemahorn, Genevieve Swartz, Charlie Swearingen, Lydia Templin, Maxelise Thorn

2010 - Roya Asin, Lindsay Banning, Tara Demuth, Tasia Demuth, Sam Dole, Mary Foster, Kim Freeman, Breann Fuller, Maddie Gamble, Gleason, Kristin Gropp, Chelea Kelly, Nora Kennedy, Sam Klug, Jennifer Lamb, Valerie Maldonado, Kelly Mathews, Madeline Mitchell, Emily Molzahn, Melissa Nolte, Michelle Price, Kim Schemahorn, Charlie Swearingen.

2009 - Samantha Dole, Kim Freeman, Breann Fuller, Maddie Gamble, Danielle Gleason, Kristen Gropp, Nora Kennedy, Samantha Klugg, Val Maldonado, Emily Molzahn, Melissa Nolte, Kelly O'Brien, Michelle Price, Charlie Swearingen.

2008 - Nora Kennedy, Karin Knudson, Stephanie Meyer, Charlie Swearingen, Jackie Bibee, Michelle Price, Emily Molzahn, Val Maldonado, Sara Servold, Kim Freeman, Annsley Lujan, Celes Parks, Kathleen McCleary, Tara Staley, Maddie Gamble, Sam Johnson

2007 - Amy Abrams, Caley Buxton, Victoria Curtis, Chandra Engs, Lesly

Hainsworth, Nicole Kelley, Nora Kennedy, Karin Knudson, Annsley Lujan, Valerie Maldonado, Rachel Rey, Sara Servold

2006 - Amy Abrams, Chandra Engs, Taylor Felton, Kerri Glasner, Elizabeth Jones, Karin Knudson, Rachelle Kula, Ashley Lonon, Annsley Lujan, Rachel Rey, Sara Servold, Tiffany Thompson

2005 - Amy Abrams, Sarah DeLapp, Chandra Engs, Taylor Felton, Elizabeth Jones, Karin Knudson, Rachelle Kula, Sara Servold, Tiffany Thompson

2004 - Lori Andersen, Jennifer Banker, Amber Canterbury, Sarah DeLapp, Chandra Engs, Taylor Felton, Elizabeth Jones, Rachelle Kula, Paula Langner, Katie Peck, Kara Swindler, Tiffany Thompson, Cassi Wilbanks

2003 - Ashley Allen, Lori Andersen, Jennifer Banker, Sarah Bultema, Amber Canterbury, Sarah DeLapp, Taylor Felton, Jamie Fowler, Elizabeth Jones, Elizabeth Kidner, Kristin Knudson

2002 - Ashley Allen, Lori Andersen, Emily Brandenburg, Amber Canterbury, Sarah DeLapp, Melissa Fischer, Jessica Garrison, Elizabeth Kidner, Kristin Knudson, Karin Larka, Sara Lynd, Julie Oberlander, Courtney O'Hagan, Katie Peck, Emily Rokosch, Meghan Sabin, Kristen Schneider, Erin Shumway, Meghan Trucco, Jocelyn Watkins, Rebecca Zarazan

2001 - Mandie Aaker, Lori Andersen, Lindsay Barker, Nicolette Barton, Valerie Block, Elisha Botnick, Emily Brandenburg, Meredith Buchanan, Lyndsey Carlaw, Shannon Dowd, Jessica Garrison, Lauren Gaudielle, Kristin Knudson, Paula Langner, Sandy Leaycraft, Sara Lynd, Courtney O'Hagan

2000 - Mandie Aaker, Lindsay Barker, Lisa Belitsky, Elisha Botnick, Emily Brandenburg, Paula Langner, Sandy Leaycraft, Patty Nash, Courtney O'Hagan, Meghan Sabin, Erin Shumway, Sarah Tomicich, Katie Van Dyken

Colorado State Swimming & Diving 2011-12

| | |
|--|-------------------|
| K. Elliot, J. Montegut, V. Pires, M. Reveal..... 200 Free Rel | Wyoming 184 |
| K. Elliot, K. Woodard, E.Knorre, J.Montegut..... 200 Med Rel | Utah 184 |
| K. Elliot, S. Lind, L.Van Lith, J.Montegut..... 400 Med Rel | |
| 1993 WAC CHAMPIONS | |
| Kristin Elliot.....100 Back | |
| Kristin Elliot.....200 Back | |
| Carol McDaniel..... 100 Free | |
| Meg Rich..... 200 Free | |
| Meg Rich..... 500 Free | |
| Meg Rich..... 1650 Free | |
| Marni Wahlquist..... 200 Breast | |
| K. Elliot, K. Mueller, H. Griffith, C. McDaniel..... 200 Free Rel | |
| K. Elliot, K. Mueller, M. Rich, C. McDaniel..... 400 Free Rel | |
| 1995 WAC MEET | |
| Brigham Young 582 | |
| Colorado State 502 | |
| Fresno State 400 | |
| New Mexico 236 | |
| Utah 206 | |
| Wyoming 141 | |
| San Diego State 56 | |

1995 WAC CHAMPIONS

| | |
|--|--|
| Kristin Elliot.....100 Back | |
| Kristin Elliot.....200 Back | |
| Carol McDaniel..... 50 Free | |
| Erin O'Mara.....200 IM | |
| Erin O'Mara.....400 IM | |
| J. Montegut, K. Elliot, V. Pires, C. McDaniel..... 200 Free Rel | |
| K. Elliot, S. Lind, L.Van Lith, C.McDanie.....400 Med Rel | |
| K. Elliot, S. Lind, V.Pires, C.McDaniel 200 Med Rel | |

1994 WAC MEET

| | |
|--------------------------|--|
| Brigham Young 609 | |
| Colorado State 483 | |
| Fresno State 387 | |
| New Mexico 234 | |
| Wyoming 209 | |
| Utah 149 | |

1994 WAC CHAMPIONS

| | |
|---|--|
| Meg Rich..... 200 Free | |
| Meg Rich..... 500 Free | |
| Amy Van Dyken..... 50 Free | |
| Amy Van Dyken..... 100 Free | |
| Amy Van Dyken..... 100 Fly | |
| Marni Wahlquist..... 200 Breast | |
| K. Elliot, C. McDaniel, H.Griffith, A.Van Dyken 200 Free Rel | |
| M.Rich, C.McDaniel, K.Elliot, A.Van Dyken..... 400 Free Rel | |
| K.Elliot, M.Landowski, A.Van Dyken, C.McDaniel 200 Med Rel | |
| K. Elliot, M. Wahlquist, A.Van Dyken, C.McDaniel 400 Med Rel | |

1993 WAC MEET

| | |
|--------------------------|--|
| Brigham Young 541 | |
| Colorado State 514 | |
| Fresno State 390 | |
| New Mexico 221 | |

| | |
|--|--|
| M.Wullink, A.Brookover..... 400 Free Rel | |
| J. Beitz, V. Mitchell, K.Rapp, A. Brookover.....200 Med Rel | |
| S. Bellaire, K.Gumpert, K.Rapp, A.Brookover.....400 Med Rel | |
| 1989 HCAC MEET | |
| Colorado State 658 | |
| Brigham Young 475 | |
| Utah 389 | |
| Wyoming 197 | |
| New Mexico State 186 | |
| New Mexico 179 | |

1989 HCAC CHAMPIONS

| | |
|---|--|
| Jeannette Beitz.....200 IM | |
| Jeannette Beitz.....400 IM | |
| Jeannette Beitz..... 100 Free | |
| Amy Brookover 50 Free | |
| Denise Weber 200 Free | |
| Denise Weber 500 Free | |
| Cindy Gillespie..... 100 Breast | |
| J. Beitz, C. Gillespie, K.Squires, A.Brookover.....200 Med Rel | |
| J. Beitz, C. Gillespie, K.Rapp, A.Brookover.....400 Med Rel | |
| J. Beitz, C. Gillespie, M.Wullink, A.Brookover 200 Free Rel | |
| J. Beitz, D. Weber, G.Daugherty, A.Brookover ... 400 Free Rel | |
| C. Florkowski, G. Daugherty, A.Cumming, D.Weber 800 Free Rel | |

1988 HCAC MEET

| | |
|----------------------------|--|
| Brigham Young 528.5 | |
| Colorado State 515 | |
| New Mexico 335 | |
| Utah 287 | |
| New Mexico State 215 | |
| Wyoming 165.5 | |

1988 HCAC CHAMPIONS

| | |
|--|--|
| Amy Brookover 50 Free | |
| Amy Brookover 100 Free | |
| Val Lang..... 100 Breast | |
| Val Lang..... 200 Breast | |
| Krista Zimmer 200 IM | |
| Krista Zimmer 400 IM | |
| A. Brookover, C. Gillespie, M. Wullink, L. Paull 400 Free Rel | |

1987 HCAC MEET

| | |
|----------------------------|--|
| Colorado State 583 | |
| Brigham Young 511 | |
| New Mexico 343 | |
| Utah 230 | |
| Wyoming 200 | |
| New Mexico State 198 | |

1987 HCAC CHAMPIONS

| | |
|---|--|
| Val Fontaine-Knittle 50 Free | |
| Val Fontaine-Knittle 100 Free | |
| Amy Brookover 100 Back | |
| Val Lang 100 Breast | |
| Val Lang 200 Breast | |
| Krista Zimmer 400 IM | |
| V. Fontaine, A. Brookover, V. Lang, K. Rapp 200 Med Rel | |
| V. Fontaine, A. Brookover, V. Lang, K. Rapp 400 Med Rel | |
| V. Fontaine, A. Brookover, C.Howard, C.Gillespie..... 200 Free Rel | |
| V. Fontaine, A. Brookover, C. Howard, L. Paull..... 400 Free Rel | |

1986 HCAC MEET

| | |
|----------------------------|--|
| Brigham Young 575 | |
| Colorado State 514 | |
| New Mexico 385 | |
| New Mexico State 218 | |
| Wyoming 214 | |
| Utah 181 | |

1986 HCAC CHAMPIONS

| | |
|---|--|
| Kerry Gillespie.....100 Fly | |
| Kerry Gillespie.....200 Fly | |
| Val Fontaine-Knittle 100 Free | |
| Lyndsey Inglis 200 Back | |
| Cathy Florkowski..... 500 Free | |
| L. Inglis, V. Lang, K.Gillespie, V.Fontaine 200 Free Rel | |
| L. Inglis, V. Lang, K.Gillespie, V.Fontaine 400 Free Rel | |

1985 HCAC MEET

| | |
|----------------------------|--|
| Brigham Young 559 | |
| New Mexico 438 | |
| Colorado State 417 | |
| New Mexico State 213 | |
| Wyoming 210 | |
| Northern Arizona..... 175 | |
| Utah 121 | |

1985 HCAC CHAMPIONS

| | |
|---|--|
| Kerry Gillespie.....400 IM | |
| Kerry Gillespie.....400 Fly | |
| Val Lang..... 100 Breast | |
| Val Lang..... 200 Breast | |
| A. Peters, V. Lang, K.Gillespie, C.Howard..... 400 Med Rel | |

1984 HCAC MEET

| | |
|--------------------------|--|
| Colorado State 580 | |
| Brigham Young 565 | |
| Wyoming 312 | |
| New Mexico 239 | |

| | |
|----------------------------|--|
| New Mexico State 215 | |
| Utah 188 | |

1984 HCAC CHAMPIONS

| | |
|----------------------------------|--|
| Karen Bowles 100 Breast | |
| Karen Bowles 200 Breast | |
| Kerry Gillespie.....200 Fly | |
| Kerry Gillespie.....400 IM | |
| Jenny Harshbarger..... 1650 Free | |
| Collette Howard..... 50 Free | |
| Anne Peters.....100 Back | |
| Anne Peters.....200 Back | |

1983 HCAC MEET

| | |
|----------------------------|--|
| Colorado State 530 | |
| Brigham Young 486 | |
| New Mexico 435 | |
| New Mexico State 400 | |
| Wyoming 304 | |
| Utah 290 | |

1983 HCAC CHAMPIONS

| | |
|----------------------------------|--|
| Jenny Harshbarger..... 1650 Free | |
| Kerry Gillespie.....200 Fly | |
| Karen Bowles 200 Breast | |
| Elise Thatcher 50 Back | |
| Elise Thatcher100 Back | |
| Elise Thatcher200 Back | |

MW Swimmer of the Year

2004 Kristen Schneider

Joe Kearney Award

Most Outstanding Female Athlete, WAC
1994 Amy Van Dyken

Virginia K. Frank Award

Most Outstanding Female Athlete, CSU
1994 Amy Van Dyken
1991 Jeannette Beitz
1990 Amy Brookover
1989 Amy Brookover
1987 Val Lang
1980 Lyn Griggs

Mencimer Memorial Award

Most Outstanding Female Scholar Athlete, CSU
2011 Michelle Price
2010 Nora Kennedy
1995 Marsha Landowski
1993 Heather Krob
1989 Cindy Gillespie
1986 Kerry Gillespie
1977 Sue Larson

Academic All-WAC

1999 - Mandie Aaker, Cindy Johnson, Sharon Micke, Danielle Parcel, Sara Podolsky, Alyssa Resch

1998 - Sarah Jones, Sharon Micke, Patty Nash, Danielle Parcel, Alyssa Resch

1997 - Mara Formosa, Brigitte French, Becky Hermans, Courtney Holm, Kristin Horn, Danielle Parcel, Alyssa Resch, Amy Smith, Marineke Vandervort

1996 - Kristin Elliot, Mara Formosa, Brigitte French, Christine Heaton, Becky Hermans, Kristin Horn, Sandra Lind, Korin Owens, Tracy Palmero, Erica Torgrude, Marineke Vandervort

1995 - Kim Beard, Kristin Elliot, Laurie Kingery, Marsha Landowski, Sandra Lind, Carol McDaniel, Jennifer Noonan, Erin O'Mara, Tracy Palmero, Alice Potts, Erica Torgrude

1994 - Heather Baker, Kim Bishop, Kristin Elliot, Kimiko Hirai, Marsha Landowski, Sandra Lind, Kristin Matulis, Carol McDaniel, Jennifer Noonan, Tracy Palmero, Erica Torgrude

1993 - Heather Baker, Kim Bishop, Heather Krob

1992 - Heather Baker, Kim Bishop, Shannon Carpenter, Chris Herr, Heather Krob

1991 - Jeannette Beitz, Heidi Cameron, Ann Grob, Chris Herr, Kristin Rapp, Leslie Rother, Kathleen Squires, Marci Smith

Must have a 3.2 cumulative GPA and be of sophomore, junior or senior standing and have completed one year of eligibility at Colorado State University

ALL-MOUNTAIN WEST

2011 - Breann Fuller (100 Back, 200 Back), Jennifer Lamb (500 Free, 1650 Free), Nicole Lynch (100 Breast, 200 Breast), Shayna Solomon (1-meter diving), Max Thorn (Platform diving)

2010 - Samantha Dole (50 Free), Breann Fuller (100 Back, 200 Backstroke), Nora Kennedy (1650 Free), Jennifer Lamb (500 Free, 1650 Free), Mari Anna Loftness (200 Breaststroke), Arianne Lujan (200 IM, 400 IM), Michelle Price (200 Back)

2009 - Carmen Gisella Cianci (200 Free), Samantha Dole (200 Medley Relay, 50 Free), Breann Fuller (200 Medley Relay, 100 Back, 200 Back), Maddie Gamble (500 Free, 1650 Free), Nora Kennedy (200 Medley Relay, 100 Fly), Mari Anna Loftness (200 Breaststroke), Nicole Lynch (200 Medley Relay, 100 Breaststroke, 200 Breaststroke), Kathleen McCleary (1650 Free), Jennifer Muniz (400 IM), Michelle Price (400 IM, 100 Back)

2008 - Maddie Gamble (200 Back, 1650 Free), Elyse Hall (1m diving, 3m diving), Nora Kennedy (100 Fly), Karin Knudson (1m diving, 3m diving), Kathleen McCleary (1650 Free), Michelle Price (100 Back, 200 Back)

2007 - Chandra Engs- 200 IM, Nicole Kelley- 3-meter diving, Nora Kennedy- 100 Fly, 200 Fly, Elyse Hall- 1-meter diving, Annsley Lujan- 200 Breast, Kathleen McCleary- 500 Free, Val Maldonado- 1650 Free, Jennifer Muniz- 400 IM, 200 Fly, Brette Winegarner- 100 Back, 200 Back

2006 - Lyndsey Cox- 100 Back, Liz Jones- 50 Free, 100 Free, 200 Free Taylor Felton- 1650 Free, Karin Knudson - 1-meter, Brette Winegarner- 100 Back, 200 Back

2005 - Amy Abrams- 200 Medley Relay, Alyson Aggers- 200 Breast, Chandra Engs- 200 IM, Taylor Felton- 200 Free, 500 Free, 1650 Free, Abigail Iler- 200 Fly, 400 IM, Elizabeth Jones- 50 Free, 100 Free, 200 Free, 200 Medley Relay, Rachelle Kula- 100 Fly, 200 Medley Relay, Lyndsey McCaslin- 100 Breast, 200 Medley Relay, Sara

Servold- 200 Fly, 400 IM, Tara Staley- 100 Fly, Brette Winegarner- 200 Back

2004 - Chandra Engs- 200 IM, 400 IM, Melissa Fischer-200 Breast, Corinne Hofstetter- 200 Fly, Elizabeth Jones- 50 Free, 100 Free, 200 Free, 200 Free Relay, 400 Free Relay, 800 Free Relay, 200 Medley Relay, 400 Medley Relay, Rachelle Kula- 100 Fly, 200 Medley Relay, 400 Medley Relay, Paula Langner- 50 Free, 100 Free, 200 Medley Relay, 400 Medley Relay, 400 Free Relay, 800 Free Relay, Lyndsey McCaslin- 100 Breast, 200 Medley Relay, Katie Peck- 200 IM, 400 IM, 100 Free, 200 Free Relay, 400 Free Relay, 800 Free Relay, Jamie Robinson- 100 Breast, 200 Breast, 400 Medley Relay, Kristen Schneider- 200 IM, 100 Back, 200 Back, 400 Free Relay, 800 Free Relay, 200 Medley Relay, 400 Medley Relay, Lori Vigil- 1-meter diving, 3-meter diving, Platform diving

2003 - Sarah Bultema- 100 Fly, Melissa Fischer- 400 IM, Dylan Groenewold- 100 Back, Corinne Hofstetter- 200 Fly, 500 Free, 1650 Free, 800 Free Relay, Elizabeth Jones- 50 Free, 100 Free, 200 Free, 200 Free Relay, 400 Free Relay, Kristin Knudson- 50 Free, 100 Free, 200 Free Relay, 200 Medley Relay, 400 Free Relay, 400 Medley Relay, Rachelle Kula- 100 Fly, 200 Medley Relay, 400 Medley Relay, Paula Langner- 200 Free Relay, Lyndsey McCaslin- 100 Breast, 200 Medley Relay, 400 Medley Relay, Katie Peck- 200 IM, 400 IM, 200 Free Relay, 400 Free Relay, 800 Free Relay, Jamie Robinson- 200 Breast, Kristen Schneider- 200 IM, 100 Back, 200 Back, 200 Medley Relay, 400 Medley Relay, 400 Free Relay, 800 Free Relay, Lori Vigil- 1-meter diving, 3-meter diving

2002 - Lyndsey Carlaw- 100 Free, 100 Fly, 200 IM, 200 Medley Relay, 400 Medley Relay, 200 Free Relay, 400 Free Relay; Kara Crisp- 3-meter; Melissa Fischer- 200 Breast; Corinne Hofstetter- 1650 Free, 200 Fly; Kristin Knudson- 100 Free, 200 Medley Relay; Karin Larka- 100 Fly, 200 Free Relay, 400 Medley Relay; Lyndsey McCaslin- 200 Medley Relay, 400 Medley Relay; Katie Peck- 200 IM, 400 IM, 100 Free, 400 Free Relay, 800 Free Relay; Kristen Schneider- 200 IM, 100 Back, 200 Back, 200 Medley

Relay, 400 Medley Relay, 400 Free Relay, 800 Free Relay; Erin Shumway- 1-meter, 3-meter, Platform; Kelley Sullivan- 200 Free Relay, 800 Free Relay; Jocelyn Watkins- 800 Free Relay; Rebecca Zarazan- 200 Fly, 100 Fly

2001 - Lyndsey Carlaw- 100 Free, 200 IM, 200 Medley Relay, 200 Free Relay, 400 Medley Relay, 400 Free Relay; Kristin Knudson- 200 Free Relay, 400 Free Relay; Sandy Leaycraft- 200 Free; Paula Langner- 200 Free Relay, 400 Free Relay; Kristy Roach- 200 Medley Relay, 400 Medley Relay; Kristen Schneider- 100 Back, 200 Back, 200 Medley Relay, 400 Medley Relay; Kelley Sullivan- 200 Medley Relay, 200 Free Relay, 400 Medley Relay, 400 Free Relay

2000 - Lyndsey Carlaw- 200 Free Relay, 800 Free Relay; Paula Langner- 400 Medley Relay, 800 Free Relay, 100 Free, 400 Free Relay; Sandy Leaycraft- 200 Medley Relay, 500 Free, 400 Medley Relay, 200 Free, 800 Free Relay, 200 Back, 400 Free Relay; Patty Nash- 200 Free Relay, 200 Medley Relay, 50 Free, 400 Medley Relay, 100 Fly, 400 Free Relay; Nicole Ryan- 200 Medley Relay, 400 Medley Relay, 100 Breast, 200 Breast; Kelley Sullivan-200 Free Relay, 200 Medley Relay, 800 Free Relay, 400 Free Relay; Katie Van Dyken- 200 Free Relay

ALL-WESTERN ATHLETIC CONFERENCE

1999 - Patty Nash- 200 Medley Relay, 400 Medley Relay; Elizabeth Knorre- 200 Medley Relay, 400 Medley Relay; Alyssa Resch- 100 Back, 200 Back, 200 Medley Relay, 400 Medley Relay; Nicole Ryan- 200 Medley Relay, 400 Medley Relay

1998 - Patty Nash- 100 Fly, 200 Medley Relay, 400 Medley Relay; Elizabeth Knorre- 100 Fly, 200 Medley Relay, 400 Medley Relay, 800 Free Relay; Alyssa Resch- 100 Back, 200 Back, 200 Medley Relay, 400 Medley Relay, 800 Free Relay; Nicole Ryan- 100 Breast, 200 Breast, 200 Medley Relay, 400 Medley Relay; Sandy Leaycraft- 800 Free Relay; Marineke Vandervort- 400 IM

1997 - Mara Formosa-200 Free, 200 Back; Sarah Jones-400 Medley Relay; Elizabeth Knorre-200 Medley Relay, 400 Medley

Relay; Patty Nash-200 Medley Relay, 400 Medley Relay; Carrie Olpin-200 Medley Relay; Colleen Quinn-400 IM; Alyssa Resch-100 Back, 200 Back; Nicole Ryan- 200 Medley Relay, 400 Medley Relay

1996 - Kristin Elliot- 100 Back, 100 Free, 200 Free Relay, 200 Medley Relay, 400 Medley Relay; Mara Formosa- 200 Back, 200 Free, and 500 Free; Elizabeth Knorre- 100 Fly, 100 Back, 200 Medley Relay; Sandra Lind- 400 Medley Relay; Jessica Montegut- 200 Free Relay, 200 Medley Relay, 400 Medley Relay; Valerie Pires- 200 Free Relay; Colleen Quinn- 200 IM, 400 IM, and 200 Fly; Alyssa Resch- 200 Back; Marissa Reveal- 200 Free Relay; Lori Van Lith- 400 Medley Relay; Marineke Vandervort- 400 IM; 200 Free Relay; Kim Woodward- 200 Medley Relay

1995 - Kristin Elliot- 100 Back, 200 Back, 200 Free Relay, 200 Medley Relay, 400 Medley Relay; Mara Formosa- 100 Back, 200 Back; Marsha Landowski- 100 Breast; Sandra Lind- 200 Breast, 200 Medley Relay, 400 Medley Relay; Carol McDaniel- 50 Free, 200 Free Relay, 200 Medley Relay, 400 Medley Relay; Jessica Montegut- 200 Free Relay; Erin O'Mara- 200 IM, 400 IM, 1650 Free; Val Pires- 200 Free Relay, 200 Medley Relay; Lori Van Lith- 400 Medley Relay

1994 - Kristin Elliot- 100 Back, 200 Free, 200 Free Relay, 400 Freestyle Relay, 200 Medley Relay, 400 Medley Relay; Heidi Griffith- 200 Free Relay; Marsha Landowski- 100 Breast, 200 Medley Relay; Carol McDaniel- 50 Free, 100 Free, 200 Free Relay, 400 Freestyle Relay, 200 Medley Relay, 400 Medley Relay; Erin O'Mara- 200 IM, 400 IM; Meg Rich- 200 Free, 500 Free, 1650 Free, 400 Freestyle Relay; Amy Van Dyken-50 Free, 100 Fly, 200 Free Relay, 400 Freestyle Relay, 200 Medley Relay, 400 Medley Relay; Marni Wahlquist- 200 Breast, 400 Medley Relay

1993 - Jennie Ebuna- 1650 Free; Kristin Elliot-100 Back, 200 Back, 100 Fly, 200 Free Relay, 400 Free Relay; Heidi Griffith- 200 Free Relay; Carol McDaniel- 50 Free, 100 Free, 200 Free Relay, 400 Free Relay; Kindel Mueller- 100 Free, 200 Free, 200 Free Relay, 400 Free Relay; Meg Rich- 200 Free,

500 Free, 1650 Free, 400 Free Relay; Marni Wahlquist- 100 Breast, 200 Breast

1992 - Shannon Bellaire- 200 IM, 100 Back; Jennifer Ebuna- 500 Free, 1650 Free; Heidi Griffith- 100 Fly; Kindel Mueller- 50 Free; Erin O'Mara- 100 Breast, 200 Breast, 400 IM; Aimee Quaratino- 100 Free; Meg Rich- 200 Free, 1650 Free

1991 - Jeannette Beitz- 50 Free, 100 Free, 100 Back, 400 Free Relay; Michelle Couture-100 Breast, 200 IM; Gail Daugherty- 400 Free Relay; Angie Greenburg- 200 Breast; Marnie Miller- 1650 Free; Kris Rapp- 100 Fly, 200 Fly; Kathleen Squires- 400 Free Relay; Marijke Wullink- 400 Free Relay

ALL-HIGH COUNTRY ATHLETIC CONFERENCE

1990 - Jeannette Beitz, Shannon Bellaire, Amy Brookover, Gail Daugherty, Ann Grob Kory Gumpert, Marnie Miller, Vicky Mitchell, Kris Rapp, Marijke Wullink

1989 - Jeannette Beitz, Amy Brookover, Allison Cumming, Gail Daugherty, Cathy Florkowski, Cindy Gillespie, Ann Grob, Kory Gumpert, Marnie Miller, Kris Rapp, Katherine Squires, Denise Weber, Marijke Wullink

1988 - Amy Brookover, Allison Cumming, Cindy Gillespie, Val Lang, Leslie Paull, Marijke Wullink, Krista Zimmer

1987 - Amy Brookover, Val Fontaine-Knittle, Cindy Gillespie, Collette Howard, Lyndsey Inglis, Val Lang, Leslie Paull, Kris Rapp, Krista Zimmer

1986 - Val Fontaine-Knittle, Cathy Florkowski, Kerri Gillespie, Lyndsey Inglis, Val Lang

1985 - Kerry Gillespie, Collette Howard, Val Lang, Kimm Mabry, Anne Peters

1984 - Karen Bowles, Val Fontaine-Knittle, Kathy Gillespie, Kerry Gillespie, Jenny Harshbarger, Collette Howard, Kimm Mabry, Anne Peters, Heather Smith

1983 - Karen Bowles, Kerry Gillespie, Jenny Harshbarger, Elise Thatcher

Colorado State Swimming & Diving 2011-12

| | | | | | | | |
|-----------------------------|------------------------------|---------------------------------|------------------------------|----------------------------------|---------------------------|-------------------------------|-----------------------------|
| -A- | Amber Canterbury 2002-05 | -G- | Thekla Ignace 1991 | Mari Anna Loftness 2007-10 | Carrie Olpin 1997-2000 | -S- | Kristin Toren 1982-83 |
| Mandie Aaker 1998-2001 | Lyndsey Carlaw 1999-2002 | Maddie Gamble 2008-11 | Abigail Iler 2005 | Annslley Lujan 2006-07, 09 | Erin O'Mara 1992-95 | Meghan Sabin 2000-02 | Erica Torgrude 1993-96 |
| Amy Abrams 2005 | Shannon Carpenter 1992-94 | Kim Garhart 1975 | Lyndsey Inglis 1998-89 | Arianne Lujan 2010-11 | Gail Oss 1987-90 | Kristin Samuelson 1982-84 | Mary Torn 1975 |
| Marty Adams 1975 | Becky Casey 1976 | Jessica Garrison 1999-2002 | Amie Ingold 1982-84 | Nicole Lynch 2008-11 | Maureen O'Brien 1984-85 | Kyle Samuelson 1982-84 | Jane Townes 1984 |
| Alyson Aggers 2005 | Jenny Cavarra 1982-84 | Yana Garvey 2011 | Lehla Irwin 1997-2000 | Sara Lynd 2000-02 | Gwendolyn Owens 1999-2000 | Erin Sauber 1999 | Alison Tracy 1991 |
| Ashley Allen 2002-03 | C.Gisella Cianci 2007-10 | Lauren Gaudielle 2000-01 | Jennifer Ivans 1984 | -M- | Korin Owens 1993-96 | Kim Schemahorn 2010-11 | Michelle Tridle 1977-78 |
| Virginia Allen 1978 | Nicole Coln 1997-98 | Judy Gestoso 1982 | -J- | Kimm Mabry 1985-88 | Seda Ozdemir 2003-04 | Dawn Schiele 1992-93, 95 | Meghan Trucco 2002-03 |
| Karen Anderson 1979 | Sheryl Cook 1987 | Sherry Gibson 1997 | Devon Jarrell 1997-2000 | Jordan Mack 1976 | -P- | Kristen Schneider 2001-04 | -U- |
| Stacey Anderson 1979-82 | Jennifer Copeland 1989 | Cynthia Gillespie 1986-89 | Pola Jenkins 1975 | Val Maldonado 2008-10 | Ann Pallesen 1989 | Lindsay Schroeder 2001 | Amber Utesch 2005 |
| Suzu Anderson 1986 | Michelle Couture 1991-93 | Kathy Gillespie 1982-85 | Cindy Johnson 1997-99 | Corinne Malin 1997 | Tracy Palmero 1993-96 | Stephanie Schwab 1990-92 | -V- |
| Katarina Andersson 1989 | Cathy Cox 1975-77 | Kerry Gillespie 1983-86 | Fran Johnson 1981 | Laura Marin 1993-94 | Julie Paranka 1982 | Laura Schwartzberger 1997 | Amy Van Dyken 1994 |
| Carolyn Angleton 1981 | Kara Crisp 2002-04 | Karen Gittens 1986-89 | Samantha Johnson 2007-08 | Madeline Mastrup 2011 | Danielle Parcel 1996-99 | Jackie Seabert 1987 | Katie Van Dyken 1997-2001 |
| Roya Asin 2011 | Becky Crissinger 2000-02 | Danielle Gleason 2010 | Trina Johnson 1975-77 | Kelly Mathews 2010-11 | Leslie Parker 1977 | Vicki Seavall 1981 | Lori Van Lith 1995-98 |
| Danielle Askinazy 1997-2000 | Laurie Crocker 1975-76 | Konna Goven 1975 | Jean Johnston 1982 | Frances Mathias 2010-11 | Megan Parker 1999-2000 | Gretchen Seeburger 1989 | Marineke Vandervort 1995-98 |
| Shelley Aspevig 2003-04 | Allison Cumming 1987-90 | Megan Graddy 1982 | Elizabeth Jones 2003-05 | Kristen Matulis 1993-94 | Celes Parks 2005-08 | Liz Selby 1977 | Lori Vigil 2001-04 |
| Jami August 1985 | Candice Cumming 1975-76 | Laurie Graf 1975-76 | Sara Jones 1996-99 | Shena McAuliffe 1996-97 | Debbie Parson 1975 | Sara Servold 2005-08 | -W- |
| Carin Avila 1992 | Judy Ann Cummings 1978-81 | Julie Gray 1985 | -K- | Ann McCartney 1975 | Leslie Paull 1987-88 | Debbie Shoptaugh 1976 | Marni Wahlquist 1993-96 |
| -B- | Claire Cunningham 2000 | Wendy Gray 1982-84 | Christy Kaine 1975 | Lyndsey McCaslin 2002-05 | Katie Peck 2001-04 | Erin Shumway 2000-03 | Debby Walker 1975 |
| Lindsey Baggs 1996-98 | Weezie Czarniecki 1978-79 | Angie Greenburg 1991 | Tina Kaspari 1987-88 | Kathleen McCleary 2007-10 | Jane Peot 1985 | Jennifer Simmons 1997 | Julie Wallace 1979-82 |
| Lindsay Bahn 1996-97 | -D- | Heidi Griffith 1992-94 | Natalie Keese 1989 | Lynsay McCloy 2000 | Allison Perkins 1982 | Emily Simonson 1985 | Valerie Wallace 1985 |
| Heather Baker 1992-94 | Sterling Dana 1985 | Lyn Griggs 1978-81 | Nicole Kelley 2007 | Sarah McCullagh 1999 | Anne Peters 1984-86 | Sue Skiff 1975-76 | Laura Warwick 1988 |
| Lindsay Barker 1999-2002 | Gail Daugherty 1988-91 | Ann Grob 1989-90 | Carol Kennan 1985 | Carol McDaniel 1993-95 | Megan Pieper 2000-03 | Amy Smith 1995-98 | Jocelyn Watkins 2001-02 |
| Sally Barnes 1977 | Kelsey Deery 2000 | Dylon Groenewold 2000-03 | Nora Kennedy 2007-10 | Maureen McGarity 1976-77 | Val Pires 1995-97 | Heather Smith 1984-86 | Michelle Watson 1993-96 |
| Nikki Barton 2002 | Deb DeGroot 1988-90 | Kristen Gropp 2009, 2011 | Elizabeth Kidner 2002-03 | Becky McKinsty 1975-76 | Audra Polito 1992-95 | Marci Smith 1990-91 | Tammy Watts 1984 |
| Jeannette Beitz 1989-91 | Sarah DeLapp 2002-05 | Val Grossman 1977 | Patty King 1979-82 | Stephanie Meyer 2007-09 | Leslie Porter 1985 | Amy Smoldt 1990 | Mindy Wawer 1992-93, 95 |
| Lisa Belitsky 2000 | Theresa DeMersseman 1985 | Kory Gumpert 1989-91 | Laurie Kingery 1995 | Sharon Micke 1997-98 | Stacey Ann Powers 1996 | Sarah Snyder 2007-08 | Denise Weber 1990 |
| Shannon Bellaire 1990-93 | Sara Doherty 1997-98 | Lani Guyer 1978 | Samantha Klug 2009 | Marnie Miller 1989-92 | Megan Pozzi 1997-98 | Kelsey Soderstrom 1992-95 | Becky Wechsler 1981 |
| Adrienne Benz 1996-2000 | Samantha Dole 2009-11 | -H- | Melissa Knight 1985 | Voni Miller 1979 | Teryn Predhome 2000 | Shayna Solomon 2009-11 | Laura Wexler 1992 |
| Jackie Bibee 2008 | Krista Dolgas 1996-97 | Corinne Haas 1997 | Elizabeth Knorre 1996-99 | Jenni Millican 1999-2000 | Val Prendergast 1997-98 | Kristin Sondgerath 1985-88 | Tracie White 1995 |
| Sara Bingenheimer 1976-77 | Margaret Dollaghan 1982-83 | Elyse Hall 2005-08 | Karin Knudson 2005-08 | Kim Mills 1976 | Michelle Price 2008-11 | Michelle Sparacino 1993 | Elizabeth Williams 1982-83 |
| Rindi Binkley 1993 | Julie Donohue 1986-88 | Shelley Hall 1977 | Kristin Knudson 2001-03 | Madeline Mitchell 2010-11 | Cheryl Prosser 1985 | Kathleen Squires 1988-91 | Kristin Williams 1985-87 |
| Kim Bishop 1992-94 | Shannon Dowd 1999-2002 | Gina Hamm 1986-87 | Monica Knudson 1980-83 | Vicki Mitchell 1987-90 | Shari Puto 1987 | Marilyn Staehle 1975-77 | Mary Ann Williams 1975 |
| Valerie Block 2001-02 | Kelly Downs 1985-87 | Jenny Harshbarger 1984-85 | Paula Krage 1987 | Kristi Mollenkamp 1993-97 | -Q- | Tara Staley 2005-08 | Sue Williams 1980-83 |
| Cece Boettcher 1984-87 | Diann Dunlevey 1978-79 | Laurie Hartley 1984 | Cindi Krantz 1975 | M. Mollenkamp 1993-97 | Aimee Quaratino 1989-92 | Lori Stauffer 1977 | Susan Williams 1984 |
| Barbara Bogner 1985-86 | -E- | Christie Heaton 1995-97 | Kathy Krasovich 1978 | Emily Molzahn 2008-11 | Jordan Quick 2010-11 | Kim Stephens 2000 | Kim Wilson 1993-96 |
| Lindsay Borman 2009-10 | Samantha Easter 1992-93 | Becky Hermans 1996-97 | Heather Krob 1991-93 | Kristi Montagriff 1985 | Shaelyn Quigley 2007-10 | Holly Stevens 1981-84 | Brette Winegarner 2004-05 |
| Elisha Botnick 2000 | Sarah Easter 1993-97 | Chris Herr 1989-92 | Rachelle Kula 2003-05 | Jessica Montegut 1995-96 | Colleen Quinn 1996-99 | Debbie Stewart 1981 | Kim Woodard 1994-97 |
| Kristie Bowlder 2007-08 | Jennifer Ebuna 1992-93 | Vicki Hildt 1987-88 | -L- | Linda Morgan 1982-85 | -R- | Debbie Stewart 1977-79 | Kadi Workman 1982-83 |
| Niki Bowick 1997 | Kristin Elliot 1993-96 | Marsha Hile 1975-76 | Tracey LaBoa 1992-95 | Kindel Mueller 1991-93 | Rhonda Rape 1985 | Carol Stookesberry 1975 | Carrie Wunschel 1988-91 |
| Karen Bowles 1984-87 | Chandra Engs 2004-05 | Jennifer Hill 1997-99 | Jennifer Lamb 2010-11 | Jennifer Muniz 2007-10 | Kris Rapp 1987-91 | Brenda Straughan 1975-77 | -Y- |
| Kelly Bowling 2000 | Gianna Evans 1997 | Michele Hinton 1989-90 | Sue Lamp 1977 | Gail Murray 1976-77 | Mei Ratz 2008-09 | Jeanette Sturgeon 1987-88 | Kim Yactor 1994-95 |
| Sara Boyer 1997 | -F- | Kimberly Hirai 1993-94 | Marsha Landowski 1994-95 | Molly Myers 2007-10 | Kari Redding 1986 | Kelley Sullivan 1999-2002 | Amy Yeisley 1985 |
| Sue Boylan 1984 | Farnsworth 1978 | Dena Hoff man 1996 | Val Lang 1981 | Roberta Myers 1978-79 | Janna Remals 1992-93 | Cori Swango 2008-11 | Michelle Yoshimitsu 1985-88 |
| Kathy Bradley 1975-76 | Taylor Felton 2003-05 | Corinne Hofstetter 2001-04 | Lauri Lange 1981 | Robie Myers 1982-83 | Alyssa Resch 1996-99 | Genevieve Swartz 2010 | Patricia Young 1979 |
| Shelly Lynne Brady 1979 | Melissa Fischer 2002-04 | Liz Hogan 1976 | P.Langner 2000-01, 03-04 | -N- | Marissa Reveal 1995-96 | Charlie Swearingen 2008-11 | -Z- |
| E.Brandenburg 1999-2002 | Cathleen Florkowski 1986-89 | Courtney Holm 1996-98 | Karin Larka 2002 | Patty Nash 1997-2000 | Meg Rich 1992-94 | -T- | -Z- |
| M.Bronfenbrenner 1976-77 | Val Fontaine-Knittle 1985-88 | Kristin Horn 1995-98 | Sue Larson 1975-78 | Grace Nill 1976-77 | Patty Riesselman 1975-78 | Laurice Temple 1984-86 | Nadja Zapata 1991 |
| Amy Brookover 1987-90 | Mara Formosa 1995-98 | Sherry Horton 1975 | Brenda Larsons 1984 | Jennifer Noonan 1994-96 | Kristy Roach 2000-01 | Lydia Templin 2011 | Krista Zimmer 1985-88 |
| Tamara Browning 1979-81 | Mary Foster 2010-11 | Julie House 1991-93 | Cathy Lauschke 1977 | Tyler North 1993 | Lori Robinette 1987 | Elise Thatcher 1981-84 | Renee Zock 1985 |
| Stacy Budner 1978 | Jaime Fowler 2002 | Collette Howard 1985-88 | Sandy Leaycraft 1997-2001 | Lydia Norton 1977 | Jamie Robinson 2003-04 | Tiffany Thompson 2003, 05 | Brooke Zoller 1992-93 |
| Sarah Bultema 2003 | Kim Freeman 2008-11 | Samantha Howell 2003 | Nancy Lee 1976 | -O- | Emily Rokosch 2001-02 | Max Thom 2011 | Ellen Zusman 1982 |
| Becki Burt 1976 | Brigitte French 1995-98 | Melanie Hurley 1981-84 | Miriam Levine 1987-88 | Julie Oberlander 2000-01 | Kelly Roskosh 1989-91 | Laura Tingle 2003-04 | |
| -C- | Kris Fukushima 1997 | Linda Hyde 1984 | Sandra Lind 1993-96 | Kelly O'Brien 2008-11 | DeAnn Rudolph 1978-79 | Mary Tobin 1977 | |
| Heidi Cameron 1988-91 | Breann Fuller 2009-11 | -I- | Jennifer Little 1985 | Courtney O'Hagan 1999-2001 | Nicole Ryan 1997-2000 | Sarah Tomcich 1999-2000 | |

2010-11 (3-9)
 *Utah L, 160-140
 Air Force..... W, 232-68
 New Mexico W, 180-120
 San Diego State L, 208-92
 Denver L, 180-120
 *California..... L, 134.5-104.5
 TCU L, 136-103
 UNLV..... L, 156-144
 *Northern Colorado W, 193-106
 *BYU..... L, 203-97
 *New Mexico State .. L, 156.5-143.5
 *Wyoming L, 189-11
 MW Championships.....7th (322)

2009-10 (8-2)
 DU Relays1st (484)
 Rocky Mountain Invite1st (174)
 *TCU..... W, 173-124
 Air Force..... W, 244-56
 New Mexico W, 217-83
 San Diego State W, 165-134
 Northern Colorado 169.5-108.5
 Tiger Invite6th (253)
 BYU..... L, 189.5-110.5
 Utah W, 153-147
 *Denver W, 187-113
 CC Classic.....1st (343.5)
 *UNLV..... W, 185-115
 at Wyoming..... L, 162-138
 MW championships6th (366)

2008-09 (10-4)
 #Early Bird Invitational...1st (1,730)
 UNLV..... W, 174-134
 Air Force..... W, 231-69
 New Mexico W, 197-103
 San Diego State W, 170.5-129.5
 TCU L, 128-115
 New Mexico State W, 160-140
 N.Texas W, 189-111
 SMU..... L, 207-93
 Arkansas L, 210.5-89.5
 Husker Invite..... 3rd (1,067)
 *Utah W, 156-144
 *BYU..... L, 149.5-93.5
 *New Mexico State W, 158-114
 Denver W, 145-97
 *Wyoming W, 174-126
 MW championships5th

2007-08 (6-4)
 *Boise State..... W, 142-89
 *TCU W, 144-90
 #Early Bird Invitational..... 1st
 AFA W, 204-92

UNM..... W, 171-128
 *Denver W, 147.5-95.5
 Husker Invite..... 2nd
 San Diego State W, 182-110
 BYU..... L, 158.5-136.5
 Utah L, 169.5-130.5
 *UNLV..... L, 176-123
 *Wyoming L, 187-113
 MW championships5th

2006-07 (5-5)
 Early Bird Invitational 1st
 #UNM..... W 178/111
 #SDSU W 185/103
 #Air Force..... W 194/98
 TCU..... W 156/144
 Denver W 174/121
 Speedo Cup..... 6th
 Northern Colorado W 212/88
 *Utah L 120/180
 *Brigham Young L 105/195
 UNLV..... L 129/170
 UCSB L 88/173
 Wyoming L 127/135
 MW championships 5th

2005-06 (4-5)
 *TCU..... L 152-91
 #Early Bird Invitational 2nd
 Lobo Invitational 1st
 Northern Colorado W 174-123
 Speedo Cup..... 8th
 *Wyoming W 160-140
 *San Diego State W 195-99
 *Air Force..... W 172-128
 *Brigham Young L 162-128
 *Utah L 158-127
 Denver L 182-118
 UNLV..... L 161-82
 Air Force Invite No Score
 MW championships 6th

2004-05 (5-5)
 #Early Bird Invitational 1st
 *New Mexico W 163-80
 Rice Invitational 4th
 *Colorado W 156-81
 UNLV..... L 147-153
 San Diego State W 184-113
 Northern Colorado W 189-111
 Air Force..... W 148-84
 Matt Gribble Invite No Score
 *Utah L 85-157
 *Brigham Young L 131-169
 *Wyoming L 105-138
 Air Force Invite..... No Score

Denver L 129-169
 MW championships 4th

2003-04 (9-2)
 *Rice L 117-145
 #Early Bird Invitational 1st
 *Colorado W 193-50
 Lobo Invitational 1st
 New Mexico W 214-86
 Speedo Cup..... 5th
 *Northern Colorado W 219-81
 *San Diego State W 164-132
 *Air Force..... W 213-87
 Brigham Young W 191-109
 Utah L 109-128
 *Denver W 162-81
 Wyoming W 150-93
 *UNLV W 125-118
 MW championships 2nd

2002-03 (8-4)
 #Early Bird Invitational 1st
 #New Mexico W 180-119
 *Notre Dame..... L 100-162
 Air Force..... W 176-124
 Denver W 97-24
 Northern Arizona..... W 141-94
 UNLV..... L 148-151
 *San Diego State W 194-104
 *Utah W 172-126
 *Brigham Young W 137-106
 Kansas L 125-174
 Minnesota L 109-189
 *Wyoming W 150-93
 MW championships 2nd

2001-02 (5-2)
 #Early Bird Invitational 1st
 *Air Force..... W 192-108
 New Mexico W 138.5-104.5
 Northern Arizona..... W 151-92
 New Mexico Invitational 1st
 *Kansas L 122.5-177.5
 Brigham Young L 114-129
 Utah W 122-121
 Wyoming W 156-106
 MW championships 3rd

2000-01 (10-0)
 Fresno State..... W 192-105
 *New Mexico W 210-89
 #Early Bird Invitational 1st
 Northern Colorado W 203-97
 *Nebraska W 156-144
 Air Force..... W 190-110
 *San Diego State W 148-83
 Colorado College Classic..... 1st

*Brigham Young W 145-98
 *Utah W 137-104
 *Wyoming W 184-116
 *Northern Arizona..... W 165-118
 MW championships 2nd

1999-2000 (7-3)
 Metro State W 241-53
 Notre Dame L 120-180
 #Early Bird Invitational 1st
 *Northern Colorado W 192-108
 *Air Force..... W 200-97
 New Mexico W 64-31
 San Diego W 67-28
 Lobo Invitational 1st
 Husker Shootout..... 5th
 Adidas Sprint Classic 5th
 Husky Invitational 2nd
 Northern Arizona..... W 160-136
 Brigham Young L 110.5-131.5
 Utah W 163-137
 Wyoming L 121-122
 MW championships 3rd

1998-99 (7-1)
 #Early Bird Invitational 1st
 Northern Colorado W 209-91
 Air Force..... W 139-101
 Nebraska L 130-170
 *Texas Christian..... W 162.5-78.5
 Notre Dame Invitational 3rd
 Colorado College Classic..... 2nd
 Arkansas W 143-87
 *New Mexico W 135-70
 *Wyoming W 156-47
 *Northern Arizona W 141-62
 WAC championships..... 4th

1997-98 (6-1)
 #Early Bird Invitational 2nd
 *Northern Colorado W 202-98
 *Air Force..... W 215-85
 Husker Shootout..... 5th
 Husker Invite..... 5th
 Speedo Cup..... 5th
 *Rice..... W 154-108
 New Mexico W 186-75
 Texas Christian..... W 199-97
 Southern Methodist ... L 74.5-222.5
 Wyoming W 169-91
 WAC championships 3rd

1996-97 (4-5)
 #Early Bird Invitational 1st
 Air Force..... L 119.5-180.5
 *Nebraska L 125-175

*New Mexico State W 174-76
 Arizona State..... L 76-206
 Arizona State Invite 3rd
 Northern Colorado L 113-129
 Buff Invitational..... 2nd
 Christmas Cup 1st
 Kansas Invitational 2nd
 Brigham Young L 93-150
 Utah W 184-106
 *New Mexico W 120-85
 *Wyoming W 193-122
 WAC championships 4th
 NCAA championships 38th

1995-96 (9-1)
 #Early Bird Invitational 1st
 *Northern Colorado W 189-108
 *Air Force..... W 168-75
 Nebraska L 118-125
 Nike Sprint Classic 5th
 Husker Invitational 6th
 U.S. Open Invitational NS
 Rainbow Invitational 2nd
 Hawaii W 165-38
 Villanova W 128-79
 New Mexico W 187-75
 New Mexico State W 211-51
 Wyoming W 136-103
 *Brigham Young W 129-114
 *Utah W 192-119
 WAC championships 1st
 NCAA championships NS

1994-95 (9-3)
 Kansas L 127-173
 Early Bird Invitational 2nd
 New Mexico State W 244-55
 Lady Mustang Classic 6th
 Air Force..... L 100-200
 Nebraska L 134-166
 USS Senior Circuit Meet..... NS
 Princeton Invitational 3rd
 CU Buff Invitational 1st
 Rainbow Invitational 2nd
 Hawaii W 199-38
 UNLV..... W 165-76
 Washington W 113-91
 Northern Colorado W 195-105
 Brigham Young W 127.5-115.5
 Utah W 169-104
 New Mexico W 157-86
 Wyoming W 222-65
 WAC championships 2nd

1993-94 (7-5)
 #Early Bird Invitational 1st

Kansas L 112-188
 Nebraska L 99-141
 *Air Force..... W 162-81
 New Mexico L 111-132
 New Mexico State W 164-77
 Lobo Invitational 3rd
 Hawaii W 129-112
 Rainbow Invitational 2nd
 Washington State..... W 120.5-84.5
 Washington L 95-110
 *Northern Colorado W 215-85
 *Utah W 150-51
 Brigham Young L 118.5-124.5
 Wyoming W 197-66
 WAC championships 2nd
 NCAA championships 12th

1992-93 (11-2)
 *Early Bird Invitational 1st
 *Nebraska L 138-162
 Wyoming W 69-44
 Northern Colorado W 127-115
 Air Force..... W 187-113
 New Mexico Invitational 1st
 Irvine Invitational 3rd
 Fresno State..... W 124-81
 San Diego W 104-18
 Pacific W 104-51
 California-San Diego W 104-53
 *New Mexico W 148.5-93.5
 *Wyoming W 196-37
 *Washington..... W 109-94
 Brigham Young L 113.5-129.5
 Utah W 144-91
 WAC championships 2nd

1991-92 (7-4)
 #Early Bird Invitational 1st
 *Wyoming W 143-86
 Nebraska L 136-164
 *Air Force..... W 155-88
 Pick Systems Invitational 2nd
 Fresno State..... W 141-122
 New Mexico State W 137-106
 New Mexico W 173-122
 *Northern Colorado W 163-78
 North Carolina L 112-180
 North Carolina State..... L 106-135
 *Brigham Young L 138-162
 *Utah W 125-91
 WAC championships 1st

* — meets at Moby Pool, CSU campus
 # — meets at EPIC Pool, Fort Collins

Colorado State Swimming & Diving 2011-12

| | |
|------------------------------|--------------|
| 1990-91 (8-3) | |
| Kansas | L 121-179 |
| Kansas Relays | 3rd |
| Northern Colorado | W 229-138 |
| #Nebraska | L 121-179 |
| *Colorado State Invitational | 1st |
| Husker Invitational | 2nd |
| Pick Systems Invitational | 3rd |
| USC Desert Classic | 2nd |
| Fresno State | W 160-102 |
| Simon Fraser | W 178-82 |
| Wyoming | W 145-71 |
| *New Mexico | W 143-90 |
| Brigham Young | L 124-171 |
| Utah | W 153-77 |
| Washington State | W 120.5-81.5 |
| Washington | W 125-79 |
| WAC championships | 2nd |
| NCAA championships | 40th |
| 1989-90 (3-6) | |
| *Early Bird Invitational | 1st |
| *Kansas | L 81-118 |
| Nebraska | L 49-91 |
| Minnesota | L 64-76 |
| Husker Invitational | 2nd |
| Southern Cal | L 44-78 |
| #Wyoming | W 72-39 |
| Louisiana State | W 63-51 |
| Florida State | L 44-67 |
| *Brigham Young | L 122-178 |
| *Utah | W 163-128 |
| HCAC championships | 2nd |
| NCAA championships | 29th |
| 1988-89 (9-3) | |
| Wyoming | W 76-39 |
| New Mexico State | W 69-28 |
| *Nebraska | W 77-63 |
| Michigan Invitational | 5th |
| UCLA | L 41-81 |
| Southern Cal | L 45-77 |
| *Wyoming | W 83-29 |
| *Washington | W 62-33 |
| Brigham Young | W 146-95 |
| Utah | W 174-123 |
| Penn State | L 59-81 |
| Princeton | W 81-59 |
| Boston University | W 83-57 |
| #HCAC championships | 1st |
| NCAA championships | 31st |
| 1987-88 (6-3) | |
| *Early Bird Invitational | 1st |
| Kansas | W 141-127 |
| Nebraska | L 116-133 |

| | |
|---------------------|-----------|
| Minnesota | W 154-95 |
| New Mexico | W 90-49 |
| New Mexico State | W 146-113 |
| Husker Invitational | 3rd |
| UCLA | L 95-124 |
| *Wyoming | W 165-100 |
| *Brigham Young | L 133-135 |
| *Utah | W 160-106 |
| HCAC championships | 2nd |
| NCAA championships | 23rd |

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|--------------------------|-----------|
| 1986-87 (11-0) | |
| *Early Bird Invitational | 2nd |
| Wyoming | W 157-110 |
| Utah | W 153-77 |
| Nebraska | W 149-119 |
| Wyoming Relays | 1st |
| Husker Invitational | 4th |
| Cal-Irvine Invitational | 2nd |
| New Mexico State | W 116-62 |
| Washington | W 64-29 |
| New Mexico | W 143-99 |
| *Brigham Young | W 157-110 |
| Utah | W 147-108 |
| Nevada-Reno | W 167-65 |
| Colorado | W 152-48 |
| *Wyoming | W 118-86 |
| HCAC championships | 1st |

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|--------------------------|----------|
| 1985-86 (6-4) | |
| *Early Bird Invitational | 1st |
| Wyoming | W 96-35 |
| *Utah | W 105-26 |
| Wyoming Relays | 1st |
| Nebraska | L 42-80 |
| Husker Invitational | 3rd |
| Colorado Invitational | 3rd |
| San Diego Invitational | 1st |
| UCLA | L 35-60 |
| UNLV Rebel Classic | 4th |
| Denver | W 97-40 |
| Northern Colorado | L 56-84 |
| New Mexico | W 60-51 |
| New Mexico State | W 68-27 |
| *Brigham Young | L 66-74 |
| *Wyoming | W 84-53 |
| HCAC championships | 2nd |

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|------------------------------|---------|
| 1984-85 (5-4) | |
| *Early Bird Invitational | 1st |
| *New Mexico | W 78-62 |
| Wyoming | W 81-59 |
| *Nebraska | L 64-76 |
| Wyoming Relays | 3rd |
| Saluki Standard Invitational | 4th |
| UCLA | L 32-63 |

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|--------------------|---------|
| Southern Cal | L 58-64 |
| *New Mexico State | W 71-41 |
| UNLV Rebel Classic | 3rd |
| Brigham Young | L 43-97 |
| Utah | W 64-59 |
| *Wyoming | W 78-61 |
| HCAC championships | 3rd |

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|--------------------------|----------|
| 1983-84 (10-5) | |
| *Early Bird Invitational | 1st |
| Nebraska | L 42-98 |
| Kansas | L 50-91 |
| *Wyoming | W 102-38 |
| Wyoming Relays | 1st |
| Washington Invitational | 6th |
| Colorado | W 84-17 |
| Air Force | W 78-34 |
| Southern Cal | L 35-105 |
| Long Beach State | W 97-37 |
| Cal-Berkeley | L 59-81 |
| UCLA | L 65-75 |
| Wyoming | W 80-59 |
| Kansas Invitational | 3rd |
| *Brigham Young | W 80-60 |
| *Utah | W 72-42 |
| New Mexico | W 75-47 |
| New Mexico State | W 74-47 |
| *Colorado | W 85-54 |
| HCAC championships | 1st |

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|--------------------------|----------|
| 1982-83 (10-4) | |
| *Early Bird Invitational | 1st |
| *Wyoming | W 92-57 |
| *Nebraska | L 61-90 |
| *New Mexico | W 108-37 |
| Wyoming Relays | 2nd |
| Husker Invitational | 3rd |
| *Colorado | W 74-47 |
| San Diego State | W 77-75 |
| Cal-Santa Barbara | W 79-30 |
| UCLA | L 49-103 |
| Southern Cal | L 40-92 |
| *Northern Colorado | W 106-34 |
| UNLV Rebel Classic | 1st |
| Wyoming | W 75-65 |
| *Colorado | W 74-48 |
| Brigham Young | L 64-85 |
| Utah | W 98-42 |
| *Colorado College | W 86-54 |
| *HCAC championships | 1st |

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|--------------------------|----------|
| 1981-82 (5-3) | |
| *Early Bird Invitational | 1st |
| Northern Colorado | W 81-50 |
| Utah | W 115-34 |
| Wyoming | W 79-68 |

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|---------------------|----------|
| Wyoming Relays | 1st |
| Husker Invitational | 3rd |
| San Diego State | L 49-82 |
| Southern Cal | L 39-103 |
| UCLA | L 49-108 |
| *Northern Colorado | W 90-52 |
| *Wyoming | W 79-60 |
| UNLV Invitational | 1st |
| AIAW Regionals | 1st |
| AIAW National Champ | 34th |

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|-------------------------|----------|
| 1980-81 (8-2) | |
| *Nebraska | W 102-48 |
| Wyoming Relays | 2nd |
| Husker Invitational | 4th |
| Wyoming | W 89-51 |
| Cal-Irvine Invitational | 1st |
| Cal-San Diego | W 90-35 |
| Nevada-Reno | W 71-60 |
| Cal State-Los Angeles | W 95-28 |
| Arizona State | L 60-84 |
| Nevada-Las Vegas | W 83-56 |
| Arizona Desert Foxes | L 41-70 |
| *Northern Colorado | W 85-46 |
| *Wyoming | W 99-50 |
| AIAW Regionals | 1st |

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|----------------------|---------|
| 1979-80 (8-0) | |
| Wyoming Relays | T 1st |
| Colorado | W 69-62 |
| Wyoming | W 87-40 |
| Nebraska | W 66-65 |
| New Mexico | W 86-52 |
| Texas Tech | W 88-50 |
| Utah Invitational | 2nd |
| *Northern Colorado | W 70-55 |
| Colorado | W 72-67 |
| *Wyoming | W 83-55 |
| AIAW Regionals | 2nd |

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|--------------------------------|---------|
| 1978-79 (8-0) | |
| Northern Colorado | W 87-44 |
| *Colorado | W 78-34 |
| Wyoming Relays | 1st |
| New Mexico Invitational | 1st |
| Wyoming | W 81-50 |
| *Nebraska | W 73-55 |
| *New Mexico | W 69-57 |
| Colorado | W 80-35 |
| Cal-Santa Barbara Invitational | 2nd |
| Colorado Invitational | 1st |
| *Wyoming | W 81-49 |
| *Colorado State Invitational | 2nd |
| *Northern Colorado | W 73-53 |
| AIAW Regionals | 4th |
| AIAW National Champ | 18th |

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|----------------------|----------|
| 1977-78 (7-2) | |
| *Utah | W 97-34 |
| *Colorado | L 47-66 |
| Wyoming Relays | 1st |
| Western State | W 109-22 |
| *Wyoming | W 87-80 |
| *Northern Colorado | W 77-45 |
| Arizona State | L 39-93 |
| New Mexico | W 81-37 |
| Colorado | W 79-52 |
| Brigham Young | W 73-58 |
| Arizona Invitational | 4th |
| AIAW Regionals | 3rd |
| AIAW National Champ | 11th |

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|--------------------------|----------|
| 1976-77 (4-1) | |
| Northern Colorado | W 103-28 |
| Utah | W 106-25 |
| Colorado | W 90-41 |
| Texas | L 61-70 |
| Northern Colorado Invite | 2nd |
| Colorado | W 72-59 |
| Arizona Invitational | 3rd |
| AIAW Regionals | 2nd |
| AIAW National Champ | 12th |

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|-----------------------|----------|
| 1975-76 (7-0) | |
| *Colorado | W 102-29 |
| *Wyoming | W 110-21 |
| Stanford Invitational | 5th |
| *Western State | W 112-17 |
| *Cal-Berkeley | W 76-44 |
| *Cal-Berkeley | W 107-22 |
| *New Mexico | W 99-29 |
| Arizona Invitational | 2nd |
| *Northern Colorado | W 94-37 |
| AIAW Regionals | 1st |
| AIAW National Champ | 15th |

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|----------------------------|---------|
| 1974-75 (5-0) | |
| *Northern Colorado | W 93-20 |
| *Western State | W 94-10 |
| Santa Barbara Invitational | 3rd |
| *Colorado | W 91-21 |
| *Wyoming | W 87-17 |
| Colorado Invitational | 1st |
| *Northern Colorado | W 88-22 |
| AIAW Regionals | 3rd |
| AIAW National Champ | 15th |

* — meets at Moby Pool, CSU campus
— meets at EPIC Pool, Fort Collins

FACILITIES

Academic and Training Center



Moby Pool: Home of the CSU Rams



2011-12 Roster



| Name | Event(s) | Class (Exp) | Hometown/Last School |
|-------------------|-------------------------------------|-------------|---|
| Roya Asin | Diver | JR (1L) | Phoenix, Ariz. (Chaparral) |
| Carissa Burke | Freestyle, Backstroke | SO (VR) | Portland, Ore. (Sunset) |
| Tara DeMuth | Butterfly, Breaststroke | JR (VR) | Louisville, Colo. (Fairview) |
| Tasia DeMuth | Sprint Freestyle | JR (VR) | Louisville, Colo. (Fairview) |
| Mary Foster | Mid. Distance Freestyle, Fly | JR (2L) | The Woodlands, Texas (The Woodlands) |
| Breann Fuller | Backstroke, Freestyle | SR (3L) | Brighton, Colo. (Brighton) |
| Yana Garvey | Backstroke, Fly | SO (1L) | Highlands Ranch, Colo. (Mountain Vista) |
| Kristen Gropp | Mid. Distance Freestyle | SR (2L) | Montgomery, Texas (Montgomery) |
| Mary Kate Hardy | Diver | FR (HS) | St. Louis, Mo. (Parkway West) |
| Michelle Hawkins | Freestyle/Backstroke | FR (HS) | Anchorage, Alaska (A.J. Dimond) |
| Chelea Kelly | Diver | JR (VR) | Phoenix, Ariz. (Arcadia) |
| Jennifer Lamb | Mid. Distance/Distance Freestyle | SR (2L) | Cypress, Texas (UCLA) |
| Arianne Lujan | IM, Fly | JR (2L) | Arvada, Colo. (Ralston Valley) |
| Madeline Mastrup | Distance Freestyle | SO (1L) | Santa Maria, Calif. (Saint Joseph) |
| Kelly Mathews | Breaststroke | JR (2L) | Denver, Colo. (Denver East) |
| Fran Mathias | Fly | SR (2L) | Franktown, Colo. (Our Lady of Victory) |
| Maggie McShane | Sprint Freestyle | SO (HS) | Chicago, Ill. (Mother McAuley) |
| Madeline Mitchell | Diver | JR (2L) | Seattle, Wash. (Seattle Prep) |
| Allison Morales | Mid-Distance Freestyle/Butterfly | FR (HS) | Canyon Country, Calif. (Canyon) |
| Amee Pena | Backstroke/Mid-Distance Freestyle | SO (TR) | Edmond, Okla. (Arkansas) |
| Shelley Perkins | Sprint Freestyle | JR (TR) | Littleton, Colo. (Chatfield) |
| Katie Polich | Sprint Freestyle/Butterfly | FR (HS) | Irvine, Calif. (Northwood) |
| Jordan Quick | Backstroke, IM, Freestyle | SR (2L) | Arvada, Colo. (Ralston Valley) |
| Ailey Ruger | Backstroke, Sprint Freestyle | SO (VR) | Boulder, Colo. (Boulder) |
| Kim Schemahorn | Sprint Freestyle, Fly, Breaststroke | SR (2L) | Lamar, Colo. (Lamar) |
| Tess Simpson | Freestyle | FR (HS) | Peoria, Ariz. (Centennial) |
| Gabby Smith | Sprint Freestyle/Butterfly | FR (HS) | Fort Collins, Colo. (Rocky Mountain) |
| Shayna Solomon | Diver | SR (3L) | Huntington Beach, Calif. (Marina) |
| Lydia Templin | Backstroke, Freestyle | JR (1L) | Castle Rock, Colo. (Regis Jesuit) |
| Maxelise Thorn | Diver | SO (1L) | Loveland, Colo. (Loveland) |